

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

- › [NRS Healthcare](#) /
- › [NRS Healthcare Home Helper Trolley Instruction Manual](#)

NRS Healthcare Home Helper Trolley

NRS Healthcare Home Helper Trolley Instruction Manual

Model: Home Helper Trolley

1. INTRODUCTION

This manual provides essential instructions for the safe assembly, operation, and maintenance of your NRS Healthcare Home Helper Trolley. Please read this manual thoroughly before use and retain it for future reference. The Home Helper Trolley is designed to assist with the safe and convenient transport of items within your home, featuring adjustable height and two removable trays.

2. SAFETY INFORMATION

- **Weight Limit:** Do not exceed the maximum weight limit of 127 kg (280 lbs). Overloading can cause instability and damage.
- **Indoor Use Only:** This trolley is designed for indoor use on flat, stable surfaces. Avoid uneven terrain or stairs.
- **Stability:** Ensure all items are placed securely on the trays and are evenly distributed to maintain balance.
- **Assembly:** Verify that all components are correctly assembled and secured before each use.
- **Children and Pets:** Keep children and pets away from the trolley during use to prevent accidents.
- **Brakes:** This model does not feature brakes. Exercise caution when navigating slopes or uneven surfaces.

3. PARTS LIST

The NRS Healthcare Home Helper Trolley is delivered flat-packed and includes the following components:

- Main Metal Frame (1)
- Removable Plastic Trays (2)
- Swivel Castors (4)
- Height Adjustment Pins/Mechanisms (4)

4. SETUP AND ASSEMBLY

The Home Helper Trolley is designed for easy, tool-free assembly.

1. **Unpack Components:** Carefully remove all parts from the packaging and ensure all listed components are present.

2. **Assemble Frame:** The main metal frame typically unfolds or connects with simple push-button mechanisms. Ensure all frame sections are securely locked into place.
3. **Attach Castors:** Insert the four swivel castors into the designated sockets at the base of the trolley legs. Ensure they are firmly seated and can rotate freely.
4. **Insert Trays:** Place the two removable plastic trays onto their respective supports on the frame. The trays are designed with raised edges to prevent spills.
5. **Adjust Height:** To adjust the trolley's height, locate the spring-loaded pins on each leg. Depress the pin, slide the leg to the desired height, and ensure the pin fully re-engages in the adjustment hole. Adjust all four legs to the same height for stability.



Figure 1: Fully assembled NRS Healthcare Home Helper Trolley, showing its two trays and four castors.



Figure 2: Side view of the trolley, illustrating the height-adjustable legs and the position of the trays.

5. OPERATING INSTRUCTIONS

Using your Home Helper Trolley is straightforward:

- **Loading Items:** Place items securely on the plastic trays. The raised edges help contain spills. Distribute weight evenly to maintain balance.
- **Maneuvering:** Push the trolley using the top handle. The 360° swivel castors allow for easy navigation around obstacles and through doorways.
- **Adjusting Height:** If needed, adjust the height as described in the 'Setup and Assembly' section to suit the user's comfort and reach.
- **Removable Trays:** The trays can be easily lifted off the frame for cleaning or for serving items directly.



Figure 3: Front view of the trolley, highlighting the two spacious, removable trays.

6. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your trolley.

- **Cleaning:** Wipe the metal frame with a damp cloth and mild detergent. The plastic trays can be washed with warm soapy water. Rinse thoroughly and dry completely before reattaching.
- **Inspection:** Periodically check all connections, especially the height adjustment pins and castor attachments, to ensure they are secure.
- **Castors:** Keep the castors free from hair, dust, and debris to ensure smooth movement.

7. TROUBLESHOOTING

- **Trolley is Unstable:**
Solution: Ensure all four legs are adjusted to the same height and that the height adjustment pins are fully

engaged. Verify that items on the trays are evenly distributed and within the weight limit.

- **Castors Not Moving Freely:**

Solution: Check for and remove any debris (hair, lint, etc.) wrapped around the castor wheels or axles. Clean the castors as described in the 'Maintenance' section.

8. SPECIFICATIONS

Feature	Specification
Brand	NRS Healthcare
Material	Metal (Frame), Plastic (Trays, Handle)
Color	Grey
Number of Shelves	2
Recommended Use	Indoor
Tire Type	Tubeless
Item Weight	7.8 Kilograms
Weight Limit	127 Kilograms
Special Features	Adjustable height, removable spill-proof trays, forward-positioned lower tray, 360° swivel wheels
Approximate Dimensions (H x W x D)	99 cm x 45 cm x 49 cm



Figure 4: Diagram showing the approximate dimensions of the trolley.

9. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the product packaging or contact NRS Healthcare directly through their official website or customer service channels. Keep your purchase receipt as proof of purchase.



© 2024 NRS Healthcare. All rights reserved.