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› Sharper Image Powerboost 3.0 Massage Gun User Manual

Sharper Image Powerboost 3.0

Sharper Image Powerboost 3.0 Massage Gun Instruction Manual

Model: Powerboost 3.0 (1017292)

1. INTRODUCTION

The Sharper Image Powerboost 3.0 Massage Gun is an advanced deep tissue percussion massager designed to provide effective muscle recovery and pain relief. Featuring a quiet brushless motor, multiple speed settings, and a variety of attachments, this device offers a tailored massage experience for various muscle groups. Its portable and ergonomic design ensures comfort and convenience for on-the-go use.

2. PRODUCT OVERVIEW



The Sharper Image Powerboost 3.0 Massage Gun, shown with its carrying case and five interchangeable attachments.

SHARPER IMAGE®

POWERBOOST™ DEEP TISSUE

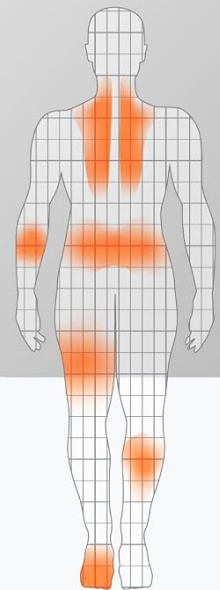
PERCUSSION MASSAGER



+ VARIABLE
STRENGTH

+ COMFORT
GRIP

+ QUIET-DRIVE
TECHNOLOGY



#1 MASSAGE BRAND*

Key features of the Powerboost 3.0, including variable strength, comfort grip, and quiet-drive technology for an enhanced massage experience.

Features:

- **Advanced Deep Tissue Percussion Therapy:** Effectively targets muscle soreness and tension.
- **Quiet Brushless Motor:** Ensures quiet operation for undisturbed relaxation.
- **6 Speed Settings:** Allows for fine-tuning of intensity for optimal relief.
- **5 Interchangeable Attachments:** Provides tailored massage for various muscle groups.
- **Portable Design:** Lightweight and compact for easy transport and on-the-go recovery.
- **Enhanced Ergonomic Grip:** Oval handle with rubber grip maximizes comfort and precision.
- **Long Battery Life:** Up to 4.5 hours of runtime on a single charge.

What's Included:

- Sharper Image Powerboost 3.0 Massage Gun
- 5 Interchangeable Massage Attachments
- Carrying Case

- DC Adapter (Charging Cable)

3. SETUP

1. **Charge the Device:** Before first use, fully charge the massage gun using the provided DC adapter. The battery indicator will show charging status.
2. **Select an Attachment:** Choose the appropriate massage head for your desired muscle group or therapy type.
3. **Attach the Head:** Gently insert the chosen attachment into the opening at the front of the massage gun until it is securely in place. Ensure it is firmly seated to prevent dislodging during use.

4. OPERATING INSTRUCTIONS



The massage gun in use, demonstrating its quiet operation and highlighting its features like multiple speeds and long battery life.



THE FUTURE OF RECOVERY

The massage gun can be used on various muscle groups for comprehensive recovery.

1. **Power On:** Locate the power button, typically on the handle or base. Press and hold the power button for a few seconds until the device turns on and the display illuminates.
2. **Adjust Speed:** Use the '+' and '-' buttons on the control panel to cycle through the 6 available speed settings. Start with a lower speed and gradually increase to your preferred intensity.
3. **Apply to Muscles:** Gently press the massage gun against the targeted muscle area. Move the device slowly and evenly across the muscle tissue, avoiding bones and sensitive areas. Do not apply excessive pressure.
4. **Duration of Use:** For optimal results, use the massage gun for 1-2 minutes per muscle group. Avoid prolonged use on a single area.
5. **Power Off:** Press and hold the power button again to turn off the device. The display will turn off.

5. ATTACHMENTS GUIDE

The Powerboost 3.0 comes with 5 redesigned attachments, each suited for specific muscle groups and massage types:



+ FIVE ATTACHMENTS

ROUND
Large muscle groups



FORK
Back and shoulders



CONE
Trigger points and knots



COMPRESSION
Sensitive points

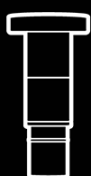


FLAT
All areas

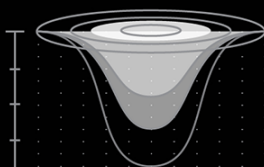
The five distinct attachments included with the massage gun, each designed for targeted relief.

CHOOSE YOUR ATTACHMENT

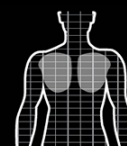
<<< [CLICK THROUGH TO EXPLORE](#) >>>



FLAT
Hammer-like impact



MUSCLE IMPACT
Medium



GOOD FOR
Pecs, Quads,
Glutes, Calves

The Round attachment is ideal for massaging large muscle groups.

Attachment	Description & Use
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Attachment	Description & Use
Round Head	Ideal for large muscle groups like glutes, hamstrings, and quads. Provides a general, all-around massage.
Fork Head	Designed for muscles around the spine, neck, and Achilles tendon. Avoid direct contact with bones.
Cone Head	Used for pinpoint muscle treatment, targeting trigger points, knots, and small muscle areas like feet and wrists.
Flat Head	Suitable for all body parts, offering a dense and flat surface for a full-body massage. Good for muscle relaxation.
Compression Head	Best for sensitive points and areas requiring a softer touch.

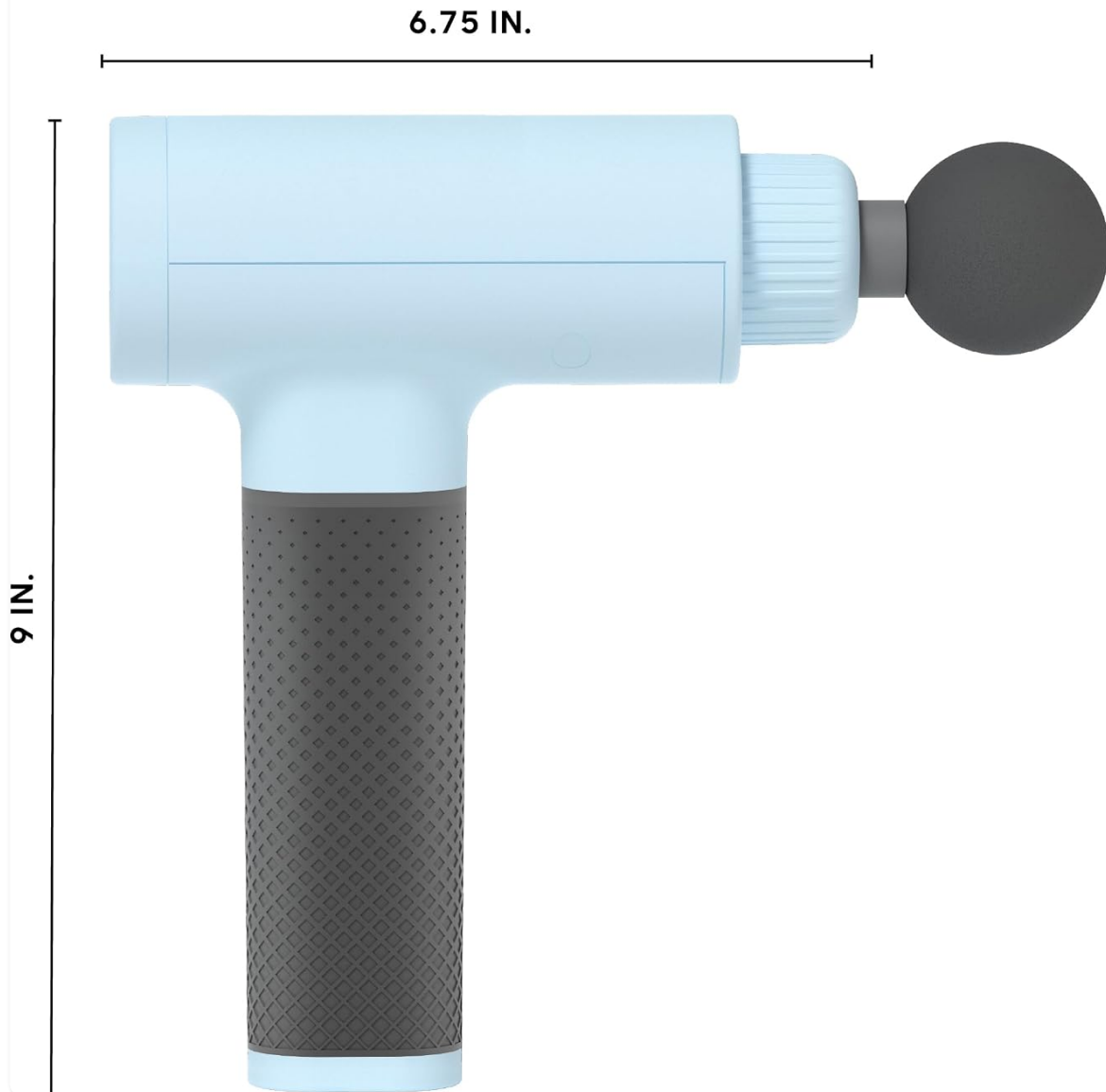
6. MAINTENANCE

- **Cleaning:** After each use, wipe the massage gun and attachments with a damp cloth. For deeper cleaning, use a mild soap solution. Ensure the device is completely dry before storage.
- **Storage:** Store the massage gun and its attachments in the provided carrying case in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in constant use.

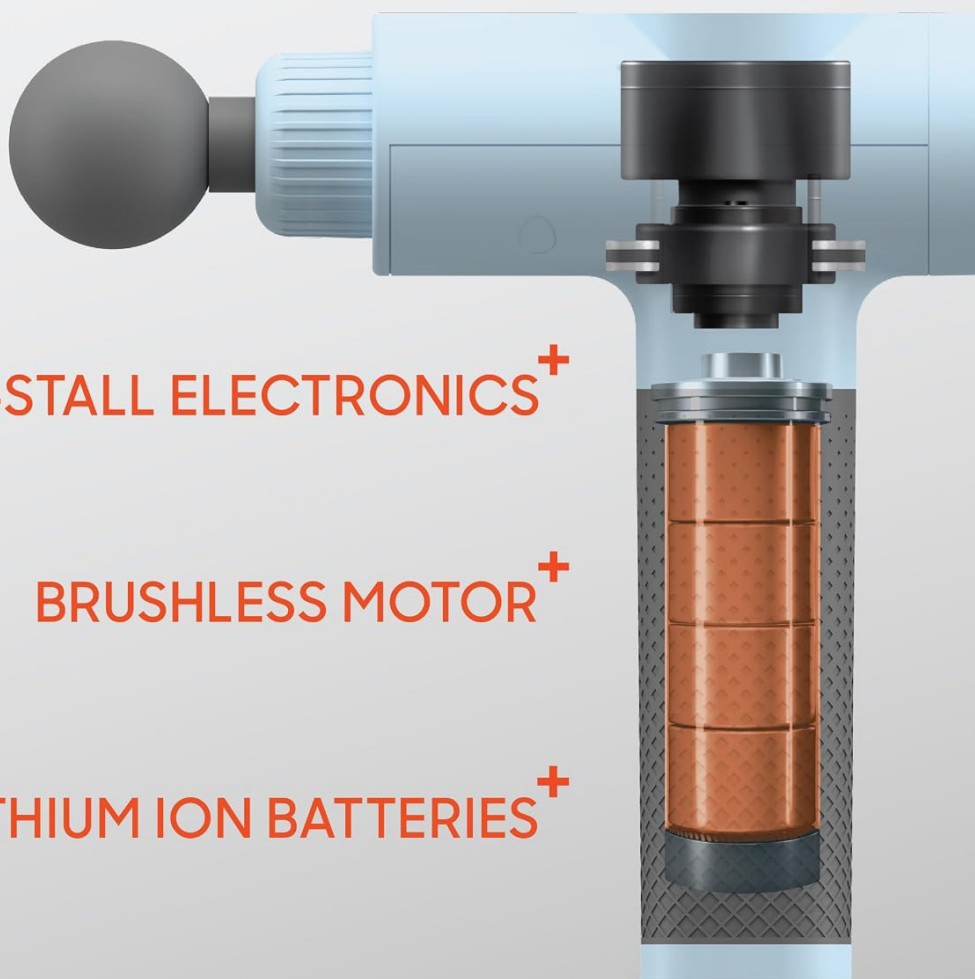
7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or power button not pressed correctly.	Ensure the device is fully charged. Press and hold the power button for 2-3 seconds.
Attachments are loose or fall off.	Attachment not fully inserted.	Push the attachment firmly into the device until it clicks into place.
Device stops during use.	Over-pressure protection or low battery.	Reduce pressure on the muscle. Recharge the device if the battery is low.
Unusual noise or vibration.	Foreign object or internal issue.	Turn off the device immediately. Do not attempt to repair. Contact customer support.

8. SPECIFICATIONS



Physical dimensions of the Powerboost 3.0 Massage Gun.



ANTI-STALL ELECTRONICS⁺

BRUSHLESS MOTOR⁺

LITHIUM ION BATTERIES⁺

Internal components highlighting the brushless motor and lithium-ion battery technology.

- **Product Dimensions:** 9 x 6.75 x 2.5 inches
- **Item Weight:** 2 Pounds
- **Item Model Number:** 1017292
- **Batteries:** 1 Lithium Ion battery required (included)
- **Power Source:** Battery Powered
- **Material:** Plastic
- **Manufacturer:** MerchSource
- **Speeds:** 6 Intensity Levels
- **Runtime:** Up to 4.5 hours (depending on usage)

9. WARRANTY AND SUPPORT

The Sharper Image Powerboost 3.0 Massage Gun is backed by a **1-year manufacturer warranty**. For any questions, issues, or warranty claims, please contact Sharper Image customer support through the retailer where the product was purchased. Provide your purchase details and model number (1017292) for efficient assistance.

10. SAFETY INFORMATION

Legal Disclaimer: Statements regarding this product have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult with a healthcare professional before using this device, especially if you have pre-existing medical conditions, are pregnant, or have a pacemaker. Do not use on open wounds, swollen areas, or areas with skin damage. Keep out of reach of children. Discontinue use if pain or discomfort occurs.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question