

SGNICS B0D2LRD5D

SGNICS Military Smart Watch User Manual

Model: B0D2LRD5D

1. INTRODUCTION

Thank you for choosing the SGNICS Military Smart Watch. This rugged tactical smartwatch is designed for durability and performance, featuring a 1.96-inch large touchscreen, IP68 waterproofing, and comprehensive health and activity tracking. This manual provides essential information for setting up, operating, and maintaining your device to ensure optimal performance and longevity.

2. SAFETY INFORMATION

- Do not attempt to disassemble or modify the watch. This may void the warranty and cause damage.
- Keep the watch away from extreme temperatures, direct sunlight, and strong magnetic fields.
- Avoid exposing the watch to chemicals, solvents, or detergents, as these may damage the finish or internal components.
- While the watch is IP68 waterproof, it is not suitable for deep diving or high-pressure water activities. Avoid hot water or steam.
- Consult a medical professional before starting any new exercise regimen, especially if you have pre-existing health conditions. The watch is not a medical device.

3. PACKAGE CONTENTS

Please check the package contents upon opening. If any items are missing or damaged, contact customer support.

- SGNICS Military Smart Watch
- Charging Cable
- User Manual

4. PRODUCT OVERVIEW

The SGNICS Military Smart Watch features a robust design with a 1.96-inch full touchscreen display and

multiple physical buttons for intuitive control. The watch is constructed with aviation alloy material and wear-resistant glass, designed to withstand harsh conditions.



Figure 4.1: Side view of the SGNICS Military Smart Watch, highlighting the robust casing and control buttons.



Figure 4.2: Rear view of the SGNICS Military Smart Watch, displaying the optical heart rate sensors and magnetic charging contacts.

Key Components:

- **1.96" Full Touchscreen:** High-resolution display for clear visuals and easy navigation.
- **Physical Buttons:** For power, menu access, and quick functions.
- **Heart Rate Sensor:** Located on the back for continuous health monitoring.
- **Charging Contacts:** Magnetic contacts on the back for secure charging.
- **Speaker/Microphone:** For call functionality and AI voice assistant.

5. SETUP

5.1. Charging the Device

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer's USB port.

- The watch will display a charging indicator.
- A full charge typically takes approximately 2-3 hours.
- The 450mAh high-capacity battery provides extended battery life.

5.2. Powering On/Off

- **Power On:** Press and hold the power button (usually the top right button) for a few seconds until the screen lights up.
- **Power Off:** From the watch face, swipe down to access quick settings or navigate to the settings menu. Select the power off option, or press and hold the power button and confirm power off.

5.3. App Installation and Pairing

To unlock the full features of your SGNICS Military Smart Watch, you need to pair it with your smartphone using the "Da Fit" application.

1. **Download the App:** Scan the QR code in the watch's manual or on the watch itself (if available), or search for "Da Fit" in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. **Install and Open:** Install the "Da Fit" app and open it. Follow the on-screen prompts to grant necessary permissions.
3. **Create Account/Log In:** If prompted, create a new account or log in to an existing one.
4. **Add Device:** In the "Da Fit" app, navigate to the "Device" or "Add Device" section. The app will search for nearby Bluetooth devices.
5. **Select Your Watch:** Select your SGNICS Military Smart Watch from the list of found devices. Confirm the pairing request on both your phone and the watch.
6. **Enable Bluetooth Calling (Optional):** After initial pairing, go to your phone's Bluetooth settings and manually connect to the watch's secondary Bluetooth device (often named something like "Watch Call" or similar) to enable call functionality.

6. OPERATING INSTRUCTIONS

6.1. Basic Navigation

- **Swipe Up:** Access notifications.
- **Swipe Down:** Access quick settings (brightness, battery, DND, etc.).
- **Swipe Left/Right:** Navigate through widgets and main functions (activity data, heart rate, weather, music control).
- **Tap:** Select an item or enter a menu.
- **Press Side Buttons:** Specific functions vary, typically for power, back, or quick access to sport modes.

6.2. Watch Faces

The "Da Fit" app offers over 100 different dial options. You can also customize your watch face with your favorite image.

- **Change on Watch:** Long-press the watch face, then swipe left/right to browse pre-installed faces. Tap to select.
- **Change via App:** Open the "Da Fit" app, go to "Watch Faces" or "Dial Settings" to explore and download more options.



Figure 6.1: Example of a watch face displaying various activity metrics.

6.3. Call Functionality and AI Voice Assistant

After connecting the watch via Bluetooth to your phone, you can make and answer calls directly from your wrist. The integrated AI Voice Assistant allows you to give voice commands for various tasks.

- **Making Calls:** Access the dial pad or contacts list on the watch.
- **Answering Calls:** Tap the green icon on the watch screen when a call comes in.
- **AI Voice Assistant:** Activate the voice assistant (usually by a specific button press or swipe gesture) and speak your command.

6.4. Activity Tracking

The watch supports 24-hour activity monitoring, tracking your daily steps, distance, and calories burned.

- View daily summaries on the watch or detailed historical data in the "Da Fit" app.

6.5. Health Monitoring

- **Heart Rate Monitoring:** The watch continuously monitors your heart rate. View real-time data on the watch and trends in the app.
- **Sleep Monitoring:** The watch automatically records your sleep time and detects your sleep status (deep sleep, light sleep, REM sleep). Review your sleep patterns in the "Da Fit" app to understand your sleep quality.

6.6. Sport Modes

The SGNICS Military Smart Watch features over 100 sport modes to accurately track your workouts. Common modes include:

- Walking
- Running
- Basketball
- Football
- Cycling
- Rope Skipping
- Mountain Climbing

Select the appropriate sport mode before starting your activity for accurate data recording.

6.7. Notifications

Receive real-time notifications for calls, SMS, and SNS messages (e.g., WhatsApp, Facebook, Instagram) directly on your watch when connected to your smartphone.

- Ensure notification permissions are enabled in the "Da Fit" app and your phone's settings.

7. MAINTENANCE

7.1. Cleaning

- Wipe the watch and strap regularly with a soft, damp cloth.
- For stubborn dirt, use a mild soap solution and rinse thoroughly with clean water.
- Ensure the watch is completely dry before charging.

7.2. Water Resistance (IP68)

The SGNICS Military Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, hand washing, and light rain.

- Do not wear the watch while showering with hot water, in saunas, or during deep diving.
- Avoid pressing buttons underwater.
- If the watch gets wet, wipe it dry before charging or using the buttons.

7.3. Battery Care

- Avoid completely draining the battery frequently.
- Charge the watch regularly, even if not in use for extended periods, to maintain battery health.
- Use only the provided charging cable.

8. TROUBLESHOOTING

If you encounter issues with your SGNICS Military Smart Watch, refer to the following common problems and solutions:

Problem	Possible Solution
Watch does not power on.	Ensure the watch is fully charged. Try pressing and holding the power button for 10-15 seconds.
Cannot pair with smartphone.	Ensure Bluetooth is enabled on your phone and watch. Make sure the watch is within range. Restart both devices. Check if the "Da Fit" app has necessary permissions.
Notifications are not received.	Check notification settings in the "Da Fit" app and your phone's system settings. Ensure the app is running in the background.
Call function not working.	Ensure the watch's secondary Bluetooth (e.g., "Watch Call") is connected in your phone's Bluetooth settings.
Inaccurate activity data.	Ensure the watch is worn snugly on your wrist. Update the "Da Fit" app to the latest version.
Screen is unresponsive.	Restart the watch. If the issue persists, contact customer support.

9. SPECIFICATIONS

Detailed technical specifications for the SGNICS Military Smart Watch:

Feature	Detail
Model Number	B0D2LRLD5D
Display	1.96" Full Touchscreen, 240*282 Resolution

Feature	Detail
Battery Capacity	450mAh
Water Resistance	IP68 (Waterproof)
Connectivity	Bluetooth
Compatible App	Da Fit
Special Features	Activity Tracker, AI Voice Assistant, Call Functionality, Heart Rate Monitor, Sleep Monitor, 100+ Sport Modes
Material	Aviation Alloy Casing, Wear-resistant Glass Screen
Color	Black
Manufacturer	SGNICS

10. WARRANTY AND SUPPORT

SGNICS products are manufactured to the highest quality standards. For information regarding warranty coverage, technical support, or service inquiries, please refer to the warranty card included with your product or visit the official SGNICS website. Please have your product model number (B0D2LRLD5D) and purchase information ready when contacting support.

For the latest updates and FAQs, please visit the official SGNICS support page or contact your retailer.