LIVIVOX LX-8806F

LIVIVOX LX-8806F Folding Treadmill User Manual

Model: LX-8806F | Brand: LIVIVOX

1. Safety Information

Read all instructions carefully before using this treadmill. Keep this manual for future reference.

- Always attach the safety key clip to your clothing before starting the treadmill. In case of an emergency, the safety key will stop the machine.
- Ensure the treadmill is placed on a flat, stable surface with adequate clearance around it (at least 2 feet on sides and 6 feet at the rear).
- Do not allow children or pets near the treadmill while it is in operation.
- The maximum user weight capacity for this treadmill is 330 lbs (150 kg). Do not exceed this limit.
- Wear appropriate athletic footwear during use.
- If you experience pain, dizziness, or shortness of breath, stop exercising immediately.
- Keep hands clear of all moving parts.
- Unplug the treadmill from the power outlet when not in use or before cleaning and maintenance.

2. Package Contents

Verify that all components are present in the package:

- LIVIVOX LX-8806F Folding Treadmill Unit
- Chest Strap
- Lubricant
- Tool Kit
- Safety Key
- User Manual (this document)

3. Product Overview

The LIVIVOX LX-8806F Folding Treadmill is designed for home use, offering a range of features for effective cardio training.

Key Features:

- **Motor:** 3.5 HP peak power motor for smooth operation.
- **Incline:** 0-15% automatic incline for varied workout intensity.
- **Running Surface:** Wide belt (approximately 41.33" L x 16.53" W) for comfortable use.
- **Shock Absorption:** Integrated shock absorption system with 8 silicone shock absorbers for joint protection.
- **Display:** 5.0-inch LED display showing time, distance, calories, speed, and heart rate.
- **Connectivity:** Bluetooth enabled for connecting to devices and streaming audio.
- **Storage:** Foldable design with transport wheels for easy storage and mobility.
- **Weight Capacity:** Supports users up to 330 lbs.

Control Panel and Handrail Functions:

The control panel provides access to all treadmill functions. The multi-function handrail includes speed and incline controls, along with pulse sensors.

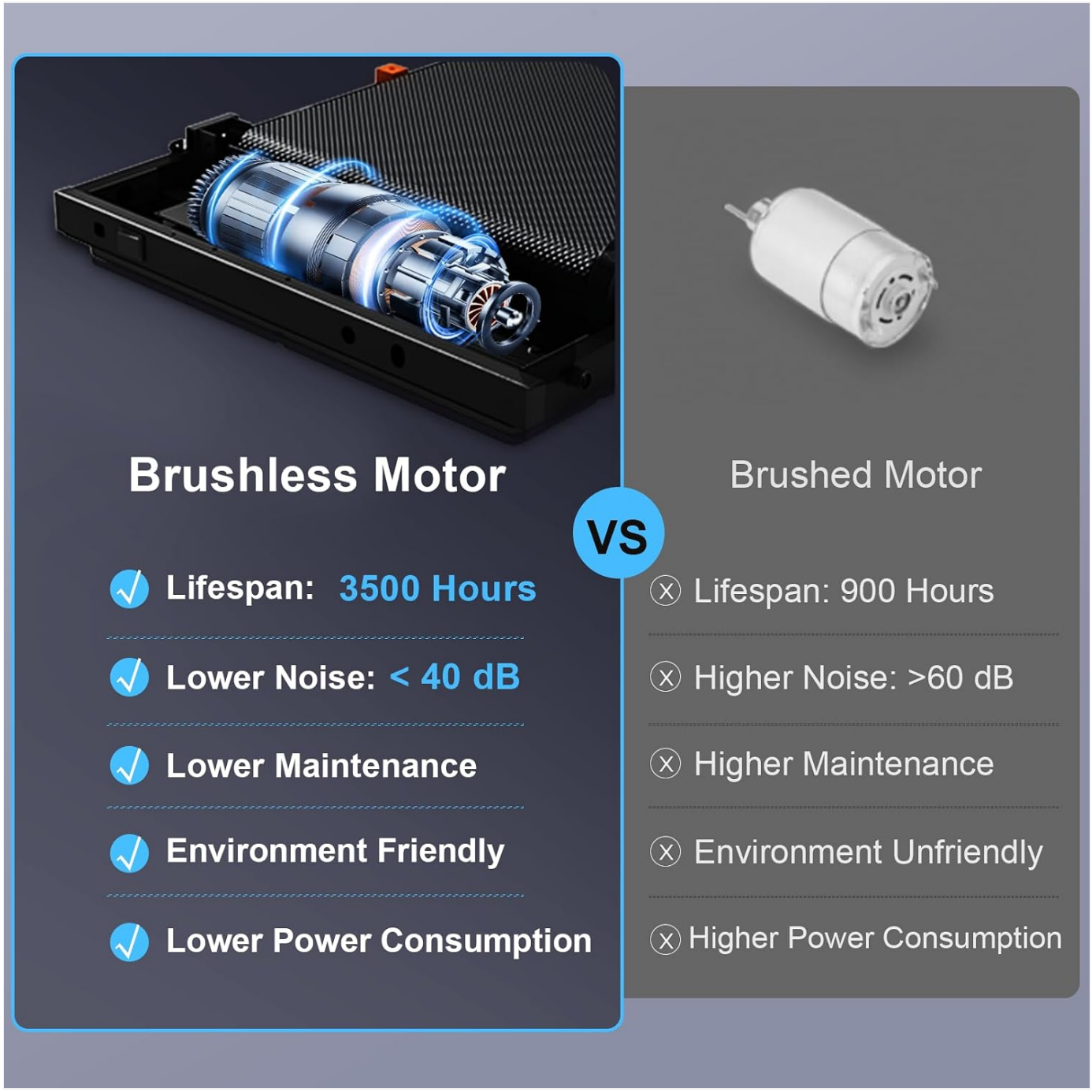


Figure 3.1: Control Panel with LED Display and Safety Key

The control panel features a 5.0-inch LED display that shows workout metrics. It includes buttons for adjusting speed and incline, starting/stopping the treadmill, and selecting preset programs. A safety key slot is prominently located for emergency stops. The handrails integrate additional controls for quick adjustments and pulse sensors for heart rate monitoring.



Figure 3.2: Multi-Function Handrail

The handrail provides convenient access to controls for speed and incline adjustments during your workout. It also includes integrated pulse sensors to monitor your heart rate, cup holders for hydration, and a tablet rack for device placement.

4. Assembly

The LIVIVOX LX-8806F Treadmill requires minimal assembly. It is largely pre-assembled for user convenience. Follow these steps to prepare your treadmill for use:

1. Carefully remove the treadmill from its packaging.
2. Place the treadmill on a flat, stable surface.
3. Unfold the treadmill according to the instructions in Section 6.
4. Ensure all bolts and connections are secure before plugging in the unit.

5. Operation

5.1 Starting the Treadmill

1. Plug the power cord into a grounded electrical outlet.
2. Attach the safety key to the designated slot on the control panel and clip the other end to your clothing.
3. Press the 'START' button on the control panel. The treadmill will begin with a short countdown before the belt starts moving at a low speed.

5.2 Adjusting Speed and Incline

Use the '+' and '-' buttons on the control panel or handrails to adjust speed and incline.

- **Speed:** Press '+' to increase speed, '-' to decrease speed. The treadmill offers a range of speeds suitable for walking, jogging, and running.
- **Incline:** Press '+' to increase the incline percentage (up to 15%), '-' to decrease it. Adjusting the incline simulates varied terrain and increases workout intensity.



Figure 5.1: Automatic Incline Feature

The treadmill features an automatic incline system, allowing for adjustments from 0 to 15 degrees. Lower incline levels (1-5) are suitable for flat terrain running, mid-range (6-10) for aerobic training, and higher levels (11-15) for muscle building and increased resistance.

5.3 Preset Programs

The treadmill includes 12 preset workout programs. Refer to the control panel for program selection and details. Each program automatically adjusts speed and incline over time to provide a structured workout.

5.4 Bluetooth Connectivity

To connect your device via Bluetooth:

1. Ensure Bluetooth is enabled on your mobile device.
2. Search for available devices and select 'LIVIVOX Treadmill' (or similar name).
3. Once connected, you can stream audio through the treadmill's speakers.

6. Folding and Storage

The treadmill features a foldable design for convenient storage and mobility.

6.1 Folding the Treadmill:

1. Ensure the treadmill is turned off and unplugged.
2. Grasp the rear of the running deck and lift it upwards until it locks into the vertical position.



Figure 6.1: Folding for Storage

When folded, the treadmill has approximate dimensions of 47.4 inches (height) x 26.8 inches (width) x 25.9 inches (depth), allowing for space-saving storage.

6.2 Moving the Treadmill:

Once folded, the integrated transport wheels allow for easy relocation.

1. With the treadmill in the folded position, gently tilt it back onto its transport wheels.
2. Carefully push or pull the treadmill to its desired storage location.



Figure 6.2: Transport Wheels for Mobility

The treadmill's transport wheels facilitate easy movement, even with its robust construction and wide running surface.

7. Maintenance

Regular maintenance ensures the longevity and optimal performance of your treadmill.

7.1 Cleaning:

- Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents.

7.2 Lubrication:

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Lubricant is included with your treadmill.

1. Unplug the treadmill.
2. Loosen the running belt tension bolts slightly to lift the belt.

3. Apply a small amount of the provided silicone lubricant evenly under the center of the running belt.
4. Tighten the belt tension bolts and run the treadmill at a low speed for a few minutes to distribute the lubricant.
5. Lubricate every 3-6 months depending on usage.

8. Troubleshooting

This section addresses common issues you might encounter with your treadmill.

Problem	Possible Cause	Solution
Treadmill does not start	Power cord not plugged in; Safety key not in place; Power switch off	Check power connection; Ensure safety key is fully inserted; Turn on power switch
Running belt slips or hesitates	Belt tension too loose; Belt requires lubrication	Adjust belt tension (refer to maintenance); Lubricate running belt (refer to maintenance)
Unusual noise during operation	Loose components; Motor issue; Belt misalignment	Check all bolts and screws for tightness; Contact customer support if noise persists
Display not working	Loose cable connection; Power issue	Check cable connections to the display; Ensure power supply is stable

If you encounter issues not listed here or if solutions do not resolve the problem, please contact LIVIVOX customer support.

9. Specifications

Technical specifications for the LIVIVOX LX-8806F Folding Treadmill:

Feature	Detail
Model Name	LX-8806F
Brand	LIVIVOX
Product Dimensions (Unfolded)	30"D x 27"W x 50"H (76.2 cm D x 68.6 cm W x 127 cm H)
Folded Size	30"L x 15"W x 8"H (76.2 cm L x 38.1 cm W x 20.3 cm H)
Item Weight	65 Pounds (29.5 kg)
Maximum Weight Recommendation	330 Pounds (150 kg)
Maximum Horsepower	3.5 HP (Peak)
Maximum Incline Percentage	15% (Automatic)
Running Deck Length	37 Inches (94 cm)
Running Belt Width	16.53 Inches (42 cm)
Display Type	5.0 inch LED
Connectivity Technology	Bluetooth
Power Source	Corded Electric
Input Power	1500 Watts
Frame Material	Aluminum or Alloy Steel

Feature	Detail
Special Features	Auto Incline, Bluetooth, Foldable, Music Player, Shock Absorption
Metrics Measured	Speed, Time, Distance, Calories, Heart Rate



Figure 9.1: Brushless Motor Advantages

The treadmill is equipped with a brushless motor, offering a longer lifespan, quieter operation (less than 40 dB), lower maintenance requirements, and improved energy efficiency compared to traditional brushed motors.

10. Product Usage and Functions Video

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Video 10.1: Product usage, settings, functions. This video demonstrates the treadmill's features, including folding, unfolding, adjusting speed and incline, and highlights the shock absorption system.

11. Warranty and Support

The LIVIVOX LX-8806F Folding Treadmill comes with a 1-year warranty.
For technical assistance, warranty claims, or any questions regarding your product, please contact LIVIVOX customer support. Refer to the contact information provided on the product packaging or the official LIVIVOX website.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question