

GreenPan Nova

GreenPan Nova 10-Piece Cookware Set Instruction Manual

Model: Nova (CC008377-001)

1. INTRODUCTION

Thank you for choosing the GreenPan Nova 10-Piece Cookware Set. This set is designed for efficient and healthy cooking, featuring a PFAS-free ceramic nonstick coating and durable construction. Please read this manual thoroughly before first use to ensure optimal performance and longevity of your cookware.

2. PRODUCT COMPONENTS

The GreenPan Nova 10-Piece Cookware Set includes the following items:

- 3.26QT Saucepan with Lid
- 6.61QT Stockpot with Lid
- 8" Frypan
- 10" Frypan
- 5.11QT Sauté Pan
- Silicone Solid Spoon
- Silicone Turner
- 2x Pan Protectors
- Wonder Sponge

3. KEY FEATURES

- **PFAS-Free Ceramic Nonstick:** Our Thermolon healthy ceramic nonstick coating is free of PFAS, PFOA, lead, and cadmium, ensuring a safer cooking experience.
- **Diamond-Enhanced Coating:** The nonstick surface is reinforced with diamonds for enhanced durability, balanced heating, and effortless food release.
- **Induction Ready:** Equipped with an innovative induction base, this cookware is suitable for all stovetops, including induction, gas, electric, halogen, and ceramic.
- **Oven and Broiler Safe:** Pans are oven and broiler safe up to 600°F (315°C), offering versatile cooking options.
- **Ergonomic Stainless Steel Handles:** Riveted stainless steel handles provide a sturdy and comfortable

grip.

- **Forged Aluminum Lids:** Ultra-tough lids feature a divot that doubles as a utensil rest, minimizing contact with hot surfaces.
- **Dishwasher Safe:** Designed for convenience, these pans are dishwasher safe for easy cleanup.

4. SETUP AND FIRST USE

1. **Unpacking:** Carefully remove all cookware from its packaging. Remove any labels or protective materials.
2. **Initial Cleaning:** Before first use, wash all pieces with warm, soapy water using a soft sponge. Rinse thoroughly and dry completely.
3. **Pre-seasoning (Optional but Recommended):** For enhanced nonstick performance, lightly rub a small amount of cooking oil (such as vegetable or canola oil) onto the entire nonstick surface with a paper towel. Heat the pan on low heat for 30-60 seconds. Let it cool, then wipe off any excess oil.

5. OPERATING INSTRUCTIONS

5.1 Heat Control

- Always use low to medium heat settings. High heat can damage the nonstick coating over time and lead to discoloration.
- Preheat the pan for approximately 90 seconds before adding food. This allows for even heat distribution.
- The cookware's heavy-gauge aluminum body ensures quick and even heating, so excessive heat is rarely necessary.

5.2 Oil/Butter Usage

- Always use a small amount of cooking oil or butter. Avoid using cooking sprays, as they can leave a residue that may affect nonstick performance.

5.3 Utensil Use

- Silicone, wooden, or nylon utensils are recommended to protect the nonstick surface.
- While the coating is metal utensil safe, prolonged use of metal utensils may reduce the lifespan of the nonstick surface.

6. MAINTENANCE AND CARE

6.1 Cleaning

- Always allow cookware to cool completely before washing to prevent warping.
- Hand washing with warm, soapy water and a soft sponge is recommended for best results and to extend the life of the nonstick coating.
- The cookware is dishwasher safe, but hand washing is gentler on the nonstick surface.
- Avoid using abrasive cleaners, steel wool, or harsh scouring pads, as these can damage the nonstick coating.
- For stubborn food residue, soak the pan in warm, soapy water for a few minutes before cleaning.

6.2 Storage

- Use the provided pan protectors when stacking cookware to prevent scratches and damage to the nonstick surface.

7. TROUBLESHOOTING

7.1 Food Sticking

- Ensure the pan is properly preheated before adding food.
- Always use a small amount of oil or butter.
- Avoid cooking sprays, which can leave residue.
- Clean the pan thoroughly after each use to prevent residue buildup.

7.2 Discoloration

- High heat can cause discoloration. Always use low to medium heat.
- Ensure proper cleaning to remove any food particles that might burn and cause stains.

8. SPECIFICATIONS

Brand	GreenPan
Model Name	Nova
Item Model Number	CC008377-001
Material	Ceramic, Stainless Steel
Coating Description	Ceramic Nonstick (PFAS-Free, PFOA-Free, Lead-Free, Cadmium-Free)
Color	Clay
Number of Pieces	10
Compatible Devices	Gas, Electric Coil, Smooth Surface Induction
Maximum Temperature	600 Degrees Fahrenheit (315°C)
Dishwasher Safe	Yes
Item Weight	21.2 pounds (9.64 Kilograms)

9. WARRANTY AND SUPPORT

For warranty information or product support, please refer to the official GreenPan website or contact their customer service directly. Keep your proof of purchase for any warranty claims.
Visit the official GreenPan Store: [GreenPan Store](#)

10. VISUAL AIDS



Figure 1: The complete GreenPan Nova 10-Piece Cookware Set in Clay color, showcasing all pots, pans, lids, and utensils.

TOXIN-FREE: FREE OF PFAS



CUTTING-EDGE CERAMIC NONSTICK

REINFORCED WITH DIAMONDS & FREE OF PFAS, PFOA, LEAD & CADMIUM

Figure 2: A close-up view of a GreenPan Nova frypan, highlighting the durable ceramic nonstick interior.

NOVA COLLECTION

BOLD COLOR, INNOVATIVE TECH



Figure 3: An overview of the 10-piece set's components, including various sized pots, pans, and silicone utensils.

VERSATILE DESIGN



UNIQUE INDUCTION BASE

UNIFORM HEATING ON ALL COOKTOPS, INCLUDING INDUCTION

Figure 4: A diagram illustrating the construction of GreenPan Nova cookware, detailing the diamond-reinforced ceramic nonstick, quick-heating body, induction-ready base, and oven-safe properties.

STUNNING & OVEN SAFE



FORGED ALUMINUM LID

SEAMLESS, INTEGRATED LOOK WITH A COLOR MATCHING FINISH

Figure 5: The unique induction base of a GreenPan Nova pan, designed for uniform heating on all stovetops.

ULTRA-TOUGH CONSTRUCTION



QUICK-HEATING DESIGN

HEAVY-DUTY BODIES DELIVER FAST HEATING & DAILY DURABILITY

Figure 6: A GreenPan Nova pan with its forged aluminum lid, demonstrating its seamless design and functionality.

EFFORTLESS CLEANING



DISHWASHER SAFE

WIPE CLEAN OR SIMPLY PLACE IN DISHWASHER WHEN YOU'RE THROUGH

Figure 7: A GreenPan Nova pan being easily cleaned under running water, highlighting its dishwasher-safe and easy-to-clean properties.

Video 1: Official GreenPan video showcasing the Nova Cookware on Oprah's Favorite Things 2024, highlighting its features and design.

Video 2: Official GreenPan video presenting the Nova Cookware Collection, detailing its various pieces and benefits.