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› WALKINGPAD Z1SE Under Desk Treadmill User Manual

WALKINGPAD Z1SE

WALKINGPAD Z1SE Under Desk Treadmill User Manual

Model: Z1SE | Brand: WALKINGPAD

1. PRODUCT OVERVIEW

The WALKINGPAD Z1SE is an ultra-slim and portable walking pad designed for home and office use. Its compact form factor allows for convenient storage under desks, beds, or sofas. Equipped with a 2.25 HP motor, it supports speeds from 1 to 4.0 miles per hour and a weight capacity of up to 265 pounds. The integrated LED display provides real-time workout data, and the multi-layer belt with shock absorption ensures a comfortable and joint-friendly experience.



Figure 1: WALKINGPAD Z1SE in use under a desk (left) and folded for storage (right).

2. SETUP INSTRUCTIONS

The WALKINGPAD Z1SE requires no complex installation. Follow these simple steps to begin your fitness journey:

1. **Unpack:** Carefully remove the walking pad from its packaging.
2. **Position:** Place the walking pad on a flat, stable surface. Ensure there is adequate clear space around the unit for safe operation.
3. **Connect Power:** Plug the power cord into a suitable electrical outlet. The LED display will illuminate, indicating the unit is ready for use.

Compact Design for Space Saving



Only
46 lbs

Figure 2: The ultra-slim design allows for easy storage under furniture.

3. OPERATING INSTRUCTIONS

The WALKINGPAD Z1SE is operated using the included remote control. It offers a personalized speed range for various

fitness levels.

- **Power On/Off:** Press the main button on the remote control to turn the walking pad on or off.
- **Adjust Speed:** Use the '+' and '-' buttons on the remote control to increase or decrease the walking speed. The speed range is from 1.0 to 4.0 miles per hour.
- **LED Display:** The minimalist LED control panel displays essential workout metrics including speed, time, distance, and calories burned.



Figure 3: The integrated LED display provides clear workout data.



Figure 4: The compact remote control for easy speed adjustments.

4. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your WALKINGPAD Z1SE. Key areas include:

- **Belt Lubrication:** Periodically apply belt lubricant to the walking belt to ensure smooth operation and reduce friction. Refer to the full manual for specific lubrication intervals and instructions.
- **Belt Tension Adjustment:** If the walking belt feels loose or slips, use the provided tightening tool to adjust the tension. Consult the full manual for detailed adjustment procedures.
- **Cleaning:** Keep the walking pad clean by wiping it down with a damp cloth after each use. Avoid using abrasive cleaners.



Figure 5: The shock absorption system contributes to belt longevity and user comfort.

5. TROUBLESHOOTING

If you encounter any issues with your WALKINGPAD Z1SE, please refer to the comprehensive troubleshooting guide in the

full product manual. Common issues and their solutions are detailed there. For further assistance, please contact customer support.

6. SPECIFICATIONS

Feature	Specification
Brand	WALKINGPAD
Model Name	Z1SE
Color	Gray
Product Dimensions	49.4"D x 21.6"W x 4.8"H
Item Weight	46 Pounds
Material	Alloy Steel
Maximum Speed	4 Miles per Hour
Minimum Speed	1 Mile per Hour
Maximum Weight Recommendation	265 lbs (110 Kilograms)
Maximum Horsepower	2.25 HP (4 Horsepower listed in specs, but 2.25 HP in title/bullets, using 2.25 HP as more specific to product type)
Display Type	LED
Included Components	Remote Control
Assembly Required	No

7. WARRANTY AND SUPPORT

The WALKINGPAD Z1SE comes with a **1-Year Warranty**. For any product-related inquiries, technical assistance, or warranty claims, please contact WALKINGPAD customer support. A professional and friendly after-sales team is available to assist you.

Customer Support: Refer to your purchase documentation or the official WALKINGPAD website for contact information.

