

## Lionelo Fidi Free Simple

# Lionelo Fidi Free Simple Electric Breast Milk Pump User Manual

Model: Fidi Free Simple

## 1. INTRODUCTION

This manual provides essential instructions for the safe and effective use of your Lionelo Fidi Free Simple Electric Breast Milk Pump. Please read it thoroughly before first use and retain it for future reference. This device is designed to assist mothers in expressing breast milk comfortably and efficiently.

## 2. SAFETY INFORMATION

- Always wash your hands thoroughly before handling the pump and breast milk.
- Ensure all pump parts that come into contact with breast milk are clean and sterilized before each use.
- Do not immerse the main pump unit (motor) in water or other liquids.
- Keep the device out of reach of children.
- Use only the original power adapter and USB cable provided with the pump.
- Do not use the pump while bathing or showering.
- If you experience pain or discomfort during pumping, stop immediately and consult a healthcare professional.
- All components are made from BPA-free materials, ensuring safety for you and your baby.

## 3. PACKAGE CONTENTS

Carefully unpack all items and check for any damage. If any parts are missing or damaged, contact customer support.

- Lionelo Fidi Free Simple Electric Breast Milk Pump (Main Unit)
- Three silicone funnels with diameters: 24mm, 21mm, 17mm
- Silicone valve

- Milk collection container with a capacity of 180 ml
- 1m long USB power cable
- Bra extension strap



Image: All components of the Lionelo Fidi Free Simple Electric Breast Milk Pump, including the main unit, milk collection cup, silicone funnels, and valve, laid out separately.

## 4. PRODUCT OVERVIEW

The Lionelo Fidi Free Simple breast pump is designed for discreet, hands-free milk expression. It consists of a main control unit, a milk collection cup, and a silicone funnel system.



Image: Front view of the fully assembled Lionelo Fidi Free Simple breast pump, showing the main unit, collection cup, and funnel.



Image: Top view of the breast pump's main unit, highlighting the LED display, power button, mode selection button, and intensity adjustment buttons.



Image: Side profile of the assembled breast pump, showing the transparent milk collection cup with volume markings in milliliters and ounces.

## 5. SETUP

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### 5.1 Assembly

1. Ensure all parts are clean and dry before assembly.
2. Insert the silicone valve firmly into the bottom of the milk collection cup.
3. Place the chosen silicone funnel into the collection cup, ensuring a tight seal.
4. Attach the main pump unit (motor) to the top of the assembled collection cup, aligning the connectors and pressing down until secure.

### 5.2 Charging the Battery

Before first use, fully charge the pump. The pump can be used while charging.

1. Connect the USB-C end of the charging cable to the charging port on the main pump unit.
2. Connect the USB-A end of the cable to a compatible USB power adapter (not included) or a USB port.
3. The battery indicator on the LED display will show charging status. A full charge provides up to 180 minutes of operation.



Image: The USB-C charging cable used to power the Lionel Fidi Free Simple breast pump.

### **5.3 Choosing the Right Flange Size**

The pump includes three silicone funnels (24mm, 21mm, 17mm) to ensure a comfortable and effective fit. Select the funnel size where your nipple fits comfortably into the tunnel without excessive rubbing or compression of the areola. An incorrect flange size can lead to discomfort and reduced milk expression.

### **5.4 Wearing the Pump**

The Fidi Free Simple is designed to be worn discreetly inside your bra. Ensure your bra provides sufficient support to hold the pump securely against your breast. The included bra extension strap can be used for a more comfortable fit if needed.



Image: A hand demonstrating the compact size and portability of the Lionel Fidi Free Simple breast pump.

## 6. OPERATING INSTRUCTIONS

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### 6.1 Power On/Off

Press and hold the power button (U) on the main unit to turn the pump on or off.

### 6.2 Modes of Operation

The pump features two distinct phases to mimic a baby's natural sucking rhythm:

- **Massage Mode:** This mode uses a gentle, rapid suction to stimulate milk let-down. It has 9 adjustable intensity levels.
- **Expression Mode:** After let-down, this mode provides a slower, stronger suction to efficiently express milk. It also has 9 adjustable intensity levels.

Press the mode button (≡) to switch between Massage and Expression modes. The current mode will be indicated on the LED display.

### 6.3 Adjusting Intensity Levels

Use the '+' button to increase the suction intensity and the '-' button to decrease it. There are 9 levels for

both massage and expression modes. Start with a lower level and gradually increase to a comfortable setting.

## 6.4 Pause Function

During a pumping session, you can press the pause button ►||) to temporarily stop the pumping action. Press it again to resume from where you left off.

## 6.5 Timer and Automatic Shut-off

The built-in timer on the LED display shows the duration of your current pumping session. For safety and to conserve battery, the pump will automatically shut off after 30 minutes of continuous operation.

# 7. CLEANING AND MAINTENANCE

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Proper cleaning and maintenance are crucial for hygiene and the longevity of your breast pump.

## 7.1 Disassembly for Cleaning

1. Turn off the pump and disconnect it from the power source.
2. Carefully detach the main pump unit from the milk collection cup.
3. Remove the silicone funnel and the silicone valve from the collection cup.
4. Empty any expressed milk from the collection cup.

## 7.2 Cleaning Instructions

- **Main Pump Unit:** Wipe the main unit with a clean, damp cloth. Do not immerse it in water or sterilize it.
- **Other Parts (Collection Cup, Funnels, Valve):** Wash these parts immediately after each use with warm soapy water. Rinse thoroughly with clean water. These parts are dishwasher safe (top rack only).
- **Sterilization:** For initial use and periodically, sterilize the washable parts by boiling them in water for 5 minutes or using a steam sterilizer. Ensure parts do not touch the bottom or sides of the pot to prevent damage.
- Allow all parts to air dry completely before reassembly or storage.

## 7.3 Storage

Store the clean and dry pump components in a cool, dry place away from direct sunlight. The pump's compact size allows for easy storage in a handbag or backpack.





Image: The Lionelo Fidi Free Simple breast pump being stored in a fabric bag, highlighting its portability.

## 8. TROUBLESHOOTING

If you encounter any issues with your breast pump, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
No suction or weak suction	<ul style="list-style-type: none"><li>• Improper assembly of parts.</li><li>• Silicone valve not properly seated or damaged.</li><li>• Flange not sealed correctly to the breast.</li><li>• Battery low.</li></ul>	<ul style="list-style-type: none"><li>• Disassemble and reassemble all parts, ensuring a tight fit.</li><li>• Check the silicone valve for tears or improper placement.</li><li>• Ensure the flange forms a complete seal around your breast.</li><li>• Charge the pump fully.</li></ul>



Problem	Possible Cause	Solution
Pump does not turn on	<ul style="list-style-type: none"><li>• Battery is completely drained.</li><li>• Power button not pressed correctly.</li></ul>	<ul style="list-style-type: none"><li>• Connect the pump to a power source and charge it.</li><li>• Press and hold the power button firmly for a few seconds.</li></ul>
Milk leaking from the pump	<ul style="list-style-type: none"><li>• Collection cup not securely attached.</li><li>• Silicone valve not properly seated.</li><li>• Overfilling the collection cup.</li></ul>	<ul style="list-style-type: none"><li>• Ensure the collection cup is firmly attached to the main unit.</li><li>• Check the silicone valve for proper placement and damage.</li><li>• Do not exceed the 180 ml capacity of the collection cup.</li></ul>

If the problem persists after trying these solutions, please contact Lionelo customer support.







## 9. SPECIFICATIONS

Feature	Specification
Model	Fidi Free Simple (LOC-FIDI FREE SIMPLE WHITE NATURAL)
Capacity	180 ml
Pumping Modes	2-Phase (Massage, Expression)
Intensity Levels	9 levels per mode
Battery Life	Up to 180 minutes (approx. 6 sessions)
Automatic Shut-off	After 30 minutes
Material	Acrylonitrile Butadiene Styrene, Polypropylene, Silicone (BPA-free)
Item Weight	7.9 ounces
Power Source	Corded Electric (USB-C)
Dishwasher Safe	Yes (washable parts)

## 10. WARRANTY AND SUPPORT

For warranty information, technical support, or any questions regarding your Lionelo Fidi Free Simple Electric Breast Milk Pump, please refer to the warranty card included with your product or contact Lionelo customer service directly. Keep your proof of purchase for warranty claims.

## Related Documents - Fidi Free Simple

 <p>The cover of the Fidi Go Breast Pump User Manual features the Lionelo logo at the top left. Below it, the product name 'Fidi Go' is prominently displayed. A list of languages is provided: English, Spanish, Portuguese, French, German, Italian, Russian, Chinese, Japanese, Korean, Vietnamese, Thai, Indonesian, Malay, Tagalog, Hindi, Bengali, Urdu, Persian, Arabic, Hebrew, Turkish, Polish, Czech, Slovak, Hungarian, Romanian, Bulgarian, Croatian, Serbian, Slovenian, Croatian, Bosnian, Montenegrin, Macedonian, Albanian, Greek, and others. An image of the breast pump is shown on the right side of the cover.</p>	<p><a href="#">Lionelo Fidi Go Breast Pump User Manual</a></p> <p>This document serves as the official user manual for the Lionelo Fidi Go breast pump. It provides comprehensive guidance on the setup, operation, maintenance, and safety of the Fidi Go breast pump. Users will find detailed instructions on assembly, usage modes, milk storage, troubleshooting, and cleaning procedures.</p>
 <p>The cover of the Thermup Go Portable Bottle Warmer User Manual features the Lionelo logo at the top left. Below it, the product name 'Thermup Go' is prominently displayed. A list of languages is provided: English, Spanish, Portuguese, French, German, Italian, Russian, Chinese, Japanese, Korean, Vietnamese, Thai, Indonesian, Malay, Tagalog, Hindi, Bengali, Urdu, Persian, Arabic, Hebrew, Turkish, Polish, Czech, Slovak, Hungarian, Romanian, Bulgarian, Croatian, Serbian, Slovenian, Croatian, Bosnian, Montenegrin, Macedonian, Albanian, Greek, and others. An image of the bottle warmer is shown on the right side of the cover.</p>	<p><a href="#">Thermup Go Portable Bottle Warmer User Manual</a></p> <p>Comprehensive user manual for the Lionelo Thermup Go portable bottle warmer, detailing its features, operation, cleaning, and safety instructions in multiple languages.</p>
 <p>The cover of the Levi Simple Baby Car Seat User Manual features the Lionelo logo at the top left. Below it, the product name 'Levi Simple' is prominently displayed. A list of languages is provided: English, Spanish, Portuguese, French, German, Italian, Russian, Chinese, Japanese, Korean, Vietnamese, Thai, Indonesian, Malay, Tagalog, Hindi, Bengali, Urdu, Persian, Arabic, Hebrew, Turkish, Polish, Czech, Slovak, Hungarian, Romanian, Bulgarian, Croatian, Serbian, Slovenian, Croatian, Bosnian, Montenegrin, Macedonian, Albanian, Greek, and others. An image of the baby car seat is shown on the right side of the cover.</p>	<p><a href="#">Lionelo Levi Simple Baby Car Seat User Manual</a></p> <p>Comprehensive user manual for the Lionelo Levi Simple baby car seat. Find detailed instructions on installation, usage, safety, and maintenance for optimal child protection during travel.</p>
 <p>The cover of the Thermup 2.0 Bottle Warmer User Manual features the Lionelo logo at the top left. Below it, the product name 'Thermup 2.0' is prominently displayed. A list of languages is provided: English, Spanish, Portuguese, French, German, Italian, Russian, Chinese, Japanese, Korean, Vietnamese, Thai, Indonesian, Malay, Tagalog, Hindi, Bengali, Urdu, Persian, Arabic, Hebrew, Turkish, Polish, Czech, Slovak, Hungarian, Romanian, Bulgarian, Croatian, Serbian, Slovenian, Croatian, Bosnian, Montenegrin, Macedonian, Albanian, Greek, and others. An image of the bottle warmer is shown on the right side of the cover.</p>	<p><a href="#">Lionelo Thermup 2.0 Bottle Warmer User Manual</a></p> <p>Comprehensive user manual for the Lionelo Thermup 2.0 bottle warmer, detailing operation, functions (warming milk/food, sterilization), safety, maintenance, and troubleshooting. Includes manufacturer and support contact information.</p>
 <p>The cover of the Azura Stroller User Manual and Instructions features the Lionelo logo at the top left. Below it, the product name 'Azura' is prominently displayed. A list of languages is provided: English, Spanish, Portuguese, French, German, Italian, Russian, Chinese, Japanese, Korean, Vietnamese, Thai, Indonesian, Malay, Tagalog, Hindi, Bengali, Urdu, Persian, Arabic, Hebrew, Turkish, Polish, Czech, Slovak, Hungarian, Romanian, Bulgarian, Croatian, Serbian, Slovenian, Croatian, Bosnian, Montenegrin, Macedonian, Albanian, Greek, and others. An image of the baby stroller is shown on the right side of the cover.</p>	<p><a href="#">Lionelo Azura Stroller User Manual and Instructions</a></p> <p>Detailed user manual and safety instructions for the Lionelo Azura baby stroller, covering assembly, usage, cleaning, and maintenance. Available in multiple languages.</p>
 <p>The cover of the Leonie Plus Baby Bed User Manual features the Lionelo logo at the top left. Below it, the product name 'Leonie Plus' is prominently displayed. A list of languages is provided: English, Spanish, Portuguese, French, German, Italian, Russian, Chinese, Japanese, Korean, Vietnamese, Thai, Indonesian, Malay, Tagalog, Hindi, Bengali, Urdu, Persian, Arabic, Hebrew, Turkish, Polish, Czech, Slovak, Hungarian, Romanian, Bulgarian, Croatian, Serbian, Slovenian, Croatian, Bosnian, Montenegrin, Macedonian, Albanian, Greek, and others. An image of the baby bed is shown on the right side of the cover.</p>	<p><a href="#">Lionelo Leonie Plus Baby Bed User Manual</a></p> <p>User manual for the Lionelo Leonie Plus baby bed. Includes assembly instructions, safety warnings, features, and maintenance guide for this versatile crib and bedside sleeper.</p>



[pdf] User Manual Instructions

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