

Hbada E3 Pro

Hbada E3 Pro Ergonomic Office Chair User Manual

Model: E3 Pro | Brand: Hbada

1. INTRODUCTION

This manual provides detailed instructions for the assembly, operation, and maintenance of your Hbada E3 Pro Ergonomic Office Chair. Designed for optimal comfort and support, this chair features advanced adjustability to suit various body types and work styles. Please read this manual thoroughly before assembly and use to ensure proper function and longevity of your chair.

2. PRODUCT FEATURES

2.1. 3-Zone Dynamic Lumbar Support

The Hbada E3 Pro features an innovative 3-zone elastic lumbar support system with 8-way adjustment. This dynamic support adapts to your movements, providing continuous comfort and preventing discomfort in the waist and back during prolonged sitting.

3-ZONE

ELASTIC LUMBAR SUPPORT

A large wrap around the waist with 8-way adjustment



40°
left & right



1"
front & back



14°
dynamic support



1.6"
up & down

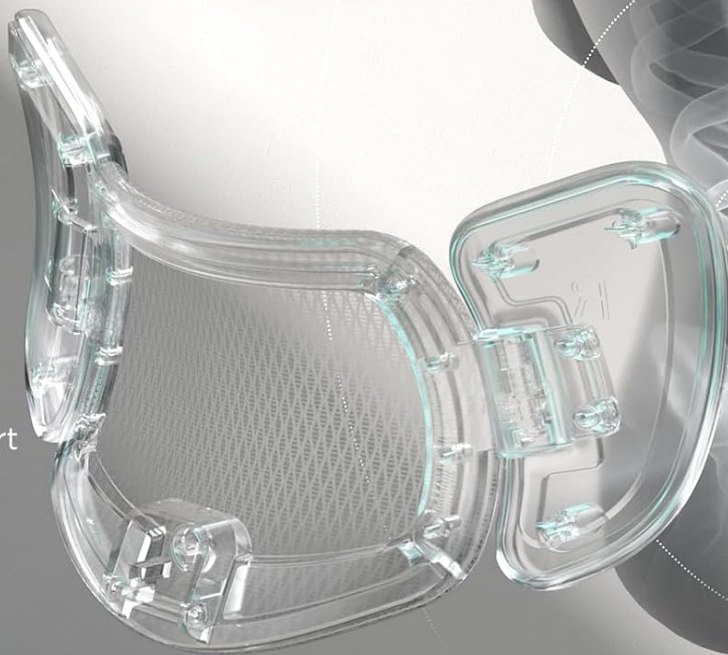


Image: Close-up view of the 3-zone dynamic lumbar support mechanism on the Hbada E3 Pro chair.

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Video: Demonstration of how to adjust and utilize the 3-zone dynamic lumbar support on the Hbada E3 Pro chair.

2.2. 4D Biaxial Adjustable Headrest

The headrest can be adjusted in four dimensions to provide full support for your neck and head in any desired position. This ensures optimal comfort whether you are working, relaxing, or taking a short break.

4D BIAXIAL ADJUSTABLE HEADREST

Effectively Support Your Neck



Image: Detailed view of the 4D biaxial adjustable headrest, highlighting its range of motion.

2.3. 6D Adjustable Armrests

The armrests offer 6-dimensional adjustability, allowing for flexible positioning to provide pleasing arm support. Adjustments include up & down, front & back, left & right, rotation, and dynamic support.

6D ADJUSTABLE ARMRESTS

Moving flexibly for pleasing arm support



3"
up & down



1.2"
front & back



1.2"
left & right



70°
left & right



40°
rotate



6°
dynamic support



Image: Illustration of the various adjustment options for the 6D mechanical armrests on the Hbada E3 Pro chair.

2.4. 140° Reclining & Auto Gravity-Sensing Chassis

The chair allows for a comfortable 140° recline, perfect for taking a nap or relaxing. The auto gravity-sensing chassis automatically adjusts tilt resistance based on your weight, ensuring a smooth and effortless recline.

140° RECLINING & AUTO GRAVITY-SENSING CHASIS

Just lean back and take a nap with automatic adjustment of tilt resistance according to different weights



Image: A person reclining in the Hbada E3 Pro chair, demonstrating the 140° comfortable reclining feature.

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Video: Step-by-step guide on how to engage and disengage the reclining feature of the chair.

2.5. Height-Adjustable Backrest

The backrest can be moved vertically in 9 levels, allowing for 2.76 inches of up and down movement. This feature is suitable for users with heights ranging from 5'1" to 6'5", ensuring proper back support.

HEIGHT-ADJUSTABLE BACKREST

Moves vertically in 9 levels(2.76") to suit your back (suitable for heights of 5'1-6'5)

Tips: When adjusted to the highest position, it automatically returns to the lowest level.



Image: Close-up of the height-adjustable backrest mechanism, showing the 9 different positions.

2.6. Adjustable Cushion

The seating depth of the cushion is adjustable by 1.97 inches, accommodating different leg lengths and providing a larger area of support for enhanced comfort.

1.97" ADJUSTABLE CUSHION

Adjustable seating depth fits different leg lengths, large area of support make you sit comfier



Image: View of the adjustable cushion, illustrating the 1.97-inch depth adjustment.

2.7. Durable and Breathable Materials

The chair is constructed with durable and breathable mesh material, offering 16.5% higher breathability, high elasticity, and toughness. This design ensures uniform pressure distribution for long-lasting comfort.

DURABLE AND BREATHABLE

16.5% higher
breathability

High elasticity
and toughness

Uniform division
of pressure

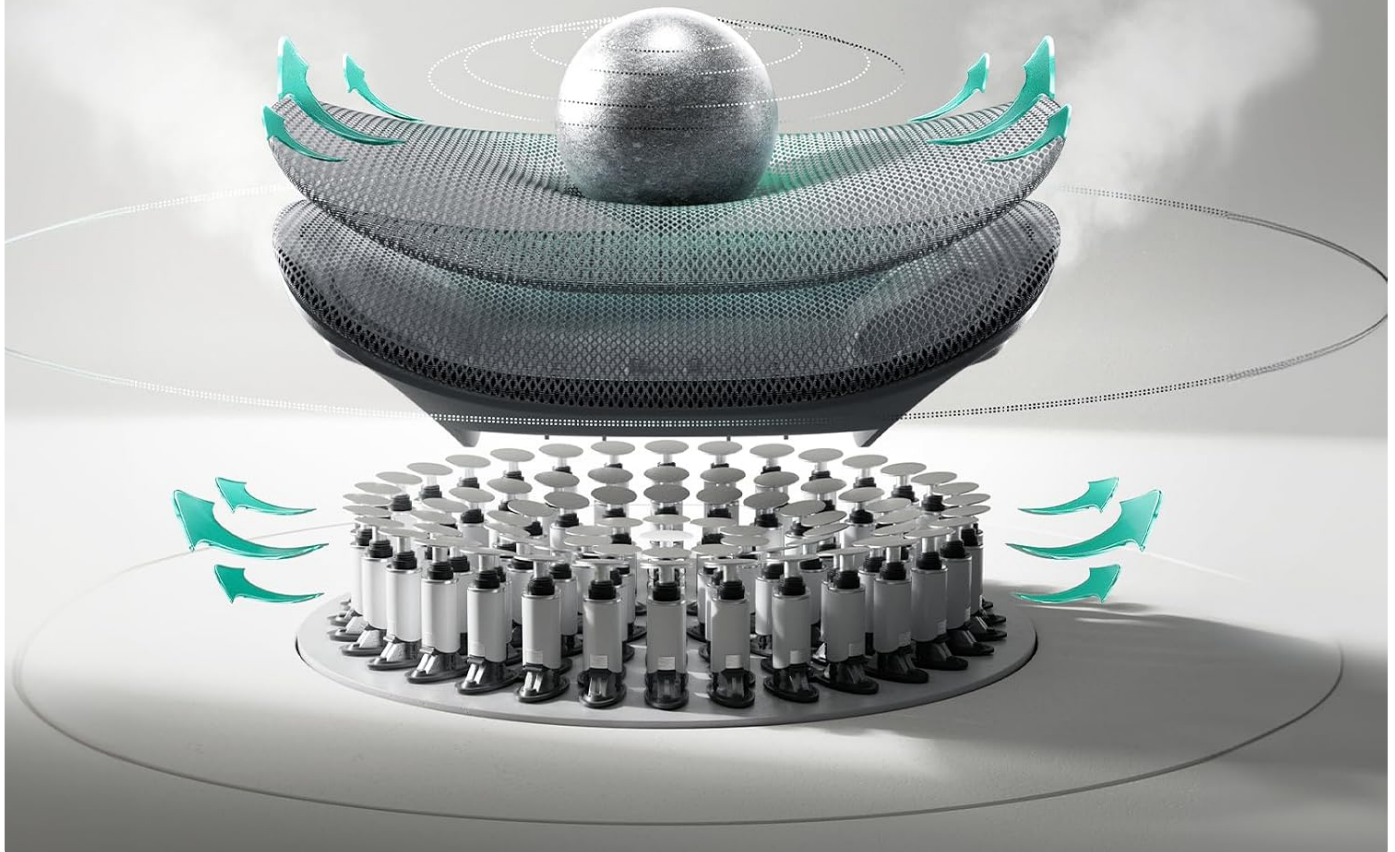


Image: Diagram illustrating the durable and breathable mesh material used in the chair's construction.

3. SETUP AND ASSEMBLY

For detailed assembly instructions, please refer to the official installation video provided by Hbada. Ensure all components are present before beginning assembly.

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Video: Official Hbada E3 Pro assembly guide, demonstrating step-by-step installation of the chair components.

4. OPERATING INSTRUCTIONS

Familiarize yourself with the various adjustment mechanisms to customize your seating experience.

4.1. Lumbar Support Adjustment

To adjust the lumbar support, pull back the lumbar cushion up and down using both hands. Push upward to adjust the height, and then push downward to the initial position. After pulling to the top, it will unlock automatically, allowing you to push down to the initial position to readjust. Use your hand to break both sides of the lumbar support to realize the rotation function and adjust the angle of both sides.

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Video: Detailed instructions on adjusting the lumbar support for personalized comfort.

4.2. Headrest Adjustment

The headrest can be adjusted in 4 dimensions. The front and rear adjustment does not reset automatically; you need to pull it to the last unlock position. The guide groove can only be fixed front and back after squeezing and unlocking the inner buckle.

4.3. Backrest Adjustment

The liftable backrest has a nine-position adjustment, allowing for 2.76 inches of up and down movement. Move the backrest up to the ninth gear to reset its position.

4.4. Reclining Function

Pull out the operation handle at the rear end of the chassis. The backrest tilt function is in the open state. Use your body weight to lean back. After tilting to the maximum angle, insert the operation handle at the rear end of the chassis inward to lock the back angle.

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Video: Visual guide on how to engage and disengage the reclining feature of the chair.

5. MAINTENANCE

To ensure the longevity and optimal performance of your Hbada E3 Pro chair, follow these maintenance guidelines:

- Regularly wipe down mesh and plastic surfaces with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive cleaners.
- Check all screws and bolts periodically and tighten if necessary to maintain stability.
- Ensure mute rollers are free of debris for smooth movement.

6. TROUBLESHOOTING

- **Headrest not holding position:** The plastic teeth for adjustment may be worn. Try pulling the headrest to the last unlock position and re-engaging the inner buckle. If the issue persists, contact customer service for a replacement.
- **Lumbar support not adjusting:** Ensure you are pulling the lumbar cushion up to the top to reset the gears before attempting to readjust its position.
- **Chair not rolling smoothly:** Check the mute rollers for any trapped debris (hair, dust, etc.) and clean them.
- **Chair feels unstable:** Verify that all assembly screws, especially those on the base, are securely tightened.

7. SPECIFICATIONS

Attribute	Detail
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Brand	Hbada
Model Name	Hbada E3 Pro
Color	Black
Product Dimensions	27.5"D x 27.5"W x 40"H
Item Weight	68.9 pounds
Maximum Weight Recommendation	551 pounds
Material	Mesh, Foam, Metal
Reclining Angle	140°
Headrest Adjustment	4D Biaxial
Armrest Adjustment	6D Mechanical
Lumbar Support	3-Zone Dynamic (8-way adjustment)

8. WARRANTY AND CUSTOMER SUPPORT

Your Hbada E3 Pro Ergonomic Office Chair comes with the following:

- Worry-free 3-year warranty
- 30-day free return policy
- 15-day price match guarantee
- Friendly customer service for any inquiries or issues.

For support, please refer to the contact information provided in your welcome guide or visit the official Hbada website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question