

LIVIKEY 6975575937867

LIVIKEY Fitness Tracker Watch User Manual

Model: 6975575937867

Brand: LIVIKEY

1. INTRODUCTION

This manual provides comprehensive instructions for the LIVIKEY Fitness Tracker Watch, Model 6975575937867. It covers setup, operation, maintenance, and troubleshooting to ensure optimal use of your device. Please read this manual carefully before using the product.

2. WHAT'S IN THE BOX

Upon unboxing, please verify that all items listed below are present:

- LIVIKEY Fitness Tracker Watch (with Watch Band)
- Charging Cable
- User Manual (this document)

Great Gift Idea for Family and Friends



Image: The LIVIKEY Fitness Tracker Watch, its charging cable, and a visual representation of the watch dimensions.

3. SETUP GUIDE

3.1 Charging the Device

Before initial use, fully charge your fitness tracker. Connect the charging cable to the charging port on the back of the watch and plug the USB end into a power adapter or computer USB port. A full charge typically takes approximately 2 hours.

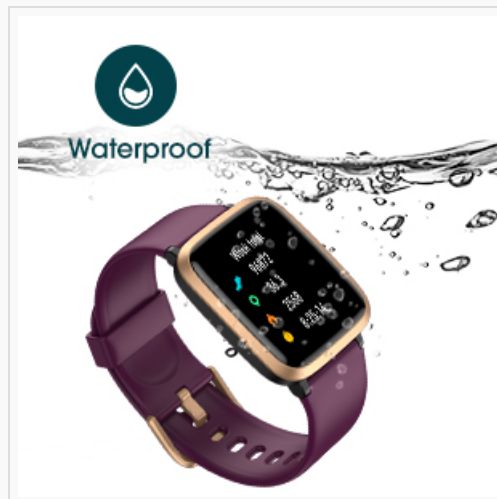


Image: The fitness tracker screen showing a 20% battery level, indicating the charging status. The image also highlights the long battery life and quick charging time.

3.2 App Installation and Pairing

1. **Download the App:** Search for the companion application (e.g., "VeryFitPro" as suggested by an A+ content image) in your smartphone's app store (Apple App Store for iOS or Google Play Store for Android).
2. **Compatibility:** Ensure your smartphone runs on iOS 8.0 or Android OS 4.0 or above, and has Bluetooth 4.0 or above. The tracker is not compatible with tablets or computers.

3. **Enable Bluetooth:** Turn on Bluetooth on your smartphone.
4. **Open the App:** Launch the installed application and follow the on-screen instructions to create an account or log in.
5. **Pair the Device:** Within the app, navigate to the device pairing section. Select your LIVIKEY Fitness Tracker from the list of available devices. Confirm the pairing request on both your phone and the watch if prompted.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

The fitness tracker features a touchscreen display for navigation. Swipe left, right, up, or down to access different functions and menus. Tap to select an option or confirm an action. A side button may also be present for quick access to the home screen or to power on/off the device.

4.2 Heart Rate Monitoring

The device automatically monitors your heart rate throughout the day. For manual readings or more detailed analysis, use the companion app. Ensure the watch is worn snugly on your wrist for accurate measurements.



Image: A person sleeping with the fitness tracker on, illustrating its sleep and heart rate monitoring capabilities. The screen displays sleep stages and a heart rate reading of 92 bpm.

4.3 Sleep Monitoring

Wear the watch during sleep to track your sleep patterns. The device provides a detailed analysis of your sleep quality, categorizing it into deep sleep, light sleep, and awake time. View your sleep data in the companion app.

4.4 Activity Tracking and Sport Modes

The tracker records daily steps, calories burned, walking distance, and active time. It also features 9 sport modes, including running, walking, cycling, and more. Select the appropriate sport mode before starting an activity for more accurate data. You can set daily step goals through the app.



Image: A person cycling outdoors, wearing the fitness tracker. The image highlights the multi-sport exercise feature with icons for various activities like bike, run, workout, climbing, yoga, walk, indoor run, hike, and spinning.

4.5 Smart Notifications

Once paired with your smartphone, the watch can display SMS messages and notifications from social media applications such as Facebook, Twitter, and Gmail directly on your wrist. This feature ensures you stay updated without needing to check your phone constantly. Please note that the smart watch cannot be used to make calls or send text messages.



Image: The fitness tracker screen showing an incoming message notification, surrounded by icons of various social media and communication apps like LinkedIn, Facebook, Twitter, Instagram, and Gmail.

4.6 5ATM Waterproof Rating

The LIVIKEY Fitness Tracker has a 5ATM waterproof rating, meaning it can withstand pressure equivalent to a depth of 50 meters. This makes it suitable for daily activities such as washing hands, showering, and use in rainy conditions. It is also suitable for swimming and surfing. Avoid hot water or steam, as this may damage the device.

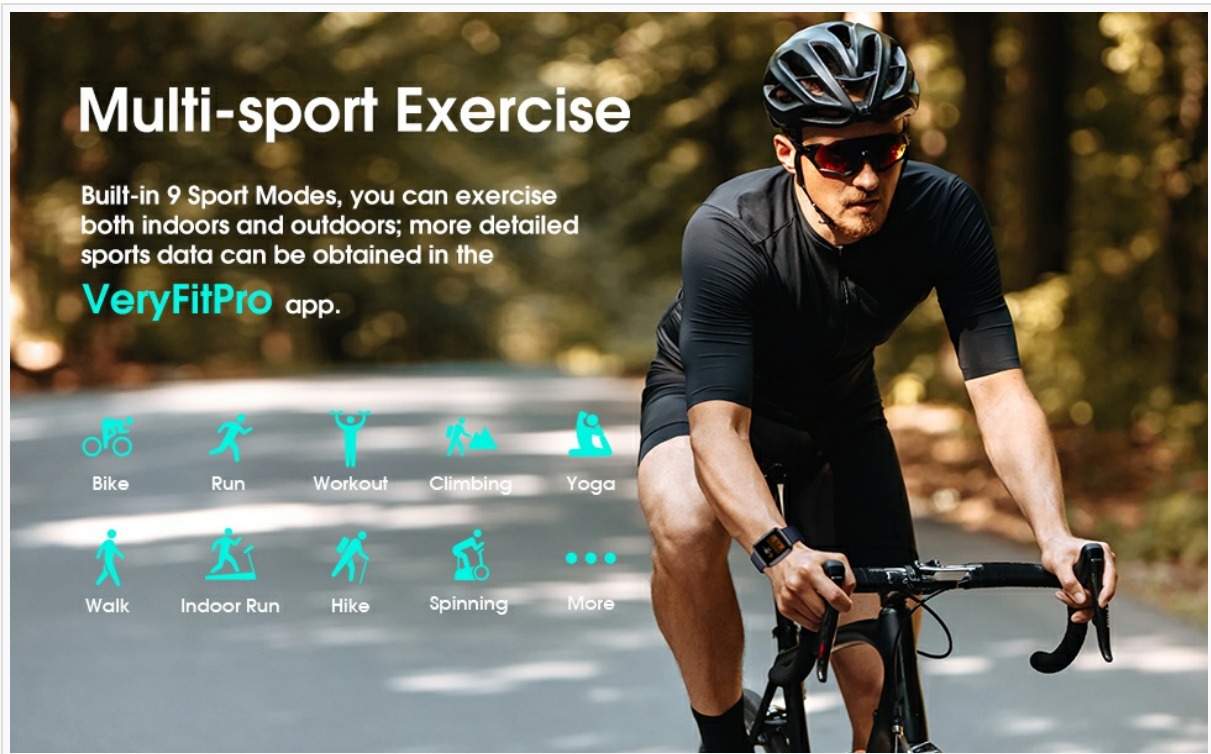


Image: A person swimming in a pool, wearing the fitness tracker, with text indicating "50 Meters Waterproof" and icons for washing hands, raining, swimming, and surfing.

4.7 Additional Functions

The fitness tracker includes several other useful features:

- **Stopwatch:** For timing activities.
- **Alarm Clock:** Set alarms directly from the watch or app.
- **Breathing Guide:** Guided breathing exercises for relaxation.
- **Sedentary Alert:** Reminds you to move after periods of inactivity.
- **Music Control:** Control music playback on your connected smartphone.

5. MAINTENANCE AND CARE

- **Cleaning:** Regularly clean the watch and band with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then rinse and dry thoroughly.
- **Avoid Chemicals:** Do not use harsh chemicals, cleaning solvents, or strong detergents, as these can damage the watch's finish and seals.
- **Storage:** Store the watch in a cool, dry place when not in use.
- **Charging Contacts:** Keep the charging contacts on the back of the watch clean and free of debris to ensure proper charging.

6. TROUBLESHOOTING

| Problem | Possible Solution |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------|
| Device will not power on | Ensure the device is fully charged. Connect it to the charger for at least 10 minutes before attempting to power on again. |

| Problem | Possible Solution |
|----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Cannot pair with smartphone | <ul style="list-style-type: none"> ◦ Ensure Bluetooth is enabled on your smartphone. ◦ Make sure the watch is within Bluetooth range of your phone. ◦ Restart both your smartphone and the fitness tracker. ◦ Check app permissions and ensure it has access to Bluetooth. ◦ Verify your phone's OS version meets the minimum requirements (iOS 8.0+ or Android 4.0+). |
| Inaccurate heart rate/sleep data | Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Avoid excessive movement during measurements. |
| Notifications not appearing | <ul style="list-style-type: none"> ◦ Confirm the watch is successfully paired with your phone. ◦ Check notification settings within the companion app and your phone's system settings. ◦ Ensure the app is running in the background on your phone. |
| Short battery life | Reduce screen brightness, disable unnecessary notifications, and ensure the watch is fully charged each time. Battery life can vary based on usage patterns. |

7. PRODUCT SPECIFICATIONS

| Feature | Detail |
|--------------------------------|----------------------------------|
| Brand | LIVIKEY |
| Model Number | 6975575937867 |
| Product Dimensions | 6.8 x 3.3 x 0.6 inches |
| Item Weight | 2.39 ounces |
| Screen Size | 1.3 Inches |
| Operating System Compatibility | Android 4.0 / iOS 8.0 or above |
| Connectivity Technology | Bluetooth 4.0 or above |
| Waterproof Rating | 5ATM |
| Battery Type | 1 Lithium Ion battery (included) |
| Charging Time | Approx. 2 hours |
| Typical Usage Battery Life | 5-7 days |

| Feature | Detail |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Special Features | Activity Tracker, Sleep Monitor, Heart Rate Monitor, Pedometer, Calories Tracker, Time Display, Stopwatch, Alarm Clock, Breathing Guide, Sedentary Alert, Music Control |
| GPS | No GPS |

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the contact details provided with your purchase documentation or visit the official LIVIKEY website. Keep your proof of purchase for any warranty claims.