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anyloop ALB1

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Model: ALB1

PRODUCT OVERVIEW

The anyloop Fitness Tracker (Model ALB1) is a versatile smartwatch designed to monitor various health metrics and enhance your daily fitness routine. It features a 1.47" HD color touchscreen, IP68 waterproofing, and compatibility with both Android and iOS devices. Key functions include heart rate, blood oxygen, and sleep monitoring, along with over 20 sports modes and smart notifications.



Image: Front view of the anyloop Fitness Tracker, displaying time, date, and activity metrics.

1. Initial Charging

Before first use, fully charge your anyloop Fitness Tracker. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port. A full charge typically takes 1.5-2 hours.



Image: The fitness tracker connected to its magnetic charging cable, illustrating the charging process.

2. App Download and Installation

To unlock all features and synchronize data, download the official anyloop app. Scan the QR code displayed on the watch screen after initial power-on, or search for "anyloop" in your smartphone's app store (compatible with Android 5.0+ and iOS 10+).

3. Device Pairing

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the anyloop app and follow the on-screen instructions to add a new device.
3. Select "ALB1" from the list of available devices.

4. Confirm the pairing request on both your phone and the fitness tracker. Once paired, the watch will automatically synchronize time and data with your phone.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touchscreen:** Swipe left/right or up/down to navigate through menus and features. Tap to select.
- **Side Button:** Press to return to the home screen or wake the device. Long press for 5 seconds to power on/off.



Image: The 1.47" HD full touch screen displaying various customizable watch faces and icons representing multi-functions like stopwatch, music, weather, and message notifications.

Health Tracking

The ALB1 tracker provides comprehensive health monitoring:

- **Heart Rate Monitoring:** Equipped with a high-precision sensor, it monitors your heart rate in real-time. View your heart rate

data on the watch or in the app for detailed analysis.

- **Blood Oxygen Saturation (SpO2):** Measure your blood oxygen levels on demand to assess your overall health status.
- **Sleep Monitoring:** Automatically tracks your sleep quality, including deep sleep, light sleep, and awake periods. The app provides a sleep score and suggestions for improving sleep habits.
- **Activity Tracking:** Records steps, distance, and calorie consumption throughout the day.



Image: Visual representation of the fitness tracker's health monitoring capabilities, including heart rate, blood oxygen, and sleep tracking interfaces.

Sports Modes

The tracker supports over 20 sports modes, providing specific data and insights for each activity. Select your desired sport from the watch menu to begin tracking.

All Around Fitness Tracker



Image: The fitness tracker displaying a list of over 20 sport modes, with an illustration of people running on a beach.

Smart Reminders & Notifications

Once paired with your smartphone, the ALB1 can receive notifications for calls, messages, emails, and social media apps. It will vibrate and display the content on the screen.

- **Call Reminders:** See incoming calls and choose to accept or decline from your wrist.
- **Message Notifications:** Read messages directly on the watch screen.
- **Other Smart Features:** Includes weather updates, music control, camera remote control, sedentary reminders, and menstrual cycle reminders (for women).

Reminders & Message Notification



Image: The fitness tracker on a wrist, showing a message notification on its screen, with a smartphone nearby also displaying a message.

MAINTENANCE

Water Resistance (IP68)

The anyloop Fitness Tracker is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, including handwashing, showering, and light rain. Avoid hot water, saunas, or diving, as steam and high temperatures can damage the seals.

IP68 Waterproof



Image: Two individuals holding surfboards by the ocean, with icons indicating the watch is suitable for rain, bathing, and handwashing, demonstrating its IP68 waterproof rating.

Cleaning and Care

To maintain your device, regularly clean the watch and strap with a soft, damp cloth. Ensure the charging contacts are free of dust and debris. Avoid using harsh chemicals or abrasive materials.

TROUBLESHOOTING

- **Device not turning on:** Ensure the device is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with phone:**
 - a. Ensure Bluetooth is enabled on your phone and the watch is within range.
 - b. Restart both your phone and the fitness tracker.
 - c. Check if the app is updated to the latest version.
 - d. If previously paired, try unpairing and re-pairing the device through the app.

- **Inaccurate health data:**
 - a. Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone.
 - b. Clean the sensor on the back of the watch.
 - c. Avoid excessive movement during measurements.
- **Notifications not received:**
 - a. Ensure the watch is connected to your phone via Bluetooth.
 - b. Check app notification permissions on your phone settings.
 - c. Verify that notifications are enabled within the anyloop app.

SPECIFICATIONS

Model Name	ALB1
Screen Size	1.47 Inches HD Color Touchscreen
Water Resistance	IP68
Battery Life	5-7 days (daily usage), 20 days (standby)
Charging Time	1.5-2 hours
Connectivity	Bluetooth 4.0
Compatibility	Android 5.0 & iOS 10 and above
Material	Silicone (Strap)
Item Weight	24.95 g
Memory Storage Capacity	64 MB

WARRANTY AND SUPPORT

Warranty Information

The anyloop Fitness Tracker (Model ALB1) comes with a **1-year warranty** from the date of purchase. This warranty covers manufacturing defects and material flaws under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or failure to follow the instructions in this manual.

Customer Support

For technical assistance, troubleshooting not covered in this manual, or warranty claims, please contact anyloop customer support. Refer to the contact information provided with your product packaging or visit the official anyloop website for the most up-to-date support details.

OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video: An official product video from anyloop store showcasing the features and usage of the anyloop fitness tracker B1, including its waterproof capabilities, health monitoring, and smart notifications.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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