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TOLOCO B0D14MKDGS

TOLOCO Red Light Therapy Belt User Manual

Model: B0D14MKDGS

1. INTRODUCTION

This manual provides essential information for the safe and effective operation of your TOLOCO Red Light Therapy Belt. Please read it thoroughly before first use and retain it for future reference. The TOLOCO Red Light Therapy Belt is designed to deliver targeted red (660nm) and near-infrared (850nm) light to various body areas.

The Benefits of Red Light Therapy Belt

- ✓ Increase Collagen Levels
- ✓ Increase Blood circulation
- ✓ Increase Cellular Energy
- ✓ Decrease Inflammation
- ✓ Lose Weight



Image 1: The TOLOCO Red Light Therapy Belt in use, highlighting potential benefits such as increased collagen, improved circulation, enhanced cellular energy, decreased inflammation, and support for weight management.

2. PRODUCT OVERVIEW

2.1. Features

- Dual Wavelengths: 660nm (Red Light) and 850nm (Near-Infrared Light).
- Adjustable Timer: 6 settings (5, 10, 15, 20, 30, 60 minutes).
- Flexible Intensity: 4 levels (L1-L4).
- Multiple Modes: Red Light (RLT), Near-Infrared (NIR), RLT+NIR, RLT+NIR with 10Hz pulse.
- Portable Design: Allows for use on various body parts and on the go.

2.2. Components

- TOLOCO Red Light Therapy Belt
- Controller with display
- Power Adapter



Image 2: The TOLOCO Red Light Therapy Belt, showcasing its flexible design and integrated controller for easy operation.

3. SETUP

1. Unpack the TOLOCO Red Light Therapy Belt and all accessories.
2. Connect the power adapter to the controller.
3. Plug the power adapter into a standard electrical outlet.
4. Connect the controller to the therapy belt.
5. Ensure all connections are secure before use.

4. OPERATING INSTRUCTIONS

4.1. Power On/Off

- Press the 'On/Off' button on the controller to power on the device.
- Press and hold the 'On/Off' button to power off.

4.2. Selecting Light Therapy Modes

The belt offers four distinct modes, each targeting specific therapeutic effects:

- **RLT (Red Light Therapy):** Primarily uses 660nm red light for skin health and vitality.
- **NIR (Near-Infrared Light):** Primarily uses 850nm near-infrared light for deep tissue repair and inflammation relief. Note: 850nm light is invisible to the naked eye.
- **RLT+NIR:** Combines both 660nm and 850nm wavelengths for comprehensive benefits.
- **RLT+NIR+10Hz:** Combines both wavelengths with a 10Hz pulse for enhanced recovery.

Use the 'Mode' button on the controller to cycle through these options.

4.3. Adjusting Intensity

The device features 4 intensity levels (L1-L4). Use the 'Intensity' buttons on the controller to select your desired level. L4 is the maximum intensity.

4.4. Setting the Timer

The TOLOCO Red Light Therapy Belt includes a timer function with 6 settings: 5, 10, 15, 20, 30, and 60 minutes. Use the 'Timer' buttons on the controller to select your preferred session duration. The device will automatically shut off once the timer expires.

Effective Red Light Therapy Belt



6 Timing Setting

5/10/15/20/30/60mins



4 Flexible Intensity

L1-L4



4 Mode

RLT/NIR/RLT+NIR/10HZ



On/Off Button



Image 3: The controller interface, detailing options for timing, intensity, and therapy modes.



Image 4: Visual representation of the four available light therapy modes and their primary applications.

5. LIGHT THERAPY MODES EXPLAINED

5.1. 660nm Red Light

This visible red light wavelength is effectively absorbed by the skin. It is primarily used to improve skin appearance, increase collagen production, and promote faster wound healing.

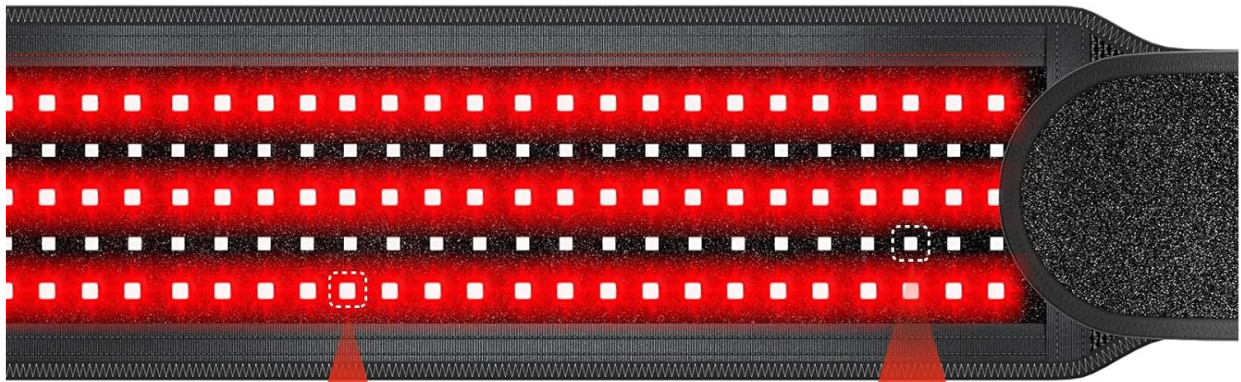
5.2. 850nm Near-Infrared Light

This invisible light wavelength penetrates deeper into tissues, reaching bones, muscles, and joints. It is beneficial for enhancing muscle recovery, decreasing inflammation, and alleviating joint pain.

5.3. Combined 660nm & 850nm Light

Utilizing both wavelengths provides a synergistic effect, combining the surface-level benefits of red light with the deeper penetration of near-infrared light for comprehensive therapeutic results.

DUAL SPECTRUM TECHNOLOGY



72pcs 660nm Red Light
(660nm Irradiance: 74.07mW/cm²)

48pcs 850nm Near-infrared Light
(850nm Irradiance: 96.6mW/cm²)

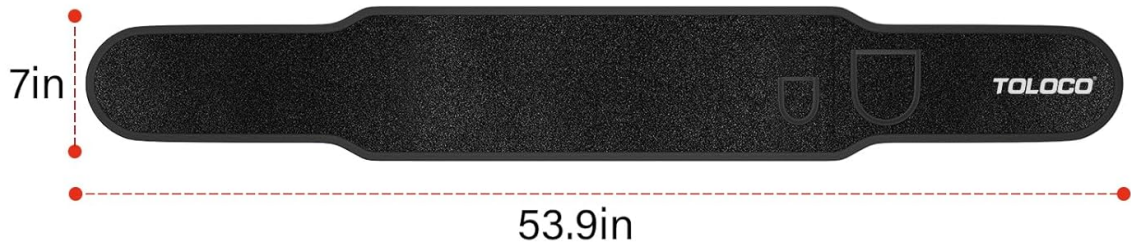
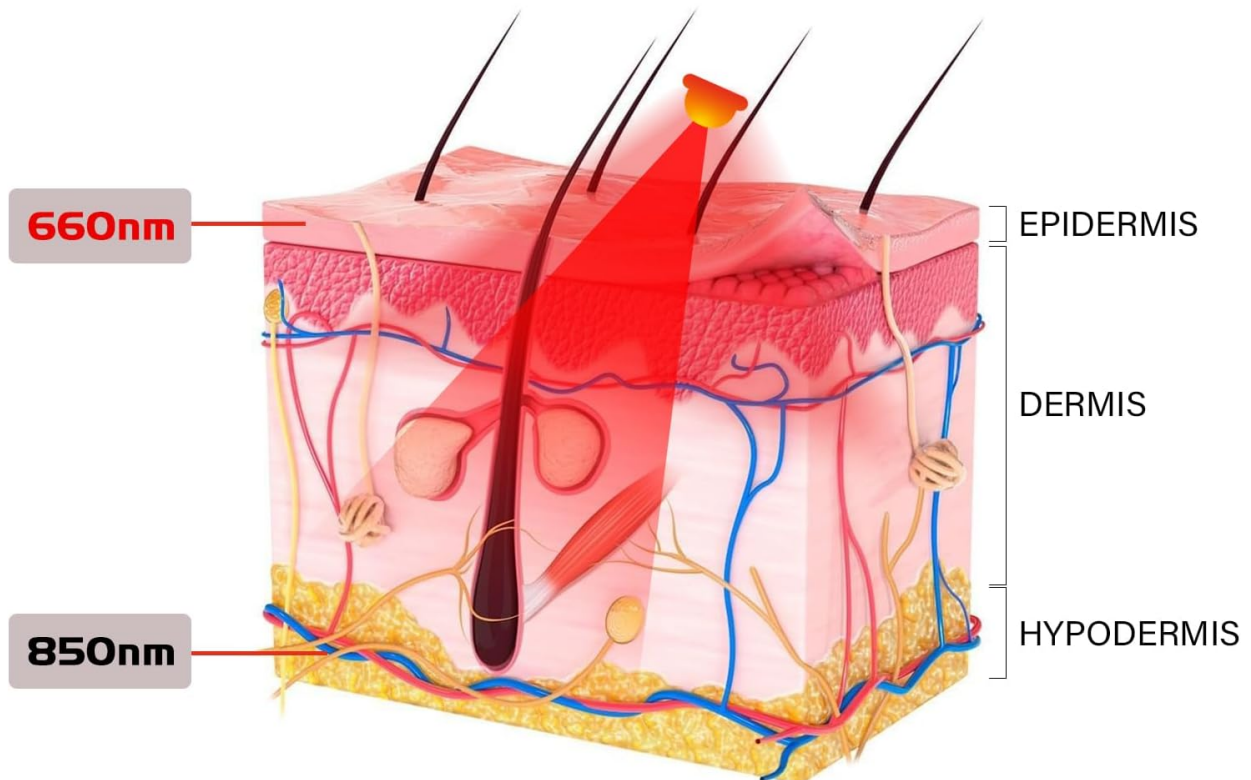


Image 5: Dual Spectrum Technology details, showing the distribution and type of LED beads.

How Does Red Light Therapy Affect the Body?



660nm

It can be absorbed effectively by skin. To improve the appearance of our skin, increase collagen production and faster wound healing.

850nm

It is invisible to the naked eye and can penetrate deeper to reach your bones, tissue, organs, and joints, enhance muscle recovery, decrease inflammation and joint pain etc.

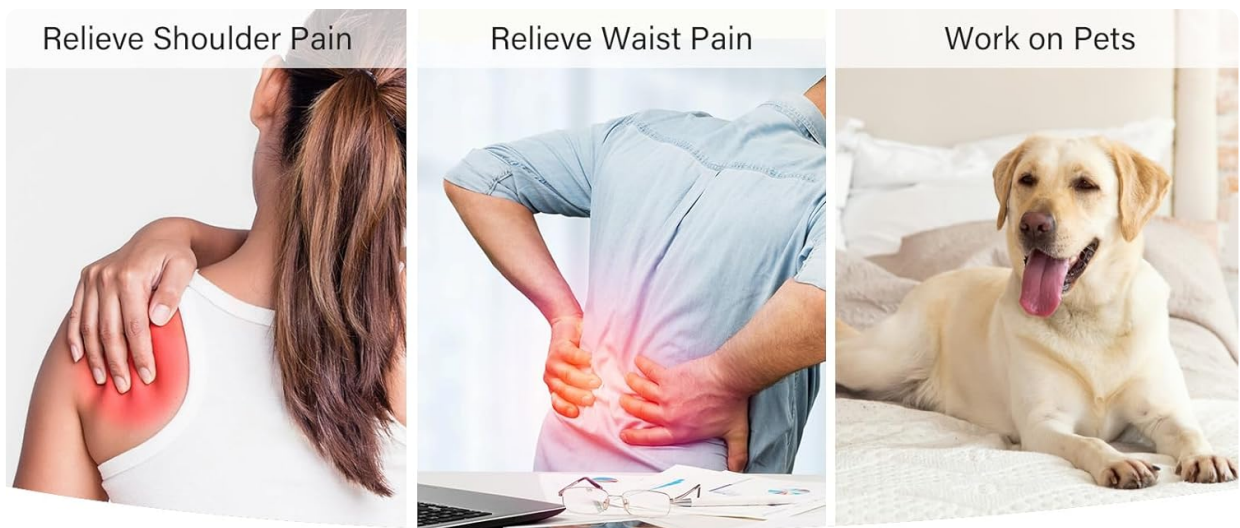
Image 6: Illustration of how different wavelengths penetrate skin layers for various therapeutic effects.

6. USAGE RECOMMENDATIONS

The TOLOCO Red Light Therapy Belt can be applied to various body areas for targeted therapy. It is recommended to use the device for no more than 30 minutes per body area per day.

6.1. Recommended Body Areas

- Shoulder
- Waist/Back
- Legs/Knees
- Arms



FULL BODY TREATMENT

MEET YOUR DIFFERENT NEEDS

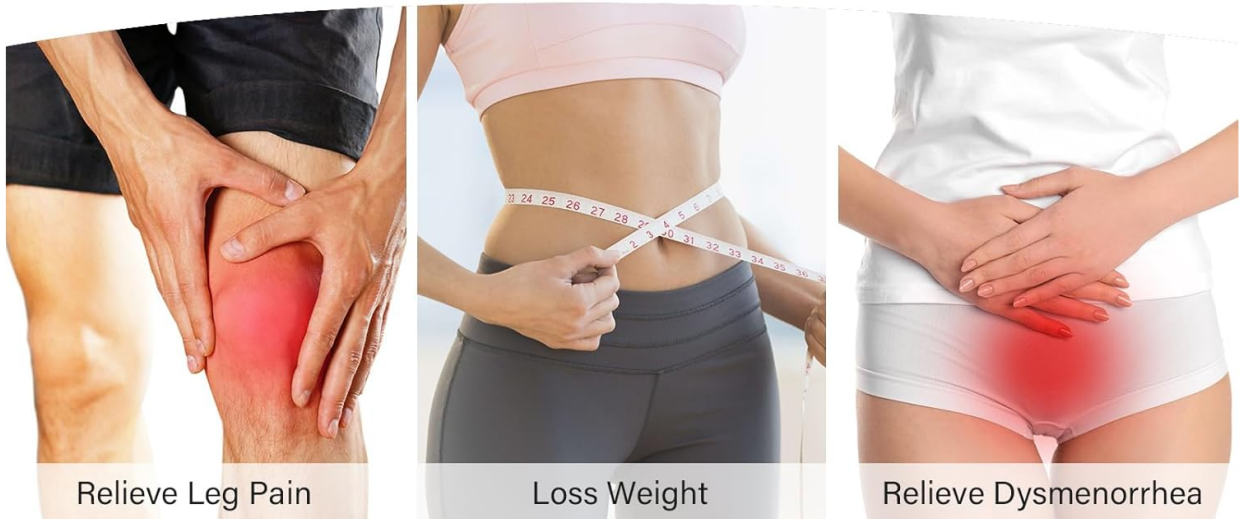


Image 7: Versatile application of the therapy belt on different body parts and even for pets.

7. MAINTENANCE

- Clean the belt regularly with a soft, damp cloth. Do not immerse in water.
- Store the device in a cool, dry place away from direct sunlight.
- Avoid folding the belt sharply to prevent damage to the LEDs.

8. TROUBLESHOOTING

8.1. Device Not Powering On

- Ensure the power adapter is securely connected to both the outlet and the controller.
- Verify the power outlet is functional.
- Check if the 'On/Off' button is pressed firmly.

8.2. Lights Not Illuminating in 850nm Mode

- The 850nm near-infrared light is invisible to the naked eye. This is normal operation.

- To confirm function, you may use a smartphone camera, which can sometimes detect NIR light.

9. SPECIFICATIONS

- **Wavelengths:** 660nm (Red Light), 850nm (Near-Infrared Light)
- **Package Dimensions:** 10.67 x 8.66 x 2.83 inches
- **Weight:** 2.31 Pounds
- **Manufacturer:** TOLOCO
- **ASIN:** B0D14MKDGS

10. IMPORTANT SAFETY INFORMATION

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult with a healthcare professional before using this device if you have any pre-existing medical conditions, are pregnant, or are taking medications.

11. WARRANTY AND SUPPORT

For warranty information or customer support, please refer to the contact details provided with your product packaging or visit the official TOLOCO website. Please retain your purchase receipt for warranty claims.