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Nascool B0D14F5VG6

Nascool Nasal Irrigation System User Manual

Model: B0D14F5VG6

INTRODUCTION

The Nascool Nasal Irrigation System is designed to provide effective and drug-free sinus relief by flushing out mucus, allergens, and other debris from the nasal passages. This system aims to alleviate nasal symptoms, promoting easier breathing and improved sleep quality. Please read this manual thoroughly before first use to ensure proper operation and safety.

SAFETY INFORMATION

It is crucial to read and understand all safety instructions before operating the Nascool Nasal Irrigation System. Use the device only as directed in this manual or as advised by a healthcare professional.

- The Nascool Nasal Irrigation System is not suitable for children under 12 years of age.
- Do not use this device if you have nasal cavity injury, nasal bleeding, ear inflammation, or have recently undergone nasal surgery.
- Individuals with mental retardation, epilepsy, infectious diseases, or blood disorders should avoid nasal irrigation.
- Do not use if you have an ear infection or if your ears and eyes are blocked. Temporary ear popping or fullness may occur.
- Using the product with illegal drugs, alcohol, or prescription drugs can damage the equipment, void warranties, and potentially cause serious injury.
- Always use sterilized water (e.g., pre-boiled and cooled, or distilled water) to prepare saline solutions.

PACKAGE CONTENTS

Verify that all items listed below are included in your Nascool Nasal Irrigation System kit:

- 1 x Nascool Sinus Rinse Machine
- 50 x Saline Salt Packets

- 2 Pairs x Nozzles (different sizes for varied comfort)
- 2 x AA Batteries (pre-installed)
- 1 x Saline Measuring Cup
- 2 x Cleaning Swabs
- 1 x Self-Cleaning Cap



Figure 1: All components included in the Nascool Nasal Irrigation System package. This image displays the main unit, 50 salt packets, two pairs of nozzles, two AA batteries, two swabs, and a connection tube/self-cleaning cap.

SETUP INSTRUCTIONS

1. Battery Installation (Check)

Your Nascool system comes with two AA batteries pre-installed. Ensure they are securely in place. If replacing batteries, open the battery compartment, insert two new AA batteries according to polarity markings, and close the compartment.

2. Preparing the Saline Solution

Always use sterilized water (e.g., pre-boiled and cooled to lukewarm, or distilled water) for preparing the saline solution.

- **Isotonic Solution:** Mix 1 saline salt packet with 200ml of sterilized water.

- **Hypertonic Solution:** Mix 2 saline salt packets with 200ml of sterilized water. Consult your doctor before using hypertonic solutions.

Use the provided measuring cup to ensure accurate water volume. The system is compatible with all standard saline salt packets.

50 Salt Packets Included

- ✓ 1 salt packet per 200ml water gets the isotonic solution
- ✓ 2 salt packets per 200ml water gets the hypertonic solution



NO	OK	OK	OK	NO
TOO COLD	APPROPRIATE	APPROPRIATE	APPROPRIATE	TOO HOT

Temperature Sticker

Begin your nasal wash when any of the 3 "OK" indicators appear on the green bar.

Figure 2: Saline salt packets and a temperature sticker. The sticker indicates appropriate water temperature for nasal wash (green "OK" indicators).

Temperature Check: Ensure the saline solution is lukewarm. Use the temperature sticker (if available on your measuring cup or device) to confirm the water is within the "OK" range before use.

3. Attaching the Nozzle

Select a comfortable nozzle size from the two pairs provided. Securely attach the chosen nozzle to the device's nasal base. Ensure a tight seal to prevent leakage during operation.



Rotatabl Nasal Base

Always start from the more congested nostril. Safer and more effective.

Figure 3: The rotatable nasal base allows for easy adjustment and nozzle attachment. Two pairs of nozzles are included to ensure a comfortable and airtight fit for various users.

OPERATING THE SYSTEM

1. Filling the Reservoir

Pour the prepared saline solution into the device's reservoir. Do not overfill.

2. Positioning and Use

1. Lean over a sink with your head tilted slightly to one side.
2. Insert the nozzle gently into one nostril, ensuring a comfortable seal. It is recommended to start with the more congested nostril if applicable.
3. Press the power button to start the irrigation. The saline solution will flow into one nostril and exit through the other, collecting in the waste water tank.
4. Release the power button to stop the flow.
5. Repeat the process for the other nostril.



2 Pairs of Nozzles

Never concerned about the nozzle size which may not fit you. Get an airtight seal and no saline leakage.



Figure 4: Illustration of the automatic waste water collection feature. Saline solution enters one nostril and exits the other, flowing directly into the integrated waste water tank, preventing spills.

Pressure Relief Feature: The Nascool system includes a pressure relief valve. If your nose is severely congested, this valve will activate to reduce flushing pressure, ensuring a gentler and safer nasal wash.

Pressure Relief Valve

When your nose is severely or fully congested, it relieves the flushing pressure and makes your nasal wash gentler and safer.



Figure 5: Close-up view of the pressure relief valve mechanism within the Nascool Nasal Irrigation System, designed to ensure gentle operation during congestion.

CLEANING AND MAINTENANCE

Regular cleaning is essential to maintain hygiene and ensure the longevity of your Nascool Nasal Irrigation System.

- **After Each Use:**
 - Empty any remaining solution from the reservoir and waste water tank.
 - Rinse the reservoir, waste water tank, and nozzles thoroughly with warm, sterilized water.
 - Use the provided cleaning swabs to clean hard-to-reach areas.
 - Attach the self-cleaning cap and run the device with a small amount of sterilized water to flush internal components.
 - Allow all parts to air dry completely before storing.
- **Storage:** Store the device in a clean, dry place away from direct sunlight.

TROUBLESHOOTING

If you encounter issues with your Nascool Nasal Irrigation System, refer to the table below for common problems

and solutions.

Problem	Possible Cause	Solution
Device does not turn on.	Low or dead batteries; incorrect battery installation.	Replace AA batteries; ensure correct polarity.
Weak or no water flow.	Insufficient solution in reservoir; clogged nozzle; air leak.	Refill reservoir; clean nozzle; ensure nozzle is securely attached.
Solution leaks from nozzle connection.	Nozzle not securely attached; damaged nozzle.	Re-attach nozzle firmly; replace with a new nozzle if damaged.
Discomfort during use.	Water temperature too cold/hot; incorrect saline concentration; severe congestion.	Adjust water temperature to lukewarm; ensure correct salt packet ratio; consult a doctor if discomfort persists.

SPECIFICATIONS

Brand	Nascool
Model Number	B0D14F5VG6
Product Dimensions (L x W x H)	8.9 x 3.9 x 6.1 inches
Item Weight	2.16 Pounds
Power Source	2 x AA Batteries
Specific Uses	Cold, Flu, Rhinitis, Runny Nose, Sinusitis

WARRANTY AND SUPPORT

Nascool provides a **1-year warranty** for refund or replacement from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use.

For warranty claims, technical assistance, or any questions regarding your Nascool Nasal Irrigation System, please contact Nascool customer support. Refer to the product packaging or the official Nascool website for current contact information.