

DeerRun AA-06

DeerRun AA-06 3-in-1 Foldable Treadmill User Manual

Model: AA-06 (CT05-W)

Brand: DeerRun

1. IMPORTANT SAFETY INSTRUCTIONS

Before operating the DeerRun AA-06 treadmill, please read and understand all safety instructions. Keep this manual for future reference.

- Always attach the safety key clip to your clothing before starting the treadmill. The treadmill will stop if the safety key is disengaged.
- Ensure the treadmill is placed on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate athletic footwear.
- Consult a physician before starting any exercise program.

2. PRODUCT OVERVIEW

The DeerRun AA-06 is a versatile 3-in-1 foldable treadmill designed for walking, jogging, and running. It features a powerful yet quiet motor, a wide non-slip belt, and smart app connectivity for tracking your progress.



Image: A person running on the DeerRun AA-06 treadmill, demonstrating its use in the running configuration with the handrail raised.

Key Features:

- **3-in-1 Functionality:** Operates as a walking pad (handrail folded) or a running treadmill (handrail raised).
- **Powerful & Quiet Motor:** 3.0 HP motor with noise levels below 60 decibels.
- **Speed Range:** 0.6-3.8 mph (walking pad mode), 0.6-7.5 mph (running mode).
- **High Weight Capacity:** Supports users up to 300 lbs.
- **Advanced Running Belt:** 43" x 16" multi-layer anti-slip belt for shock absorption and joint protection.
- **LED Display & App Connectivity:** Track time, speed, distance, and calories. Connect via Bluetooth to the smart app for enhanced features.
- **Foldable Design:** Easy to store and move with built-in transport wheels.

3. SETUP AND ASSEMBLY

The DeerRun AA-06 treadmill requires minimal assembly and can be used directly after unboxing.

3.1 Unboxing and Placement

1. Carefully remove the treadmill from its packaging.
2. Place the treadmill on a firm, level surface, ensuring adequate space around it for safe operation.

3.2 Unfolding the Handrail (for Running Mode)

1. Locate the locking levers on each side of the handrail base.
2. Rotate the levers outward to unlock the handrail.
3. Carefully raise the handrail to its upright position.
4. Rotate the levers inward to secure the handrail in place. Ensure it is firmly locked before use.

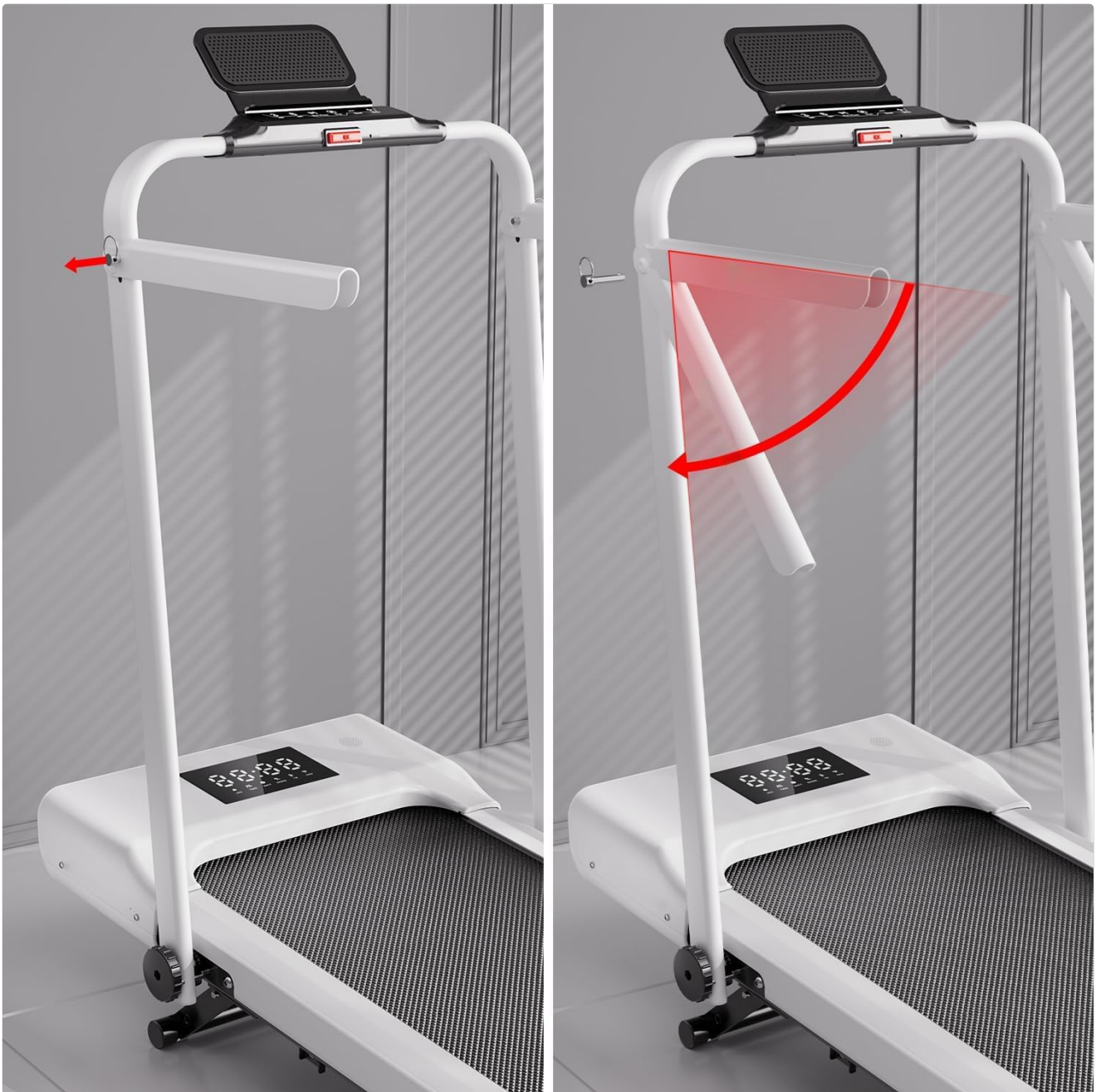


Image: A visual guide illustrating the process of adjusting and securing the handrail for the DeerRun AA-06 treadmill.

3.3 Installing the Phone/Tablet Holder

The phone/tablet holder slides into a designated slot on the console. Insert it firmly until it is stable.

3.4 Power Connection

Connect the power cord to the treadmill and then to a grounded electrical outlet.

4. OPERATING INSTRUCTIONS

The DeerRun AA-06 treadmill offers two primary operating modes: walking pad mode and running mode.

4.1 Safety Key

Before starting any exercise, attach the red safety key clip to your clothing. The magnetic end of the safety key must be securely placed on the designated area of the console. The treadmill will not start without the safety key in place and will stop immediately if it is pulled off.

4.2 Walking Pad Mode (Handrail Folded)

When the handrail is folded down, the treadmill operates as a walking pad. In this mode, the maximum speed is limited to 3.8 mph.

- Ensure the handrail is fully folded and locked.
- Use the remote control to start, stop, and adjust the speed.
- The LED display will show your exercise data.

4.3 Running Mode (Handrail Raised)

When the handrail is raised and secured, the treadmill can be used for jogging and running, with a maximum speed of 7.5 mph.

- Ensure the handrail is fully raised and locked.
- Use the console controls or the remote control to start, stop, and adjust the speed.
- The LED display will show your exercise data.



Image: A detailed view of the treadmill's console, featuring the LED display, control buttons, and a slot for a phone or tablet.

4.4 Using the Remote Control

The remote control allows you to conveniently adjust speed and start/stop the treadmill. It operates without requiring direct line of sight.

- **Start/Stop Button:** Press to begin or end your workout.
- **Speed +/- Buttons:** Adjust the treadmill speed incrementally.
- **Preset Speed Buttons (e.g., 3, 6 mph):** Quickly set the treadmill to a specific speed.

4.5 Smart App Connectivity

Connect your DeerRun AA-06 treadmill to a smart app via Bluetooth for enhanced tracking and workout features.

1. Download the recommended fitness app (e.g., PitPat) from your device's app store.
2. Enable Bluetooth on your smartphone or tablet.
3. Open the app and follow the on-screen instructions to pair with your treadmill.

4. The app will display real-time exercise data and may offer additional workout programs or social features.



Image: A smartphone displaying a fitness application interface, illustrating how the app tracks exercise data like time, distance, and calories from the treadmill.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

5.1 Cleaning

- Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust.
- Avoid using abrasive cleaners or solvents.

5.2 Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Refer to the included lubricating oil and follow these steps:

1. Turn off and unplug the treadmill.
2. Lift the edge of the running belt.
3. Apply a small amount of the provided silicone lubricant directly onto the deck beneath the belt.
4. Plug in the treadmill and run it at a low speed (e.g., 1-2 mph) for a few minutes to distribute the lubricant evenly.

5.3 Belt Adjustment

If the running belt shifts to one side or feels loose, it may need adjustment. Use the L-shaped wrench provided in the tool kit.

- **To center the belt:** If the belt drifts to the left, turn the right rear roller bolt clockwise a quarter turn. If it drifts to the right, turn the left rear roller bolt clockwise a quarter turn. Run the treadmill for a few minutes and re-check. Repeat as necessary.
- **To tighten the belt:** If the belt slips during use, turn both rear roller bolts clockwise a quarter turn simultaneously. Run the treadmill and test. Repeat as necessary, ensuring not to overtighten.

6. TROUBLESHOOTING

This section addresses common issues you might encounter with your DeerRun AA-06 treadmill.

Problem	Possible Cause	Solution
Treadmill does not power on.	Safety key not engaged. Power cord not connected.	Ensure the safety key is properly placed on the console. Check that the power cord is securely plugged into the treadmill and a working outlet.
Running belt shifts to one side.	Belt misalignment.	Refer to Section 5.3 "Belt Adjustment" to center the running belt.
Running belt slips during use.	Belt too loose.	Refer to Section 5.3 "Belt Adjustment" to tighten the running belt.
Unusual noise during operation.	Lack of lubrication. Loose components.	Lubricate the running belt (Section 5.2). Check for any loose screws or parts and tighten them. If the noise persists, contact customer support.

7. SPECIFICATIONS

Detailed technical specifications for the DeerRun AA-06 Treadmill.

WEIGHT CAPACITY:

300 lbs

SPEED RATING:

0.6-7.5 mph

38.35 in



47.83in

5.45 in



50.06in

Image: An infographic detailing the treadmill's dimensions, maximum weight capacity (300 lbs), and speed rating (0.6-7.5 mph).

- **Model Name:** AA-06 (CT05-W)
- **Brand:** DeerRun
- **Product Dimensions (L x W x H):** 54.17" x 25.51" x 5" (folded)
- **Item Weight:** 61.5 Pounds
- **Material:** Alloy Steel
- **Maximum Speed:** 7.5 Miles per Hour
- **Minimum Speed:** 0.6 Miles per Hour
- **Maximum Horsepower:** 3.0 HP
- **Maximum Weight Recommendation:** 300 Pounds
- **Deck Length:** 43 Inches
- **Deck Width:** 16 Inches
- **Incline:** Fixed 5.4°
- **Display Type:** LED
- **Connectivity Technology:** Bluetooth

- **Included Components:** Power Cord, Safety Key, Tool Kit, User Manual, Remote Controller, L-Shaped Wrench, Battery, Phone Stand, Lubricating Oil.
- **Metrics Measured:** Calories Burned, Distance, Speed, Time

8. WARRANTY AND SUPPORT

8.1 Warranty Information

The DeerRun AA-06 Treadmill comes with a **two-year warranty**. This warranty covers manufacturing defects and ensures the quality of the product. Please retain your proof of purchase for warranty claims.

8.2 Customer Support

For any questions, concerns, or assistance with your DeerRun AA-06 treadmill, please contact our customer support team. We are committed to providing 100% satisfied customer service.

- **Email:** treadmill@pitpatpower.com
- **Availability:** 24/7 Online Customer Support

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

