

T900

# SMARTWATCH T900 Pro Max L Serie 9 User Manual

Model: T900 | Brand: Generic

## INTRODUCTION

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The Generic SMARTWATCH T900 Pro Max L Serie 9 is a versatile wearable device designed to enhance your daily life by combining health and fitness tracking with smart communication features. Compatible with both iOS and Android devices, this smartwatch offers a 2.02-inch HD screen for clear display of information. It is equipped to monitor various health metrics, track your physical activities, and keep you connected with smart notifications.

This manual provides detailed instructions on how to set up, operate, and maintain your smartwatch to ensure optimal performance and longevity.

## WHAT'S IN THE BOX

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Upon opening your SMARTWATCH T900 Pro Max L Serie 9 package, you should find the following items:

- Smartwatch with aluminum case
- Watch band
- Charging cable
- User manual (this document)

# Sleep monitoring

Monitor your sleep data in real time to help you reach your sleep goals  
Get better sleep quality and live healthier every day



Image: Contents of the Smartwatch T900 Pro Max L Serie 9 box.

## SETUP

### Charging the Device

Before initial use, fully charge your smartwatch. A full charge typically takes approximately 2 hours.

1. Connect the magnetic charging cable to the charging points on the back of the smartwatch. Ensure the pins align correctly.
2. Plug the USB end of the charging cable into a standard USB power adapter (5V/1A recommended) or a computer's USB port.
3. The watch screen will display a charging indicator.



Image: Rear view of the smartwatch with charging contacts.

## Initial Pairing

To unlock the full functionality of your smartwatch, you must pair it with your smartphone via Bluetooth using the dedicated companion application.

1. **Download the App:** Scan the QR code provided in the manual or on the watch screen (if available) or search for the recommended app (e.g., 'HiWatch Pro' or similar, check packaging for exact name) in your phone's app store (App Store for iOS, Google Play Store for Android).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open the App:** Launch the companion app on your smartphone.
4. **Add Device:** Within the app, navigate to the 'Device' or 'Add Device' section. The app will search for available smartwatches.
5. **Select Your Watch:** Select 'T900 Pro Max L' or the corresponding device name from the list of found devices.
6. **Confirm Pairing:** Follow any on-screen prompts on both your phone and watch to confirm the pairing. A successful connection will be indicated on both devices.

Video: Demonstrates unboxing, initial power-on, UI navigation, and various features of the T900 Pro Max L Smartwatch.

## OPERATING YOUR SMARTWATCH

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### Navigation

The smartwatch features a touch-sensitive HD screen and a rotatable button for intuitive navigation.

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and screens. Tap to select items.
- **Rotatable Button:** Press to return to the home screen or wake the device. Rotate to scroll through lists or adjust settings like brightness or volume.
- **Side Button:** Typically used for power on/off or as a shortcut to specific functions.



Image: The rotatable button on the smartwatch for navigation.

## Sport Modes

The smartwatch offers multiple sport modes to track your workouts accurately.

- Access the 'Sport Mode' icon from the main menu.
- Select your desired activity (e.g., Walking, Running, Cycling, Swimming, Climbing, Skipping).
- The watch will begin tracking metrics such as steps, distance, calories burned, and duration.

## Health Monitoring

Monitor your vital health statistics directly from your wrist.

- **Heart Rate Monitor:** Tap the heart rate icon to measure your current heart rate. The watch can also provide continuous monitoring throughout the day.
- **Blood Oxygen Monitor:** Select the blood oxygen icon to measure your SpO2 levels.
- **Sleep Monitor:** The watch automatically tracks your sleep patterns, including light sleep, deep sleep, and awake time. View detailed sleep data in the companion app.



Image: Smartwatch displaying sleep monitoring data.



Image: Smartwatches displaying heart rate and blood pressure monitoring.

## Smart Notifications

Receive alerts for calls, messages, and app notifications directly on your wrist.

- Ensure your watch is paired with your smartphone and notification permissions are granted in the companion app.
- Incoming calls will display caller ID. You can answer or reject calls from the watch (if supported).
- Messages from apps like Twitter, Instagram, Facebook, and email will be displayed on the screen.

## Additional Features

The smartwatch includes several practical tools for daily convenience:

- **Alarm Clock:** Set alarms through the app or directly on the watch.
- **Music Controller:** Control music playback on your smartphone (play, pause, skip tracks).
- **Stopwatch/Timer:** Use for timing activities.
- **Sedentary Reminder:** Get alerts to move after periods of inactivity.
- **Find Your Phone:** Trigger your phone to ring to locate it.
- **Camera Control:** Use the watch as a remote shutter for your phone's camera.
- **Weather:** View current weather conditions (requires app connection).
- **Calculator:** Perform basic calculations.



Image: Overview of smartwatch functions represented by icons.

## MAINTENANCE

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Proper care will extend the life of your smartwatch.

- **Cleaning:** Wipe the watch screen and body with a soft, dry cloth. For stubborn smudges, slightly dampen the cloth with water. Avoid harsh chemicals or abrasive materials.
- **Strap Care:** Clean the watch band regularly, especially if it's silicone, to prevent skin irritation. Use mild soap and water, then rinse thoroughly and dry completely.
- **Water Resistance:** While the watch may have some water resistance, it is generally not recommended for prolonged submersion or high-pressure water activities. Refer to product specifications for exact water resistance ratings.
- **Storage:** Store the smartwatch in a cool, dry place when not in use. Avoid extreme temperatures.
- **Battery Care:** Do not allow the battery to fully drain for extended periods. Charge it regularly, even if not in frequent use, to maintain battery health.

## TROUBLESHOOTING

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If you encounter issues with your smartwatch, refer to the following common problems and solutions:

Problem	Possible Solution
Watch does not turn on.	Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to power on again.
Cannot pair with smartphone.	<ol style="list-style-type: none"> <li>1. Ensure Bluetooth is enabled on your phone.</li> <li>2. Make sure the watch is within Bluetooth range.</li> <li>3. Restart both the watch and your phone.</li> <li>4. Clear previous Bluetooth connections on your phone.</li> <li>5. Ensure you are using the correct companion app.</li> </ol>
Time/Date is incorrect or resets.	The watch typically syncs time and date from your paired smartphone. Ensure the watch is successfully paired and the companion app is running in the background. Check the time zone settings on your phone.
Notifications are not received.	<ol style="list-style-type: none"> <li>1. Verify Bluetooth connection.</li> <li>2. Check notification permissions for the companion app in your phone's settings.</li> <li>3. Ensure 'Do Not Disturb' mode is off on both the watch and phone.</li> </ol>
Health data (HR, SpO2) is inaccurate.	Ensure the watch is worn snugly on your wrist, with the sensors making good contact with your skin. Avoid excessive movement during measurements. Note that this device is not a medical device and readings are for reference only.

## SPECIFICATIONS

Key technical specifications for the SMARTWATCH T900 Pro Max L Serie 9:

Feature	Detail
Model Number	T900
Screen Size	2.02 inches (HD Screen) / 1.44 Inches (as per some specifications)
Operating System Compatibility	iOS 9.0 and above, Android 5.0 and above
Connectivity	Bluetooth
Battery Type	Nonstandard Battery (Lithium Polymer)
Item Weight	7.1 ounces
Package Dimensions	8.27 x 1.18 x 0.59 inches
Special Features	Activity Tracker, Alarm Clock, Heart Rate Monitor, Blood Oxygen Monitor, Sleep Monitor, Smart Notifications

## WARRANTY AND SUPPORT

This product comes with a standard manufacturer's warranty. Please refer to the warranty card included in your package or contact the seller for specific warranty terms and conditions. For technical support, troubleshooting assistance, or inquiries about your device, please contact the retailer or manufacturer's customer service channels.

Keep your purchase receipt and packaging for warranty claims.