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› HYAKO Pro R1 Therapy Massager - Instruction Manual

HYAKO

HYAKO Pro R1 Therapy Massager Instruction Manual

Model: LD-017 R1 Pro

INTRODUCTION

The HYAKO Pro R1 Therapy Massager is a handheld deep tissue vibration massager designed for full body pain relief, fascial limitation treatment, and addressing sensitive areas. This device utilizes high-frequency vibrations to target muscle soreness, aches, and tension, promoting blood circulation and aiding in muscle relaxation. Its compact and lightweight design makes it suitable for various applications and users.



Image: The HYAKO Pro R1 Therapy Massager, its carrying case, and two additional massage heads.

SAFETY INFORMATION

- Avoid use on broken skin.
- Do not use the device while sleeping.
- Discontinue use if the device becomes excessively hot.
- Keep the massager away from water.
- Consult a medical professional before use if you have a pre-existing medical condition or are pregnant.

PRODUCT FEATURES AND COMPONENTS

The HYAKO R1 Pro is equipped with several features designed for effective muscle therapy:

- **Powerful Vibration:** Operates at a frequency of 5500-7500 RPM/Min, providing high-speed, short-stroke, reciprocating movements.
- **Lightweight Design:** Weighs 1.7 lbs (0.77 kg) for ease of handling.
- **Ergonomic Linear Design:** Shaped for comfortable grip and application.
- **Cordless Operation:** Provides flexibility during use.
- **Integrated Massage Heads:** The device features multiple massage surfaces directly on its head, eliminating the need for interchangeable attachments.



Image: Illustration of the 7500 RPM brushless motor, highlighting the device's powerful vibration capability.

Massage Head Descriptions:

- **Bullet TIP:** Designed for precise application on the lower back, trigger points, and pain knots.

- **Flathead:** Suitable for use on tendons and major muscle groups.
- **Silicone TIP:** Reduces pain in soft tissues or sensitive areas.
- **Buffer Cap:** Versatile for application on virtually any body part.
- **Massager's Surface:** Delivers intense, multi-angle vibrations for large muscle groups.

Target Different Types of Muscle Pain

with 4 scientifically-designed treatments.



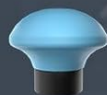
Bullet TIP

Ease your lower back, trigger points + painful knots



Flathead

Tendons and Soft Tissues



Silicone TIP

Reduce aches and pains in tender or sensitive areas



Buffer Cap

virtually all body parts applications



Image: Visual guide to the five specialized massage heads: Bullet TIP, Flathead, Silicone TIP, Buffer Cap, and the general massager surface, with their recommended applications.

SETUP

Charging the Device:

The HYAKO R1 Pro is powered by a 2900mAh battery. Before first use, or when the battery indicator shows low charge, connect the device to a power source using a 5V 2A charging head (not included). A full charge typically takes 6-7 hours. The device provides approximately 3-4 hours of working time on a full charge, depending on the intensity level used.

Premium Battery

for Longer Service Life



2900mAh
USB-C Charging



3-4 hours
Working Time



10 minute
auto-shutdown

Image: Diagram illustrating the 2900mAh battery capacity and indicating USB-C charging, 3-4 hours working time, and a 10-minute auto-shutdown feature.

OPERATING INSTRUCTIONS

General Use:

1. Ensure the massager is fully charged before use.
2. Select the appropriate massage head/surface for the targeted area and desired intensity. The device's design allows for easy rotation to utilize different surfaces without changing attachments.
3. Turn on the device using the power button.
4. Apply the massager to the affected area with gentle pressure. The device's efficacy relies on its high-speed vibrations, not excessive force. Avoid pressing hard enough to trigger any red light indicators, as this may indicate excessive pressure.
5. Move the massager slowly over the muscle groups or specific points requiring relief.

6. The device features a 10-minute auto-shutdown function to prevent overuse and conserve battery. You can restart the device if further treatment is needed.

Targeted Application:

- For deep tissue relief and breaking down fascial restrictions, use the appropriate head on the affected muscle groups.
- For sensitive areas or soft tissues, utilize the silicone tip for a gentler application.
- The device can be used over clothes or with massage oil.



Image: A user applying the HYAKO Pro R1 massager to their shoulder, illustrating the physical heat rejuvenation effect for alleviating soreness.

Vibration Therapy

PRO's Deep Muscle Treatment



High frequency
Short Stroke: **1/16" Amplitude**
Broad Application: **Head-to-Toe**
Relieve pain in joints + sensitive areas

Percussive Therapy



Short Stroke: 5/8" Amplitude
Broad Application: Large Muscles

Image: A visual comparison highlighting the differences between the HYAKO Pro R1's vibration therapy (short stroke, head-to-toe application, good for joints and sensitive areas) and traditional percussive therapy (longer stroke, for large muscles).

Your browser does not support the video tag.

Video: An official product video demonstrating the features and benefits of the HYAKO Pro R1 Therapy Massager.

Your browser does not support the video tag.

Video: An official product video showcasing the five speed settings (5500-7000 rpm) of the HYAKO R1, emphasizing its speed compared to percussion massage guns.

Your browser does not support the video tag.

Video: An official product video demonstrating the HYAKO Therapy Massager, highlighting its handheld deep tissue vibration capabilities.

MAINTENANCE

- Clean the device regularly with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Store the massager in its provided carrying case in a cool, dry place when not in use.

- Ensure the charging port is free of dust and debris.

TROUBLESHOOTING

Device Not Turning On:

- Ensure the device is fully charged. Connect it to a power source and allow sufficient charging time.

Reduced Vibration/Loud Noise from Head:

- This may indicate an internal mechanical issue. If the device exhibits reduced vibration or unusual loud noises from the head area, contact customer support for assistance.

Short Battery Life:

- Ensure you are using a 5V 2A charging head.
- Battery life can vary based on the intensity level used. Higher intensity levels consume more power.
- If battery life significantly deviates from the stated 3-4 hours after a full charge, contact customer support.

SPECIFICATIONS

Feature	Detail
Product Dimensions	3.5 x 3.5 x 7.8 inches
Item Weight	1.6 Pounds (0.73 kg)
Item Model Number	LD-017 R1 Pro
Batteries	3 AAA batteries required (included) - <i>Note: This contradicts 2900mAh battery, likely refers to a different component or an error in source data. The 2900mAh is the main rechargeable battery.</i>
Power Source	Battery Powered
Material	Aluminum
Manufacturer	Lingding Technology Co.
Country of Origin	China
Vibration Frequency	5500-7500 RPM/Min
Battery Capacity	2900mAh
Working Time	3-4 hours (depending on intensity)
Auto-Shutdown	10 minutes

WARRANTY AND SUPPORT

HYAKO is committed to customer satisfaction and product quality. The HYAKO Pro R1 Therapy Massager comes with the following support:

- **365 Days Unconditional Replacement:** For any product issues, a replacement will be provided within 365 days of purchase.
- **30 Days Product Trial:** Allows for evaluation of the product within the first 30 days.
- **24-Hour Online Customer Service:** Dedicated support is available around the clock for inquiries and assistance.



Image: HYAKO's commitment to customer service, highlighting 365-day product replacement and 24-hour online support.

For support, please contact: successservice@hotmail.com

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question