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› Citizen Eco-Drive Classic Chronograph Watch BL5564-55H User Manual

Citizen BL5564-55H

Citizen Men's Eco-Drive Classic Chronograph Watch

Model: BL5564-55H

INTRODUCTION

Thank you for choosing a Citizen Eco-Drive watch. This manual provides essential information for the proper setup, operation, and maintenance of your new timepiece. Your Citizen Eco-Drive watch is powered by light, eliminating the need for battery replacement. This model features a classic chronograph with a perpetual calendar and tachymeter, designed for both functionality and timeless style.





Front view of the Citizen Men's Eco-Drive Classic Chronograph Watch with a grey dial and two-tone stainless steel band.

SETUP

1. Initial Charging

Your Eco-Drive watch is powered by light. Upon receiving your watch, it may be in a low charge state. To ensure optimal performance, expose the watch dial to bright light (natural sunlight is ideal) for several hours. Avoid extreme heat. A full charge can take up to several days under normal indoor lighting.

2. Setting Time and Date

Refer to the detailed instructions provided in the full user manual for precise setting procedures for the time, perpetual calendar, dual time, and alarm functions. The crown and pushers on the side of the watch are used for these adjustments.



Side profile of the watch, highlighting the crown and chronograph pushers.

3. Band Adjustment

The stainless steel band can be adjusted for a comfortable fit. It is recommended to have this adjustment performed by a

qualified jeweler or watch technician to prevent damage to the band or watch.



The watch presented within its Citizen branded packaging.

OPERATING INSTRUCTIONS

Chronograph Function

This watch features a 1/20 second chronograph that can measure up to 60 minutes.

- **Start/Stop:** Press the upper pusher to start and stop the chronograph.
- **Reset:** Press the lower pusher to reset the chronograph to zero.

Perpetual Calendar

The perpetual calendar automatically adjusts for odd and even months and leap years, ensuring the correct date display without manual adjustment until the year 2100.

Dual Time (Second Time Zone)

The watch allows for the display of a second time zone, useful for travelers or those who need to track time in different regions. Consult the full manual for setting procedures.

Tachymeter

The tachymeter scale on the bezel can be used to measure speed based on travel time over a known distance, or to measure production units per hour.



The Citizen Eco-Drive watch displayed on a wrist, showcasing its design and fit.

MAINTENANCE

Water Resistance

This watch is water resistant up to 100 meters (330 feet). It is suitable for swimming and snorkeling, but not for diving. Avoid operating the crown or pushers when the watch is wet or submerged.

Cleaning

To maintain the appearance of your watch, wipe the case and band with a soft, dry cloth regularly. For stainless steel, a slightly damp cloth can be used, followed by a dry one. Avoid harsh chemicals or abrasive materials.

Storage

When storing your Eco-Drive watch for extended periods, ensure it is exposed to light periodically to maintain its charge. Avoid storing it in dark places for prolonged durations.



Rear view of the watch, showing the case back and bracelet clasp.

Watch Not Running or Incorrect Time

- **Insufficient Charge:** Ensure the watch has received adequate light exposure. Place it under bright light for several hours.
- **Incorrect Setting:** Verify that the time and date are set correctly according to the full instruction manual.
- **Power Save Mode:** If the watch has been in darkness for an extended period, it may enter a power-saving mode. Exposing it to light should reactivate it.

Chronograph Not Resetting to Zero

If the chronograph hands do not reset to the zero position, a zero-position correction may be required. Refer to the detailed instructions in the complete user manual for this procedure.

For more complex issues or if troubleshooting steps do not resolve the problem, please contact Citizen customer support or visit an authorized service center.

SPECIFICATIONS

Model Number	BL5564-55H
Movement	Eco-Drive (Light-Powered)
Case Material	Stainless Steel (Two-Tone)
Crystal	Mineral Crystal
Dial Color	Grey
Water Resistance	100 Meters (330 Feet)
Functions	1/20 Second Chronograph (up to 60 Minutes), Perpetual Calendar, Dual Time (Second Time Zone), 12/24 Hour Time, Alarm, Date, Tachymeter
Package Dimensions	4.84 x 3.9 x 3.19 inches
Item Weight	13.12 ounces

WARRANTY AND SUPPORT

Warranty Information

Your Citizen Eco-Drive watch is covered by a 5-Year Limited Warranty. This warranty covers manufacturing defects under normal use. Please retain your proof of purchase for warranty claims. For full terms and conditions, refer to the warranty card included with your watch or visit the official Citizen website.

Customer Support

For additional support, detailed operating instructions, or service inquiries, please visit the official Citizen website or contact their customer service department.

[Visit Citizen Official Website](#)

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Question

Example: How do I reset this device or fix this error?

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