

Boquaw P90GDGD

Boquaw P90GDGD Smart Watch User Manual

Model: P90GDGD

1. INTRODUCTION

The Boquaw P90GDGD Smart Watch is a versatile fitness tracker and communication device designed to enhance your daily life. It features a large HD touch screen, comprehensive health monitoring, multiple sport modes, and seamless smartphone connectivity for calls and notifications.

2. WHAT'S IN THE BOX

Upon unboxing your Boquaw P90GDGD Smart Watch, you should find the following items:

- Boquaw P90GDGD Smart Watch (with pre-installed strap)
- Additional Watch Bands (typically 2, in different colors)
- Charging Cable
- User Manual (this document)



Image: The Boquaw P90GDGD Smart Watch in gold with its default mesh strap, alongside two additional silicone straps in pink and black, and a charging cable.

3. SETUP

3.1 Initial Charging

Before first use, fully charge your smart watch. Connect the provided charging cable to the charging points on the back of the watch and a USB power source. The watch screen will indicate charging status.

3.2 App Installation

To unlock the full functionality of your smart watch, download and install the 'GloryFit' app on your smartphone. The app is compatible with Android 5.0 and above, and iOS 9.0 and above.

1. Scan the QR code provided in the watch packaging or search for 'GloryFit' in your phone's app store (Google Play Store for Android, Apple App Store for iOS).
2. Install the app and grant necessary permissions.

3.3 Device Pairing

Pair your smart watch with the 'GloryFit' app via Bluetooth:

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the 'GloryFit' app and navigate to the device connection section.
3. Select 'Connect device' and search for 'P90' or 'P90GDGD' in the list of available devices.
4. Confirm the pairing request on both your phone and the watch.
5. To enable call functionality, go to your phone's Bluetooth settings after initial pairing and connect to the 'P90' device for calls and media audio.

IP68 Waterproof

Easily and perfectly meet daily waterproofing needs.



Image: Visual guide for downloading the 'GloryFit' app and connecting the P90GDGD Smart Watch to a smartphone, detailing the steps for Bluetooth pairing and enabling call features.

4. OPERATING THE SMART WATCH

4.1 Basic Navigation

The Boquaw P90GDGD Smart Watch features a 1.85" large HD full touch screen. Swipe left, right, up, or down to navigate through menus and features. The screen will automatically light up when you raise your hand.

4.2 Call Functions

Once paired with your smartphone, you can make and answer calls directly from your watch. The watch is equipped with a built-in microphone and speaker. You can also store frequently used contacts for quick dialing.

Bluetooth Making calls and Answer

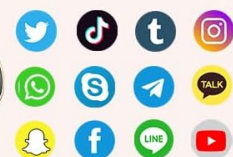


Bluetooth Call

- Built in Mic
- Contacts
- Call History



Text & Message Notification



Voice assistant

Call Lily

Set an Alarm

Click the screen to start



Image: The smart watch screen showing an incoming call notification and various app icons for messages and voice assistant.

4.3 Message Notifications

Receive notifications for SMS, WhatsApp, Facebook, and other social media applications directly on your watch. This allows you to stay informed without needing to check your phone constantly.

Sleep Quality Monitoring

Monitors and estimates your sleep status and offers a detailed sleep analysis with continuous recording of your sleep patterns.

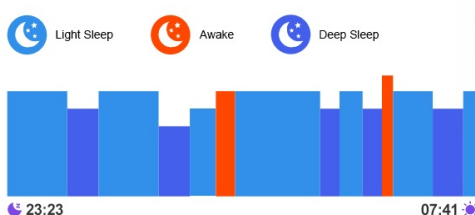


Image: A user interacting with message notifications on the smart watch, showing icons for popular communication

platforms.

4.4 Music Control

Control music playback on your smartphone directly from your watch. You can play, pause, skip tracks, and adjust the volume.

Further Convenience For Your Life



Image: A user controlling music playback via their smart watch while exercising.

4.5 Camera Control

Use your smart watch as a remote shutter for your smartphone's camera, making it easier to capture photos from a distance.



Image: The smart watch screen showing the camera control feature, enabling remote photo capture.

4.6 Weather Information

View real-time weather updates directly on your watch, keeping you informed about current conditions and forecasts.

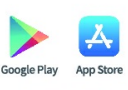
A: First of all, please be sure to connect our smart watch through the “GloryFit” APP.

Step 1



1. Turn on the “Bluetooth” function of your phone.

Step 2



2. Open the “Google Play” or the “APP Store”.

Step 3



3. Search for “GloryFit” APP and download it.

Step 1



4. Open the APP, click “Please connect device”, click “Select device”, find “P90” and bind it.

B: Perform the following steps to enable the answer/call function.

Step 1



1. After selecting “P90” to connect, on the mobile phone system popup pairing request, select pairing

Step 2



2. Turn on the call Bluetooth switch on the watch (used when the watch cannot make calls and play media sound).

Step 3



3. In the phone settings, in the system bluetooth, turn on these permissions of the P90.

Step 1



4. Once connected, you could use the watch to answer/make calls anytime.

***If you don't need to use the call function, you can turn off the answer/call function so that the battery can last longer.**

Image: The smart watch displaying current weather conditions and a stopwatch.

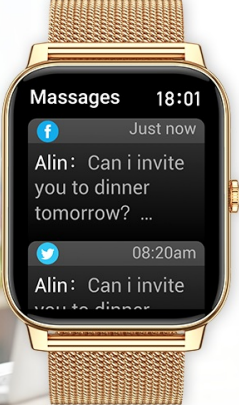
5. HEALTH MONITORING

The Boquaw P90GDGD Smart Watch is equipped with advanced sensors to help you monitor key health metrics.

5.1 Heart Rate Monitoring

Continuously monitor your heart rate throughout the day to gain insights into your cardiovascular health.





Messages 18:01
Just now
Alin: Can i invite you to dinner tomorrow? ...
08:20am
Alin: Can i invite you to dinner

Smart Message Notification

Receive notifications directly on your watch so you don't miss a single instant message.

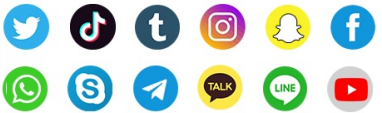


Image: The smart watch showing a graph of heart rate data.

5.2 Blood Oxygen (SpO2) Monitoring

Measure your blood oxygen saturation levels to ensure proper breathing and overall well-being.

Blood Oxygen Monitoring

Continuously measure Your BLOOD OXYGEN (SpO2) throughout the day to ensure your breathing and keep you safer.

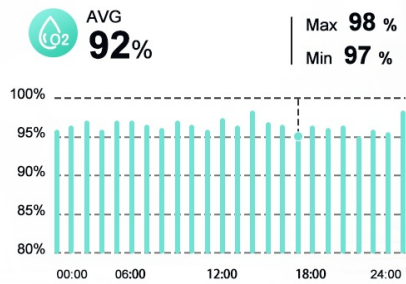


Image: The smart watch displaying current blood oxygen saturation (SpO2) levels.

5.3 Sleep Monitoring

The watch monitors your sleep status, including deep sleep, shallow sleep, and awake times, providing a comprehensive analysis of your sleep quality.

Sleep monitor & Silent Alarm



Health Monitor



Image: The smart watch interface showing detailed sleep quality analysis.

6. FITNESS TRACKING

Track your fitness journey with the watch's extensive sport modes and activity monitoring.

6.1 112 Sport Modes

The watch supports 112 different sport modes, including running, riding, badminton, hiking, and more, providing detailed insights into your daily activities.



Image: The smart watch interface showcasing a selection of 112+ sport modes.

6.2 All-Day Activity Tracking

Accurately track your steps, distance covered, and calories burned throughout the day, helping you stay motivated and achieve your fitness goals.



Image: The smart watch displaying an overview of all-day activity tracking, including calories, distance, steps, and heart rate.

7. OTHER FEATURES

7.1 Alarms, Stopwatch, and Timer

Utilize the built-in alarm clock, stopwatch, and timer functions for daily organization and workout timing.

7.2 Sedentary Reminder

Receive reminders to move after periods of inactivity, promoting a healthier lifestyle.

7.3 GPS via Smartphone

The watch can obtain GPS positioning through your connected mobile phone, allowing it to accurately record and upload your movement path during outdoor activities.

7.4 Customizable Watch Faces

Personalize your watch with over 200 built-in watch faces available in the app, or create your own custom watch face using personal photos.



Image: A selection of customizable watch faces and the option to use personal photos as backgrounds.

8. MAINTENANCE

8.1 Water Resistance

The Boquaw P90GDGD Smart Watch is IP68 waterproof, meaning it can withstand splashes, rain, and sweat. It is suitable for daily wear and outdoor activities. However, it is not recommended for hot water baths, saunas, or deep diving.



1.85" Large HD Touch screen

More Clearer More Better
Touch Experience

Broad color range

IPS
IPS Wide vision

Color Accuracy
Color saturation

Customize Your Watch Face

200+ built in watch faces in app

Image: The smart watch demonstrating its IP68 waterproof capabilities under running water.

8.2 Cleaning

Regularly clean your watch and straps with a soft, dry cloth. If necessary, use a slightly damp cloth for the watch body. Avoid harsh chemicals or abrasive materials.

8.3 Battery Care

The watch has a battery life of 7-15 days depending on usage. To prolong battery life, avoid extreme temperatures and fully charge the device when prompted. If you do not use the call function, you can turn it off to conserve battery.

9. TROUBLESHOOTING

If you encounter any issues with your Boquaw P90GDGD Smart Watch, please try the following general

troubleshooting steps:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Connection issues:** Ensure Bluetooth is enabled on your phone and the watch. Restart both devices and try pairing again through the 'GloryFit' app. Check if the app has all necessary permissions.
- **Notifications not appearing:** Verify that app notifications are enabled in both your phone's settings and the 'GloryFit' app settings. Ensure the watch is properly connected.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Keep the sensor clean.
- **Screen not responding:** Try restarting the watch. If the issue persists, ensure the screen is clean and dry.

For more detailed troubleshooting or persistent issues, refer to the 'GloryFit' app's help section or contact customer support.

10. SPECIFICATIONS

Feature	Description
Model Number	P90GDGD
Display	1.85 Inches HD Full Touch Screen
Compatibility	Android 5.0+ / iOS 9.0+
Connectivity	Bluetooth
Battery Life	7-15 days (typical usage)
Water Resistance	IP68
Health Monitoring	Heart Rate, Blood Oxygen (SpO2), Sleep Tracking
Fitness Tracking	112 Sport Modes, Steps, Distance, Calories
Other Features	Calls, Messages, Music Control, Camera Control, Weather, Alarm, Stopwatch, Timer, Sedentary Reminder, GPS via Smartphone
Item Weight	30 Grams (1.06 ounces)
Package Dimensions	10.67 x 3.46 x 0.75 inches

11. OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video: An official overview of the Boquaw P90GDGD Smart Watch, highlighting its key features, design, and functionalities.

12. WARRANTY AND SUPPORT

For information regarding product warranty, please refer to the documentation included with your purchase or contact the seller directly. Protection plans may be available for purchase through the retailer.