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› [EarlySincere Smart Watch T13 User Manual: Bluetooth Call, 1.9" HD Touch Screen, Health & Fitness Tracker](#)

EarlySincere T13

EarlySincere Smart Watch T13 User Manual

Model: T13

1. INTRODUCTION

Thank you for choosing the EarlySincere Smart Watch T13. This device is designed to enhance your daily life with features such as Bluetooth calling, a 1.9-inch HD full touch screen, comprehensive health monitoring, and various sports modes. This manual provides detailed instructions for setup, operation, maintenance, and troubleshooting to ensure you get the most out of your smartwatch.

2. SAFETY INFORMATION

- Do not attempt to disassemble, repair, or modify the device. This may cause damage, electric shock, or fire.
- Keep the device away from extreme temperatures, direct sunlight, and high humidity.
- Avoid exposing the device to strong impacts or vibrations.
- Use only the provided charging cable. Unauthorized chargers may cause damage or fire.
- Consult a medical professional before starting any new exercise regimen or if you have any health concerns, especially regarding heart rate or blood oxygen monitoring.
- The device is IP67 waterproof, meaning it can withstand splashes and brief immersion. However, it is not suitable for hot water, diving, or prolonged submersion.
- If you experience skin irritation, discontinue use and consult a doctor.

3. SETUP GUIDE

3.1. Unboxing and Package Contents

Carefully open the package and ensure all components are present.

Adjustable Silicone Bands



Image: Contents of the EarlySincere Smart Watch T13 package. This includes the smartwatch unit, a comfortable silicone watch strap, a magnetic charging cable, and the instruction manual.

- EarlySincere Smart Watch (Model T13)
- Comfortable Silicone Watch Strap
- Magnetic Charging Cable
- Instruction Manual

3.2. Charging the Smart Watch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.



Image: The EarlySincere Smart Watch T13 connected to its magnetic charging cable, indicating the charging process.

The watch features ultra-low power consumption technology, providing up to 5-7 days of use or 30 days of standby time on a single charge.

3.3. App Installation and Pairing

To unlock the full functionality of your EarlySincere Smart Watch T13, you need to install the companion application on your smartphone.

1. **Download the App:** Search for "DaFit" in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open DaFit App:** Launch the DaFit application and follow the on-screen instructions to create an account or log in.
4. **Add Device:** In the app, navigate to the "Device" or "Add Device" section. The app will search for available devices.
5. **Select Your Watch:** Select "T13" or a similar identifier from the list of found devices. Confirm the pairing request on both your phone and the watch if prompted.
6. **Grant Permissions:** Grant necessary permissions (e.g., notifications, location) to the DaFit app for optimal performance.

Once paired, the watch will synchronize data with your phone, and you can customize settings through the app.

4. OPERATING INSTRUCTIONS

4.1. Screen Navigation

The EarlySincere Smart Watch T13 features a 1.9-inch HD full touch screen for intuitive interaction.

1.9-inch HD large color screen

340 HD resolution The display effect is more conspicuous and clearer



Image: The 1.9-inch HD full touch screen of the EarlySincere Smart Watch T13, showcasing its vibrant display and clear interface.

- **Swipe Up/Down:** Navigate through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different widgets.
- **Tap:** Select an item or open an application.
- **Side Button:** Press to return to the home screen or wake the device.

4.2. Bluetooth Call Function

Once paired with your smartphone via Bluetooth, you can make and receive calls directly from your wrist.

HD Bluetooth voice call

Built-in high-end speaker and microphone, support watch call/answer



Image: The EarlySincere Smart Watch T13 demonstrating its Bluetooth call function, showing an incoming call notification on the watch and a connected smartphone.

- **Receiving Calls:** When a call comes in, the watch will vibrate and display the caller ID. Tap the green icon to answer or the red icon to reject.
- **Making Calls:** Access the dialer or contact list on your watch to initiate a call.

4.3. Message Notifications

Receive notifications from various applications directly on your watch.

Image: The EarlySincere Smart Watch T13 showing a message notification, illustrating how the watch provides timely alerts from connected apps.

Ensure notification permissions are granted in the DaFit app for desired applications (e.g., WhatsApp, Facebook, Twitter).

4.4. AI Voice Assistant

Utilize the integrated AI voice assistant for hands-free control.

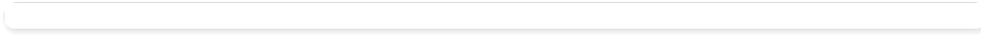


Image: A user interacting with the AI voice assistant on the EarlySincere Smart Watch T13, demonstrating voice commands for tasks like making calls or checking weather.

Press the designated voice assistant button or tap the voice icon on the screen to activate and issue commands like "Call Lucy" or "What's the weather like today?".

4.5. Health Monitoring

The watch provides comprehensive health tracking features.

Smart Health Monitoring

(Heart rate, Blood oxygen monitoring, Sleep)

High-performance heart rate sensor, the data is more instant and accurate

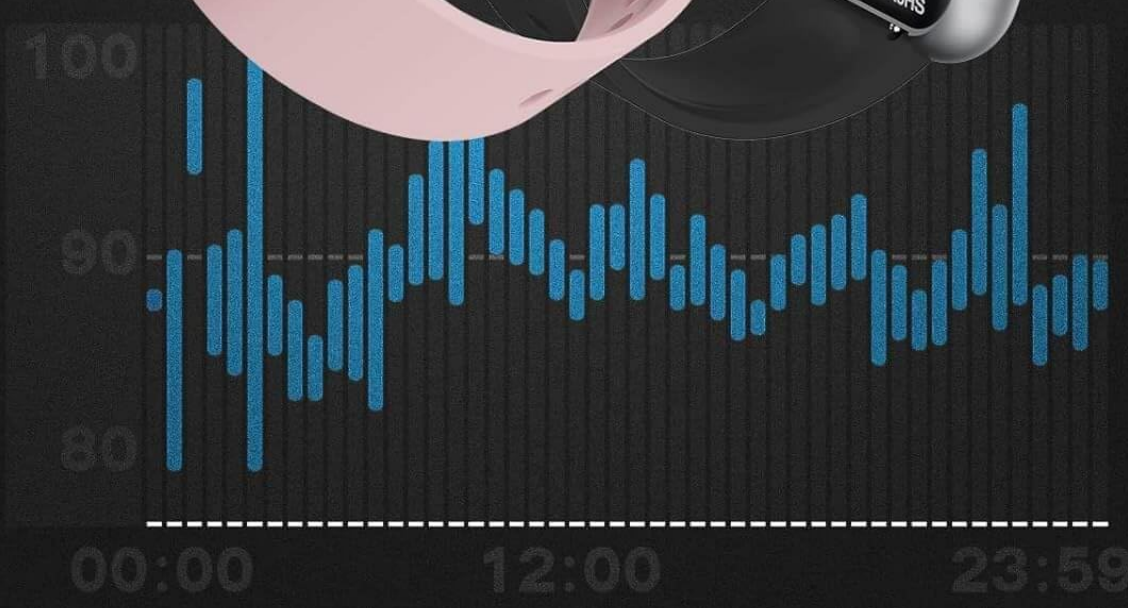


Image: The EarlySincere Smart Watch T13 showcasing its health monitoring capabilities, with a graph illustrating heart rate and blood oxygen data.

- **Heart Rate Monitor:** Continuously tracks your heart rate. View real-time data on the watch or detailed trends in the DaFit app.
- **Blood Oxygen (SpO2) Tracker:** Measures your blood oxygen saturation levels.
- **Sleep Tracker:** Automatically detects and records your sleep patterns, including deep, light, and REM sleep stages.



Monitor your sleep at night

Automatically detect sleep at night,Intelligently identify and record your sleep quality

Image: The EarlySincere Smart Watch T13 displaying sleep monitoring data, including total sleep duration and a breakdown of sleep stages.

- **Women's Menstrual Cycle Management:** For female users, the watch can assist in tracking menstrual cycles when configured in the app.



Image: The EarlySincere Smart Watch T13 highlighting its women's menstrual cycle management feature, shown on a user's wrist.

Note: This device is not a medical device. Health data is for reference only and should not be used for medical diagnosis or treatment.

4.6. Sports Modes

The watch supports 123 sports modes to track your physical activities.



123 sports modes

Accompany you up the mountain,
down to the sea, whatever you want
Every movement, there is an accurate
record of the watch

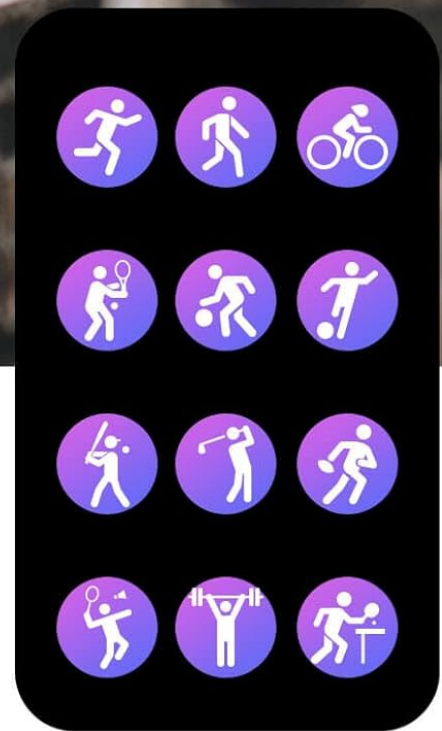


Image: The EarlySincere Smart Watch T13 interface showing icons for 123 sports modes, illustrating its comprehensive activity tracking capabilities.

Select your desired sport (e.g., running, cycling, yoga) from the watch menu. The watch will track metrics such as distance, pace, and calories burned. Review detailed exercise data in the DaFit app.

4.7. Customizing Dials

Personalize your watch face to match your style or mood.

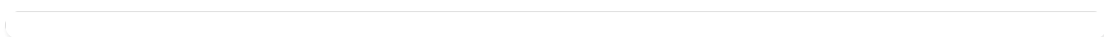


Image: A collection of diverse watch faces available for the EarlySincere Smart Watch T13, demonstrating the extensive customization options.

Through the DaFit app, you can access a rich selection of watch faces and download your favorites. You can also create custom dials using your own photos.

4.8. Other Smart Features

- **Weather Forecast:** View current weather conditions and forecasts directly on your watch.

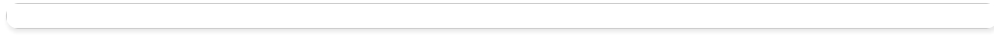


Image: The EarlySincere Smart Watch T13 showing a detailed weather forecast, including current temperature and daily outlook.

- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks) from your watch.
- **Sedentary Reminders:** Receive alerts to remind you to move after periods of inactivity.
- **Alarm Clock:** Set alarms that vibrate on your wrist.
- **Calculator:** A basic calculator function is available.
- **Camera Control:** Remotely trigger your smartphone's camera shutter.
- **Find My Phone:** Use your watch to locate your paired smartphone.
- **Games:** Enjoy built-in standalone games for entertainment.

5. MAINTENANCE

5.1. Cleaning Your Smart Watch

- Wipe the watch screen and body with a soft, lint-free cloth.
- For stubborn stains, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts regularly to ensure proper charging.
- Ensure the watch is dry before charging.

5.2. Water and Dust Resistance (IP67)

The EarlySincere Smart Watch T13 is rated IP67 for water and dust resistance.

IP67 waterproof and dustproof

Meet various usage scenarios



Image: The EarlySincere Smart Watch T13 partially submerged in water, illustrating its IP67 waterproof and dustproof capabilities.

This means it is protected against dust ingress and can withstand immersion in water up to 1 meter for up to 30 minutes. It is suitable for daily use, such as washing hands or light rain. However, it is not recommended for swimming, showering with hot water, or diving, as steam and high water pressure can compromise the seals.

6. TROUBLESHOOTING

Problem	Possible Solution
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Problem	Possible Solution
Watch does not turn on.	Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes.
Cannot pair with smartphone.	<p>Ensure Bluetooth is enabled on your phone.</p> <p>Make sure the watch is within range of your phone.</p> <p>Restart both the watch and your phone.</p> <p>Check if the DaFit app has all necessary permissions.</p> <p>Forget the device in your phone's Bluetooth settings and try pairing again.</p>
No message notifications.	<p>Verify that notification permissions are enabled for the DaFit app and specific applications on your phone.</p> <p>Ensure the watch is connected via Bluetooth.</p> <p>Check if "Do Not Disturb" mode is active on the watch.</p>
Inaccurate health data.	<p>Ensure the watch is worn snugly on your wrist, not too loose or too tight.</p> <p>Clean the sensor on the back of the watch.</p> <p>Avoid excessive movement during measurements.</p>
Short battery life.	<p>Reduce screen brightness.</p> <p>Limit frequent use of power-intensive features like continuous heart rate monitoring or Bluetooth calls.</p> <p>Ensure the watch is fully charged each time.</p>

7. SPECIFICATIONS

Feature	Detail
Brand	EarlySincere
Model Name	T13
Screen Size	1.9 Inches
Display Type	Digital
Operating System	iOS, Android compatible
Connectivity Technology	Bluetooth
Water Resistance	IP67 (Waterproof and Dustproof)
Battery Life	5-7 days (usage), 30 days (standby)
Charging Time	Approximately 2 hours
Battery Type	Lithium Ion (included)

Feature	Detail
Special Features	Activity Tracker, Bluetooth Call, Message Notification, Heart Rate Monitor, Blood Oxygen Monitor, Sleep Monitor, 123 Sports Modes, Music Player, Calorie Tracker, Weather, Alarm Clock, Sedentary Reminder, Camera Control, Find My Phone, Games, AI Voice Assistant, Women's Menstrual Cycle Management
Product Dimensions	17.27 x 9.65 x 3.05 cm; 180 g
Human Interface Input	Buttons, Dial, Microphone, Touchscreen



Image: A detailed diagram illustrating the dimensions of the EarlySincere Smart Watch T13 and its adjustable silicone band, including weight and strap length.

8. WARRANTY AND SUPPORT

EarlySincere is committed to providing quality products and customer satisfaction. While specific warranty details are typically provided with your purchase documentation, please retain your proof of purchase for any warranty claims.

For technical support, troubleshooting assistance, or inquiries regarding your EarlySincere Smart Watch T13, please refer to the contact information provided in your product packaging or visit the official EarlySincere website. You can also reach out to the seller directly through the platform where you made your purchase.

Manufacturer Contact: earlysincere@gmail.com

The product is verified by Transparency, ensuring authenticity. Each item has a unique code that can be verified.

