

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

› [DeerRun](#) /

› [DeerRun 2-in-1 Walking Pad Treadmill User Manual](#)

DeerRun BA04-1

DeerRun 2-in-1 Walking Pad Treadmill User Manual

Model: BA04-1

Brand: DeerRun

1. INTRODUCTION

Thank you for choosing the DeerRun 2-in-1 Walking Pad Treadmill. This compact and versatile fitness equipment is designed to provide a convenient way to exercise at home or in the office, supporting both walking and light jogging. Please read this manual thoroughly before operation to ensure safe and effective use.



Image: The DeerRun 2-in-1 Walking Pad Treadmill in both walking and under-desk modes, highlighting its versatility.

2. SAFETY INFORMATION

Your safety is paramount. Adhere to all safety guidelines to prevent injury or damage to the product.


- Always place the treadmill on a flat, stable surface.
- Ensure adequate clear space around the treadmill during operation.
- Do not allow children or pets near the treadmill when in use.
- Unplug the treadmill from the power source when not in use or before cleaning/maintenance.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Maximum user weight capacity: 265 lbs (120 kg).

3. PACKAGE CONTENTS

Verify that all components are present upon unboxing:

ANY QUESTION

Please contact us(before/after order)



Option 1

Step 1

In Stock
Qty: 1
Add to Cart
Buy Now

Secure transaction
Ships from Amazon
Sold by Deer Run
Returns Eligible for Return, Refund or Replacement within 30 days of receipt

Step 2

Deer Run
Visit the Deer Run storefront
★★★★★ 97% positive in the last 12 months (33 ratings)

About Seller
Deer Run is committed to providing each customer with the highest standard of customer service.

Have a question for Deer Run?
Ask a question

Option 2

Step 1

TREADMILL FOR HOME

Open the package and find the manual

Step 2

Find the our service mail address highlighted on the first page with a red box

Email: support@deerruntreadmill.com
pitpatfitness.com
deerruntreadmill.com

Image: Visual representation of all items included in the product package.

- DeerRun Walking Pad Treadmill (x1)
- Remote Control (x1)
- Lubricant (x1)
- Hex Tool (x1)
- Screwdriver (x1)
- User Manual (x1)
- Power Cord (x1)

4. SETUP

Follow these steps to set up your treadmill:

1. Place the Machine:

Place the treadmill on a flat, level ground. Ensure there is sufficient space around it for safe operation.

2.5HP NEW MOTOR DESIGN

The 2.5 HP upgrade motor use the most premium equipment to make the Treadmill more stable. This is different from other old products. The technology update will bring you a new running period and more enjoyment of fitness time!



Image: The treadmill's compact design allows for easy storage under furniture.

2. Inspect Packaging:

Before opening, inspect the packaging for any signs of damage. If damage is found, contact customer service

promptly.

3. **Unbox the Machine:**

Carefully cut the tape and packaging ropes with a small knife, exercising caution. Open the box and remove all packaging materials and accessories. Verify that all accessories are complete.

Your browser does not support the video tag.

Video: This video demonstrates the unboxing process of the DeerRun Treadmill, from opening the box to removing all components and accessories.

4. **Lift and Position:**

Lift the treadmill out of the box and place it flat on the ground in your desired operating location.

5. **Remove Plastic Wrapping:**

Carefully remove any plastic wrapping from the machine, especially from the display area.

6. **Plug in Power:**

Connect the power cord to the treadmill and then plug it into a suitable power outlet. Ensure the power switch on the treadmill is in the 'On' position.

7. **Remote Control Setup:**

Take out the remote control and remove the insulation film from its battery compartment. The remote is now ready for use.

LED Screen Remote Control Design

Adjust and Control
Your Exercise State

Follow the instruction manual before use.
Please tear off the protective film before use.

00:00.00

 SPEED  TIME  DIST  CAL

00:00

DeerRun



Image: The LED display and remote control for adjusting settings.

5. OPERATING INSTRUCTIONS

The DeerRun Walking Pad offers two primary modes of operation:

5.1. 2-in-1 Sport Mode

This treadmill can be used for both walking and light jogging. The speed range is adjustable from 0.6 to 3.8 mph, allowing for diverse exercise experiences suitable for office use or leisure.



Image: Demonstrates the treadmill's capability for both walking and light jogging.

5.2. Using the Remote Control

The remote control allows you to easily operate the machine. Press the power button to start or stop the treadmill. Use the '+' and '-' buttons to adjust the speed.

Your browser does not support the video tag.

Video: This video showcases the space-saving design and ease of use of the DeerRun Walking Pad, including remote control operation.

5.3. LED Display

The integrated LED display shows important metrics such as speed, time, distance, and calories burned, allowing you to monitor your workout progress.



Image: The LED screen provides real-time workout data.

5.4. Portability and Storage

The treadmill features a lightweight design and two bottom wheels for easy movement and storage. It can be stored under a sofa, bed, or against a wall, saving space.

Your browser does not support the video tag.

Video: This video demonstrates the easy movement of the DeerRun Standing Desk Treadmill with its integrated wheels.

6. MAINTENANCE

6.1. Lubrication (Oil Filling Hole)

The treadmill is designed with an oil filling hole on the right side for convenient lubrication of the running belt. Regularly lubricate the belt to ensure smooth operation and prolong the treadmill's lifespan.



Image: The oil filling hole simplifies the lubrication process for the running belt.

6.2. Tightening the Running Belt

If the running belt feels loose or jerky during use, it may need tightening. Follow these steps:

1. Turn off the treadmill and unplug it from the power source.
2. Locate the adjustment screws at the rear of the treadmill.
3. Use the provided hex tool to turn the screws clockwise in small increments (e.g., quarter turns).
4. After each adjustment, plug in the treadmill, turn it on, and test the belt's tension and smoothness. The belt should be tight enough to prevent slipping but not so tight that it causes strain on the motor. Ideally, you should be able to insert one finger vertically between the belt and the deck. If you can insert two fingers, the belt is too loose.
5. Repeat until the belt runs smoothly and is properly tensioned.

Your browser does not support the video tag.

Video: This video provides a detailed guide on how to tighten the running belt of your DeerRun Treadmill to ensure optimal performance.

7. TROUBLESHOOTING

7.1. Remote Control Not Responding

If your remote control is not able to control the machine, follow these steps to re-pair it:

1. First, turn off the treadmill using the main power switch.
2. Next, press and hold the power button on the remote control while simultaneously turning on the machine's power switch.
3. When you hear a beep and see "00:00" displayed on the screen, it means the pairing was successful. You can now use the remote control to operate the machine.

Your browser does not support the video tag.

Video: This video explains how to re-pair your remote control if it's not controlling the treadmill.

7.2. Loose Treadmill Belt

If the treadmill belt feels too loose, causing it to not run properly or feel jerky when walking on it, it indicates that the belt is loose. Follow these steps to fix it:

1. First, turn off the power and place the machine on a flat and level surface.
2. Start by measuring the tightness of the belt. Pull up the treadmill belt from the side and try to insert your index finger. Ideally, there should only be enough space to accommodate one finger. If you can vertically place two fingers, then the belt is too loose and needs further tightening.
3. Set the machine to a speed of 2.0 KPH.
4. Adjust the screws on both rear covers clockwise to adjust the belt. Rotate until the belt runs smoothly.
5. Check the belt again to see if it is centered and stable.

If the issue persists after these steps, please contact customer service.

8. SPECIFICATIONS

Feature	Detail
Brand	DeerRun
Model Name	BA04-1
Color	Grey
Product Dimensions	49"D x 20"W x 4.8"H
Item Weight	41 Pounds
Material	Alloy Steel
Maximum Speed	3.8 Miles per Hour
Minimum Speed	0.6 Miles per Hour

Maximum Horsepower	2.25 Horsepower
Maximum Weight Recommendation	300 Pounds
Display Type	LED
Included Components	Remote Control
Assembly Required	No
Input Power	220 Watts
UPC	784300541783

9. WARRANTY & SUPPORT

DeerRun is committed to providing excellent customer service.


9.1. Warranty Information

This product comes with a 1-year warranty. For any warranty claims or issues, please refer to the contact information provided in the manual or on the product packaging.

9.2. Customer Service

If you encounter any problems or have questions, please contact DeerRun customer service. You can find contact details in the lower left corner of the first page of your physical manual or through the seller's contact information on the purchase platform.

ANY QUESTION
Please contact us(before/after order)



24HOURS*7DAYS
ONLINE

Step 1

In Stock

Qty: 1


Add to Cart

Buy Now

Payment: Secure transaction
Ships from: Amazon
Sold by: Deer Run
Returns: Eligible for Returns, Refund or Replacement within 30 days of receipt

Option 1

Step 1



TREADMILL FOR HOME

Open the package and find the manual

Option 2

Step 2

Deer Run

Visit the Deer Run storefront

★★★★★ 97% positive in the last 12 months (33 ratings)

About Seller
Deer Run is committed to providing each customer with the highest standard of customer service.

Have a question for Deer Run?

Ask a question

Step 2

Email: support@deerruntreadmill.com
p1patfitness.com
deerruntreadmill.com

Find the our service mail address highlighted on the first page with a red box

Image: Instructions on how to contact customer support for assistance.