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SUNKTA ST6 PRO-A

SUNKTA Smart Watch User Manual

Model: ST6 PRO-A

INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your SUNKTA ST6 PRO-A Smart Watch. Please read this manual thoroughly before using the device to ensure proper functionality and to maximize your user experience. Keep this manual for future reference.



The SUNKTA ST6 PRO-A Smart Watch features a sleek design with a metal strap, showcasing its versatile digital display capabilities including health tracking and notification alerts.

SETUP

1. Unboxing and Initial Setup

Upon opening the package, verify that all components are present:

- SUNKTA ST6 PRO-A Smart Watch unit
- Metal strap
- Silicone strap
- Charging cable
- Instruction manual

- Cleaning cloth and screen protector information
- Additional strap links (for metal strap adjustment)

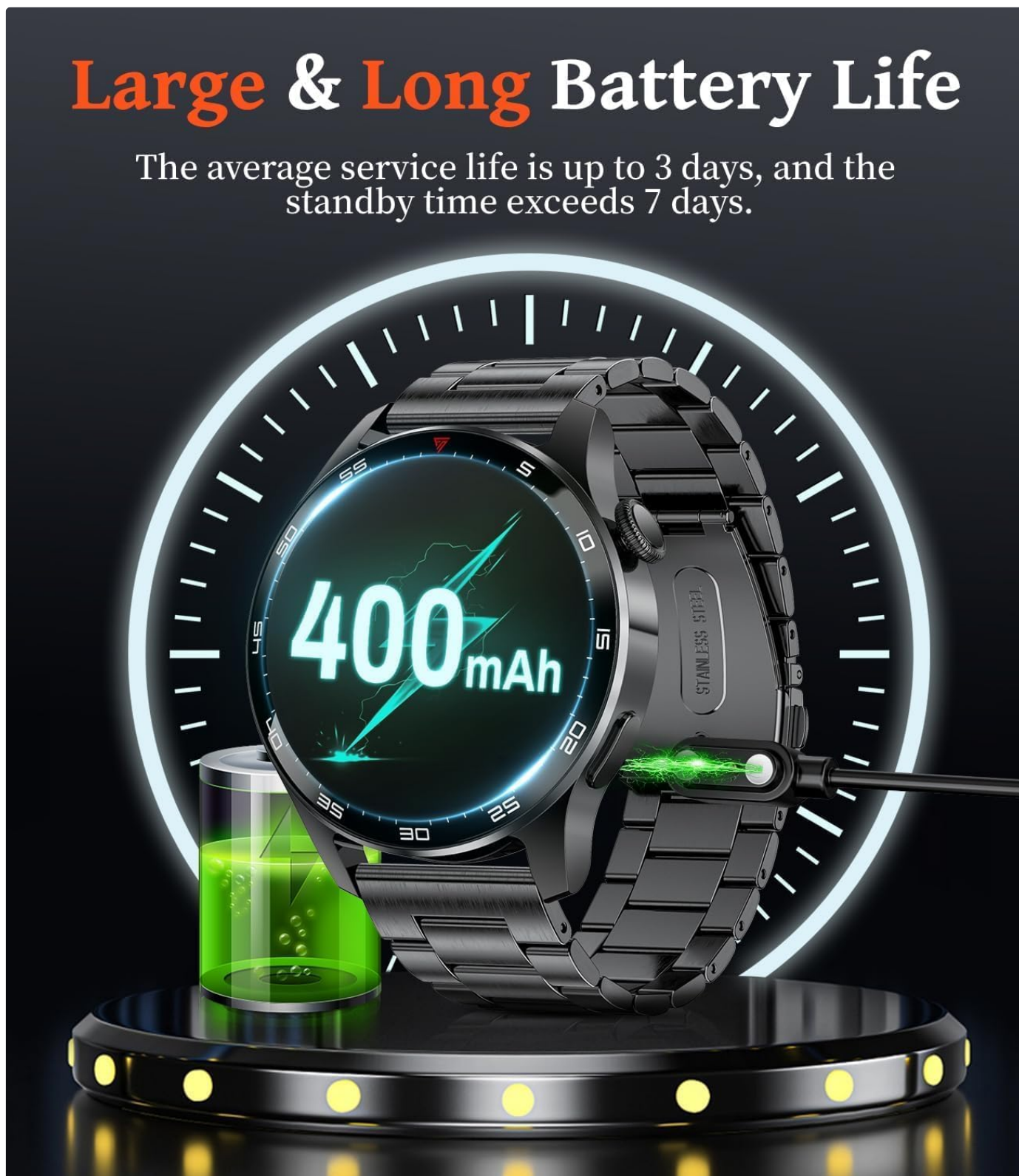
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This video demonstrates the unboxing process of the SUNKTA ST6 PRO-A Smart Watch, showing all included components and initial setup steps.

Before first use, ensure the watch is fully charged. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power source (e.g., computer USB port, 5V/1A USB adapter).

Large & Long Battery Life

The average service life is up to 3 days, and the standby time exceeds 7 days.



Equipped with a 400mAh high-capacity battery, the smartwatch offers extended usage. A full charge provides approximately 5 days of continuous use or up to 20 days of standby time.

2. App Installation and Pairing

To unlock the full potential of your smartwatch, download the "GloryFit" app on your smartphone. The app is compatible with Android 5.0+ and iOS 9.0+ (iOS 13+ is required for one-touch call function).

1. **Download the App:** Scan the QR code below or search for "GloryFit" in the Google Play Store (for Android) or Apple App Store (for iOS).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open GloryFit App:** Launch the app and navigate to the "Devices" screen.
4. **Bind Device:** Tap the "+ Bind Device" button and select "ST6 PRO" from the list of available devices to pair.
5. **Confirm Pairing:** Click "PAIR" in the pop-up window on your phone.
6. **Allow Notifications:** Grant the smartwatch permission to display notifications from your phone.
7. **Turn on Call Audio:** On the watch, swipe down and tap the "Call" icon to enable the "Phone" function in the app.



This image provides clear instructions for connecting the smartwatch to your smartphone. It shows how to enable Bluetooth, scan a QR code or search for the 'GloryFit' app, bind the device, and enable notifications for full functionality.

For direct app download, visit: [GloryFit App Download](#)

OPERATING INSTRUCTIONS

1. Display and Navigation

The smartwatch features a 1.43-inch AMOLED color display with a resolution of 466x466 pixels, offering vibrant visuals and an "Always-On-Display" function for continuous time visibility. Navigate the watch by swiping across the touch screen and using the physical buttons.

AMOLED **1.43 "**
AMOLED screen

AMOLED

TFT IPS

Always-on Time Display

22:22

Digital



Analog



100+ watch faces / customization



This image demonstrates the vivid 1.43-inch AMOLED display of the smartwatch, emphasizing its superior color reproduction and the wide array of customizable watch faces available to users.

2. Bluetooth Calling and Notifications

With its built-in microphone and HD speaker, the smartwatch allows you to make, answer, and hang up calls directly from your wrist when connected to your phone via Bluetooth. It also receives real-time notifications from social media platforms (e.g., Facebook, WhatsApp, Instagram, Twitter, etc.), ensuring you don't miss important messages.

Bluetooth **Call** Smartwatch

Make phone calls on the wrist like a smartphone

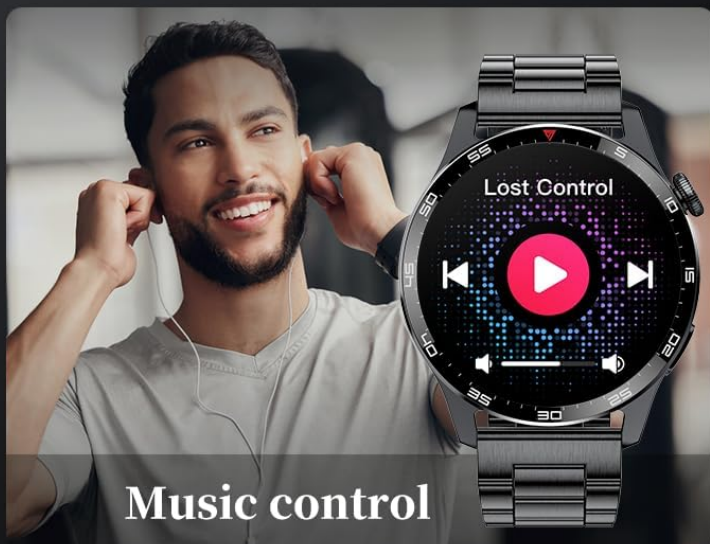
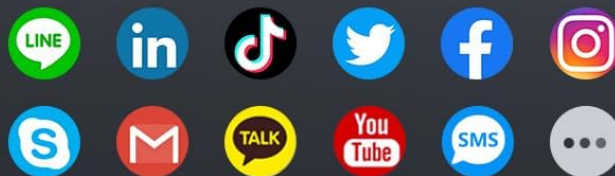


The smartwatch supports Bluetooth calling, allowing users to dial, answer, and manage calls directly from their wrist. This image illustrates the intuitive interface for call management, including access to contacts and call history.



Intelligent notifications

You can easily use your watch to view various Messages



Music control



Camera control



Weather Forecast

Multi-Functional Reminder



Stopwatch



Sedentary Remind



Stay connected with intelligent notifications from popular social media platforms. The watch also provides convenient controls for music playback, remote camera activation, and real-time weather updates.

3. Health Monitoring

The smartwatch is equipped with high-performance biosensors to track various health metrics:

- **Heart Rate Monitoring:** Records your heart rate in real-time and alerts you to abnormal data.
- **Sleep Monitoring:** Automatically tracks your sleep, recording duration and detecting sleep status (deep sleep, light sleep, awake).
- **Blood Oxygen (SpO2) Monitoring:** Provides insights into your blood oxygen levels.
- **Breath Training:** Guides you through daily breathing exercises to help reduce stress.

7/24 Health Monitoring

Strengthen your health management in daily life.



Sleep Monitoring



Blood Oxygen



Breathing Exercise

Integrated health monitoring features provide real-time data on heart rate, blood oxygen levels, and sleep patterns. The watch also guides users through breathing exercises for stress reduction, supporting overall wellness.

4. Sports Modes and Activity Tracking

The fitness watch includes over 120 sports modes, such as walking, running, cycling, football, skipping, basketball, yoga, and more. It accurately records your activity throughout the day, tracking real-time data like steps, distance, calories burned, and exercise time. All data can be synchronized to the GloryFit app for detailed analysis.

120+ Exercise Modes

IP68 Waterproof



Daily Activity Tracker



Calorie



Time



Step



Distance



Designed for active lifestyles, the smartwatch offers over 120 sports modes to track various activities. Its IP68 waterproof rating ensures durability during water sports and in challenging environments.

5. Other Features

The smartwatch offers a variety of additional functions:

- **AI Voice Assistant:** Control your watch and phone with voice commands.
- **Weather Forecast:** Get real-time weather updates.
- **Stopwatch & Timer:** Useful for tracking time during activities.
- **Alarm Clock:** Set alarms directly from your wrist.
- **Music Control:** Manage music playback on your connected smartphone.

- **Camera Control:** Remotely trigger your phone's camera.
- **Find Your Phone:** Locate your misplaced smartphone.
- **Sedentary Reminder:** Prompts you to move after periods of inactivity.

6. Customization

Personalize your smartwatch experience:

- **DIY Dials:** Choose from over 200 pre-designed dials or upload your favorite photos to create custom watch faces via the GloryFit app.
- **Interchangeable Straps:** The watch comes with two different styles of bands: a stainless steel strap for formal occasions and a comfortable silicone strap for sports and casual wear. Easily switch between them to match your style.

AMOLED 1.43" AMOLED screen

AMOLED

TFT IPS

Always-on Time Display

22:22

Digital



Analog



100+ watch faces / customization



Customize your watch with a wide selection of digital watch faces, including options to upload your own photos for a personalized touch.

MAINTENANCE

- **Water Resistance:** The smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, hand washing, and light rain. Avoid hot water, saunas, or diving.
- **Cleaning:** Regularly clean the watch face and straps with the provided cleaning cloth or a soft, dry cloth. Avoid

using harsh chemicals or abrasive materials.

- **Battery Care:** To prolong battery life, avoid extreme temperatures and do not allow the battery to fully drain frequently. Charge the watch regularly.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot connect to app:**
 - a. Ensure Bluetooth is enabled on your phone and the watch.
 - b. Make sure the GloryFit app is updated to the latest version.
 - c. Restart both your phone and the watch.
 - d. Try unpairing and re-pairing the device through the app.
- **Strap dimensions don't fit:** The product is equipped with a strap regulator for the metal band. If you need a longer strap, contact customer support for extra sections.
- **Unit of measure setting:** Open the "GloryFit" app, go to Profile > Unit, and set your preferred unit of measure.
- **Bluetooth voice call issues:** Ensure your smartwatch is connected to your mobile phone via Bluetooth. Swipe down the smartwatch screen and tap the "Call" icon. Open the "phone" function in the app. Check Settings > Sound & Vibration on your watch to turn on/off Phone Audio.

SPECIFICATIONS

Feature	Detail
Model Number	ST6 PRO-A
Screen Size	1.43 Inches AMOLED
Resolution	466x466 pixels
Battery Capacity	400 mAh Lithium Polymer
Average Daily Use Battery Life	Up to 5 days
Standby Time	15-20 days
Waterproof Rating	IP68
Operating System	Wear OS
RAM Memory Installed Size	128 MB
Connectivity Technology	Bluetooth
Product Dimensions	1.77 x 1.77 x 0.39 inches

Item Weight

3.53 ounces (100 Grams)

WARRANTY AND SUPPORT

Your SUNKTA ST6 PRO-A Smart Watch comes with a **24-month warranty** from the date of purchase. This warranty covers manufacturing defects and ensures the quality of your product.

If you encounter any issues or have questions regarding your smartwatch, please do not hesitate to contact SUNKTA customer service. We are committed to providing a satisfactory reply within 24 hours.

For support, please refer to the contact information provided in your product packaging or visit the official SUNKTA brand store on Amazon.

2024 Mens' Fashion Smart Watch

Made for Outdoor Sports
Android & iOS Compatible

- 1.43" AMOLED Screen
- IP68 Waterproof
- 126+ Sports Mode
- Make/Answer Call
- 400mAh Battery



SUNKTA is dedicated to customer satisfaction, offering comprehensive support and warranty services.

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Anonymous

Email

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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