

TOOBUR IDW19

TOOBUR Smart Watch IDW19 User Manual

Model: IDW19

1. INTRODUCTION

Welcome to the TOOBUR Smart Watch IDW19 user manual. This guide provides detailed instructions on how to set up, operate, and maintain your new smart watch. Please read this manual thoroughly to ensure optimal performance and longevity of your device.

2. WHAT'S IN THE BOX

- TOOBUR Smart Watch IDW19 (Red)
- Charging Cable
- User Manual



Image: The TOOBUR Smart Watch IDW19 in red, displaying time, date, battery level, weather, and activity metrics.

3. PRODUCT FEATURES

- **Alexa Built-in:** Access weather updates, set timers, reminders, record workouts, and manage Alexa-compatible smart devices hands-free.
- **Health Monitoring:** Real-time monitoring of heart rate, blood oxygen, and stress levels.
- **Fitness Tracking:** Over 100 sports modes to track steps, calories burned, distance, and speed.
- **Sleep Monitoring:** Detailed analysis of sleep quality and duration across different stages (Awake, REM, Light sleep, Deep sleep).
- **Connectivity:** Stable Bluetooth 5.3 for real-time notifications (SMS, email, social media) and the ability to make and receive calls directly from the watch.

- **Display:** 1.8-inch HD full touch screen.
- **Customizable Watch Face:** Choose from a variety of watch faces or upload your own photo.
- **Battery Life:** Up to 7 days of normal use, 20 days in power-saving mode, and 30 days standby on a 2-hour charge.
- **Water Resistance:** IP68 waterproof rating, suitable for swimming.
- **Compatibility:** Compatible with Android 6.0+ and iOS 9.0+ devices.
- **Multilingual Support:** Supports multiple languages including English, German, French, Italian, and Spanish.

4. SETUP GUIDE

4.1 Charging the Smart Watch

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port. A full charge takes approximately 2 hours.



Image: A close-up view of the TOOBUR Smart Watch being charged using its magnetic charging cable, highlighting the charging contacts on the back of the device.

4.2 App Installation

To unlock the full potential of your smart watch, download the **"VeryFit"** app from the App Store (for iOS devices) or Google Play Store (for Android devices).

- Scan the QR code on the product packaging or search for "VeryFit" in your app store.
- Install the app and create an account or log in if you already have one.





Google Play is a trademark of Google LLC.
App Store is a trademark of Apple Inc.



Amazon, Alexa and all related marks are trademarks of Amazon.com, Inc. or its affiliates.

Alexa is not available in all languages and countries.
Alexa features and functionality may vary by location.

Model: IDW19

Manufacturer: Shenzhen DO Intelligent Technology Co., Ltd

Address: 1F,2F, west of 3F, 4F, 1st Building and 10~11F, 3rd Building, Changyi Industrial Park, No.1 Lirong Road, Xinshi Community Dalang Sub-district, Longhua District, Shenzhen City, Guangdong Province, P.R. China

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Made in China

EC	REP	APEX CE SPECIALISTS GmbH Ravolzhauser str.31a 63543 Neuberg Germany E-mail: info@apex-ce.com
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UK	REP	APEX CE SPECIALISTS LIMITED 89 Princess Street, Manchester, M1 4HT UK E-mail: info@apex-ce.com
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Privilégiez la réparation ou le don de votre appareil !



EN WARNING: Do not place the product at extreme temperatures, otherwise it may cause hazards such as product failure, fire or explosion.

DE WARNUNG: Platzieren Sie das Produkt nicht bei extremen Temperaturen, da dies zu Gefahren wie Produktversagen, Feuer oder Explosion führen kann.

FR AVERTISSEMENT: Ne placez pas le produit à des températures extrêmes, car cela pourrait provoquer des dangers tels que des défaillances du produit, des incendies ou des explosions.

IT AVVERTIMENTO: Non posizionare il prodotto a temperature estreme, altrimenti potrebbe causare pericoli come guasti del prodotto, incendi o esplosioni.

ES ADVERTENCIA: No coloque el producto a temperaturas extremas, ya que podría causar peligros como fallas del producto, incendios o explosiones.

SE VARNING: Placera inte produkten i extrema temperaturer, annars kan det orsaka faror som produktfel, brand eller explosion.

NL WAARSCHUWING: Plaats het product niet bij extreme temperaturen, anders kan dit leiden tot gevaren zoals productstoringen, brand of explosie.

PL OSTRZEŻENIE: Nie umieszczaj produktu w skrajnych temperaturach, ponieważ może to spowodować zagrożenia, takie jak awaria produktu, pożar lub eksplozja.



Image: The back of the TOOBUR Smart Watch packaging, showing regulatory information, manufacturer details, and a QR code for downloading the VeryFit app.

4.3 Device Pairing

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the "VeryFit" app and navigate to the device pairing section.
3. The app will search for available devices. Select "IDW19" from the list.
4. Follow the on-screen prompts in the app and on your watch to complete the pairing process.

5. OPERATING INSTRUCTIONS

5.1 Basic Navigation

- **Touch Screen:** Swipe up, down, left, or right to navigate through menus and screens. Tap to select an option.
- **Side Button:** Press to return to the home screen or wake the device.

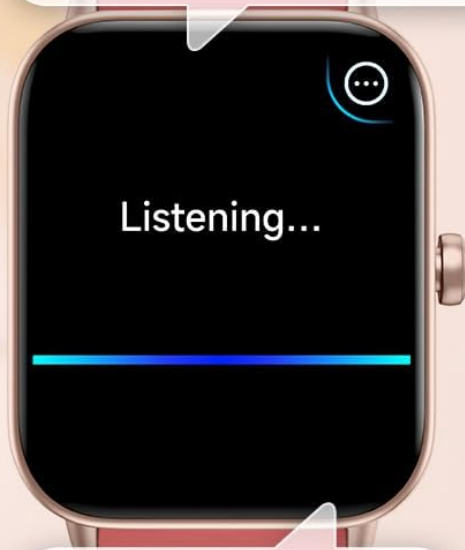
5.2 Using Alexa Built-in

Once connected to your phone and the VeryFit app, you can activate Alexa by swiping right on the watch face or by pressing and holding the side button (if configured). Speak your commands clearly. Alexa can assist with:

- Weather forecasts
- Setting alarms and timers
- Controlling smart home devices
- Answering general questions

Built-in Smart Voice Assistant

How's the weather today?



Turn on the light.



Image: A woman interacting with her TOOBUR Smart Watch, which displays an Alexa listening interface, demonstrating the built-in smart voice assistant feature.

5.3 Calls and Notifications

With Bluetooth 5.3, your watch can display incoming calls and messages. You can answer or reject calls directly from your wrist. Notifications from various apps will also appear on your watch screen.

- **Incoming Calls:** Tap the green icon to answer, or the red icon to reject.

- **Messages:** Swipe down from the home screen to view recent notifications.

Always Keep Connected

Never miss calls and messages



Image: Two TOOBUR Smart Watches, one showing an incoming call notification and the other displaying a text message, illustrating the device's ability to keep users connected.

5.4 Health Monitoring

The watch continuously monitors your health metrics. Access these features via the watch menu or the VeryFit app.

- **Heart Rate:** Provides real-time heart rate data.
- **Blood Oxygen:** Measures your SpO2 levels.
- **Stress Levels:** Tracks your stress throughout the day.
- **Sleep Tracking:** Automatically monitors your sleep patterns and provides detailed analysis in the app.

24-Hour Health Care

2023 newest sensor



Image: A close-up of the TOOBUR Smart Watch's back sensors, alongside two watches displaying heart rate monitoring and menstrual cycle tracking features, emphasizing 24-hour health care.

Help Sleep Better

- Sleep track in watch
- Sleep analysis in APP



Image: A woman sleeping while wearing the TOOBUR Smart Watch, with an inset showing the watch's display detailing sleep stages (Light Sleep, Deep Sleep, REM) and duration, indicating its sleep monitoring capabilities.

5.5 Fitness Tracking

The watch supports over 100 sports modes. Select your activity to track specific metrics.

- **Steps & Calories:** Automatically tracks your daily steps and estimated calories burned.
- **Distance & Speed:** Records distance covered and average speed during workouts.

- **Sports Modes:** Choose from various activities like outdoor run, pool swim, indoor walk, outdoor cycle, and more for tailored tracking.

100

Sports Modes

IP68

Waterproof



 Outdoor run

 Pool swim

 Indoor walk

 Outdoor cycle

Pool swim  12:00

00:30:20

301 KCAL

1312 YARD

26 LAPS

Breaststroke

Exercise duration
00:30:20 

Distance
1312 YARD 

Calories
301 Kcal 

Average pace
2'28"/100 YARD 

Image: A person swimming, with two TOOBUR Smart Watches displayed. One shows a list of 100 sports modes, and the other details a 'Pool swim' activity with duration, calories, distance, and laps, highlighting the IP68 waterproof feature.

5.6 Watch Face Customization

Personalize your watch by changing the watch face. You can choose from a variety of pre-installed faces or upload your

own photos through the VeryFit app.

Let Your Watch be Your Style

- Use your own photos
- 1.8" HD Touch Screen



100+ Watch Faces for you!



Image: A woman smiling while wearing the TOOBUR Smart Watch, which displays a customized watch face with her own photo. Below, several other watch face options are shown, emphasizing the 1.8-inch HD touch screen and customization features.

6. MAINTENANCE

6.1 Cleaning Your Watch

Regularly clean your watch and strap to prevent skin irritation and maintain device functionality. Use a soft, lint-free cloth. If necessary, dampen the cloth with a small amount of water. Do not use harsh chemicals or abrasive materials.

6.2 Water Resistance (IP68)

The TOOBUR Smart Watch IDW19 has an IP68 waterproof rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for swimming. However, it is not recommended for hot showers, saunas, or diving, as steam and hot water can damage the seals.

7. TROUBLESHOOTING

If you encounter any issues with your TOOBUR Smart Watch, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and allow it to charge for at least 10 minutes before attempting to turn it on again.
- **Unable to pair with phone:**
 - Ensure Bluetooth is enabled on your phone.
 - Make sure the watch is within Bluetooth range (typically 10 meters).
 - Restart both your phone and the watch.
 - Check if the VeryFit app is updated to the latest version.
- **Notifications not appearing:**
 - Verify that notification permissions are enabled for the VeryFit app in your phone's settings.
 - Ensure the watch is connected to your phone via Bluetooth.
 - Check notification settings within the VeryFit app.
- **Inaccurate health/fitness data:**
 - Ensure the watch is worn snugly on your wrist, but not too tight.
 - Clean the sensors on the back of the watch.
 - Update the VeryFit app and watch firmware if available.
- **Alexa not responding:**
 - Ensure your watch is connected to your phone and has an active internet connection.
 - Check that Alexa is properly configured within the VeryFit app.

If the issue persists, please contact TOOBUR customer support for further assistance.

8. SPECIFICATIONS

Feature	Detail
Model Name	IDW19
Brand	TOOBUR
Screen Size	1.8 Inches
Product Dimensions	10.63 x 1.54 x 0.47 inches

Item Weight	1.34 ounces (37.99 Grams)
Operating System	Android 6.0+ / iOS 9.0+
Connectivity Technology	Bluetooth 5.3
Battery Type	Lithium Ion (1 included)
Water Resistance	IP68
Special Features	Alexa Built-in, Bluetooth Calls, Notifications, Heart Rate, Sleep Tracker, Step/Calorie Counter, 100 Sport Modes, Find My Phone

9. WARRANTY AND SUPPORT

Your TOOBUR Smart Watch IDW19 comes with a standard manufacturer's warranty. For specific warranty details, please refer to the documentation included with your purchase or contact TOOBUR customer support. For technical support, product inquiries, or warranty claims, please contact:

- **Email:** support@toobur.com
- **Website:** www.toobur.com

You can also find more information and support resources by scanning the QR code on the product packaging or visiting the official TOOBUR website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question