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## JustLight Sunflower

# JustLight Sunflower Red Light User Manual

**MODEL: SUNFLOWER**

**Brand: JustLight**

Your JustLight Sunflower is the world's first smart light therapy device, offering 11 unique light therapy routines with precise dosing to meet various health goals, from pain relief to skin health and mood improvement. It features high-performance LEDs with four wavelengths (660nm, 810nm, 850nm, 1050nm) and is controlled via a dedicated mobile app.

## 1. Setup Guide

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### 1.1 What's in the Box

Upon opening your JustLight Sunflower package, you will find the following components:

- 1x JustLight Sunflower Device
- 1x 10ft Power Cord
- 1x Protective Eyewear
- 1x Thank You Card with User Manual QR Code

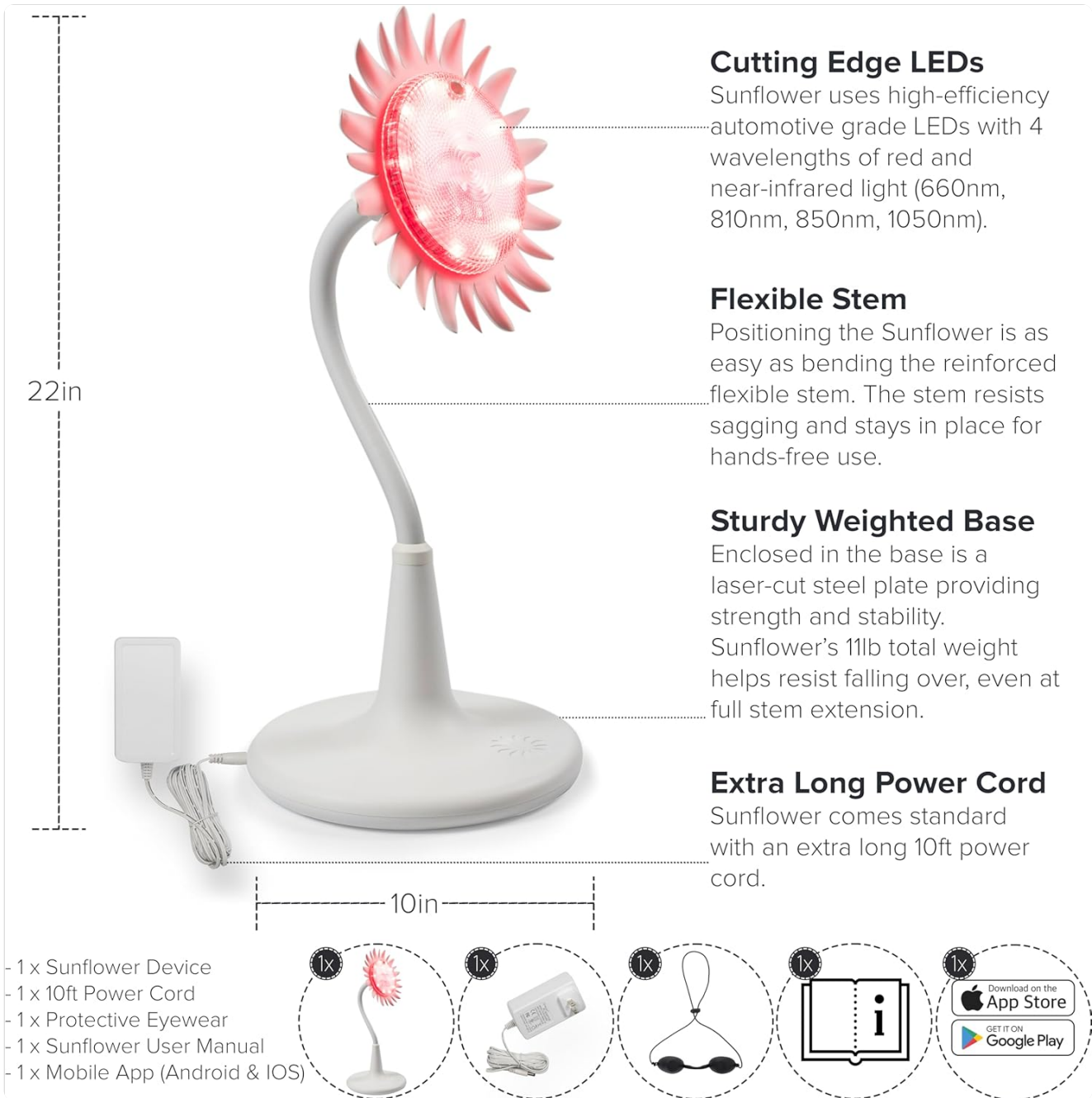


Image: Contents of the JustLight Sunflower packaging, showing the main device, power cable, protective eyewear, and documentation.

## 1.2 App Installation

The JustLight Sunflower is controlled via a mobile application. To download the app:

1. Scan the QR code located on the product packaging or the thank you card using your smartphone's camera. This will direct you to the appropriate app store.
2. Alternatively, search for "Sunflower by JustLight" in your device's App Store (iOS) or Google Play Store (Android).
3. Download and install the application.

# App-Controlled

“Hey Siri, Open the Sunflower App.”



Download on the  
App Store

FREE Download

GET IT ON  
Google Play



Image: The JustLight Sunflower app interface on a smartphone, highlighting its app-controlled features.

## 1.3 Device Placement and Power

Before starting a session, ensure your device is properly set up:

1. Place your JustLight Sunflower on a flat, stable surface.
2. Ensure the face of the Sunflower can comfortably reach the area of your body you intend to treat. The flexible stem allows for easy positioning.
3. Plug one end of the 10ft power cord into the designated hole on the back of the Sunflower's base.
4. Plug the other end of the power cord into the nearest electrical outlet.
5. Locate the black switch on the back of the Sunflower's base and switch your device to the **ON** position.

Your browser does not support the video tag.

Video: A tutorial demonstrating the setup and app usage of the JustLight Sunflower device.

## 2. Operating Your JustLight Sunflower

## 2.1 Understanding the App Interface

The Sunflower app is your key to unlocking the full potential of your device. The app features three main sections at the bottom:

- **Home:** Your personalized list of saved routines for quick access.
- **Browse:** A comprehensive catalog of all available smart light therapy routines, including any newly added ones.
- **Settings:** Manage your Apple ID synchronization for routines across devices and other app preferences.

## 2.2 Selecting and Starting Routines

The app offers 11 precisely dosed routines tailored for various applications, including skin, hair, back, neck, knee, muscle, shoulder, hand, foot, daily dose, and mood improvement.



## Patented Smart Light Delivers 11 Precisely Dosed Routines

- Skin Routine
- Hair Routine
- Back Routine
- Neck Routine
- Knee Routine
- Muscle Routine
- Shoulder Routine
- Hand Routine
- Foot Routine
- Daily Dose
- Mood Improvement
- + Lamp Mode (bonus)



Image: The JustLight Sunflower app displaying a list of 11 different precisely dosed routines for various body parts and wellness goals.

To learn more about a specific routine, simply tap on it to view information on its recommended dosing and the scientific research supporting its benefits.

To add a routine to your Home screen, click the+ sign next to any routine on the Browse page.

To begin a session:

1. Select your desired routine from the Home screen or Browse page.
2. Click the **Start Routine** button.
3. Allow the device to connect to the app via Bluetooth.
4. Once connected, select **Begin**.
5. The lights on your Sunflower device will automatically turn on and adjust their output to deliver the precise dose for your chosen routine. The app will display a countdown timer for the session duration.

## 2.3 Recommended Usage

For optimal results, use the JustLight Sunflower twice daily for a minimum of one to two weeks. For ongoing maintenance and general wellness support, you may use the device as needed. It is not recommended to use a single routine more than twice per day.

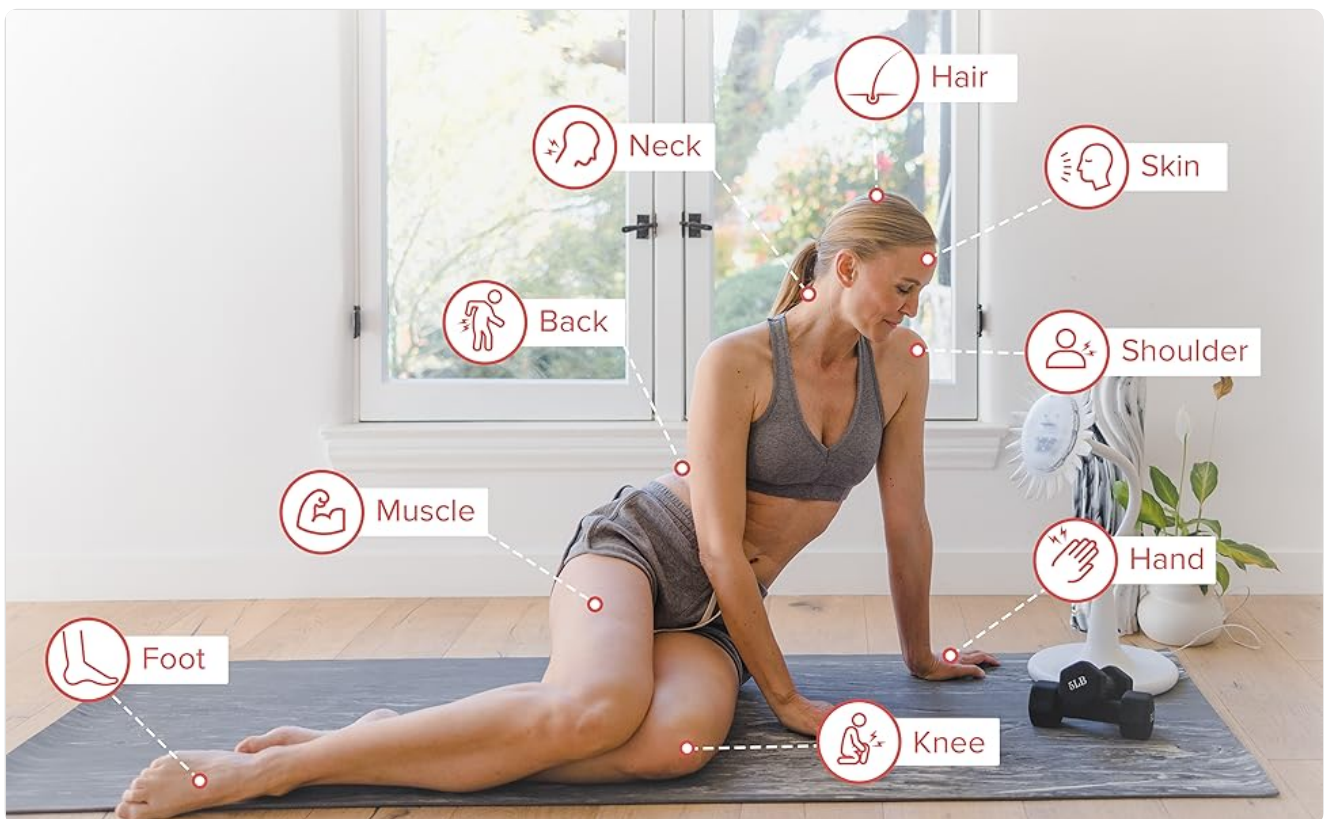


Image: A woman comfortably using the JustLight Sunflower device for a skin routine, demonstrating typical usage.



Image: Visual representation of the various body parts and areas where the JustLight Sunflower can be effectively used, including neck, hair, skin, shoulder, hand, knee, foot, muscle, and back.

### 3. Care and Maintenance

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To ensure the longevity and optimal performance of your JustLight Sunflower:

- Between uses, it is recommended to switch off the Sunflower device using the black switch on the back of the base.
- Unplug the device from the wall outlet when not in use for extended periods.
- Keep the device clean by wiping it with a soft, dry cloth. Avoid using abrasive cleaners or solvents.

### 4. Troubleshooting Common Issues

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If you encounter any issues with your JustLight Sunflower, please refer to the following:

- **Device not turning on:** Ensure the power cord is securely plugged into both the device and a working electrical outlet. Verify the black switch on the back of the base is in the **ON** position.
- **App not connecting to device:** Ensure your device's Bluetooth is enabled and the Sunflower is powered on. Try restarting both the app and the Sunflower device.
- **General questions:** The Sunflower app includes a comprehensive Frequently Asked Questions (FAQ) section. Tap the question mark icon in the top right corner of the app screen to access it.

## 5. Product Specifications

Feature	Detail
Product Dimensions	10 x 10 x 22 inches
Item Weight	12.82 pounds
Wavelengths	660nm, 810nm, 850nm, 1050nm
Connectivity Technology	Bluetooth
Flash Modes Description	Constant Illumination
Hardware Interface	Bluetooth
Self-Timer	Yes
Manufacturer	JustLight
Date First Available	March 27, 2024

## 6. Warranty and Customer Support

As a product from a small business brand, JustLight is committed to providing quality products and support. For any warranty inquiries, technical assistance, or customer support, please utilize the contact options available within the JustLight Sunflower mobile application. The app's FAQ section is also a valuable resource for immediate answers to common questions.