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› Synca Wellness CirC 3 Massage Chair User Manual

Synca Wellness CirC3

Synca Wellness CirC 3 Massage Chair User Manual

Comprehensive guide for setup, operation, maintenance, and safety.

INTRODUCTION

Welcome to the Synca Wellness CirC 3 Massage Chair user manual. This document provides essential information to help you set up, operate, maintain, and safely enjoy your new massage chair. The CirC 3 combines elegant design with advanced massage technology to deliver a deeply relaxing and rejuvenating experience.

Key Features:

- **Compact Design:** Fits easily into various home spaces.
- **SL Track:** Provides full-body massage from neck to thigh.
- **Zero Gravity Recline:** Reduces spinal pressure for enhanced relaxation.
- **Heated Function:** Targeted heat therapy for lumbar and legs.
- **Airbag Massage:** Rhythmic compression for hips and calves.
- **Wireless Remote:** Easy and convenient control.
- **Bluetooth Speakers:** Stream your favorite audio for an immersive experience.

SETUP

Your Synca Wellness CirC 3 Massage Chair comes pre-assembled. Please follow these guidelines for proper placement and initial preparation.

Unpacking and Placement

The massage chair is heavy and requires at least two people to lift and move. Always support the bottom side of the stand when lifting to avoid straining your back.

Ensure there is enough space for the massage chair to recline. The back end of the massage chair should be at least **12 inches (30.5 cm)** away from any wall.



Image: Dimensions of the Synca Wellness CirC 3 Massage Chair, showing a depth of 42 inches, width of 23.25 inches, and height of 36.25 inches.

Moving the Chair

To move the massage chair, use the rear casters. Tilt the chair downwards and backwards about 45 degrees to engage the casters and then carefully move it to the desired location.

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Video: This video demonstrates how to safely move the Synca Wellness CirC 3 Massage Chair using its rear casters, emphasizing the 45-degree tilt for proper engagement. (Relevant section: 0:17 - 0:38)

OPERATING INSTRUCTIONS

Familiarize yourself with the controls and features of your massage chair for an optimal experience.

Sitting on the Chair

For the best scanning data by the shoulder sensor, remove the head pillow. Sit deeply in the chair and lean against the backrest, ensuring your head is comfortably back.

Your browser does not support the video tag.

Video: This video illustrates the correct posture for sitting in the massage chair, including removing the pillow and leaning back to optimize shoulder sensor scanning. (Relevant section: 0:44 - 1:17)

Automatic Courses and Body Scanning

When you start an automatic course by pressing the 'A' button on the wireless remote, the chair will automatically begin body scanning to detect your shoulder position. After scanning, you have 10 seconds to manually adjust the massage ball position if needed, indicated by ticking sounds.



Image: The remote control displaying the 8 available auto courses, including Full Body Fatigue Recovery, Whole Body Rhythmic, Whole Body Soothing, Full Body Stretching, Shoulder and Neck Massage, Waist Massage, Pelvic Massage, and Healing Relaxation.

Your browser does not support the video tag.

Video: This video demonstrates the automatic body scanning feature and how to select from the 8 pre-programmed auto courses using the remote control. (Relevant section: 1:23 - 2:19)

Manual Massage Techniques and Adjustments

The chair offers 8 different massage techniques that can be selected manually by pressing the 'M' button on the remote. These include:

- Kneading
- Variable-speed Kneading
- Tapping
- Variable-speed Tapping
- Kneading + Tapping
- Variable speed Kneading + variable speed Tapping
- Circular Kneading
- Shiatsu

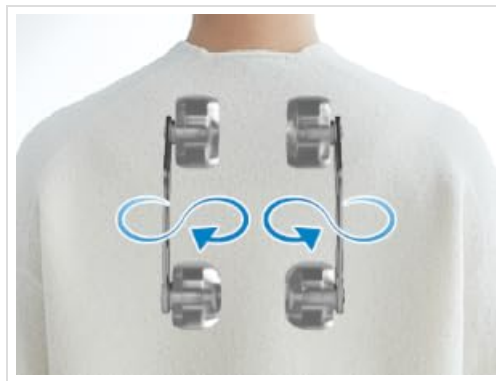


Image: Illustration of the kneading massage motion, showing circular movements on the back.



Image: Illustration of the tapping massage motion, showing rhythmic impacts on the back.

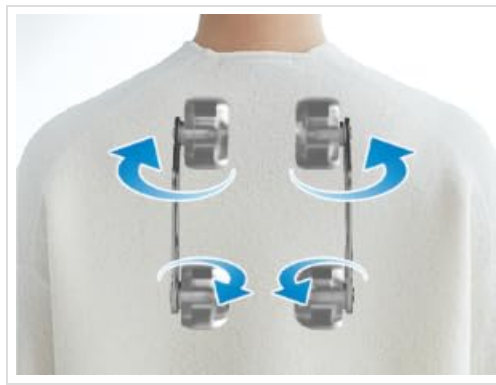


Image: Illustration of the circular kneading massage motion, showing broad circular movements on the back.

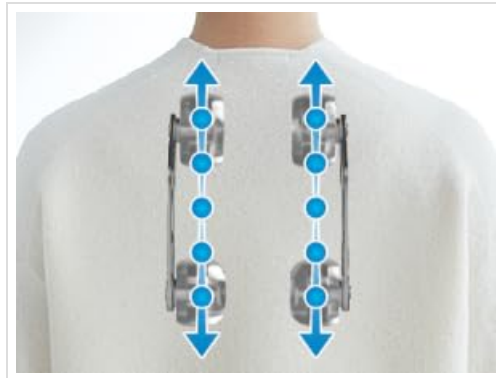


Image: Illustration of the Shiatsu massage motion, showing vertical pressure applied to muscles with a knead ball. You can also adjust the air pressure strength from level 1 to 4 and turn the heater on or off during a massage.

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Video: This video demonstrates how to adjust air pressure, turn the heater on/off, and select different manual massage techniques. (Relevant section: 2:20 - 3:12)

Reclining Angle Adjustment

You can adjust the reclining angle during a massage using the remote control. Rotate the wheel forward to raise the backrest and backward to lower it. Release the button to stop at your desired position. A short beep will indicate when approaching the limit, and a longer beep will sound if you reach the extreme position.

Your browser does not support the video tag.

Video: This video shows how to adjust the reclining angle of the massage chair using the remote control. (Relevant section: 3:13 - 3:23)

Massage Speed and Area Adjustment

The massage speed can be changed from level 1 to 4. During manual massage, short press the relevant button to switch the massage area (Full-length reciprocating, Small-range partial reciprocating, Fixed-point massage). Long press to adjust the position of the massage ball.

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Video: This video demonstrates how to adjust massage speed and switch between different massage areas (full-length, partial, fixed-point) during a manual massage. (Relevant section: 3:24 - 3:52)

Footrest Modes

The footrest can be used in two modes: massage mode (calf air pressure massage) or leisure mode (flipped over to act as a footrest for relaxation).

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Video: This video illustrates how to switch between massage mode and leisure mode for the footrest. (Relevant section: 5:26 - 5:32)

Bluetooth Audio Playback

To enjoy music through the built-in Bluetooth speakers:

1. Enter the main menu of your smart device, open "Settings," select the "Bluetooth" option, turn on "Bluetooth," and automatically "Search for new Bluetooth devices."
2. The device will search for the corresponding Bluetooth model (MR380-XXXXXX). Click the pairing button. If asked to pair with the device, select "Pair" to complete the pairing.
3. Open the music player of the smart device and select a song to play.

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Video: This video demonstrates how to connect your device via Bluetooth and play music through the chair's speakers. (Relevant section: 4:13 - 5:07)

MAINTENANCE

Proper care ensures the longevity and performance of your massage chair.

Cleaning the Leather

To clean the leather for longer usage, wipe the skin with a soft, dry cloth. Do not use chemicals such as thinner, gasoline, etc., to clean the unit. When using commercially available leather care products (rags), please follow the instructions for use.

Your browser does not support the video tag.

Video: This video provides instructions on how to clean the leather upholstery of the massage chair. (Relevant section: 5:33 - 5:39)

TROUBLESHOOTING

If you encounter any issues with your Synca Wellness CirC 3 Massage Chair, please refer to the following general advice. For persistent problems, contact customer support.

- **Power Issues:** Ensure the chair is properly plugged into a working power outlet. Check the power switch on the chair.
- **Massage Function Not Working:** Verify that an automatic course or manual massage technique has been selected. Ensure you are seated correctly and the shoulder sensors have detected your position.
- **Remote Control Unresponsive:** Check the remote's battery. Ensure there are no obstructions between the remote and the chair's receiver.
- **Unusual Noises:** If you hear unusual noises, immediately stop the massage and contact customer support.

SPECIFICATIONS

Feature	Detail
Brand	Synca Wellness
Model Name	CirC 3

Model Number	CirC3
Color	Brown
Material	Faux Leather, Foam (Seat), Alloy Steel (Frame)
Product Dimensions (D x W x H)	42"D x 23.25"W x 36.25"H
Item Weight	172 Pounds
Maximum Weight Recommendation	300 Pounds
Assembly Required	No
Additional Features	Ergonomic, Foot Rest, Heated, Reclining, Space Saving
UPC	850060225024

SAFETY INSTRUCTIONS

⚠ CAUTION

The following persons must consult a medical physician before using this product:

- Persons using a medical electronic device embedded in the body such as a pacemaker susceptible to electromagnetic disturbances.
- Persons with malignant tumors.
- Persons with heart diseases.
- Persons who are pregnant or those immediately after childbirth.
- Persons who suffer from paresthesia related to peripheral circulatory disturbance due to diabetes, etc.
- Persons with wounds on their skin.
- Persons in need of repose.
- Persons with Temperature sensory loss.
- Persons with body temperatures exceeding 38°C (when strong acute inflammation symptoms, malaise, chills, blood pressure fluctuations are observed, when debilitated).
- Persons with herniated discs.
- A person with tendovaginitis.
- Persons who suffer from osteoporosis, spinal column fractures, or acute pains.
- Persons with abnormalities in the spine, or those whose spines are bent.
- Persons who feel an abnormality on the body not prescribed above, persons in treatment by a doctor.

⚠ CAUTION

- Do not allow children to play on or get on the chair.
- Do not use the chair longer than 30 minutes per session.

Your browser does not support the video tag.

Video: This video highlights important safety instructions, including warnings for specific health conditions and precautions regarding children and usage duration. (Relevant section: 5:40 - 6:53)

WARRANTY AND SUPPORT

Your Synca Wellness CirC 3 Massage Chair comes with a comprehensive **2-year warranty** covering in-home service, parts, and the frame. For any inquiries or support, please contact Fujiiryoki, Inc. customer service.

Customer Support: For assistance, please refer to the contact information provided with your purchase or visit the Synca Wellness official website.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question