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› [Insta360](#) /

› [Insta360 X4 Creator Bundle: 8K 360 Action Camera User Manual](#)

Insta360 CINSABMA

Insta360 X4 Creator Bundle: 8K 360 Action Camera User Manual

Model: CINSABMA

1. INTRODUCTION

The Insta360 X4 Creator Bundle is an advanced 8K waterproof 360 action camera designed for capturing immersive video and wide-angle footage. This manual provides essential information for setting up, operating, and maintaining your camera to ensure optimal performance and longevity.



Image: The Insta360 X4 camera, showcasing its sleek design and dual lenses.

2. PACKAGE CONTENTS

Verify that all items are present in your Insta360 X4 Creator Bundle package:

- 1x Insta360 X4 Camera
- 1x Standard Lens Guards
- 1x 114cm Invisible Selfie Stick
- 1x Bullet Time Handle Tripod
- 1x Mic Adapter
- 1x Cold Shoe
- 1x Quick Reader
- 1x Lens Cap
- 1x 256GB microSD Card



Image: A visual representation of the Insta360 X4 Creator Bundle contents, including the camera, selfie stick, tripod, and various accessories.

3. SETUP GUIDE

3.1. Inserting the MicroSD Card

Before using your Insta360 X4, insert a compatible microSD card (256GB card included in this bundle) to store your footage. Ensure the camera is powered off before inserting or removing the card.

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Video: This segment from the Insta360 X4 QuickStart Guide demonstrates how to properly insert the microSD card into the camera.

3.2. Charging the Camera

Charge your Insta360 X4 using the provided USB Type-C cable. The camera features an improved 2290mAh battery, offering up to 135 minutes of recording time.

- Push the USB cover switch upwards to open the port.
- Connect the official USB Type-C cable to the camera and a power source.
- The indicator light will be red while charging and turn off when fully charged.

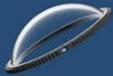
Your browser does not support the video tag.

Video: This segment from the Insta360 X4 QuickStart Guide illustrates the process of charging the camera.

3.3. Installing Lens Guards

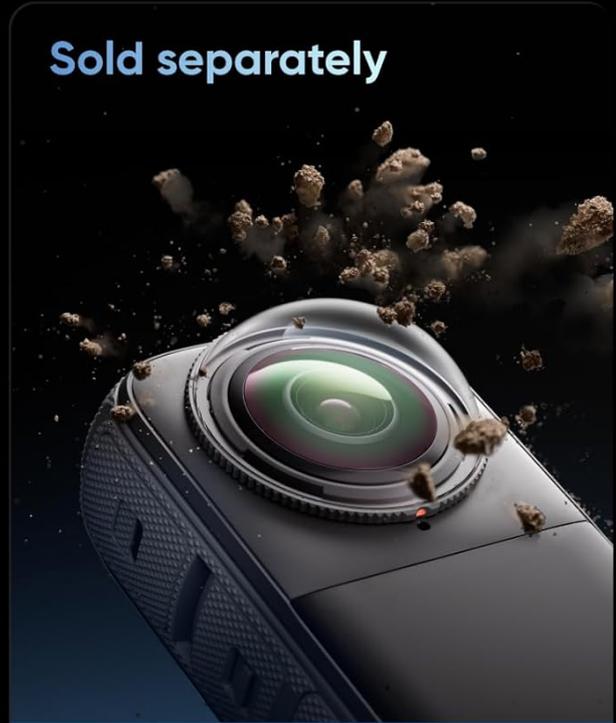
The Insta360 X4 comes with standard lens guards for protection. Align the markings on the lens guards with the tabs on the lower right side of the lens, then rotate clockwise to secure them. Ensure the round hole in the camera's microphone is aligned with the lens guard mark.

In the box



Standard Lens Guards

Sold separately



Premium Lens Guards

SMARTER RUGGED BUILD

Robust and ready for action with new, removable Lens Guards included for easy, all-round protection.

*Standard Lens Guards can resist daily scratches. If you need stronger protection, purchase the Premium Lens Guards.

*To ensure a better experience, we recommend removing Lens Guards during heavy rain or water sports.

Image: A close-up view of a hand attaching a standard lens guard to the Insta360 X4 camera.

3.4. Activating Your Camera

To activate your Insta360 X4, download the Insta360 app from your phone's app store. Ensure your phone has an internet connection and both Wi-Fi and Bluetooth are enabled. Open the app, connect to your camera, and follow the on-screen instructions to complete activation.

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Video: This segment from the Insta360 X4 QuickStart Guide demonstrates how to activate the camera using the Insta360 mobile application.

4. OPERATING YOUR INSTA360 X4

4.1. Button Functions

The Insta360 X4 features intuitive buttons for easy control:

- **Power Button:** Short press to power on. Press again to put the screen to sleep. Press and hold for 2 seconds to power off.
- **Quick Button:** Short press to enter the preset page, allowing quick switching of shooting modes.
- **Shutter Button:** Press to record video or take a photo. The indicator light blinks red during recording. Long press to cancel recording and delete the footage.
- **Lens Button:** Press to switch between different shooting modes.

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Video: This segment from the Insta360 X4 QuickStart Guide provides an introduction to the camera's buttons and their functions.

4.2. Interface Overview

Upon powering on, the main screen displays key information:

- **SD Card Status:** Indicates remaining storage.
- **Battery Status:** Shows current battery level.
- **Shooting Parameters:** Displays current settings.
- **Adjust FOV:** Adjust the field of view.
- **Shooting Mode:** Current capture mode (e.g., 360°, Single Lens).
- **Switch Lens:** Toggle between lenses.

You can swipe on the screen to pan around 360 images, swipe down for the shortcut menu, swipe left for shooting parameters, and swipe right for the album page.

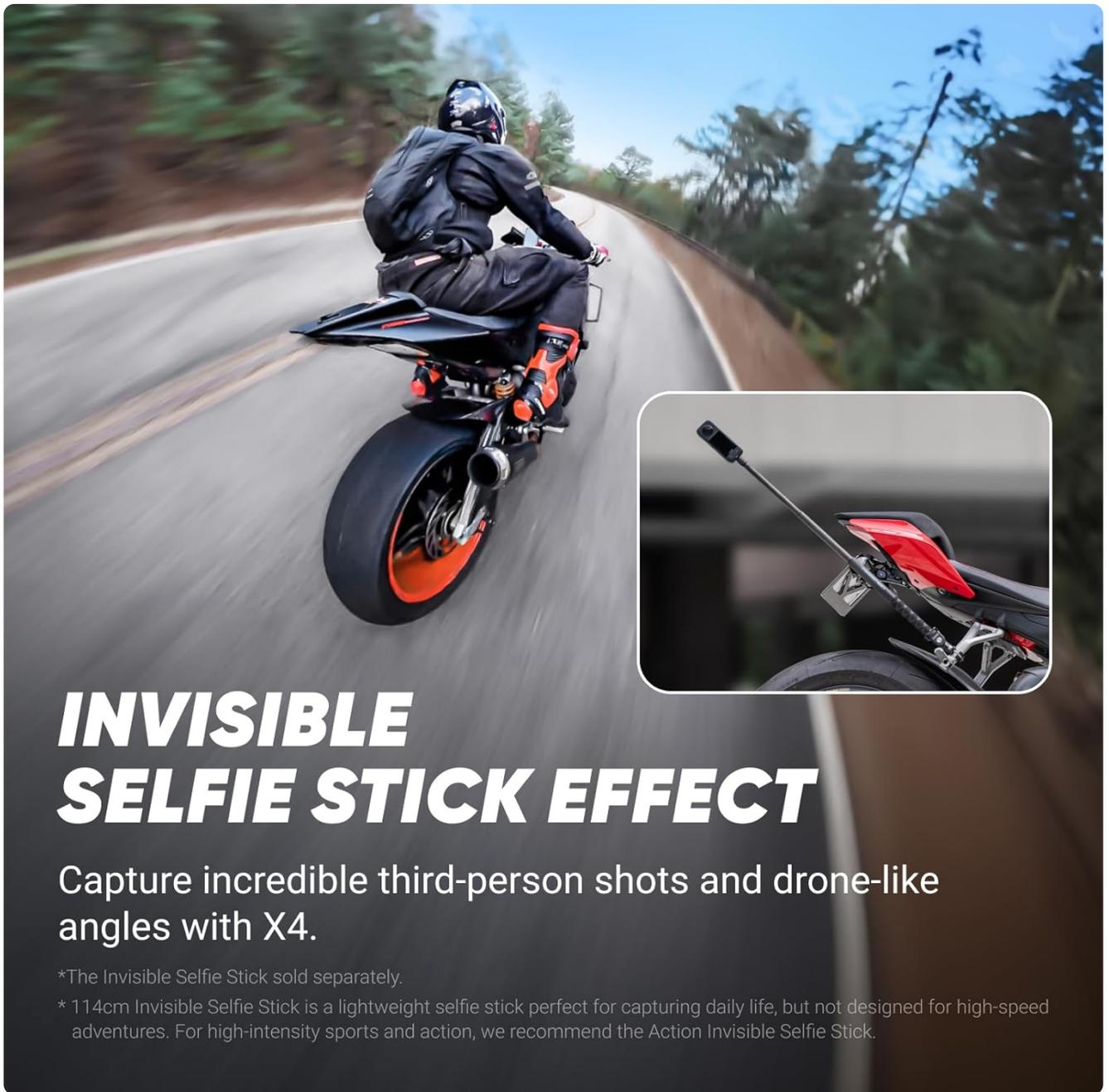
Your browser does not support the video tag.

Video: This segment from the Insta360 X4 QuickStart Guide explains the camera's interface and navigation.

4.3. Shooting Tips

Maximize your shooting experience with these tips:

- Use the Invisible Selfie Stick for seamless third-person shots.
- Enable Gesture Control to start/stop recording with a palm raise for hands-free operation.
- Preview shots in real-time via the Insta360 app on your phone.
- Utilize official Insta360 accessories for various sports and activities.



INVISIBLE SELFIE STICK EFFECT

Capture incredible third-person shots and drone-like angles with X4.

*The Invisible Selfie Stick sold separately.

* 114cm Invisible Selfie Stick is a lightweight selfie stick perfect for capturing daily life, but not designed for high-speed adventures. For high-intensity sports and action, we recommend the Action Invisible Selfie Stick.

Image: An example of the invisible selfie stick effect, showing a person on a motorcycle with the camera seemingly floating behind them.

4.4. Firmware Update

Keep your Insta360 X4 updated for optimal performance and new features. Ensure your camera has at least 20% battery before updating.

1. **Via Insta360 App:** Connect X4 to the Insta360 app. The app will notify you if a new firmware is available. Follow on-screen instructions.
2. **Via Computer:** Connect X4 to your computer using the USB Type-C cable and select "U-Disk Mode". Download the latest firmware from the official Insta360 website and copy the `.bin` file to X4's root directory. Disconnect X4; it will automatically power off and begin the update upon powering on.
3. **Via Memory Card:** Remove the memory card, insert it into a card reader, and connect to a computer. Copy the firmware `.bin` file to the card's root directory. Reinsert the card into X4 and power it on.

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Video: This official Insta360 video demonstrates how to update the firmware on your X4 camera using various methods.

4.5. Cloud Storage

Insta360+ offers a cloud service for automatic backup of your files. Charge your camera, and it will auto-save your files to the cloud, clearing your SD card for new footage. This allows for easy sharing of 360° footage with friends and family.

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Video: This official Insta360 video explains the benefits and functionality of Insta360+ cloud storage for automatic backup and sharing.

5. MAINTENANCE

5.1. Lens Care

Always use the provided lens cloth to clean the camera lenses. For added protection, keep the standard lens guards installed. For stronger protection, consider purchasing Premium Lens Guards. When filming underwater, always remove the Lens Guards.

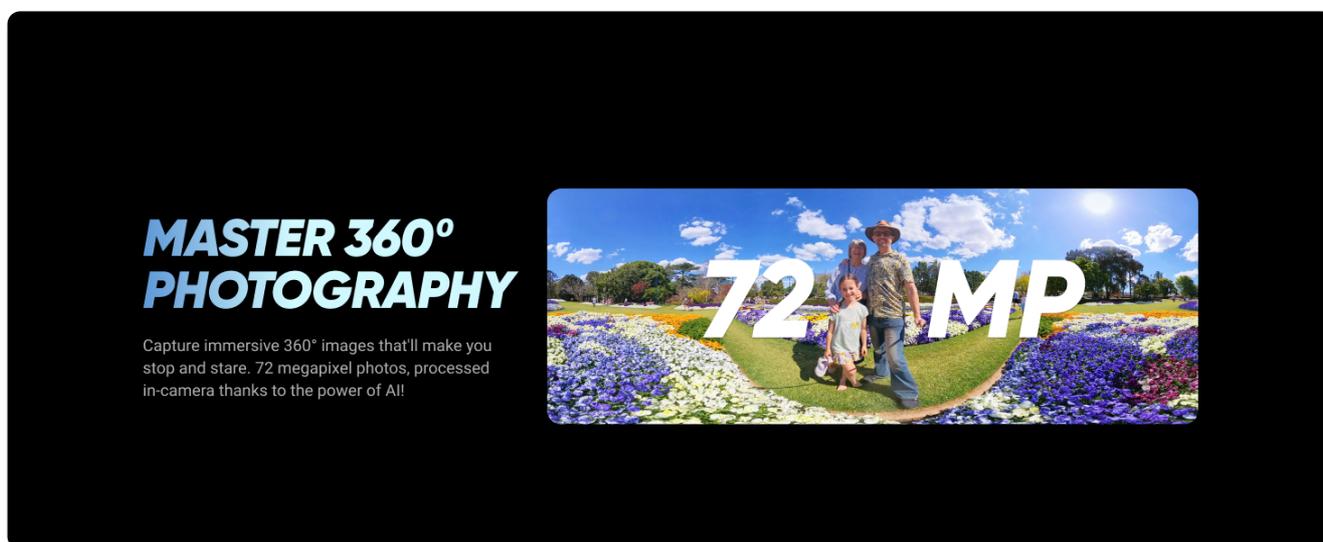


Image: A visual comparison between the standard lens guards included with the Insta360 X4 and optional premium lens guards.

5.2. Waterproofing and Cold Resistance

The Insta360 X4 is waterproof to 33ft (10m) without a dive case and can handle temperatures as low as -4°F (-20°C). For deeper dives up to 164ft (50m), use the Invisible Dive Case. Always ensure the battery cover and USB cover are securely closed to maintain waterproofing.



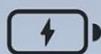
BUILT FOR ACTION



33ft Waterproof



-4°F (-20°C) Cold-Resistant



135 Mins Long-Lasting Battery

*Data from test environment at 5.7K30fps 360° mode.

*To get better shots underwater, we recommend using the Insta360 Invisible Dive Case.

* When filming underwater, always remove the Lens Guards.

Image: The Insta360 X4 camera partially covered in snow, illustrating its cold-resistant and waterproof capabilities.

5.3. General Cleaning

Use a soft, dry cloth to clean the camera body. Avoid abrasive materials or harsh chemicals that could damage the surface. For the touchscreen, use a microfiber cloth.

6. TROUBLESHOOTING

If you encounter any issues with your Insta360 X4, try the following common troubleshooting steps:

- **Camera Not Powering On:** Ensure the battery is fully charged.
- **App Connection Issues:** Verify Wi-Fi and Bluetooth are enabled on your phone and the camera. Restart both devices.
- **Firmware Update Failure:** Ensure stable internet connection and sufficient battery. Restart the camera and try again.
- **Overheating:** When recording 8K in still conditions, use the Thermo Grip Cover to effectively reduce camera temperature.

For further assistance, please visit the official Insta360 support website or contact customer service.

7. SPECIFICATIONS

Feature	Detail
Brand	Insta360
Model Number	CINSABMA
Item Weight	7.2 ounces
Package Dimensions	11.97 x 7.4 x 5.24 inches
Batteries	1 Lithium Polymer battery required (included)
Special Features	360 Degree Capture
Photo Sensor Technology	CMOS
Video Capture Resolution	8K
Maximum Focal Length	35 Millimeters
Maximum Aperture	1.9 f
Flash Memory Type	Micro SD
Video Capture Format	MP4 INSV
Supported Audio Format	AAC
Screen Size	2.5 Inches
Connectivity Technology	Wi-Fi

8. WARRANTY AND SUPPORT

For detailed warranty information and customer support, please refer to the official Insta360 website or the documentation included with your product. Insta360 offers comprehensive support for their products, including firmware updates and troubleshooting guides.

You can also find additional resources and community forums on the [Insta360 Official Store](#).