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› Gritin 3D Ergonomic Sleep Mask (Model G3035) Instruction Manual

Gritin G3035

Gritin 3D Ergonomic Sleep Mask

Model: G3035

Brand: Gritin

INTRODUCTION

Thank you for choosing the Gritin 3D Ergonomic Sleep Mask. This manual provides essential information for the proper use and care of your sleep mask, ensuring you experience optimal comfort and effective light blocking for a restful sleep. Designed with advanced 3D contours, this mask offers zero eye pressure and is crafted from premium, breathable memory foam.



Image: The Gritin 3D Ergonomic Sleep Mask in black, showcasing its contoured design.

PRODUCT FEATURES

- **3D & Zero Eye Pressure:** The innovative design features shaped eye cups that create ample space around your eyes, preventing pressure on your eyeballs and eyelashes. This allows for natural eye movement during sleep.
- **Perfect Light-Blackout:** An integrated flexible nose bridge design effectively blocks all light, providing a completely dark sleeping environment anytime, anywhere.
- **Adjustable Elastic Strap:** The soft, elastic strap is adjustable to fit most head sizes comfortably without tangling hair, reducing pressure on the head.
- **Premium Materials:** Made from high-quality memory foam and super-soft, breathable fabric for a comfortable and immersive sleep experience.
- **Lightweight and Breathable:** The mask is super lightweight and designed to allow air circulation, preventing stuffiness.
- **Side Sleeper Friendly:** The design is optimized for comfort in various sleeping positions, including side sleeping, by

reducing pressure on temples and ears.

Your browser does not support the video tag.

Video: An overview of the Gritin 3D Sleep Mask features, demonstrating its light-blocking capabilities, zero eye pressure design, memory foam comfort, adjustable strap, and suitability for various sleeping positions.

Zero Pressure On Eyes

13MM deep and wide eye socket leaves plenty of room for you to blink freely



Friendly to Eye Makeup

13MM

3D Eye Socket Design

Image: The 3D contoured eye cups provide 13mm depth, ensuring zero pressure on eyes and eyelashes.

100% Light Blocking

Integrated nose wings effectively solve light leakage issues



Shading

Image: The integrated nose wings effectively block 100% of light for complete darkness.

Lightweight & Breathable

Skin-friendly fabric and premium memory foam create a comfortable and cool sleep environment



Image: Lightweight and breathable materials ensure a comfortable and cool sleep environment.

A Blessing for Side Sleepers

Widened strap increases contact area, reducing pressure on temples and ears



Image: Widened strap design increases contact area, reducing pressure on temples and ears, a blessing for side sleepers.

SETUP

1. **Unpack:** Carefully remove the sleep mask from its packaging.
2. **Adjust the Strap:** Locate the adjustable buckle on the elastic strap. Gently slide the buckle to lengthen or shorten the strap until it fits comfortably around your head without being too tight or too loose. The mask should feel secure but not exert pressure.

Adjustable & Elastic Strap

Adapts to different head sizes without tangling hair

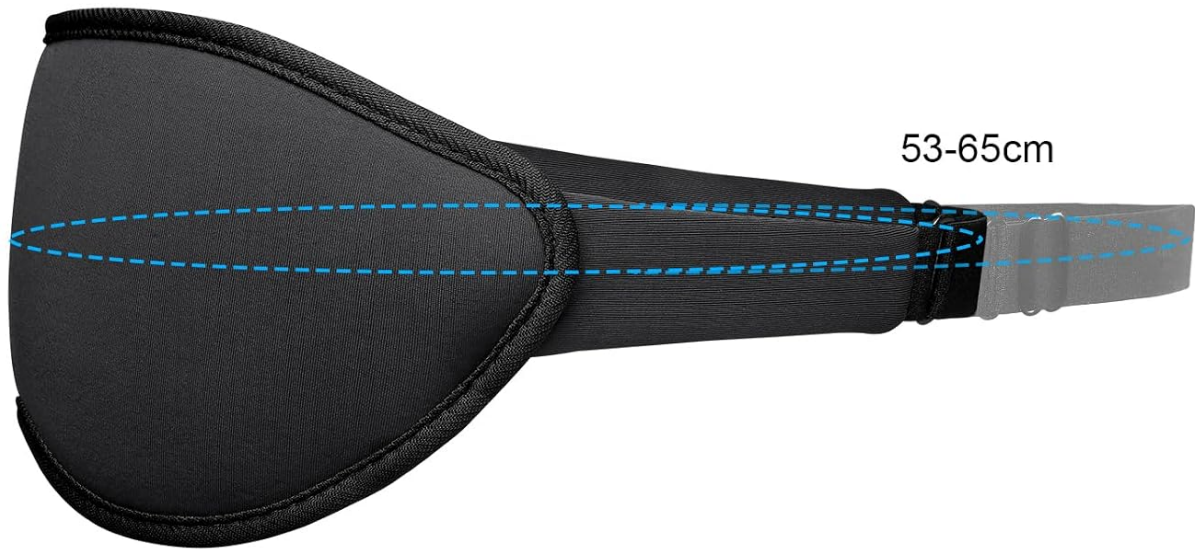


Image: Adjusting the elastic strap to fit head circumferences between 53-65cm.

OPERATING INSTRUCTIONS

To achieve the best sleep experience with your Gritin 3D Ergonomic Sleep Mask, follow these steps:

1. **Positioning:** Place the mask over your eyes, ensuring the contoured eye cups align with your eye sockets. The nose bridge section should rest gently on the bridge of your nose to block light effectively.
2. **Secure Fit:** Once positioned, ensure the adjustable strap is snug enough to hold the mask in place without causing discomfort. The mask should not shift during sleep.
3. **Check for Light Leakage:** In a lit environment, gently press the mask around the edges to ensure no light penetrates. Adjust the mask's position or strap tension if necessary.
4. **Comfort for All Positions:** The mask is designed to be comfortable whether you sleep on your back, side, or stomach. The soft materials and ergonomic shape adapt to your facial contours.



Image: The sleep mask provides quality sleep in various settings, including home, travel, and office.

MAINTENANCE

Proper care will extend the life and effectiveness of your sleep mask.

- **Cleaning:** Hand wash only. Use mild soap and cold water. Do not machine wash, bleach, or tumble dry.
- **Drying:** Gently squeeze out excess water and lay flat to air dry. Avoid direct sunlight or high heat, which can damage the memory foam and fabric.
- **Storage:** Store the mask in a clean, dry place, preferably in the hygienic pouch provided, to protect it from dust and damage.

TROUBLESHOOTING

If you encounter any issues with your Gritin 3D Ergonomic Sleep Mask, please consider the following:

- **Light Leakage:** Ensure the strap is adjusted correctly and the mask is positioned firmly on your face, especially around the nose bridge. The flexible nose design should conform to your facial contours.
- **Discomfort:** If the mask feels too tight, loosen the adjustable strap. If it feels too loose and shifts, tighten the strap. The memory foam should provide a soft, comfortable fit without pressure.
- **Odor:** A new product might have a slight manufacturing odor. Airing out the mask for a few hours before first use can help dissipate any smell.

For further assistance, please contact Gritin customer support.

SPECIFICATIONS

Feature	Detail
Model Number	G3035
Product Dimensions	26 x 10 x 2.4 cm
Item Weight	35 Grams
Brand	Gritin
Color	Black
Material	Memory Foam
Special Features	3D, Zero Eye Pressure
Material Feature	Soft
Care Instructions	Hand Wash Only
Closure Type	Hook and Loop (Velcro)
Number of Units	1.0 Count

13mm

3D eye socket design

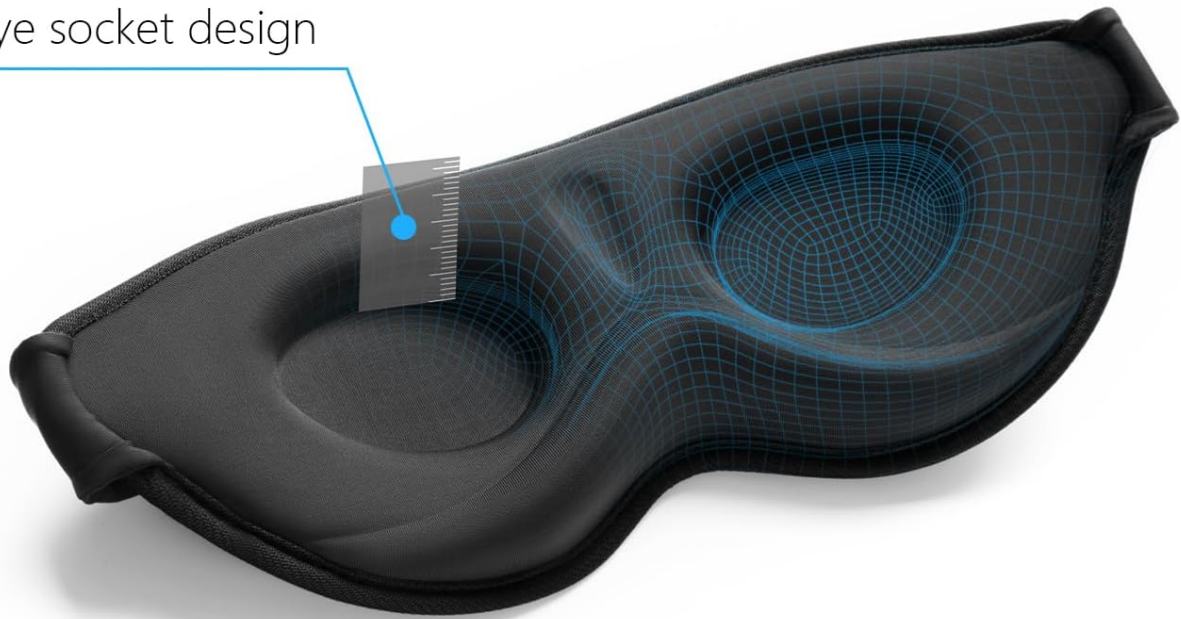


Image: Dimensions of the Gritin 3D Ergonomic Sleep Mask.

WARRANTY AND SUPPORT

Gritin products are designed for quality and durability. For any warranty claims, technical support, or questions regarding your Gritin 3D Ergonomic Sleep Mask, please refer to the contact information provided with your purchase or visit the official Gritin website.

We are committed to ensuring your satisfaction and providing excellent customer service.

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