

## Blackview R50

# Blackview R50 Fitness Tracker Smart Watch User Manual

Model: R50

## INTRODUCTION

This manual provides detailed instructions for the Blackview R50 Fitness Tracker Smart Watch. Please read this manual carefully before using the device to ensure proper operation and to maximize its features. The R50 Smart Watch is designed to assist you in monitoring your health, tracking fitness activities, and staying connected.

## WHAT'S IN THE BOX

Upon opening your Blackview R50 Smart Watch package, you should find the following items:

- 1 x R50 Smart Watch
- 1 x Silicone Strap
- 1 x Nylon Braided Strap
- 1 x Magnetic Charging Cable
- 1 x Instruction Manual

## This watch supports custom dials Change the Dial as You Wish

200+ dials on App to meet diverse aesthetics, Support custom dials, choose favorite photo as dial to create a unique smartwatch.



Image: Contents of the Blackview R50 Smart Watch package.

1. Charging the Device

Before initial use, fully charge your Blackview R50 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.

### More Functions to Be Explored



Find Phone



Weather Reminder



Music control



Alarm Clock



Stopwatch



Timer



Drink Water Reminder



Sedentary Reminder



Not Disturb Mode



Shake to Take Picture



Image: Charging the Blackview R50 Smart Watch.

2. App Download and Pairing

To unlock the full functionality of your smart watch, download the 'Da Fit' app from your smartphone's app store (compatible with Android 6.0 and iOS 9.0 or above). Follow these steps to pair your watch:

- 1. Download the 'Da Fit' app.
- 2. Ensure Bluetooth is enabled on your phone.
- 3. Open the 'Da Fit' app and navigate to 'Add a Device'.
- 4. Select your R50 Smart Watch from the list of available devices.
- 5. Confirm the pairing request on both your phone and watch.





2 Hours Charging Time



USB Magnetic Suction Charging

### Battery Life Time

Daily Use Time

5-7 Days

Standby Time

20-25 Days

Image: Connecting the Smart Watch to your phone.

### 1. Basic Navigation

The R50 Smart Watch features a 1.85-inch full-touch HD screen. Swipe left, right, up, or down to navigate through menus and functions. Press the side button to return to the home screen or wake the device.



Image: The 1.85" HD screen and aerospace aluminum alloy casing.

### 2. Call Features and AI Voice Assistant

The watch includes a built-in HiFi stereo speaker and microphone. Once connected via Bluetooth, you can directly answer or make calls from your wrist. The 'Da Fit' app allows you to store contacts for quick dialing. Utilize the AI voice assistant for various tasks such as checking weather, making calls, or setting alarms.



# Get it all on your wrist



Make /  
receive call



Various  
Notification  
Information



AI Intelligent  
Voice Assistant



Image: Make/receive calls, notifications, and AI voice assistant.

Video: This video demonstrates various features of the smartwatch, including music control, stress testing, sleep tracking, weather display, alarm clock, sports record, multiple sports modes, fashionable and diverse dials, personalized dial design, voice assistant, and different color options. It also highlights additional functions like computer, game, find your phone, camera control, menstrual reminder, timer, stopwatch, world clock, long sitting reminder, and water reminder.

## 3. Notifications

Receive real-time notifications for incoming calls, messages (SMS), and app alerts (WhatsApp, Facebook, Instagram, etc.) directly on your smart watch. Ensure notification permissions are enabled in the 'Da Fit' app.

## 4. Watch Faces

Personalize your watch with over 100 pre-set watch faces available through the 'Da Fit' app. You can also create custom watch faces using your favorite photos (family, pets, etc.).

## 5. Other Smart Tools

The R50 Smart Watch offers a variety of useful daily functions:

- **Music Control:** Control music playback on your phone directly from your watch.
- **Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Casual Games:** Enjoy simple games on your wrist.
- **Weather Forecast:** Get real-time weather updates.
- **Sedentary Reminders:** Receive alerts to move after periods of inactivity.
- **Alarm Clock, Stopwatch, Timer:** Essential time management tools.
- **Find Phone:** Locate your misplaced phone by making it ring.
- **Menstrual Cycle Tracking:** Track and manage your menstrual period comprehensively.

### Women's Health Management

Track your menstrual period,  
Take care of your health comprehensively



### Battery life 5 to 7 days

Waiting time up to 20-25 days



## More useful features



Climate



Music Control



Alarm clock



Calendar



Sedentary reminder



Find phone



Noise control

Image: Women's Health Management and additional features.

## HEALTH MONITORING

The R50 Smart Watch utilizes high-performance optical sensors to provide comprehensive health monitoring:

- **Heart Rate Monitoring:** Real-time 24/7 dynamic heart rate tracking.

- **Blood Oxygen (SpO2) Monitoring:** Accurately detects blood oxygen saturation levels.
- **Stress Level Monitoring:** Helps you understand and adjust your physical condition.
- **Sleep Tracking:** Monitors personal sleep patterns, including light, deep, and awake sleep stages, providing detailed analysis reports in the app.

**Note:** This watch is not intended for medical diagnostic purposes. Consult a healthcare professional for any health concerns.

## 24Hour Health Monitoring

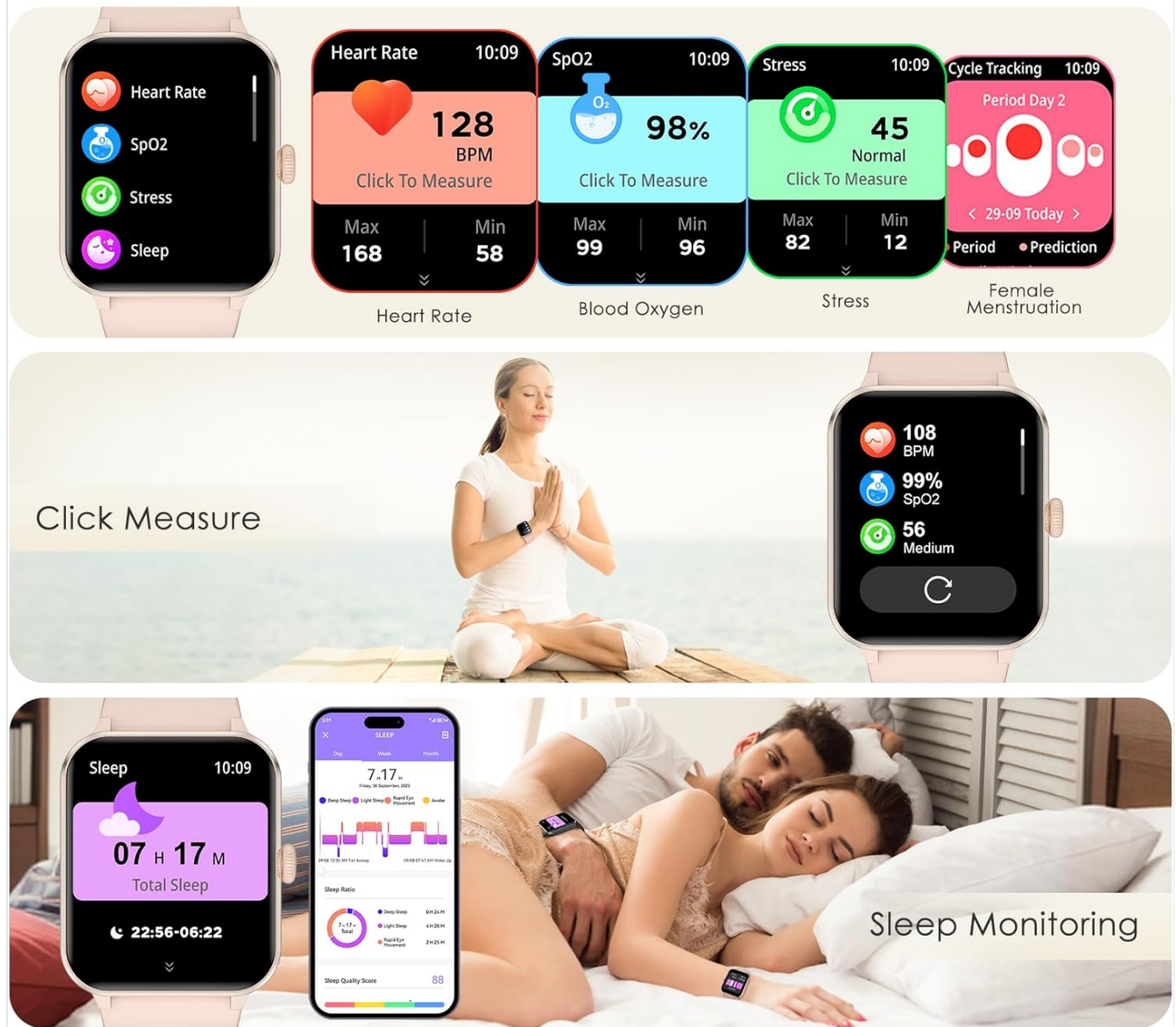


Image: 24-Hour Health Monitoring features.

## Sports Modes and Activity Tracking

The R50 Smart Watch supports over 100 sports modes, including running, cycling, walking, climbing, yoga, skiing, and football. It tracks key daily data such as steps, time, distance, and calories burned. Connect to your phone's GPS via the 'Da Fit' app to record your training routes and enhance your fitness motivation.



# Exercise Monitoring and Recording



24Hour Fitness Tracker



More detailed exercise records



100+ Sports Modes



Image: Exercise Monitoring and Recording with 100+ Sports Modes.

## SPECIFICATIONS

Feature	Detail
Model Number	R50
Screen Size	1.85 inches
Product Dimensions	7.17 x 3.39 x 0.75 inches
Item Weight	3.52 ounces
Battery Capacity	350 mAh Lithium Ion
Battery Life (Daily Use)	Up to 7 days

Feature	Detail
Standby Time	Approximately 30 days
Charging Time	2 hours
Waterproof Rating	IP68
Connectivity	Bluetooth
Operating System Compatibility	Android 6.0+ / iOS 9.0+
Memory Storage Capacity	128 MB
Manufacturer	Blackview

## MAINTENANCE

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### 1. Water Resistance

The R50 Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. However, it is **not suitable** for use in saunas, hot water, swimming, or diving. Avoid exposing the watch to high-pressure water or steam.

### 2. Cleaning

Wipe the watch and straps regularly with a soft, dry cloth. If necessary, use a slightly damp cloth and then dry thoroughly. Avoid using harsh chemicals or abrasive materials.

### 3. Battery Care

To prolong battery life, avoid extreme temperatures. Charge the watch fully before long periods of inactivity. Do not leave the watch completely discharged for extended periods.

## TROUBLESHOOTING

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- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the magnetic charging cable and a power source for at least 10 minutes.
- **Unable to pair with phone:**
  - a. Ensure Bluetooth is enabled on your phone and the watch is within range.
  - b. Restart both your phone and the watch.
  - c. Make sure the 'Da Fit' app is updated to the latest version.
  - d. If previously paired, try unpairing and re-pairing the device.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone. Clean the sensor on the back of the watch regularly.
- **Notifications not appearing:** Check notification permissions in the 'Da Fit' app and your phone's settings. Ensure the app is running in the background.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

## WARRANTY AND SUPPORT

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Blackview offers a 2-year warranty for the R50 Smart Watch. For any problems or technical assistance, please contact Blackview customer support. Refer to the contact information provided in your product packaging or visit the official Blackview website for support details.