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#### Trevi T-FIT 430 A

# Trevi T-FIT 430 A Smartwatch User Manual

Model: T-FIT 430 A

#### 1. Introduction

Thank you for choosing the Trevi T-FIT 430 A Smartwatch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your smartwatch.

The Trevi T-FIT 430 A Smartwatch features a 1.95-inch AMOLED high-definition display with an Always-On function, housed in a durable metal casing. It offers advanced functionalities including wireless calling, comprehensive health monitoring, and support for various sports activities. Stay connected with notifications and utilize the integrated SOS function for emergencies.

# 2. PACKAGE CONTENTS

Ensure all items are present in the package:

- Trevi T-FIT 430 A Smartwatch
- · Magnetic Induction Charging Cable
- · User Manual (this document)

#### 3. SETUP

# 3.1. Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and to a USB power source (e.g., computer USB port or a 5V/1A USB adapter).

- Ensure the charging pins align correctly with the watch's charging contacts.
- The watch display will indicate charging status.
- A full charge typically takes approximately 2 hours.



Image: Trevi T-FIT 430 A Smartwatch with its display showing time and activity metrics.

# 3.2. Pairing with Your Smartphone

To unlock the full potential of your Trevi T-FIT 430 A, pair it with your smartphone via the dedicated application.

1. **Download the App:** Search for the official "Trevi T-FIT" application on your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).

- 2. **Install and Open:** Install the application and open it. Follow the on-screen instructions to create an account or log in.
- 3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
- 4. Add Device: In the app, navigate to the "Add Device" or "Pair Device" section.
- 5. Select Your Watch: The app will scan for nearby devices. Select "T-FIT 430 A" from the list.
- 6. Confirm Pairing: A pairing request will appear on both your phone and the watch. Confirm the pairing on both devices.
- 7. Grant Permissions: Grant necessary permissions (e.g., notifications, location, contacts) to the app for full functionality.



Image: Front view of the Trevi T-FIT 430 A Smartwatch, showing the digital watch face.

# 4. OPERATING INSTRUCTIONS

#### 4.1. Basic Navigation

- Touchscreen: Swipe left/right, up/down to navigate through menus and widgets. Tap to select.
- **Side Button(s):** Typically, a short press returns to the home screen or wakes the display. A long press may activate a specific function (e.g., power on/off, voice assistant). Refer to the app for customizable button functions.
- Always-On Display: The AMOLED screen supports an Always-On function, allowing you to see the time without
  waking the full display.

#### 4.2. Making and Receiving Calls

Once paired with your smartphone, you can manage calls directly from your wrist.

- Incoming Calls: The watch will display caller ID. You can answer or reject calls directly from the watch screen.
- Outgoing Calls: Use the watch's dialer or access your phone's contacts through the watch to initiate calls. Audio will be routed through the watch's speaker and microphone.

# 4.3. Health Monitoring

The T-FIT 430 A monitors various health metrics. Ensure the watch is worn snugly on your wrist for accurate readings.

- Heart Rate: Continuous or on-demand heart rate monitoring.
- **Blood Pressure:** Provides estimated blood pressure readings. Consult a medical professional for accurate medical diagnoses.
- Blood Oxygen (SpO2): Measures blood oxygen saturation levels.
- Stress Level: Tracks and provides insights into your stress levels.
- **Sleep Monitoring:** Automatically tracks sleep patterns, including deep sleep, light sleep, and wake times. View detailed analysis in the companion app.

### 4.4. Activity and Sports Tracking

Track your daily activity and specific sports with the T-FIT 430 A.

- Daily Activity: Monitors steps taken, calories burned, and distance covered throughout the day.
- **Sports Modes:** Supports up to 100 different sports activities. Select your activity from the watch menu to start tracking. Data will be synchronized with the app.



Image: Trevi T-FIT 430 A Smartwatch with a white strap, displaying activity metrics like steps, heart rate, and calories.

### 4.5. Notifications and Voice Assistant

- **Notifications:** Receive alerts for incoming calls, SMS messages, and social media apps (e.g., WhatsApp, Facebook, Twitter) directly on your watch screen. Configure notification settings in the companion app.
- Voice Assistant: Activate your smartphone's voice assistant (e.g., Siri, Google Assistant) directly from the watch for hands-free control.

#### 4.6. SOS Function

The integrated SOS function allows you to initiate an emergency call to a predefined number in critical situations.

- Setup: Configure the emergency contact number(s) within the companion app.
- Activation: Refer to the app or watch settings for the specific method to activate the SOS function (e.g., long press of a button).

### 5. MAINTENANCE

### 5.1. Water Resistance (IP68)

The Trevi T-FIT 430 A is IP68 water-resistant, meaning it is protected against dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. This makes it suitable for daily use, including hand washing, rain, and shallow swimming.

- Do not use the watch in hot water, saunas, or steam rooms.
- Avoid prolonged exposure to salt water. Rinse with fresh water and dry thoroughly after exposure to salt water.
- · Water resistance is not a permanent condition and may decrease over time with normal wear and tear.

#### 5.2. Cleaning and Care

- Clean the watch and strap regularly with a soft, damp cloth.
- · Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

# 5.3. Battery Care

- · Avoid fully discharging the battery frequently.
- Store the watch in a cool, dry place if not used for extended periods.
- Use only the provided magnetic charging cable.

### 6. TROUBLESHOOTING

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Connect to the charger for at least 30 minutes.
Cannot pair with smartphone	<ul> <li>Ensure Bluetooth is enabled on your phone and the watch.</li> <li>Make sure the watch is within range of your phone.</li> <li>Restart both the watch and the phone.</li> <li>Try unpairing and re-pairing through the app.</li> </ul>
Inaccurate health data	<ul> <li>Ensure the watch is worn snugly on your wrist, not too loose or too tight.</li> <li>Clean the sensors on the back of the watch.</li> <li>Environmental factors and movement can affect readings.</li> </ul>

Problem	Possible Solution
Notifications not received	<ul> <li>Check notification settings in the companion app.</li> <li>Ensure the app has necessary permissions on your phone.</li> <li>Verify Bluetooth connection is active.</li> </ul>

# 7. SPECIFICATIONS

Feature	Detail
Model Name	T-FIT 430 A
Brand	Trevi
Display	1.95-inch AMOLED High-Definition
Operating System	Wear OS
Connectivity	Bluetooth 5.0
Water Resistance	IP68
Battery Type	Lithium-ion (1 included)
Charging Method	Magnetic Induction Charging
Compatible Devices	Smartphones, Tablets, Laptops
Special Features	Time Display, Wireless Charging, Media Control, Always-On Display, Call Function, Health Monitoring (HR, BP, SpO2, Stress, Sleep), 100 Sports Modes, Notifications, Voice Assistant, SOS Function
GPS	No GPS
Casing Material	Metal

# 8. SAFETY INFORMATION

Please read the following safety guidelines carefully to prevent injury or damage to your device:

- Do not attempt to disassemble, repair, or modify the device.
- Keep the device away from extreme temperatures, direct sunlight, and open flames.
- Avoid exposing the device to strong impacts or vibrations.
- This device is not a medical instrument. Health data is for reference only and should not be used for medical diagnosis or treatment.
- Keep out of reach of children.
- Dispose of the device and its battery responsibly according to local regulations.

#### Related Documents - T-FIT 430 A



### Trevi T-Fit 265 A Smart Bracelet User Manual and Features

Comprehensive user manual for the Trevi T-Fit 265 A smart bracelet, covering setup, features, maintenance, and specifications. Learn how to use your smart fitness tracker.



### Trevi T-Fit 510 A Smartwatch User Manual

Comprehensive user manual for the Trevi T-Fit 510 A smartwatch, covering setup, functions, technical specifications, warnings, and troubleshooting. Learn how to connect, use features like heart rate monitoring, sports tracking, notifications, and more.



#### Trevi T-Fit 500 S Manuale Utente

Guida completa all'uso del braccialetto smart Trevi T-Fit 500 S, con istruzioni su manutenzione, ricarica, funzioni e risoluzione problemi.



#### Trevi T-Fit 270 CALL Smartwatch User Manual

This document provides a comprehensive user manual for the Trevi T-Fit 270 CALL smartwatch, covering product specifications, charging instructions, device operation, app integration, and important safety warnings.



# Trevi T-Fit 300 CALL Smartwatch User Manual and Features

Comprehensive user manual for the Trevi T-Fit 300 CALL smartwatch, covering product specifications, charging instructions, detailed features like heart rate monitoring, sleep tracking, app connectivity, and troubleshooting.



### Trevi MPV 1780 SB: Manuale Utente e Specifiche Tecniche

Guida completa al lettore audio/video/MP3/pedometro Trevi MPV 1780 SB, incluse istruzioni d'uso, caratteristiche tecniche e avvertenze.