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Timex Unisex Digital 43mm Watch Instruction Manual

Model: TW5M637009J

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Timex Unisex Digital 43mm Watch. Please read this guide thoroughly to ensure proper use and care of your timepiece.



Image: Front view of the Timex Unisex Digital 43mm Watch. This digital watch features a black case and a clear digital display, with subtle orange accents on the watch face.

SAFETY INFORMATION

To ensure the longevity and proper function of your watch, observe the following safety guidelines:

- **Water Resistance:** The watch is water resistant up to 50 meters. This makes it suitable for light swimming.
- **Important:** Do not press any buttons while the watch is submerged in water. Pressing buttons underwater can compromise the water resistance seal and lead to internal damage.
- This watch is **not** suitable for snorkeling, scuba diving, or high-impact water sports.
- Avoid exposing the watch to extreme temperatures or sudden temperature changes.

SETUP AND INITIAL CONFIGURATION

1. Setting Time and Date

Your watch may require initial time and date setting. Refer to the buttons on the side of the watch for adjustment. Typically, a "MODE" or "SET" button is used to cycle through settings, and "START/STOP" or "RESET" buttons are used to adjust values.



Image: Side view of the watch, highlighting the buttons labeled "INDIGLO" and "START/STOP" on the left and right sides of the case, respectively. These buttons are used for various functions including setting the time.

1. **Enter Set Mode:** Press and hold the **MODE** button (if available) or a dedicated **SET** button until the time display begins to flash.
2. **Adjust Values:** Use the **START/STOP** or **RESET** buttons to increase or decrease the flashing value (hours, minutes, year, month, day).
3. **Advance to Next Setting:** Press the **MODE** button again to move to the next setting (e.g., from hours to minutes).
4. **Exit Set Mode:** Once all settings are adjusted, press the **MODE** button or allow the watch to automatically exit set mode after a period of inactivity.

2. Battery Information

Your Timex watch comes with one Lithium Metal battery (CR2025 CELL) included and pre-installed. The battery provides power for all watch functions.



Image: Close-up of the watch's stainless steel back, clearly showing "CR2025 CELL" indicating the battery type, along with "WR 50 METERS"

OPERATING INSTRUCTIONS

Basic Functions

- **Time Display:** The primary digital display shows the current time (hours, minutes, seconds) and often the day of the week and date.
- **INDIGLO Night-Light:** Press the **INDIGLO** button (usually on the left side) to illuminate the watch face for easy viewing in low-light conditions.
- **Stopwatch:**
 - a. Press the **MODE** button until the stopwatch function is displayed.
 - b. Press **START/STOP** to begin timing.
 - c. Press **START/STOP** again to pause/resume.
 - d. Press **RESET** (often the same button as **MODE** when in stopwatch mode, or a separate button) to clear the stopwatch.
- **Alarm:**
 - a. Press the **MODE** button until the alarm setting is displayed.
 - b. Use the **SET** or **MODE** button to select hours/minutes.
 - c. Use **START/STOP** or **RESET** to adjust the alarm time.
 - d. Activate/deactivate the alarm using a designated button (refer to specific watch model instructions if available, otherwise assume a combination of existing buttons).

MAINTENANCE

Cleaning Your Watch

To maintain the appearance of your watch, wipe the case and band regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the finish or acrylic lens.

Water Resistance Care

While your watch is water resistant, it is recommended to rinse it with fresh water after exposure to salt water or chlorinated water to prevent corrosion and maintain the integrity of the seals.

Battery Replacement

When the battery needs replacement, it is recommended to have it done by a qualified watch technician. This ensures the water resistance seal is properly re-installed. The watch uses a CR2025 Lithium Metal battery.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch display is blank or dim.	Low or dead battery.	Replace the battery (CR2025).
Time is incorrect.	Time needs to be set.	Refer to the "Setting Time and Date" section.
Water inside the watch.	Buttons pressed underwater or seal compromised.	Immediately take the watch to a service center. Do not attempt to dry it yourself.
Buttons are unresponsive.	Watch may be in a locked mode or require a reset.	Try pressing all buttons to see if a lock is disengaged. If unresponsive, a battery removal/reinsertion might reset it (seek professional help).

SPECIFICATIONS

- **Model Number:** TW5M637009J
- **Case Diameter:** 43mm
- **Band Length:** 8 inches
- **Dial Type:** Digital
- **Lens Material:** Acrylic
- **Water Resistance:** Up to 50 meters (164 feet)
- **Battery Type:** 1 Lithium Metal battery (CR2025)
- **Approximate Weight:** 3.17 ounces
- **Manufacturer:** Timex

Watch Sizing Guide

To help determine the appropriate watch case size for your wrist, please refer to the official Timex sizing chart video below.

Your browser does not support the video tag.

Video: Official Timex Sizing Chart. This video demonstrates how different watch case sizes appear on wrists of varying circumferences, helping you visualize the fit of your 43mm watch.

WARRANTY AND SUPPORT

For warranty information, service, or additional support, please visit the official Timex website or contact their customer service department. Keep your purchase receipt as proof of purchase.

Online Support: www.timex.com

