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Timex TW5M636009J

# Timex Unisex Digital 43mm Watch Instruction Manual

Model: TW5M636009J

## INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your Timex Unisex Digital 43mm Watch. Designed for durability and functionality, this watch features a 43mm black case, an 8-inch black band, a clear digital dial, and an acrylic lens. It is water-resistant up to 50 meters, making it suitable for various daily activities.





Figure 1: Front view of the Timex Digital 43mm Watch.

## SETUP

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### Setting Time and Date

Your Timex digital watch typically has a "MODE" button to cycle through functions and a "SET" or "ADJUST" button for modifications. Refer to the watch face for button labels.

1. Press the **MODE** button repeatedly until the time setting mode is displayed (often indicated by flashing digits).
2. Use the **SET** or **ADJUST** button to change the flashing digit (hours, minutes, seconds).
3. Press **MODE** again to move to the next setting (e.g., minutes, then date, month, day of week).
4. Once all settings are correct, press **SET** or **MODE** (depending on model) to exit the setting mode.

### Activating INDIGLO® Night-Light

The INDIGLO® night-light illuminates the watch display for easy viewing in low-light conditions. Press the designated INDIGLO® button (often located on the side or top of the watch) to activate it. The light will remain on for a few seconds.

## OPERATING INSTRUCTIONS

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### Mode Navigation

The **MODE** button allows you to cycle through the watch's various functions, such as Time, Chronograph (Stopwatch), Alarm, and Dual Time.

### Using the Chronograph (Stopwatch)

1. Press **MODE** until "CHRONO" or "STOPWATCH" appears on the display.
2. Press **START/STOP** to begin timing.
3. Press **START/STOP** again to pause/stop the timer.
4. Press **RESET** (often the same button as **SET** or **ADJUST** in chronograph mode) to clear the time.

## Setting and Using the Alarm

1. Press **MODE** until "ALARM" is displayed.
2. Use the **SET** or **ADJUST** button to set the desired alarm time.
3. Press **MODE** to confirm and exit.
4. To activate/deactivate the alarm, press the designated **ALARM ON/OFF** button (refer to watch face for specific label).

## Dual Time Function

The dual time feature allows you to track a second time zone.

1. Press **MODE** until "DUAL TIME" or "T2" is displayed.
2. Use the **SET** or **ADJUST** button to set the second time zone.
3. Press **MODE** to confirm and exit.

## Water Resistance

This watch is water resistant up to 50 meters (164 feet). This means it is suitable for recreational swimming in shallow water. It is not suitable for diving or snorkeling. Do not press any buttons while the watch is wet or submerged, as this can compromise the water resistance seal.



Figure 2: Side view of the watch, highlighting button placement.

## MAINTENANCE

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### Cleaning Your Watch

To clean your watch, wipe it with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the case, lens, or band. For stubborn dirt, a mild soap solution can be used, followed by thorough rinsing with clean water and drying.

### Battery Replacement

The watch uses one Lithium Metal battery (CR2025 CELL). When the display dims or functions become erratic, it may be time to replace the battery. It is recommended to have the battery replaced by a qualified watch technician to ensure the water resistance seal is maintained.

### Band Care

The watch features an integrated band. While durable, prolonged exposure to extreme temperatures, direct sunlight, or harsh chemicals can affect its longevity. Clean the band regularly with a damp cloth. Please note that the band is integrated into the watch design and is not designed for user replacement.



STAINLESS STEEL BACK

TIMEX

CR2025 CELL

WR 50 METERS

M083

TW5M63600

B5

www.timex.com



Figure 3: Rear view of the watch, showing the battery compartment area.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Display is dim or blank.	Low battery.	Replace the battery (CR2025 CELL). Professional replacement is recommended.
Buttons are unresponsive.	Watch may be in a locked mode or internal issue.	Try pressing all buttons firmly. If unresponsive, a soft reset (removing and reinserting battery) may be needed by a technician.
Water inside the watch.	Water resistance seal compromised.	Immediately take the watch to a qualified watch repair center. Do not attempt to dry it yourself.
Time is incorrect.	Time needs to be reset or battery is low.	Follow the "Setting Time and Date" instructions in the Setup section. If issue persists, consider battery replacement.

## SPECIFICATIONS

- **Model Number:** TW5M636009J
- **Case Diameter:** 43mm
- **Band Length:** 8 inches
- **Dial Type:** Digital
- **Lens Material:** Acrylic
- **Water Resistance:** Up to 50 meters (164 feet)
- **Battery Type:** 1 Lithium Metal battery (CR2025 CELL)
- **Weight:** 3.17 ounces
- **Manufacturer:** Timex
- **Country of Origin:** Philippines

## WARRANTY AND SUPPORT







Specific warranty details for your Timex watch are typically provided with the product packaging or can be found on the official Timex website. Please retain your proof of purchase for warranty claims.

For technical support, service, or further inquiries, please visit the official Timex website or contact their customer service department. Contact information can usually be found on the Timex website or in the original product documentation.

You can visit the Timex Store for more information: [Timex Official Store](#)





	<p><a href="#">Руководство по эксплуатации часов Timex</a></p> <p>Подробное руководство по эксплуатации часов Timex, охватывающее настройку времени, использование хронографа, водонепроницаемость, регулировку браслета и функции подсветки INDIGLO® для различных механизмов Timex.</p>
	<p><a href="#">Timex Analog Watch User Manual - Features, Settings, and Care</a></p> <p>Comprehensive user guide for Timex Analog watches, covering setup, features like INDIGLO® Night-Light, water resistance, alarms, perpetual calendar, and maintenance. Available in multiple languages.</p>
	<p><a href="#">Timex Kids Digital Watch User Guide - Operation and Features</a></p> <p>Comprehensive user guide for the Timex Kids digital watch (model 791-095007). Covers features, basic operations, setting time and date, chronograph, alarm, timer, INDIGLO night light, water resistance, strap adjustments, battery information, and warranty details.</p>
	<p><a href="#">Timex Atelier Marine M1a User Manual and International Warranty</a></p> <p>Comprehensive user manual and international warranty details for the Timex Atelier Marine M1a watch. Includes product specifications, instructions for setting the time and adjusting the bracelet, and warranty coverage information.</p>
	<p><a href="#">Timex Ironman 50-Lap Watch User Manual</a></p> <p>Comprehensive user manual for the Timex Ironman 50-Lap watch, detailing features, operations, and maintenance for optimal use.</p>
	<p><a href="#">Timex Watch User Manual and International Warranty</a></p> <p>Comprehensive guide to Timex watches, including operating instructions, water resistance details, battery replacement, and international warranty information. Features INDIGLO night-light and strap adjustment for Timex Kids and Timex Jr. models.</p>