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HONOR BOT-WB01

HONOR Choice D4 Smart Watch User Manual

Model: BOT-WB01

INTRODUCTION

The HONOR Choice D4 Smart Watch (BOT-WB01) is designed to be a comprehensive fitness and lifestyle companion. It features a vibrant 1.85-inch HD display, advanced health monitoring capabilities including heart rate and SpO2 tracking, and over 120 workout modes. With its IP68 water resistance and long-lasting battery, it is built for daily use and active routines.

PACKAGE CONTENTS

Upon opening the package, ensure all items are present:

- HONOR Choice D4 Smart Watch (BOT-WB01)
- Charging Cable
- Quick Start Guide
- Safety Information & Warranty Card

SETUP

Initial Power On and Pairing

To begin using your HONOR Choice D4 Smart Watch, follow these steps to power it on and pair it with your smartphone:

- 1. Initiate Watch and QR Code Display:** When the watch is powered on, it will display a QR code for pairing. If not connected within 5 minutes, it will shut down to conserve power. Press and hold the side button for 3 seconds to turn it back on.
- 2. Download "HONOR Health" App:** Search for "HONOR Health" on your phone's App Store (iOS) or Google Play Store (Android), or scan the QR code displayed on the watch using your phone's browser to download and install the app.
- 3. Pairing on Android/iOS Device:**
 - Access your phone's Bluetooth settings.
 - Locate the corresponding device name and click on pairing.

- Open the "HONOR Health" App on your phone.
- Go to the device management and add a new device or scan by QR code.
- Select the corresponding device name or choose "Scan Code to Add" and scan the QR code on the watch to initiate the binding process.
- Confirm device pairing on the watch to complete the binding.



Figure 1: Steps for pairing your HONOR Choice D4 Smart Watch with the HONOR Health app.

OPERATING YOUR SMART WATCH

Display and Navigation

The HONOR Choice D4 features a 1.85-inch HD display for clear visuals. Navigate the watch interface using touch gestures and the side button.

1.95-inch Full-view Display Exquisite and Stylish

75% extra-large display ratio
Smooth and detailed visuals frame by frame
Metallic texture for a stylish and elegant look



60 Hz

Maximum refresh rate

410 × 502 px

Resolution

Figure 2: The 1.85-inch HD display of the HONOR Choice D4 Smart Watch.

The watch offers over 100 rich watch faces to personalize your device. These can be changed via the HONOR Health app.

Health Monitoring

The watch provides comprehensive health monitoring features:

- **Heart Rate Tracking:** Monitors your heart rate 24/7.
- **SpO2 Monitoring:** Measures blood oxygen levels.
- **Sleep Analysis:** Tracks sleep quality and patterns.
- **Stress Monitoring:** Provides insights into your stress levels.

For accurate measurements, ensure the watch is fastened tightly, about a finger's length away from your wrist bone, and remain still during measurement.



Figure 3: One-tap health measurements for heart rate, SpO2, and stress.

Your browser does not support the video tag.

Video 1: An overview of the HONOR Choice D4 Smart Watch features, including its display, health monitoring, and workout modes. This video demonstrates the watch's capabilities in various scenarios.

Workout Modes and GPS

The watch supports over 120 workout modes for both indoor and outdoor activities, including running, cycling, and swimming. It automatically recognizes 5 common workout modes (walking, running, cycling, elliptical machine, and rowing machine).

For outdoor workouts, the built-in GPS provides accurate positioning and tracks your exercise path, distance, and duration.

120 Workout Modes All-day Data Tracking

Supports 120 workout modes for indoor and outdoor scenarios like cycling, football, swimming, etc
Automatically recognizes 5 workout modes:
walking, running, cycling, elliptical machine and rowing machine
Equipped with pro workout algorithms
It tracks and analyzes daily workouts and fitness levels for maximum effectiveness.



Figure 4: The HONOR Choice D4 Smart Watch tracking a workout with 120+ modes.

Smart Features and Tools

Beyond health and fitness, the watch offers various smart features:

- **Smart Notifications:** Receive alerts for calls, messages, and app notifications.
- **Music Control:** Manage music playback on your connected phone.
- **Weather Updates:** Get real-time weather information.
- **Bluetooth Calling:** Make and receive calls directly from your watch.
- **Additional Tools:** Includes a built-in compass, water intake reminder, calculator, vibration drainage, flashlight, alarm, remote shutter, stopwatch, timer, and 'Find Phone' function.

Built-in compass, reminder of water intake, calculator, vibration drainage, and more handy tools



Figure 5: Smart tools available on the HONOR Choice D4 Smart Watch.

MAINTENANCE

Charging

The HONOR Choice D4 Smart Watch offers up to 12 days of battery life on a single charge. Use the provided magnetic charging cable to charge the device. Connect the magnetic end to the charging contacts on the back of the watch and the USB end to a power source.

Water Resistance (IP68)

The watch is IP68-rated for water and dust resistance. This means it can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for everyday use, including hand washing, rain, and shallow water activities like swimming. However, it is not recommended for hot showers, saunas, or deep diving. After exposure to water, especially saltwater, rinse the watch with fresh water and dry it thoroughly.



Figure 6: The sleek design of the HONOR Choice D4 Smart Watch, built for durability.

Cleaning and Care

To maintain your watch's appearance and functionality:

- Wipe the watch and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive cleaners.
- Ensure the charging contacts are clean and dry before charging.

TROUBLESHOOTING

Issue	Possible Cause	Solution
Watch not powering on	Low battery; device off.	Charge the watch for at least 10 minutes. Press and hold the side button for 3 seconds to power on.
Unable to pair with phone	Bluetooth off; app issue; watch not in pairing mode.	Ensure Bluetooth is enabled on your phone. Restart the HONOR Health app and your watch. Make sure the watch is displaying the QR code for pairing.
Inaccurate heart rate/SpO2 readings	Watch fit too loose/tight; sensor obstruction.	Ensure the watch is worn snugly, about a finger's length from your wrist bone. Clean the sensor on the back of the watch. Remain still during measurements.
Notifications not appearing	App permissions; notification settings.	Check notification permissions for the HONOR Health app on your phone. Verify notification settings within the app and on the watch. Ensure Bluetooth connection is stable.
Short battery life	Frequent use of GPS/features; high screen brightness.	Reduce screen brightness. Limit continuous GPS tracking. Disable unnecessary features or notifications.

SPECIFICATIONS

Key technical specifications for the HONOR Choice D4 Smart Watch (BOT-WB01):

- **Product Name:** HONOR Choice Watch
- **Model Number:** BOT-WB01 (6936520838899)
- **Display:** 1.85-inch AMOLED Full-view Display
- **Resolution:** 410 x 502 pixels
- **Dimensions:** 10 x 6.7 x 10 cm (Product); 20 g (Weight)
- **Waterproof Level:** IP68 (5ATM)
- **Battery Life:** Up to 12 days (typical usage)
- **Battery Capacity:** 100 mAh
- **Charging Method:** Magnetic Charging
- **Connectivity:** Bluetooth
- **GPS:** Built-in GPS (Supports GPS/GLONASS/GALILEO/BDS/QZSS)
- **Memory Storage Capacity:** 1 GB
- **Operating System:** Either Wear OS or LightOS
- **Special Features:** Heart Rate Monitor, SpO2 Monitor, 120+ Workout Modes, Sleep Tracking, Stress Monitoring.



Figure 7: Detailed specifications of the HONOR Choice D4 Smart Watch.

WARRANTY AND SUPPORT

Your HONOR Choice D4 Smart Watch comes with a standard manufacturer's warranty, typically covering defects in materials and workmanship for a period of one year from the date of purchase. Please refer to the included Warranty Card for specific terms and conditions.

Extended warranty options may be available for purchase. For support, troubleshooting, or warranty claims, please contact HONOR customer service or visit the official HONOR website. Keep your proof of purchase for warranty validation.

- **1-Year Extended Warranty:** Available from Salama Care (E-mail delivery).
- **2-Year Extended Warranty:** Available from Salama Care (E-mail delivery).

For further assistance, you may visit the [Official HONOR Store on Amazon](#).