Parsonver CW Watch S6 G

Parsonver GOPO2 Smart Watch User Manual

MODEL: CW WATCH S6 G

1. Introduction

Thank you for choosing the Parsonver GOPO2 Smart Watch. This device is designed to be a comprehensive companion for your daily life, offering advanced features such as built-in GPS, Bluetooth calling, extensive fitness tracking, and 24/7 health monitoring. This manual will guide you through the setup, operation, and maintenance of your new smart watch to ensure optimal performance and user experience.

What's Included:

- 1x Parsonver GOPO2 Smart Watch
- 2x Watch Bands (Nylon and Silicone)
- 1x Magnetic Charging Cable
- 1x User Manual

2. Setup

2.1. Initial Charge

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included).

Get Life Companion

Image: The Parsonver GOPO2 Smart Watch being charged using its magnetic charging cable. The watch screen displays a charging icon.

2.2. App Installation & Pairing

To unlock the full potential of your smart watch, download and install the 'Fitbeing' app on your smartphone.

1. **Download the App:** Search for 'Fitbeing' in your Android Play Store or iOS App Store and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Pairing Method 1: Search for Bluetooth Devices**

   - Open the 'Fitbeing' app, navigate to 'My' and select 'Add a new watch'.
   - The app will search for nearby devices. Select 'Parsonver-GOPO2(XXXX)' from the list.

- Enter the pairing code displayed on your watch into the app.
- Confirm pairing on both your phone and watch.

4. **Pairing Method 2: Scan QR Code**

- On your watch, swipe left until you find the QR code display.
- Open the 'Fitbeing' app, navigate to 'My' and select 'Add a new watch'.
- Tap the scan code icon in the app and use your phone's camera to scan the QR code on your watch.
- Confirm pairing on both your phone and watch.

Your browser does not support the video tag.

Video: A detailed guide on how to connect your Parsonver GOPO2 Smart Watch to your smartphone via Bluetooth and set up message notifications using the Fitbeing app.

Image: The Parsonver GOPO2 Smart Watch and a smartphone showing the pairing process within the Fitbeing application.

2.3. Profile & Settings Configuration

After successful pairing, complete your personal profile and customize settings within the Fitbeing app:

- **Create Your Profile:** Enter accurate personal information (gender, age, height, weight) for precise health and fitness data calculation.
- **Notifications:** Allow the watch to receive mobile phone message notifications. You can enable or disable specific app notifications (e.g., SMS, Facebook, WhatsApp, Instagram).
- **Daily Goals:** Set your daily targets for steps and calories.
- **Unit Settings:** Configure date and time format, and preferred units (e.g., metric/imperial).

- **Alexa Voice Assistant:** Sync with Alexa for voice commands and smart home control.
- **Watch Face Customization:** Explore over 100 watch faces or upload your own photos to personalize your watch.
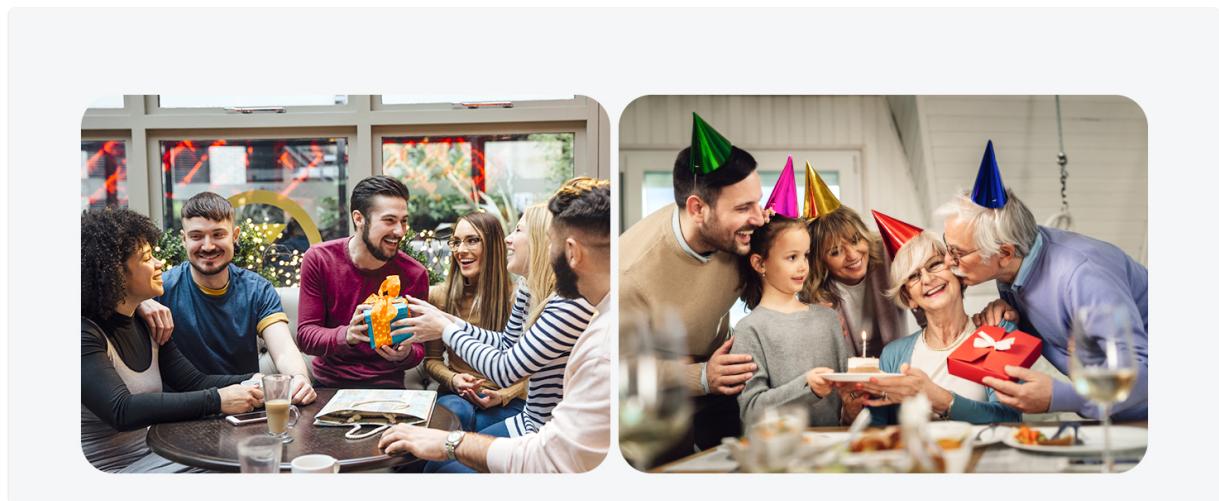
Image: The Parsonver GOPO2 Smart Watch showcasing various customizable watch faces, with the Fitbeing app on a smartphone displaying more options.

3. Operating the Smart Watch

3.1. Basic Navigation

The Parsonver GOPO2 features a 1.85" HD full-touch display for intuitive navigation. Swipe across the screen to access different functions and menus.

3.2. Bluetooth Calling & Smart Notifications

Stay connected directly from your wrist with Bluetooth 5.3 calling and smart notifications.

- **Making/Receiving Calls:** The watch features a high-resolution speaker with noise cancellation. You can answer, make calls, and view recent call history directly from your wrist. Set emergency contacts in the app for added peace of mind.
- **Message Notifications:** Receive real-time alerts for calls, texts, and app notifications (e.g., Facebook, WhatsApp, Instagram) at a glance. (Note: Message replies are not supported).

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Video: This video highlights the built-in GPS and Bluetooth calling features of the smart watch, demonstrating how it tracks activities and handles calls.
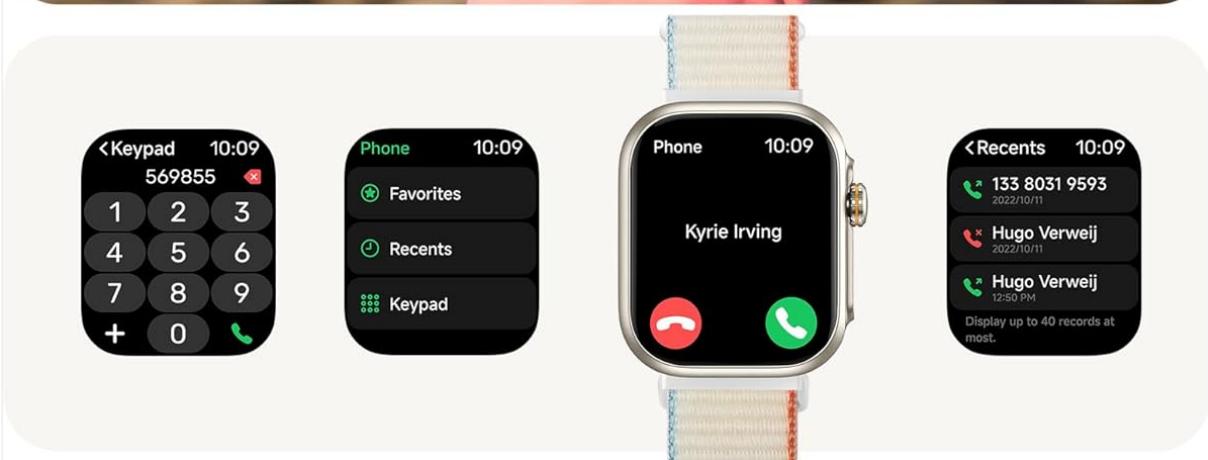
Image: The Parsonver GOPO2 Smart Watch showing an incoming call from 'Kyrie Irving' with green and red buttons to answer or reject the call.

Image: A woman checking her Parsonver GOPO2 Smart Watch, which displays notifications from various social media and messaging applications like Twitter, Instagram, and WhatsApp.

3.3. Fitness Tracking

The GOPO2 Smart Watch is equipped with built-in GPS and over 100 sport modes to accurately track your physical activity.

- **Built-in GPS:** Track your route, pace, distance, and calories without needing your phone. The watch automatically recognizes outdoor running, cycling, rowing machine, and elliptical workouts.
- **100+ Sport Modes:** Choose from a wide variety of activities, including swimming and water sports, to monitor your performance and progress.

Your browser does not support the video tag.

Video: A short preview video showcasing the fitness tracking capabilities of the smart watch for men and women, including various activities and health monitoring.

24-Hour Health Monitoring

Heart Rate Monitoring

Heart Rate 10:09
100
60
12AM 6AM 12PM 6AM
Dismiss

Sleep Monitoring

Sleep 10:09
9h
7h
0h
S M T W T F S
7ʜ 36Min
11:42 PM - 08:09 AM

Blood oxygen Monitoring

Results 10:09
89%
Done

Stress Monitoring

Results 10:09
38
Done

Image: The Parsonver GOPO2 Smart Watch displaying a green GPS-tracked route on its screen, indicating distance and time during an outdoor activity.

Image: A woman cycling outdoors, with her Parsonver GOPO2 Smart Watch tracking her route using its built-in GPS, displayed on a smartphone app.

Image: A woman playing tennis, illustrating the variety of over 100 built-in sports modes available on the Parsonver GOPO2 Smart Watch.

3.4. 24-Hour Comprehensive Health Monitoring

Your smart watch acts as a personal health assistant, providing continuous monitoring of vital health metrics.

- **Heart Rate:** Monitor your heart rate 24/7.
- **SpO2:** Track your blood oxygen saturation levels.
- **Sleep Monitor:** Analyze sleep stages (deep, light, REM) to gain insights into your sleep quality.
- **Stress Levels:** Monitor and manage your stress throughout the day.
- **Reminders:** Receive hydration and sedentary reminders to encourage healthier habits.
- **Female Health Monitoring:** Track menstrual, ovulation, and fertile periods with thoughtful reminders.

Built-in 100+ Sports Modes

Daily Readiness Score

🏃 **32216** steps

🔥 **1208** kcal

📍 **26** km

All-Day Activity Tracking

Image: A composite image showing the Parsonver GOPO2 Smart Watch monitoring heart rate, sleep, blood oxygen, and stress levels, with individuals engaged in related activities.

Image: A woman performing a plank exercise, with her Parsonver GOPO2 Smart Watch displaying her heart rate data on its screen and in the accompanying app.

Answer/Make Calls with Smart Watch Via Bluetooth

View recent call history on the watch and set frequent contacts via Fitbeing app

Alice, how are you doing?

I live a good life.

Dial   Answer/Reject   Call logs   Contacts
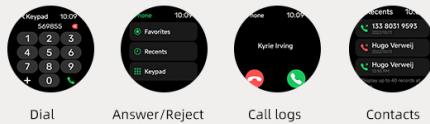
Image: A couple sleeping, with the Parsonver GOPO2 Smart Watch on a wrist, displaying sleep quality data and sleep stages within the connected mobile application.

3.5. More Features for Daily Life

The GOPO2 Smart Watch integrates various functions to enhance your daily convenience:

- Remote Camera Control
- Weather Forecasts
- Music Control
- Alarms, Stopwatch, Timer
- Brightness Adjustment, Raise-to-Wake Display
- Breathing Training
- Find Your Phone function

Sleep Quality Monitoring

Improve your sleep quality

Helping improve sleep habits, thereby achieving a much better sleep quality.
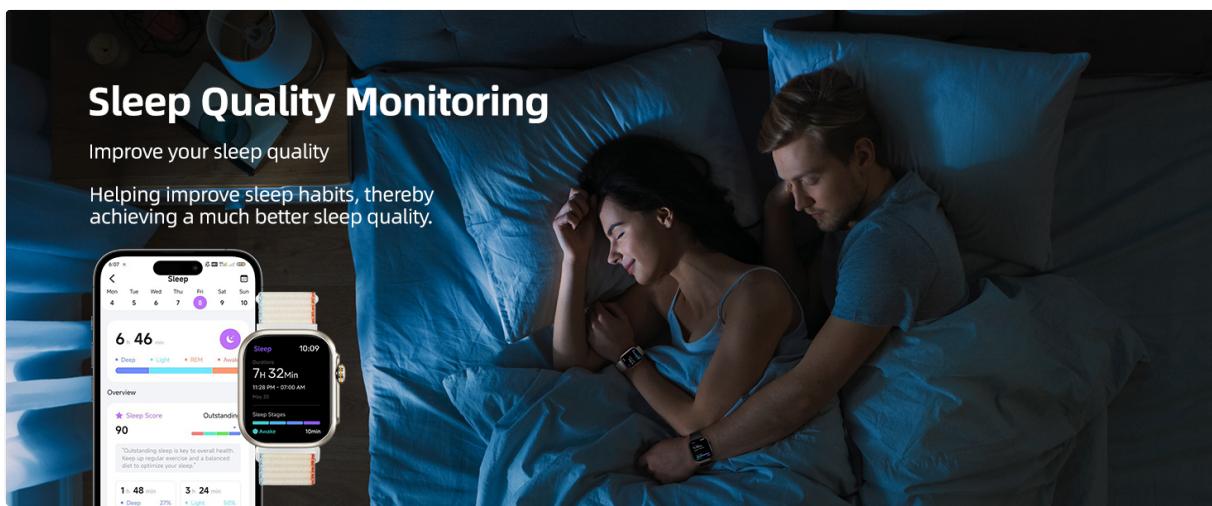
Image: A collage illustrating various additional features of the Parsonver GOPO2 Smart Watch, such as remote camera control, weather forecasts, music control, alarms, brightness adjustment, find phone, and breathing training.

4. Maintenance

4.1. Water Resistance

The Parsonver GOPO2 Smart Watch has a 30M/IP68 waterproof rating, making it resistant to rain, handwashing, and shallow water swimming. It is suitable for short-term immersion in water.

- **Caution:** Avoid using the watch in hot water (e.g., showers, saunas) or sea water, as this may

compromise its water resistance.

- Ensure the watch is dry before operating after contact with water.

Variety of dials & Change at your will

100+ creative dials, showing fashion on your wrist

More Practical Functions

Bring more convenience to your life

Image: The Parsonver GOPO2 Smart Watch with water splashing around it, demonstrating its water-resistant capabilities.

Image: A table explaining the 3ATM and IP68 water resistance ratings of the smart watch, indicating its suitability for activities like handwashing, rain, and shallow swimming.

4.2. Battery Life & Charging

The smart watch is powered by a 300mAh high-capacity battery.

- **Charging Time:** Approximately 2 hours for a full charge.
- **Working Time:** Up to 7 days of normal use.
- **Standby Time:** Up to 40 days.
- Use the provided magnetic charging cable for charging.
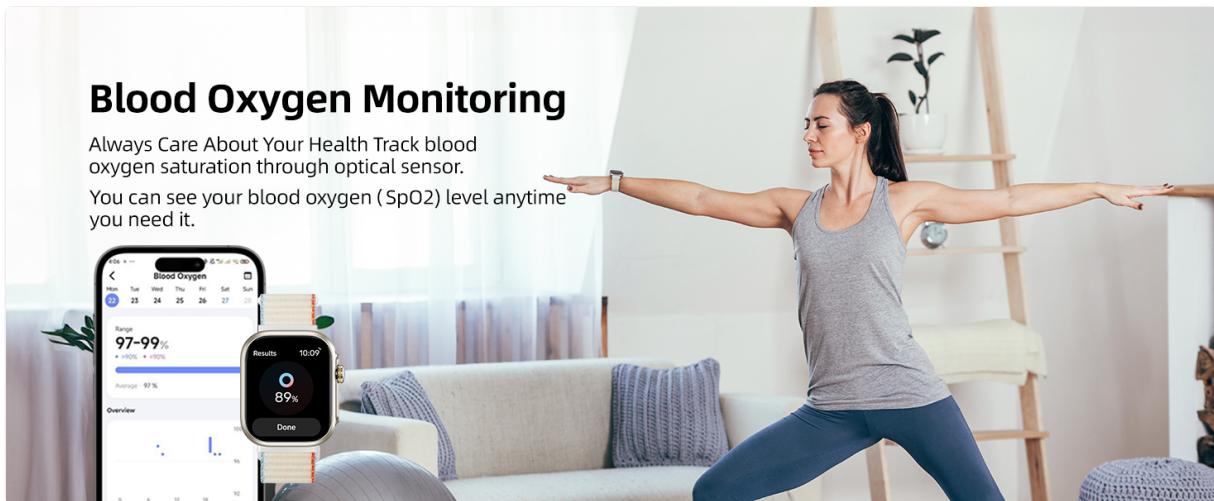
Image: The Parsonver GOPO2 Smart Watch connected to its magnetic charging cable, with text indicating a 2-hour charging time, 7 days max working time, and 40 days standby time.

4.3. Strap Replacement

The watch supports universal 22mm straps, allowing for easy customization.
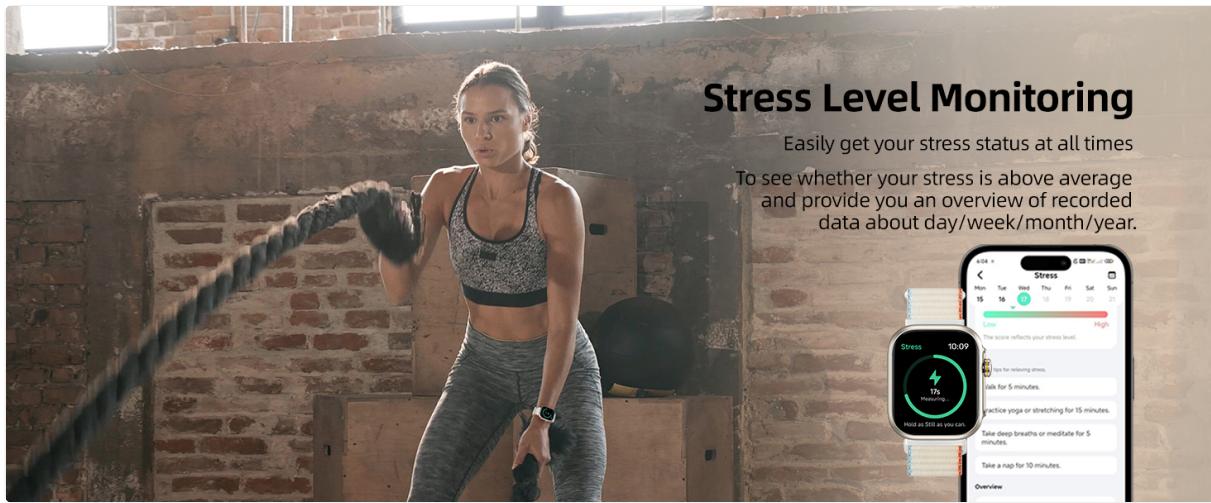
Image: A display of various 22mm watch straps, highlighting the universal compatibility and ease of replacement for the Parsonver GOPO2 Smart Watch.

5. Troubleshooting

If you encounter any issues with your Parsonver GOPO2 Smart Watch, please try the following common troubleshooting steps:

- **Connectivity Issues:** Ensure Bluetooth is enabled on your phone and the watch is within range. Try restarting both devices.
- **App Sync Problems:** Check your internet connection and ensure the Fitbeing app is updated to the latest version.
- **Inaccurate Readings:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors regularly.
- **Battery Drain:** Adjust screen brightness, disable unnecessary notifications, and limit continuous health monitoring to extend battery life.
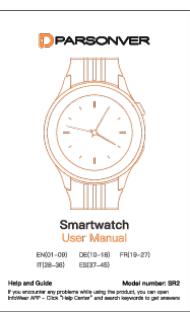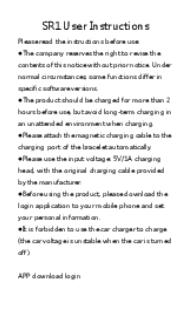
6. Specifications

| Feature	Detail
Product Dimensions	10.31 x 1.65 x 0.51 inches
Item Weight	1.41 ounces (40 Grams)
Item Model Number	CW Watch S6 G
Battery Capacity	300 Milliamp Hours
Screen Size	1.85 Inches
Operating System Compatibility	iOS 12.0 and above / Android 6.0 and above
Connectivity Technology	Bluetooth
GPS	Built-in GPS
Water Resistance	30M/IP68

7. Warranty & Support

For any questions, feedback, or support needs regarding your Parsonver GOPO2 Smart Watch, please contact our customer service team. We are dedicated to providing prompt assistance.

Contact information can typically be found on the product packaging or the official Parsonver website.

Related Documents - CW Watch S6 G

	Parsonver SR2 Smartwatch User Manual: Setup, Features, and Specifications Comprehensive user manual for the Parsonver SR2 smartwatch, covering setup, pairing, basic operations, health monitoring, app integration, and specifications. Learn how to use your Parsonver smartwatch effectively.
	Parsonver PSLD1 Smartwatch User Manual Comprehensive user manual for the Parsonver PSLD1 smartwatch, detailing setup, features, operation, specifications, and precautions for optimal use.
	Parsonver LW45 Smartwatch User Manual - Features, Setup, and Specifications Comprehensive user manual for the Parsonver LW45 smartwatch. Learn how to set up, pair, navigate, use features like fitness tracking, heart rate monitoring, notifications, and understand specifications and care instructions.
	Parsonver IDW15 Smartwatch User Manual User manual for the Parsonver IDW15 smartwatch, covering setup, basic operations, app settings, charging, and precautions.
	SR1 Smart Watch User Instructions and Specifications Comprehensive user instructions and technical specifications for the SR1 Smart Watch, covering setup, operation, features, and FCC compliance.

User Manual

EN (02-03) FR (05-15) DE (17-24)   Model number: FF1
ES (25-31) IT (31-39) JP (41-47) support@parsonver.com
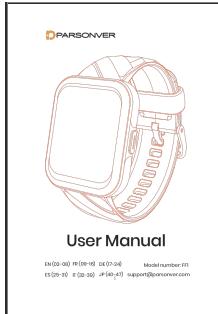
[Parsonver FF1 Smartwatch User Manual](#)

Comprehensive user manual for the Parsonver FF1 smartwatch, covering setup, basic operations, features like calls, health monitoring, app connectivity, and specifications.