

## EVOLVE EVO\_WP1\_USA

# EVOLVE Walking Pad Treadmill User Manual

Comprehensive instructions for the EVOLVE Walking Pad Treadmill with Foldable Handle Bar, designed for home and office use. This manual covers setup, operation, maintenance, and troubleshooting to ensure optimal performance and longevity of your device.

## 1. PRODUCT OVERVIEW

The EVOLVE Walking Pad Treadmill is a versatile fitness device suitable for both home and office environments. Its compact and foldable design allows for easy storage and use under a desk or as a standalone walking/light jogging treadmill. Key features include remote control operation, a quiet motor, Bluetooth speaker, and an LED display for tracking workout metrics.



Figure 1.1: The EVOLVE Walking Pad Treadmill in use with the handle bar extended.

### Key Features:

- **Portable & Versatile Design:** Ideal for under-desk use or as a dedicated walking/light jogging treadmill.
- **Foldable Handle Bar:** Provides stability and folds down for compact storage.
- **Remote Control Operation:** Adjust speed and control functions easily.
- **Powerful & Quiet Motor:** Ensures a smooth and non-disruptive workout.
- **Bluetooth Speaker:** Stream audio for an enhanced workout experience.
- **Clear LED Display:** Monitors speed, time, distance, and calories burned.

- **Sturdy Construction:** Supports users up to 265 lbs (120 kg).
- **Easy to Store:** Compact design for storage under furniture or in closets.

## 2. SAFETY INFORMATION

Before operating the EVOLVE Walking Pad Treadmill, please read and understand all safety instructions. Failure to follow these guidelines may result in injury or damage to the product.

- Always place the treadmill on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Ensure adequate clear space around the treadmill (at least 2 feet on sides and rear).
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Always use the safety key/clip (if applicable) during operation.
- Wear appropriate athletic footwear. Do not use barefoot or in socks.
- Consult a physician before starting any new exercise program.
- Do not exceed the maximum weight capacity of 265 lbs (120 kg).
- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.

## 3. SETUP

### Unboxing and Assembly:

Your EVOLVE Walking Pad Treadmill comes mostly pre-assembled. Follow these steps to complete the setup:

1. Carefully remove all packaging materials and lift the treadmill out of the box.
2. Place the treadmill on a flat, level surface.
3. Unfold the handle bar by lifting it into the upright position. Secure it using the provided screws and tool kit. (Assembly requires only 6 screws as per customer reviews).
4. Ensure all connections are secure and the power cord is accessible.

# 2 IN 1



**WALKING MODE**  
**1-6KM/H**



**RUNNING MODE**  
**1-12KM/H**

Figure 3.1: The treadmill ready for use after assembly.

## Initial Power On:

1. Plug the power cord into a grounded electrical outlet.

2. Turn on the main power switch, usually located near the power cord connection point.
3. The LED display should illuminate, indicating the treadmill is ready.

### Setup Video:

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Video 3.1: Features of Evolve Walking Pad. This video demonstrates the key features and ease of setup for the treadmill.

## 4. OPERATING INSTRUCTIONS

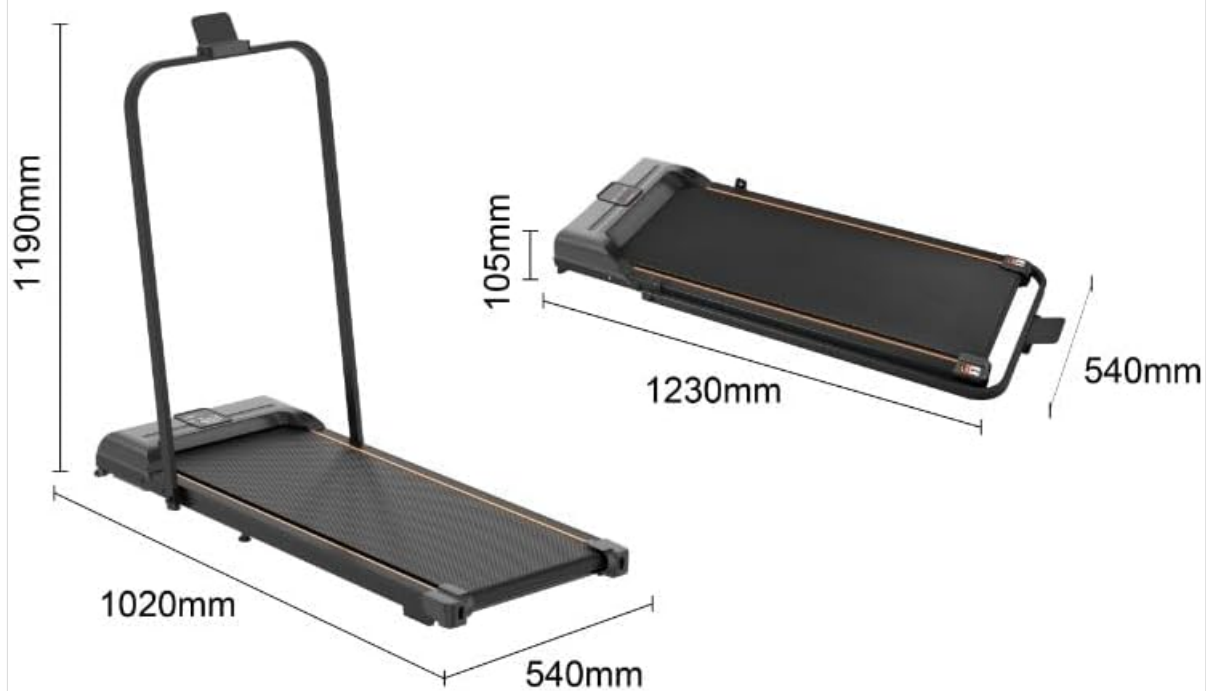
### Basic Operation with Remote Control:

The EVOLVE Walking Pad Treadmill is primarily controlled via its wireless remote. Ensure the remote has working batteries.

1. **Start:** Press the power button on the remote control to start the treadmill. There will typically be a 3-2-1 countdown before the belt begins to move.
2. **Adjust Speed:** Use the '+' and '-' buttons on the remote to increase or decrease the speed. The speed range is 0.5 to 6.2 MPH (1-10 km/h).
3. **Stop:** Press the power button again to stop the treadmill. The belt will gradually slow down to a complete stop.
4. **Mode Switching:** The treadmill supports both walking and running modes. When the handle bar is folded down, it operates in walking mode (typically lower max speed). When the handle bar is upright, it can operate in running mode (higher max speed).



# Product Size



Assembly size  
1190\*540\*1020mm

Folded size  
1230\*540\*105mm

Figure 4.1: The LED display shows time, speed, distance, and calories. The remote control allows for easy adjustments.

## **LED DISPLAY & WIRELESS REMOTE CONTROL**



Figure 4.2: The treadmill's 2-in-1 functionality, demonstrating walking mode (handle down) and running mode (handle up).

### **Bluetooth Connectivity:**

To connect your device to the built-in Bluetooth speaker:

1. Ensure the treadmill is powered on.
2. Enable Bluetooth on your smartphone or other audio device.
3. Search for "EVOLVE" or a similar device name in your Bluetooth settings.
4. Pair with the treadmill. You can now stream music or podcasts through the treadmill's speakers.

## **5. MAINTENANCE**

### **Cleaning:**

- Always unplug the treadmill before cleaning.
- Wipe down the treadmill's surfaces with a damp cloth and mild detergent. Avoid abrasive cleaners.
- Regularly clean the running belt to prevent dust and debris buildup.

### **Lubrication:**

Regular lubrication of the running belt is crucial for smooth operation and longevity. Use the provided lubricant or a silicone-based treadmill lubricant.

1. Unplug the treadmill.
2. Loosen the rear roller bolts slightly to lift the belt.
3. Apply a small amount of lubricant evenly under the center of the running belt.
4. Tighten the roller bolts and run the treadmill at a low speed for a few minutes to distribute the lubricant.



Figure 5.1: The multi-layered belt system, designed for shock absorption and quiet operation, benefits from regular lubrication.

### **Storage:**

To store the treadmill, fold down the handle bar and move it to a suitable location. Its compact size allows it to be stored under a bed, sofa, or against a wall.





Figure 5.2: Product dimensions illustrating both assembled and folded sizes for convenient storage.

## 6. TROUBLESHOOTING

Refer to the table below for common issues and their potential solutions.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not plugged in; main power switch off; circuit breaker tripped.	Check power connections; ensure main switch is ON; reset circuit breaker.
Belt does not move.	Safety key not in place; remote control battery low; motor issue.	Ensure safety key is inserted; replace remote battery; contact customer support.

Problem	Possible Cause	Solution
Unusual noise during operation.	Belt misalignment; lack of lubrication; loose components.	Adjust belt tension; lubricate belt; check and tighten all screws.
Remote control not responding.	Low battery; interference; remote not paired.	Replace remote battery; ensure no strong interference sources; re-pair remote if possible (refer to specific pairing instructions if available).

## 7. SPECIFICATIONS

Attribute	Detail
Brand	EVOLVE
Model Name	EVO_WP1_USA
Product Dimensions (D x W x H)	40.16"D x 21.26"W x 46.85"H
Folded Size (L x W x H)	40.16 x 21.26 x 12 inches
Item Weight	39.7 Pounds
Maximum Weight Recommendation	265 Pounds (120 kg)
Maximum Speed	6.2 Miles per Hour (10 km/h)
Minimum Speed	0.5 Miles per Hour
Maximum Horsepower	2.5 Horsepower
Display Type	LED
Connectivity Technology	Bluetooth
Included Components	User Manual, Power Cord, Tool Kit, Lubricant


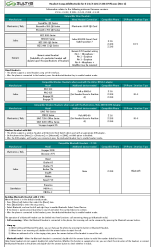
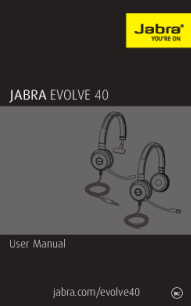


## 8. WARRANTY & SUPPORT

The EVOLVE Walking Pad Treadmill comes with a **1-Year Warranty** from the date of purchase, covering manufacturing defects and major component failures under normal use.

For technical assistance, warranty claims, or any questions regarding your product, please contact EVOLVE customer support. Refer to your purchase documentation or the seller's information for specific contact details.

When contacting support, please have your model number (EVO\_WP1\_USA) and proof of purchase readily available to expedite the process.

Related Documents - EVO\_WP1\_USA

	<p><a href="#">Horizon Fitness Evolve SG Treadmill User's Guide</a></p> <p>Comprehensive user's guide for the Horizon Fitness Evolve SG treadmill, covering setup, operation, maintenance, safety precautions, and troubleshooting for optimal home fitness.</p>
	<p><a href="#">Zultys IP Phone Headset Compatibility Guide for Z 21i, Z 22G, Z 23G</a></p> <p>Comprehensive compatibility guide for Zultys Z 21i, Z 22G, and Z 23G IP phones, detailing compatible wired, wireless, and Bluetooth headsets from brands like Plantronics, Poly, Jabra, and Sennheiser, along with setup instructions.</p>
	<p><a href="#">Jabra Evolve 40 User Manual: Setup, Features, and Specifications</a></p> <p>Comprehensive user manual for the Jabra Evolve 40 headset, covering setup, usage, call handling, busylight features, and technical specifications. Learn how to connect to PCs and mobile devices.</p>
	<p><a href="#">T-Mobile Protection&lt;360&gt;@ Deductible and Fee Schedule</a></p> <p>Find T-Mobile Protection&lt;360&gt;@ plan fees, deductibles, and device tier information for hardware service, accidental damage, and loss/theft claims. Includes a comprehensive list of T-Mobile compatible device models and their associated tiers.</p>
	<p><a href="#">Jabra Evolve2 65 Voice Guidance and Product Catalog</a></p> <p>Learn how to manage voice guidance on your Jabra Evolve2 65 headset using the Jabra Sound+ app. This document also provides a comprehensive catalog of Jabra audio devices, including various headset and earbud models.</p>



Touchscreen display  
Safety & Recommendations

Installation • Operation • Maintenance • Troubleshooting

Handwritten: Legamaster - 10/2018

## [Legamaster Touchscreen Display Safety & Recommendations](#)

Comprehensive guide to the safe operation, installation, and warranty details for Legamaster touchscreen displays. Includes essential safety precautions, usage guidelines, and troubleshooting tips.