KNQZE KTR-4015

KNQZE Foot Massager for Neuropathy, TENS + EMS Foot Stimulator (Model KTR-4015) User Manual

Comprehensive instructions for safe and effective use.

1. Important Safety Information

Please read all safety warnings and instructions before using this device. Failure to follow these instructions may result in electric shock, fire, or serious injury.

- Consult a physician before use if you have a pacemaker, heart condition, epilepsy, or are pregnant.
- Do not use on broken skin, open wounds, or areas with swelling, redness, or inflammation.
- Keep out of reach of children.
- Do not immerse the device in water or use it in wet environments.
- Use only the specified power source and accessories.
- Discontinue use immediately if you experience any discomfort or adverse reactions.

Legal Disclaimer: *Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This device is intended for temporary relief of pain associated with sore and aching muscles, and pain caused by conditions like scapulohumeral periarthritis and knee arthritis.*

2. Product Overview

The KNQZE KTR-4015 Foot Massager combines TENS (Transcutaneous Electrical Nerve Stimulation) and EMS (Electrical Muscle Stimulation) technologies to provide temporary relief from foot discomfort and promote circulation.



Image 2.1: The KNQZE KTR-4015 Foot Massager unit with its wireless remote control. The main unit is white and circular, featuring two dark foot pads with a lightning pattern, an LCD screen, and control buttons. The remote is white with power, plus, and minus buttons.

2.1 Key Features

- **TENS + EMS Bi-Technical:** Utilizes both TENS for nerve stimulation and EMS for muscle stimulation.
- **10 Modes & 20 Intensity Levels:** Customizable therapy options.
- **Ergonomic Arch Lift Design:** Cradles soles for optimal support.
- **Wireless Remote Control:** For convenient operation.
- **LCD Screen:** Clear display for settings.
- **Portable:** Lightweight design (2.65 lbs) for easy transport and storage.
- **Quiet Operation:** Near-silent use.

2.2 Package Contents

- KNQZE Foot Circulation Stimulator Machine x1
- Remote Control x1

- AAA Batteries x2 (for remote)
- AA Batteries x3 (for main unit)
- User Manual x1

3. Setup

3.1 Battery Installation

1. **Main Unit:** Locate the battery compartment on the underside of the foot massager. Insert 3 AA batteries, ensuring correct polarity (+/-). Close the compartment securely.
2. **Remote Control:** Locate the battery compartment on the back of the remote control. Insert 2 AAA batteries, ensuring correct polarity (+/-). Close the compartment securely.

3.2 Placement

Place the foot massager on a flat, stable surface where you can sit comfortably. Ensure there is enough space around the device for safe operation.

4. Operating Instructions

4.1 Getting Started

1. Sit comfortably and place your bare feet on the foot pads of the device. Ensure full contact with the pads for optimal performance.
2. Press the power button on the main unit or the remote control to turn on the device. The LCD screen will illuminate.



Image 4.1: A person sitting on a couch with their feet placed on the KNQZE KTR-4015 Foot Massager, demonstrating proper usage. The remote control is visible in their hand.

4.2 Selecting Mode and Intensity

- **Modes:** The device offers 10 different stimulation modes. Use the 'M' button on the main unit or the mode selection button on the remote to cycle through the modes.
- **Intensity:** The device has 20 intensity levels. Use the '+' and '-' buttons on the main unit or remote to adjust the intensity. Start at the lowest level and gradually increase until you feel a comfortable, yet effective, sensation.



Image 4.2: A close-up view of the KNQZE KTR-4015 Foot Massager's central control panel, highlighting the LCD display, power button, and intensity adjustment buttons. The display shows

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Example: How do I reset this device or fix this error?

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Model number, symptoms, what you tried, or the section of the manual you are using.

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