

bemi Remo

bemi Remo Smartwatch User Manual

Model: Remo

1. INTRODUCTION

Welcome to the user manual for your new bemi Remo Smartwatch. This guide provides essential information on setting up, operating, maintaining, and troubleshooting your device. The bemi Remo Smartwatch is designed to enhance your daily life with intelligent automation, comprehensive health monitoring, and seamless integration with the Tuya Smart ecosystem.



Image: The bemi Remo Smartwatch, showcasing its sleek design and digital display.

2. WHAT'S IN THE BOX

Upon opening your bemi Remo Smartwatch package, you should find the following items:

- Remo Smartwatch
- Charging Cable
- User Manual
- Gift Box

3. SETUP

3.1. Charging Your Smartwatch

Before initial use, fully charge your bemi Remo Smartwatch. Connect the provided charging cable to the charging contacts on the back of the watch and plug the USB end into a compatible power adapter (not

included) or a computer's USB port.

- A full charge typically takes approximately 2 hours.
- The battery icon on the watch display will indicate charging status.

3.2. Pairing with Your Smartphone (Tuya Smart App)

To unlock the full potential of your bemi Remo Smartwatch, pair it with your smartphone using the Tuya Smart application.

1. Download the **Tuya Smart** app from the App Store (iOS) or Google Play Store (Android).
2. Open the Tuya Smart app and create an account or log in.
3. Ensure Bluetooth is enabled on your smartphone.
4. On the smartwatch, navigate to the settings menu and ensure Bluetooth is active.
5. In the Tuya Smart app, tap the "+" icon to add a device. Select "Smartwatch" or search for "Remo".
6. Follow the on-screen prompts in the app to complete the pairing process. This may involve confirming a code displayed on both devices.



Image: The bemi Remo Smartwatch connected to a smartphone, displaying health metrics like heart rate, SpO2, and blood pressure.

4. OPERATING YOUR SMARTWATCH

4.1. Basic Controls

- **Power Button:** Press and hold to power on/off. Short press to wake screen or return to watch face.
- **Touchscreen:** Swipe left/right, up/down to navigate menus and access features. Tap to select.

4.2. Smart Home Integration (Tuya)

The bemi Remo Smartwatch is powered by Tuya, allowing you to control compatible smart home devices directly from your wrist. This includes managing up to 9 preset scenes from the Tuya Smart app.

- **Scene Control:** Access pre-configured scenes (e.g., "Arrive Home Mode," "Leaving Home Mode") to control multiple devices simultaneously.
- **Device Control:** Manage individual smart devices such as lighting, energy management systems, and security cameras.



Image: The smartwatch interface showing controls for various smart home devices, including a pet feeder, robot vacuum, and air purifier.



Image: The smartwatch screen showing options for 'Arrive home mode' and 'Leaving home mode', demonstrating scene control capabilities.

4.3. Health and Fitness Monitoring

The Remo Smartwatch provides comprehensive health tracking features:

- **Heart Rate Monitoring:** Continuously tracks your heart rate throughout the day.
- **Blood Pressure Monitoring:** Provides estimates of your blood pressure.
- **Sleep Pattern Monitoring:** Analyzes your sleep stages (deep, light, REM) and provides insights into sleep quality.
- **Activity Tracking:** Records steps taken, distance covered, and calories burned.



Image: A person sleeping, wearing the bemii Remo Smartwatch, illustrating its sleep monitoring function.



Image: A smartphone screen showing daily fitness goals, steps, calories, and distance tracked by the smartwatch.

4.4. Sport Modes

The smartwatch features 7 dedicated sport modes to accurately track your workouts. Select the appropriate mode before starting an activity for precise data collection.

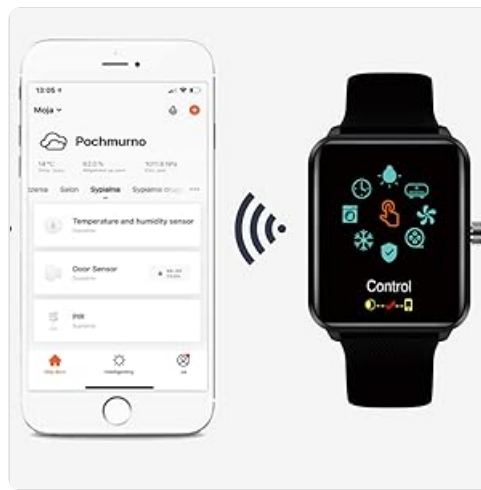


Image: Icons representing different sport modes available on the smartwatch, such as running, cycling, badminton, and football.

4.5. Other Features

- **Music Playback Control:** Control music on your paired smartphone (play, pause, skip tracks).
- **Weather Updates:** Receive real-time weather forecasts directly on your wrist.
- **Notifications:** Get alerts for calls, messages, and app notifications.

5. MAINTENANCE AND CARE

To ensure the longevity and optimal performance of your bemi Remo Smartwatch, follow these maintenance guidelines:

- **Cleaning:** Wipe the watch and strap regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and then dry thoroughly. Avoid harsh chemicals or abrasive materials.
- **Water Resistance (IP67):** The smartwatch is IP67 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1 meter for 30 minutes. It is suitable for daily use, hand washing, and light rain. *Do not use it for swimming, showering with hot water, or diving.*
- **Avoid Extreme Temperatures:** Do not expose the smartwatch to extremely high or low temperatures, as this can damage the battery and internal components.
- **Charging:** Use only the provided charging cable. Ensure the charging contacts are clean and dry before charging.

6. TROUBLESHOOTING

If you encounter issues with your bemi Remo Smartwatch, refer to the table below for common problems and their solutions.

Problem	Possible Cause	Solution
Smartwatch won't turn on	Low battery; device frozen	Charge the smartwatch for at least 30 minutes. If still unresponsive, try a forced restart (refer to manual for specific steps, usually holding power button for 10-15 seconds).

Problem	Possible Cause	Solution
Cannot pair with smartphone	Bluetooth off; app issue; watch not in pairing mode	Ensure Bluetooth is on for both devices. Restart both the watch and phone. Reinstall the Tuya Smart app. Ensure the watch is discoverable.
Inaccurate health data	Improper fit; sensor obstruction; movement during measurement	Ensure the watch is worn snugly on the wrist, not too tight or too loose. Clean the sensor on the back of the watch. Remain still during measurements. Note that these are not medical devices.
Notifications not received	App permissions; notification settings; Bluetooth disconnected	Check notification permissions for the Tuya Smart app on your phone. Ensure notifications are enabled within the app settings. Verify Bluetooth connection.
Short battery life	Frequent use of features; high screen brightness; old battery	Reduce screen brightness. Limit continuous heart rate monitoring. Turn off unnecessary features. Ensure full charge cycles.

7. SPECIFICATIONS

Key technical specifications for the bemi Remo Smartwatch:

Feature	Detail
Model Number	Remo
Product Dimensions	7.87 x 0.79 x 0.5 inches
Item Weight	5 ounces (0.14 Kilograms)
Screen Size	1.69 Inches (Standing screen display size: 2" / 5 cm)
Operating System	Android (compatible with Android and iOS)
Connectivity Technology	Bluetooth 5.0
Battery Capacity	240 Milliamp Hours (1 CR5 battery included)
Memory Storage Capacity	64 MB
Water Resistance	IP67




Feature	Detail
Special Features	Accelerometer, Activity Tracker, Gesture Control, Notifications, Weather Forecast, Heart Rate Monitor, Blood Pressure Monitor, Sleep Monitor, Tuya Smart Integration
GPS	GPS Via Smartphone
Shape	Rectangular


8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or visit the official bemi website. Keep your proof of purchase for any warranty claims. If you require further assistance or have questions not covered in this manual, please contact bemi customer service through their official channels.

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Related Documents

	<p>Bemi CID Smartwatch User Manual: Features, Setup, and Operation</p> <p>Comprehensive user manual for the Bemi CID Smartwatch. Learn about its features, how to set it up with the FitCloudPro app, device functions, maintenance, and specifications.</p>
	<p>Bemi Racer RC1 Smartwatch User Manual</p> <p>Comprehensive user manual for the Bemi Racer RC1 smartwatch, covering product description, maintenance, charging, app installation, device functions, basic parameters, and disposal information.</p>
	<p>Bemi Tracker Smartwatch User Manual</p> <p>Comprehensive user manual for the Bemi Tracker smartwatch, covering setup, features, maintenance, and specifications. Learn how to use your Bemi Tracker for fitness tracking, notifications, and more.</p>



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User Manual • Uživatelský manuál •
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Bemi Cognita X E-book Reader User Manual

This user manual provides comprehensive guidance for the Bemi Cognita X e-book reader, covering device features, operation, safety precautions, and settings.

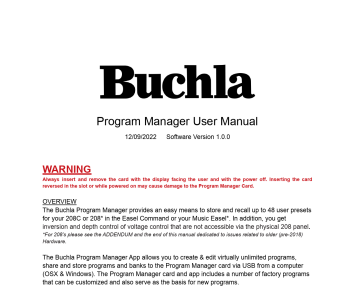
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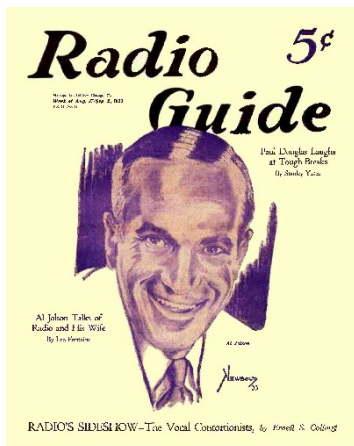


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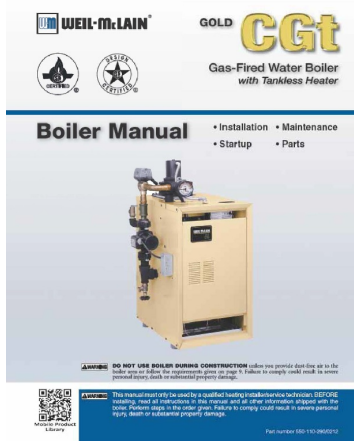


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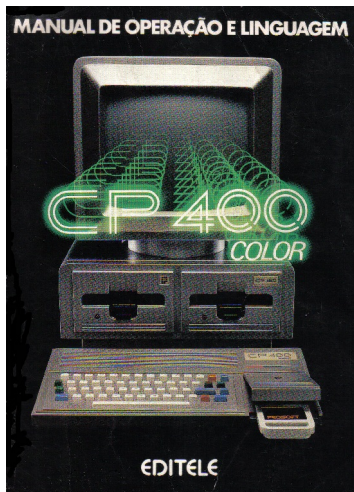


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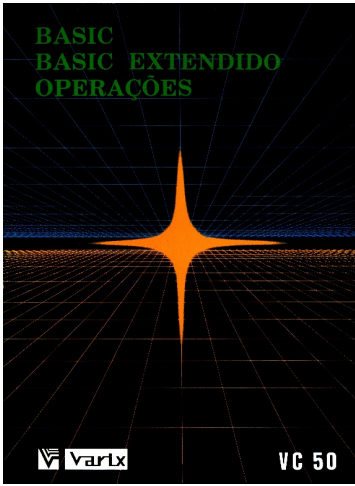


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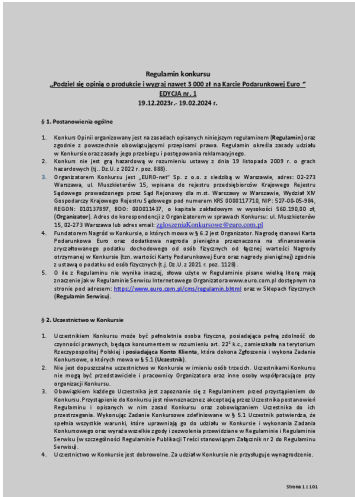
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George Woodman Born Concord, New Hampshire, 1932. Died New York City, 2017. Lived and worked in Boulder ... Exeter, New Hampshire Museum of Modern Art, New York, New York Portland Art Museum, Portland, Maine **Remo** Brindisi House Museum, Lido Di Spina, Italy RISD Museum, Providence, Rhode Island Solomon R. Gu...

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