

## SKG T1-2 PRO

# SKG T1-2 PRO Shiatsu Back Massager

## USER MANUAL

### 1. Introduction

Thank you for choosing the SKG T1-2 PRO Shiatsu Back Massager. This device is designed to provide deep tissue massage and soothing heat therapy for various body parts, including the back, neck, and legs. Its cordless and portable design ensures convenience and relaxation anytime, anywhere. Please read this manual thoroughly before use to ensure safe and effective operation.



Image: The SKG T1-2 PRO massager being used on the lower back, illustrating its ergonomic design and heat function.

## 2. Safety Information

- Do not use the massager while charging.
- The massager features an automatic shut-off after 15 minutes of continuous use for safety and to prevent overheating. To restart, press the power button again.
- Consult a physician before use if you have any medical conditions, including but not limited to carpal tunnel, diabetic neuropathy, fibromyalgia, myofascial pain, neuropathy, sciatica, arthritis, or plantar fasciitis.
- Keep out of reach of children.
- Do not immerse the device in water or other liquids.
- Do not use on swollen, inflamed, or injured skin areas.
- If you experience discomfort, discontinue use immediately.

### 3. Package Contents

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- SKG T1-2 PRO Shiatsu Back Massager
- Type-C Charging Cable
- User Manual

### 4. Product Overview

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The SKG T1-2 PRO is a versatile massage pillow featuring 4D kneading technology and optional heat therapy. It is designed with a comfortable, ergonomic shape and adjustable straps for secure placement on various body parts or chairs.

## SKG Massage Pillow for Pain Relief Deep Tissue



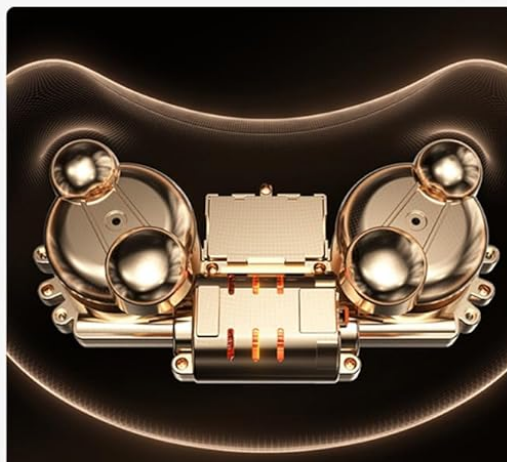
Stylish and compact design



Deep kneading, full body massage



Large area heat to relax body



Powerful & ultra-quiet

Image: Top-down view of the SKG T1-2 PRO massager, highlighting its shape and adjustable straps.

### Key Features:

- **4D Kneading Technology:** Mimics professional hand-like massage techniques.
- **Soothing Heat Therapy:** Gentle warmth to enhance relaxation.
- **Cordless & Portable:** Up to 90 minutes of wireless use with a Type-C rechargeable battery.
- **Dual Functionality:** Can be used as a massager or a lumbar support pillow.
- **Adjustable Straps:** For secure attachment to chairs or body.

## 5. Setup

1. **Initial Charge:** Before first use, fully charge the massager using the provided Type-C cable. The charging port is located on the side of the device. A full charge takes approximately 90 minutes.
2. **Strap Adjustment:** The massager comes with adjustable straps. Unbuckle the straps and adjust them to comfortably secure the massager to your desired area (e.g., around a chair back for lumbar support, or directly to your body for neck or leg massage).

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Video: An official product video demonstrating the SKG T1-2 PRO massager's features and usage, including how to secure it with straps.

## 6. Operating Instructions

1. **Power On/Off:** Press and hold the power button (usually indicated by a circle with a vertical line) for a few seconds to turn the massager on or off. The indicator light will illuminate when on.
2. **Adjust Massage Modes:** Once powered on, short press the power button to cycle through different massage modes (e.g., forward kneading, reverse kneading, alternating).
3. **Activate Heat Function:** Press the heat button (usually indicated by wavy lines or a temperature icon) to turn on the soothing heat therapy. The heat indicator light will turn red. Press again to turn off the heat.
4. **Placement:** Position the massager on the desired body area (neck, upper back, lower back, thighs, calves) or secure it to a chair using the adjustable straps.
5. **Automatic Shut-off:** The device will automatically turn off after 15 minutes to prevent overuse and ensure safety. You can restart it by pressing the power button again.



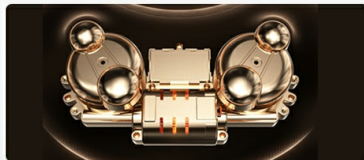
Type-C charging



High Quality Leather



Adjustable Straps



Low Noise



Back and Neck Massager



Large Area Heat

Image: A woman demonstrating the use of the SKG T1-2 PRO massager for lower back relief while seated.

## Why Choose SKG Back Massager

The SKG T1-2 PRO Back Massager Pillow can be used to massage your neck and back, as a neck and back support, or as a stylish satchel decoration.



Image: A woman using the SKG T1-2 PRO massager for neck massage while relaxing on a bed.

## 7. Maintenance

- **Cleaning:** Wipe the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse in water.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, charge the device regularly, even if not in frequent use.

## 8. Troubleshooting

Problem	Possible Cause	Solution
Massager does not turn on.	Low battery or device is off.	Charge the massager fully. Press and hold the power button to turn on.
Heat function is not working.	Heat function is not activated.	Press the heat button to activate. Ensure the device is powered on.
Massager stops unexpectedly.	Automatic 15-minute shut-off.	Press the power button again to restart the massage cycle.
Massage feels too intense/weak.	Incorrect massage mode selected.	Cycle through massage modes by short pressing the power button until desired intensity is reached. Adjust body position for comfort.

## 9. Specifications

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- **Model:** T1-2 PRO
- **Product Dimensions:** 14.17 x 5.11 x 9.05 inches
- **Item Weight:** 3.04 Pounds
- **Power Source:** Battery Powered
- **Battery Type:** 1 AA battery required (included) - *Note: This likely refers to an internal rechargeable battery, not a replaceable AA battery.*
- **Charging Time:** 90 minutes
- **Battery Average Life:** 90 minutes (per charge)
- **Massage Therapy Technique:** 4D Kneading
- **Heat Temperature Range:** 100.4°F - 107.6°F (approx.)
- **Material Type:** 80% polyamide + 20% spandex
- **Auto Shut-Off:** 15 minutes

## 10. Warranty and Support

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For warranty information and customer support, please refer to the documentation included with your product or visit the official SKG Health Store on Amazon:

**[Visit the SKG Health Store](#)**

You may also contact SKG customer service directly for assistance with product issues or inquiries.