

[Manuals.plus](#) /

› [Gywowken](#) /

› Gywowken T6 Walking Pad Treadmill User Manual

Gywowken T6

Gywowken T6 Walking Pad Treadmill User Manual

Model: T6

INTRODUCTION

This manual provides essential instructions for the safe and effective use of your Gywowken T6 Walking Pad Treadmill. Please read this guide thoroughly before operating the device and retain it for future reference. The Gywowken T6 is a versatile, foldable walking pad designed for home and office use, featuring an 8% manual incline, quiet operation, and a robust design.

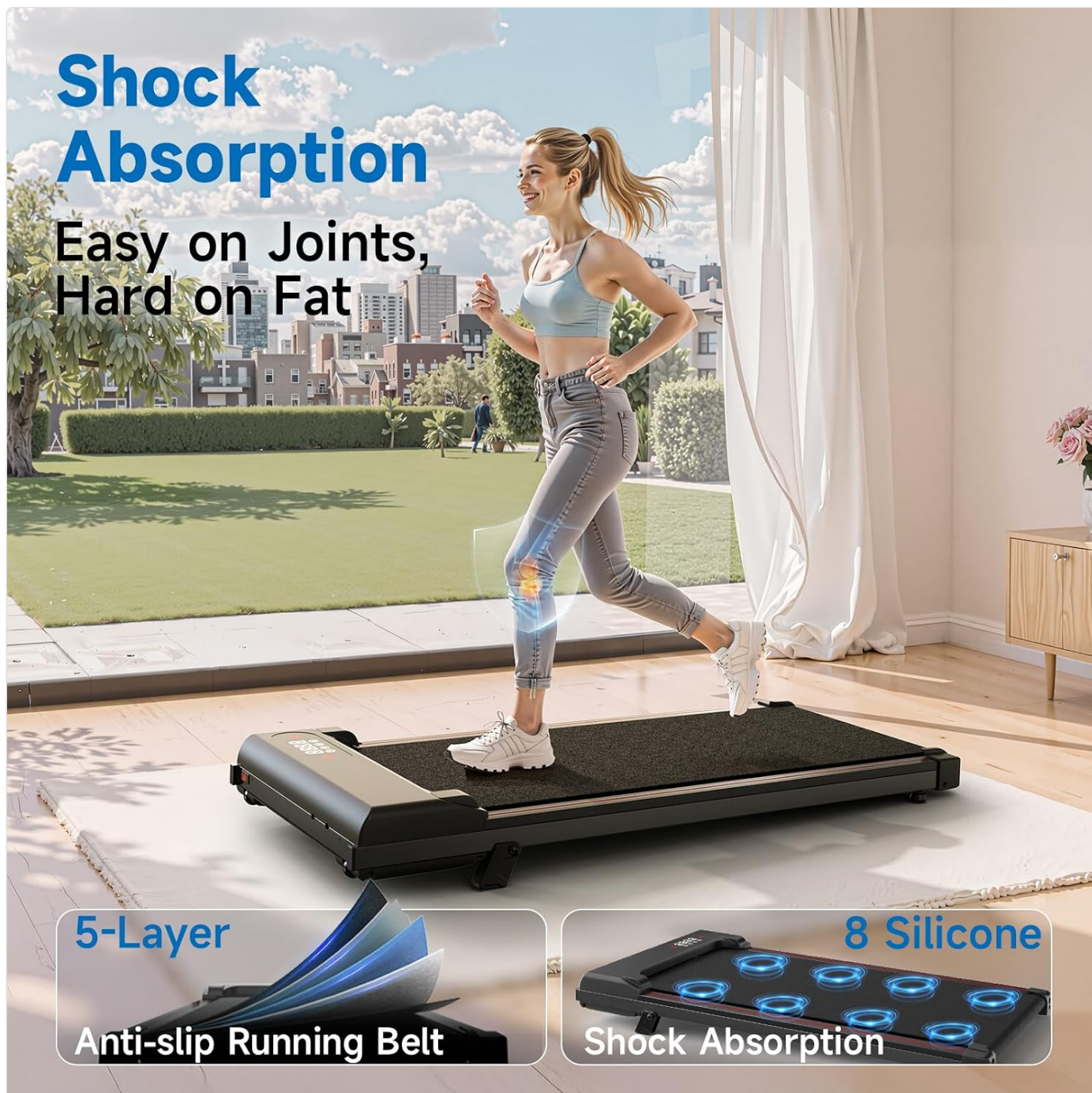


Image: Gywowken T6 Walking Pad Treadmill in use, demonstrating its shock absorption and multi-layer anti-slip running belt for joint comfort.

IMPORTANT SAFETY INFORMATION

Before using the treadmill, ensure you understand all safety precautions. Failure to do so may result in injury or damage to the product.

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clear space around the treadmill (at least 2 feet on sides and rear).
- Keep children and pets away from the treadmill during operation.
- Do not use the treadmill if you weigh more than the maximum recommended weight of 320 pounds.
- Always use the safety key/clip during operation. If you fall or step off, the safety key will disengage, stopping the treadmill.
- Consult a physician before starting any new exercise program.
- Unplug the treadmill when not in use or before cleaning/maintenance.

WHAT'S IN THE BOX

Upon unpacking, verify that all components are present:

- Gywowken T6 Walking Pad Treadmill
- Remote Control
- Lubricant
- User Manual (this document)

SETUP INSTRUCTIONS

The Gywowken T6 Walking Pad Treadmill requires minimal assembly. Follow these steps to prepare your treadmill for use:

1. **Unboxing and Placement:** Carefully remove the treadmill from its packaging. Place it on a firm, level surface in your desired workout area. Ensure there is sufficient space around the unit for safe operation and movement.
2. **Handle Bar Installation (if applicable):** If your model includes a handle bar, attach it securely according to the separate instructions provided with the handle bar kit. Some models may have a handle bar that screws into place.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet. Ensure the power cord is not obstructed or pinched.
4. **Safety Key:** Locate the red safety key and attach the clip to your clothing before starting any workout. Insert the magnetic end of the safety key into its designated slot on the treadmill console. The treadmill will not operate without the safety key in place.

Your browser does not support the video tag.

Video: Treadmill Unboxing and Initial Setup. This video demonstrates the unboxing process and initial setup steps for the treadmill, including connecting power and preparing for first use.

LED Display & Remote Control



Image: LED Display and Remote Control. This image shows the treadmill's integrated LED display and the handheld remote control used for adjusting settings.

OPERATING INSTRUCTIONS

Your Gywowken T6 Walking Pad Treadmill offers various modes and controls for a customized workout experience.

Powering On and Off

- **To Power On:** Ensure the safety key is inserted. Press the power button on the treadmill console or the remote control. The LED display will illuminate.
- **To Power Off:** Press and hold the power button on the remote control or the console until the display turns off. Always remove the safety key after use.

Using the Remote Control

The remote control allows for convenient adjustment of speed and workout modes without needing to reach the console.

- **Start/Stop:** Press the ON/OFF button to start or pause the treadmill.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the speed.
- **Mode Selection:** The 'M' button cycles through different display metrics (Time, Distance, Speed, Calories).

Speed Modes

The treadmill supports three distinct speed ranges to accommodate various fitness levels:

- **Walking Mode:** 0.6 - 2.1 mph (for casual walking or under-desk use).
- **Jogging Mode:** 2.1 - 3.5 mph (for light jogging).
- **Running Mode:** 3.6 - 5 mph (for moderate running).



Image: Multiple Speed Modes. This image illustrates the treadmill's capability for both walking (0.6-2 MPH) and running (2.1-5 MPH) activities.

Manual Incline Adjustment

The Gywowken T6 features an 8% manual incline. To adjust the incline:

1. Ensure the treadmill is powered off and unplugged.
2. Carefully lift the rear of the treadmill to access the incline adjustment mechanism.
3. Adjust the support legs or mechanism to the desired incline level (8% fixed incline). Refer to the physical treadmill for specific adjustment points.
4. Ensure the treadmill is stable before plugging it back in and resuming use.



Image: 8% Manual Incline. This image demonstrates the treadmill's 8% manual incline feature, designed to simulate uphill walking and increase calorie expenditure.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

Lubrication

The running belt requires periodic lubrication to reduce friction and wear. Use the provided lubricant.

- **Frequency:** Apply lubricant approximately twice a month, depending on usage.
- **Procedure:**
 - a. Turn off and unplug the treadmill.
 - b. Loosen the belt tension by turning the rear roller bolts counter-clockwise (usually 2-3 turns).
 - c. Lift the edge of the running belt and apply a thin line of lubricant evenly across the center of the deck, underneath the belt.
 - d. Tighten the belt tension by turning the rear roller bolts clockwise until the belt is snug but not overly tight.
 - e. Plug in the treadmill and run it at a low speed (e.g., 1 mph) for 5 minutes to distribute the lubricant.

Cleaning

- Wipe down the console and exterior surfaces with a damp cloth after each use. Avoid abrasive cleaners.
- Periodically vacuum underneath the treadmill to prevent dust and debris buildup.

Belt Adjustment

If the running belt shifts to one side or feels loose, it may need adjustment:

- **Centering the Belt:** If the belt drifts to the left, turn the left rear roller bolt clockwise a quarter turn. If it drifts to the right, turn the right rear roller bolt clockwise a quarter turn. Run the treadmill at a low speed and observe. Repeat small adjustments until the belt is centered.
- **Tensioning the Belt:** If the belt slips during use, it may be too loose. Turn both rear roller bolts clockwise a quarter turn simultaneously. Test the belt and repeat if necessary. Do not overtighten.

TROUBLESHOOTING GUIDE

This section addresses common issues you might encounter with your Gywowken T6 Walking Pad Treadmill.

Problem	Possible Cause	Solution
Treadmill does not power on.	No power to outlet. Power cord not fully plugged in. Safety key not inserted.	Check circuit breaker. Ensure power cord is securely connected. Insert the safety key fully into its slot.
Running belt slips or hesitates.	Belt too loose. Lack of lubrication.	Adjust belt tension (refer to Maintenance section). Lubricate the running belt (refer to Maintenance section).
Running belt drifts to one side.	Belt alignment issue.	Adjust belt alignment (refer to Maintenance section).
Unusual noise during operation (e.g., clicking).	Loose components. Debris under the belt. Motor issue (less common).	Inspect for loose screws and tighten. Clean under the belt. If noise persists, contact customer support.

SPECIFICATIONS

Feature	Detail
Brand	Gywowken
Model Name	T6
Color	Bright Black
Product Dimensions (D x W x H)	41.1"D x 18.5"W x 4.1"H
Item Weight	35.3 Pounds
Material	Alloy Steel
Maximum Speed	5 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	2.5 Horsepower
Maximum Incline Percentage	8% (Manual)
Display Type	LED
Metrics Measured	Calories Burned, Distance, Speed, Time
Maximum Weight Recommendation	320 Pounds
Power Source	Corded Electric
Assembly Required	Yes (Minimal)
Special Features	Adjustable Speed, Heavy Duty, Manual Incline

2.5 HP Walking Pad

Strong Enough for 320 lbs



2.5HP



<40dB



8%
Incline



0.6-5
MPH

320LBS

Image: Key Features Overview. This image summarizes the treadmill's core specifications including motor power, noise level, incline, speed, and weight capacity.

Run to the Sound of **Urtra Quiet** Treadmill



2.5HP



<40dB

Image: Ultra Quiet Operation. This image illustrates the treadmill's quiet motor, operating at less than 40dB, suitable for use without disturbing others.

Space Saving & Portable Design



Image: Space-Saving and Portable Design. This image highlights the treadmill's compact size (41.1"D x 18.5"W x 4.1"H) and built-in rollers for easy storage under beds or sofas.

WARRANTY INFORMATION

The Gywowken T6 Walking Pad Treadmill comes with a **1-year limited warranty** from the date of purchase. This warranty covers manufacturing defects in materials and workmanship under normal use. It does not cover damage resulting from misuse, accident, unauthorized modification, or failure to follow the instructions in this manual. Please retain your proof of purchase for warranty claims.

CUSTOMER SUPPORT

If you have any questions, require assistance with setup, operation, maintenance, or encounter any issues not covered in the troubleshooting guide, please contact Gywowken customer support.

For the most up-to-date contact information, please refer to the official Gywowken website or the contact details provided on your purchase receipt.

When contacting support, please have your model name (T6) and purchase date available.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question