

Smart Watch 1.98 HD

little meatball Smart Watch 1.98 HD User Manual

Model: Smart Watch 1.98 HD

Brand: Generic

INTRODUCTION

Thank you for choosing the little meatball Smart Watch 1.98 HD. This smartwatch is designed to enhance your daily life with its advanced features, including a vibrant 1.98 HD display, Bluetooth calling capabilities, comprehensive health monitoring, and various sports modes. It is waterproof and built for rugged outdoor use, making it an ideal companion for both everyday activities and intense workouts. This manual provides detailed instructions to help you set up, operate, and maintain your new smartwatch.

1. GETTING STARTED

1.1 Package Contents

- little meatball Smart Watch 1.98 HD
- Charging Cable
- User Manual
- Additional Silicone Bands (may vary by package)



Image: The little meatball Smart Watch 1.98 HD, featuring a gold mesh band, alongside two additional silicone bands in purple and pink. The watch face displays the time and date.

1.2 Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

- Charging Time: Approximately 2 hours for a full charge.
- Battery Capacity: 300 Milliamp Hours.

1.3 App Installation and Pairing

To unlock the full potential of your smartwatch, download the companion app on your smartphone. The app is compatible with Android 4.4 and iOS 9 or later.

1. Scan the QR code in the manual or on the watch screen (if available) to download the app, or search for "little

meatball Smart Watch App" in your phone's app store.

2. Enable Bluetooth on your smartphone.
3. Open the app and follow the on-screen instructions to create an account and pair your smartwatch. Ensure the watch is close to your phone during pairing.
4. Once paired, the watch will synchronize time and data with your phone.

Your browser does not support the video tag.

Video: An overview of the smartwatch features, including Bluetooth connectivity, call functions, and various watch faces. This video demonstrates the ease of connecting the watch for calls and music playback.

2. OPERATING YOUR SMARTWATCH

2.1 Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and features.
- **Side Button/Crown:** Press to wake/sleep the screen, return to the home screen, or access the app menu. Rotate the crown (if applicable) to scroll through lists or adjust settings.

2.2 Bluetooth Calling

The smartwatch supports Bluetooth calls, allowing you to answer or make calls directly from your wrist when connected to your smartphone.

- **Answering Calls:** When a call comes in, tap the green icon on the watch screen to answer.
- **Making Calls:** Access the dialer or contact list on the watch to initiate a call.

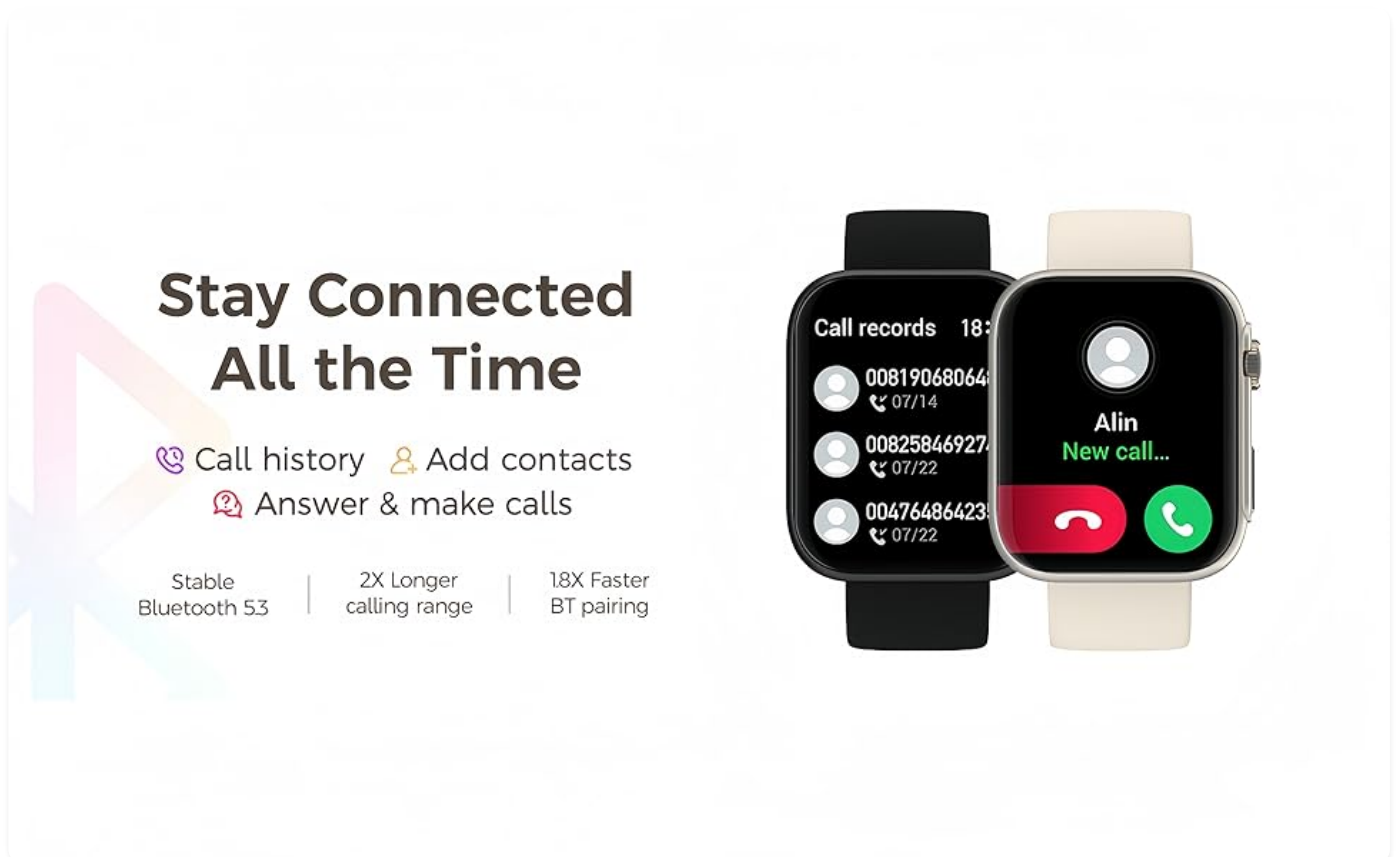


Image: The smartwatch screen showing call history and an incoming call interface, demonstrating its Bluetooth calling capabilities. This feature allows users to stay connected without needing to access their phone directly.

2.3 Health Monitoring

Your smartwatch is equipped with advanced sensors to track various health metrics.

- **Heart Rate Monitor:** Continuously monitors your heart rate throughout the day.
- **Sleep Monitor:** Automatically records your sleep data, including deep sleep, light sleep, and awake times, providing insights into your sleep quality.
- **Pedometer:** Tracks your daily steps, distance, and calories burned.
- **Blood Oxygen Monitor (SpO2):** Measures your blood oxygen levels.
- **Blood Pressure Monitor:** Provides blood pressure readings.

Advanced Health Tracking

Helps capture more accurate health data change, provide references and suggestions for your healthier lifestyle



Heart Rate Monitor



Blood Oxygen Monitor



Blood Pressure Monitor



Sleep Tracker



Image: The smartwatch interface showcasing icons for advanced health tracking features such as heart rate, blood oxygen, blood pressure, and sleep monitoring, designed to help users maintain a healthier lifestyle.

Sleep Monitoring

Automatically records your sleep data and view your sleep duration, sleep stages, sleep score, and sleep suggestions.



Female period

Image: A woman sleeping with the smartwatch on her wrist, illustrating the automatic sleep monitoring feature. The watch screen displays detailed sleep data, including duration and stages, to help improve sleep quality.

Blood Oxygen

Track your blood oxygen level at any time View measurement results of last 7 times and average SpO2



Image: A man meditating outdoors with the smartwatch on his wrist, which displays his blood oxygen level. This image highlights the watch's ability to track SpO2 levels at any time, providing valuable health insights.

Note: The data obtained from this device is for reference only and should not be used for clinical diagnosis, medical research, diagnostic, or treatment purposes.

2.4 Sports Modes

The smartwatch includes over 100 sports modes to track your workouts accurately. Select your activity to monitor real-time data such as heart rate, calories burned, and duration.



Image: The smartwatch screen showcasing a variety of sports mode icons, including swimming, running, cycling, and hiking, indicating its extensive fitness tracking capabilities for over 100 different activities.

2.5 Notifications and Reminders

Receive notifications for calls, messages, and app alerts directly on your wrist. Configure notification settings through the companion app.

- **Message Reminder:** Get alerts for SMS, WhatsApp, and other messaging apps.
- **Alarm Clock:** Set alarms to wake you up or remind you of important tasks.
- **Weather:** View real-time weather updates.

2.6 Customization

- **Watch Faces:** Choose from over 200 pre-installed watch faces or customize your own through the app.
- **Voice Assistant:** Utilize the integrated voice assistant for hands-free control.

3. MAINTENANCE AND CARE

- **Cleaning:** Wipe the watch and band regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.
- **Water Resistance:** The watch is waterproof. However, avoid prolonged submersion in hot water or exposure to high-pressure water jets. Dry the watch thoroughly after exposure to water.
- **Storage:** Store the watch in a cool, dry place when not in use.
- **Avoid Extreme Temperatures:** Do not expose the watch to extremely high or low temperatures, as this can affect battery life and performance.

4. TROUBLESHOOTING

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect to the charger and wait a few minutes before attempting to power on.
Unable to pair with phone	<ul style="list-style-type: none">◦ Ensure Bluetooth is enabled on your phone and the watch.◦ Make sure the watch is within range of your phone.◦ Restart both the watch and your phone.◦ Clear Bluetooth cache on your phone (Android) or forget the device and re-pair (iOS).◦ Ensure the correct companion app is installed.
Notifications not received	<ul style="list-style-type: none">◦ Check app notification permissions on your phone.◦ Ensure the watch is connected via Bluetooth.◦ Verify notification settings within the companion app.
Inaccurate health data	<ul style="list-style-type: none">◦ Ensure the watch is worn snugly on your wrist, not too loose or too tight.◦ Clean the sensors on the back of the watch.◦ Avoid excessive movement during measurements.

5. SPECIFICATIONS

Feature	Detail
Model	Smart Watch 1.98 HD
Display	1.98 inch HD
Connectivity	Bluetooth 5.3

Feature	Detail
Battery Capacity	300 Milliamp Hours
Operating System Compatibility	Android 4.4 and above, iOS 9 and above
Memory Storage Capacity	128 MB
Special Features	Sleep Monitor, Pedometer, Heart Rate Monitor, Blood Oxygen Monitor, Blood Pressure Monitor, Bluetooth Call, Message Reminder, Voice Assistant, 100+ Sports Modes, Waterproof
Manufacturer	Yiju
Country of Origin	China



6. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the warranty card included in your product packaging or contact the seller directly. You can also visit the [Generic Store on Amazon](#) for further assistance. Please retain your proof of purchase for any warranty claims.



Related Documents - Smart Watch 1.98 HD

	<p>BW1847 Smartwatch User Manual and Features</p> <p>Comprehensive guide to the BW1847 smartwatch, covering charging, app connection, customization, Bluetooth calls, notifications, and health monitoring features. Includes troubleshooting tips and app setup for various phone brands.</p>
	<p>AK26Pro Smartwatch Video Operation Guide</p> <p>A collection of video guides and FAQs for the AK26Pro smartwatch, covering setup, features, and troubleshooting. Learn how to sync contacts, change watch faces, manage power consumption, and more.</p>
	<p>Smart Sport Watch Product Operating Instructions</p> <p>Operating instructions for the Smart Sport Watch Product, covering appearance, functions, charging, app installation and connection, precautions, and FAQs.</p>

<p>FAQs</p> <p>Question 1: What if I can't connect my phone after I have it set up? Answer: Please try the following steps:</p> <ol style="list-style-type: none"> 1. Please make sure the phone is already connected with the watch. 2. Please try to restart the watch. 3. Please try to restart the phone. 4. Please try to restart the watch. 5. Please try to restart the phone. 6. Please try to restart the watch. 7. Please try to restart the phone. 8. Please try to restart the watch. 9. Please try to restart the phone. 10. Please try to restart the watch. 11. Please try to restart the phone. 12. Please try to restart the watch. 13. Please try to restart the phone. 14. Please try to restart the watch. 15. Please try to restart the phone. 16. Please try to restart the watch. 17. Please try to restart the phone. 18. Please try to restart the watch. 19. Please try to restart the phone. 20. Please try to restart the watch. 21. Please try to restart the phone. 22. Please try to restart the watch. 23. Please try to restart the phone. 24. Please try to restart the watch. 25. Please try to restart the phone. 26. Please try to restart the watch. 27. Please try to restart the phone. 28. Please try to restart the watch. 29. Please try to restart the phone. 30. Please try to restart the watch. 31. Please try to restart the phone. 32. Please try to restart the watch. 33. Please try to restart the phone. 34. Please try to restart the watch. 35. Please try to restart the phone. 36. Please try to restart the watch. 37. Please try to restart the phone. 38. Please try to restart the watch. 39. Please try to restart the phone. 40. Please try to restart the watch. 41. Please try to restart the phone. 42. Please try to restart the watch. 43. Please try to restart the phone. 44. Please try to restart the watch. 45. Please try to restart the phone. 46. Please try to restart the watch. 47. Please try to restart the phone. 48. Please try to restart the watch. 49. Please try to restart the phone. 50. Please try to restart the watch. 51. Please try to restart the phone. 52. Please try to restart the watch. 53. Please try to restart the phone. 54. Please try to restart the watch. 55. Please try to restart the phone. 56. Please try to restart the watch. 57. Please try to restart the phone. 58. Please try to restart the watch. 59. Please try to restart the phone. 60. Please try to restart the watch. 61. Please try to restart the phone. 62. Please try to restart the watch. 63. Please try to restart the phone. 64. Please try to restart the watch. 65. Please try to restart the phone. 66. Please try to restart the watch. 67. Please try to restart the phone. 68. Please try to restart the watch. 69. Please try to restart the phone. 70. Please try to restart the watch. 71. Please try to restart the phone. 72. Please try to restart the watch. 73. Please try to restart the phone. 74. Please try to restart the watch. 75. Please try to restart the phone. 76. Please try to restart the watch. 77. Please try to restart the phone. 78. Please try to restart the watch. 79. Please try to restart the phone. 80. Please try to restart the watch. 81. Please try to restart the phone. 82. Please try to restart the watch. 83. Please try to restart the phone. 84. Please try to restart the watch. 85. Please try to restart the phone. 86. Please try to restart the watch. 87. Please try to restart the phone. 88. Please try to restart the watch. 89. Please try to restart the phone. 90. Please try to restart the watch. 91. Please try to restart the phone. 92. Please try to restart the watch. 93. Please try to restart the phone. 94. Please try to restart the watch. 95. Please try to restart the phone. 96. Please try to restart the watch. 97. Please try to restart the phone. 98. Please try to restart the watch. 99. Please try to restart the phone. 100. Please try to restart the watch. 	<p>Aeac Smart Watch FAQ: Connectivity, Features, and Support</p> <p>Find answers to common questions about the Aeac Smart Watch, including Bluetooth connectivity, notification settings, phone compatibility, health monitoring, and after-sales service.</p>
	<p>BOXUXING For Xiaomi Watch 5 User Manual</p> <p>Comprehensive user manual for the BOXUXING For Xiaomi Watch 5 smartwatch, detailing setup, features, and operation. Includes instructions for app connection, health tracking, and device settings.</p>
<p>IDW13 Manual</p>  <p>IDW13 Smart Sports Watch</p>	<p>IDW13 Smart Sports Watch User Manual</p> <p>Comprehensive user manual for the IDW13 Smart Sports Watch, covering setup, basic operations, function descriptions (watch face, sports, Alexa, phone, health tracking, clock, weather, music, etc.), and customer support.</p>