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Nekteck FM06

Nekteck FM06 Foot and Calf Massager User Manual

Model: FM06

1. Important Safety Information

Please read all instructions carefully before using the Nekteck FM06 Foot and Calf Massager. Retain this manual for future reference.

- This product is not intended to treat any medical condition or to replace treatment from healthcare professionals.
- Discontinue use immediately and consult your healthcare provider if you experience discomfort during operation.
- The massager is not suitable for individuals with pacemakers, heart disease, cerebral thrombosis, joint replacement, or other major medical conditions. Consult your doctor before use if you have any health concerns.
- Wear thick socks during initial use to moderate pressure.
- The device features an automatic shut-off timer (15/30 minutes) to prevent overheating.

2. Product Overview

The Nekteck FM06 is a versatile foot and calf massager designed to provide a comprehensive massage experience with heat therapy and smart app control.



Image: The Nekteck FM06 Foot and Calf Massager in its primary foot massage configuration, alongside a view of its adjustable stand and a smartphone displaying the control app.

Key Features:

- **360° Full Wrap Massage:** Offers deep kneading, rolling, and air compression to the arch, forefoot, heel, and instep.
- **Multiple Massage Modes & Intensity Levels:** Features 3 massage modes, 2 rolling levels, 2 vibration levels, and 3 air compression intensities.
- **Adjustable Heat Therapy:** Includes 2 heating levels (113-131°F) to enhance relaxation and circulation.
- **APP and Panel Control:** Operate the massager via the integrated control panel or through the Nekteck mobile application.
- **Versatile Use:** Adjustable bar allows for massage of feet, calves, and forearms.
- **Timer Function:** Automatic shut-off timer with settings for 15 or 30 minutes (5-30 minutes via APP).

3. Setup

3.1 Unpacking

1. Carefully remove the massager from its packaging.
2. Inspect the device for any signs of damage. If damaged, do not use and contact customer support.
3. Ensure all components are present: the main massager unit and power adapter.

3.2 Placement

- Place the massager on a flat, stable surface.
- Ensure there is adequate space around the unit for ventilation.
- For calf or forearm massage, adjust the integrated bar to the desired angle.

3.3 Power Connection

1. Connect the power adapter to the massager's power input port.
2. Plug the power adapter into a suitable electrical outlet.

3.4 APP Connection (Optional)

1. Download the Nekteck APP from your smartphone's app store.
2. Ensure your massager is powered on.
3. Open the Nekteck APP and follow the on-screen instructions to connect to your FM06 massager via Bluetooth or Wi-Fi (2.4G network required).



Image: Screenshots of the Nekteck mobile application showing options for device connection, full function control, and saving favorite settings for the foot massager.

4. Operating Instructions

4.1 Powering On/Off

- Press the **ON/OFF Button** on the control panel to turn the massager on or off.

4.2 Using the Control Panel

The integrated control panel allows direct access to essential functions.



Image: Close-up of the Nekteck FM06 control panel, highlighting the ON/OFF, Air Pressure Intensity, Heat, and Massage Mode buttons.

- **ON/OFF Button:** Powers the unit on or off.
- **Air Pressure Intensity Button:** Cycles through Low and High air compression intensity levels.
- **Heat Button:** Activates or deactivates the heat function.
- **Massage Mode Button:** Selects between M1, M2, and M3 massage modes.

4.3 Using the Nekteck APP

The Nekteck APP provides advanced control and customization options.



Image: A person relaxing on a couch, controlling the Nekteck FM06 Foot and Calf Massager with their smartphone via the Nekteck app.

- Once connected, the APP allows adjustment of kneading, rolling, vibration, air compression, heating, and timer settings.
- You can create and save custom massage programs for future use.

4.4 Massage Functions

The FM06 offers a variety of massage techniques targeting different areas.



Image: A diagram illustrating the comprehensive massage coverage for the foot, including rolling, kneading, and air compression targeting the heel, forefoot, instep, and arch.

- **Rolling & Kneading:** Targets the arch, forefoot, and heel.
- **Air Compression:** Applies gentle pressure to the instep and sides of the foot/calf.
- **Vibration:** Provides a soothing vibration sensation.
- **Heat:** Offers warmth to the massage areas.

4.5 Timer Settings

- The massager has a built-in timer for 15 or 30 minutes.
- Via the APP, the timer can be adjusted from 5 to 30 minutes.
- The device will automatically power off once the selected time has elapsed.

5. Maintenance

5.1 Cleaning

1. Ensure the massager is unplugged before cleaning.
2. Wipe the exterior of the unit with a soft, slightly damp cloth. Do not use abrasive cleaners or solvents.
3. The fabric foot covers are removable and washable. Refer to the care label for specific washing instructions.
4. Allow the massager to dry completely before next use or storage.

5.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and moisture.
- Avoid placing heavy objects on top of the massager.

6. Troubleshooting

If you encounter any issues with your Nekteck FM06 massager, please refer to the following common solutions:

Problem	Possible Cause	Solution
Massager does not turn on.	Not plugged in; power outlet issue; power adapter fault.	Ensure power adapter is securely plugged into both the massager and a working electrical outlet. Try a different outlet.
Massage intensity feels too strong/weak.	Incorrect intensity setting; initial use without socks.	Adjust air pressure intensity via control panel or APP. Wear thick socks during initial use for a gentler experience.
Heat function is not working.	Heat function not activated; device overheating.	Ensure the heat button is pressed. Allow the device to cool down if it has been running for an extended period.
APP cannot connect to the massager.	Bluetooth/Wi-Fi off; massager not powered on; incorrect network.	Ensure Bluetooth/Wi-Fi is enabled on your phone. Power cycle the massager. Confirm your phone is on a 2.4G network if required for connection.

If the problem persists after attempting these solutions, please contact Nekteck customer support for assistance.

7. Specifications

Feature	Detail
Model Number	A02-FM06-BKUS-SP
Brand	Nekteck
Power Source	Corded Electric
Material	Polyurethane
Color	Black
Massage Types	Kneading, Rolling, Air Compression, Vibration, Heat
Air Compression Levels	3
Rolling Levels	2
Vibration Levels	2
Heating Levels	2 (113-131°F)
Timer Settings	15/30 minutes (5-30 minutes via APP)

8. Warranty and Support

For information regarding product warranty, please refer to the documentation included with your purchase or visit the official Nekteck website.

If you require technical support, have questions about your product, or need to report an issue, please contact Nekteck customer service. Contact details can typically be found on the Nekteck website or within your product packaging.

You can also visit the Nekteck Store on Amazon for more product information and support resources.

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