

Relaxdays 10048533

Relaxdays Toilet Stool Instruction Manual

Model: 10048533

1. INTRODUCTION

This manual provides essential information for the safe and effective use of your Relaxdays Toilet Stool. Designed to promote a natural squatting posture, this bamboo stool assists in healthy bowel movements. Please read these instructions carefully before assembly and use, and retain them for future reference.

2. SAFETY INFORMATION

- **Maximum Load Capacity:** Do not exceed the maximum weight limit of 80 kg (176 lbs) to prevent damage or injury.
- **Stable Placement:** Always ensure the stool is placed on a flat, stable surface. The non-slip silicone feet are designed to enhance stability.
- **Assembly:** Ensure all components are correctly assembled and tightened before use. Refer to the 'Setup' section for detailed instructions.
- **Cleaning:** Follow the 'Maintenance' guidelines for cleaning to preserve the material and functionality.



Image: Close-up view of the non-slip silicone feet on the Relaxdays Toilet Stool, designed to provide stability and prevent movement during use.

3. PACKAGE CONTENTS

Verify that all the following components are included in your package:

- 1x Toilet footstool (in individual parts)
- Assembly material (screws, tools if applicable)

4. SETUP

The Relaxdays Toilet Stool requires assembly. Follow these steps to set up your stool:

1. Unpack all components and verify against the 'Package Contents' list.
2. Identify the main platform and the leg pieces.
3. Attach the leg pieces to the main platform using the provided assembly material. Ensure all screws are securely tightened.
4. Once assembled, place the stool in front of your toilet, ensuring it is centered and stable.



Image: The Relaxdays Toilet Stool positioned in front of a white toilet in a clean, modern bathroom setting, demonstrating typical placement.

5. OPERATING INSTRUCTIONS

The Relaxdays Toilet Stool is designed to facilitate a more natural and effective posture during bowel movements. Follow these simple steps for optimal use:

1. Position the stool in front of your toilet.
2. Sit on the toilet as usual.
3. Place your feet comfortably on the stool. This elevates your knees, creating a squatting angle of approximately 35 degrees, which helps to straighten the rectum for easier elimination.
4. After use, the stool can be stored discreetly under the toilet if space allows, or to the side.



Image: A person's feet, wearing slippers, are shown resting on the Relaxdays Toilet Stool, illustrating the correct usage position for promoting a natural squatting posture.

6. MAINTENANCE

To ensure the longevity and hygiene of your Relaxdays Toilet Stool, follow these maintenance guidelines:

- **Cleaning:** Wipe the stool with a damp cloth. Avoid using abrasive cleaners or harsh chemicals, as these can damage the bamboo finish.
- **Drying:** After cleaning, ensure the stool is thoroughly dried to prevent moisture damage to the bamboo.
- **Inspection:** Periodically check all assembly points to ensure screws remain tight. Retighten if necessary.



Image: A detailed close-up of the slatted bamboo surface of the Relaxdays Toilet Stool, highlighting its natural material and design.

7. TROUBLESHOOTING

If you encounter any issues with your Relaxdays Toilet Stool, consider the following:

- **Instability:** If the stool feels wobbly, check that all assembly screws are tightened. Ensure it is placed on a flat, even surface. Verify that the silicone feet are intact and properly attached.
- **Discomfort:** If the stool does not feel comfortable, adjust its position relative to the toilet. Ensure your feet are placed naturally on the surface.
- **Damage:** If any part of the stool appears damaged, discontinue use immediately to prevent injury.

8. SPECIFICATIONS

Feature	Specification
Model Name	Toilettenhocker aus Bambus

Feature	Specification
Item Model Number	10048533
Dimensions (H x W x D)	21 cm x 42 cm x 30 cm (8.27" H x 16.54" W x 11.81" D)
Material	Bamboo, Silicone (for feet)
Color	Natural
Weight Limit	80 kg (176 lbs)
Item Weight	1.55 kg (3.41 lbs)
Assembly Required	Yes
Special Feature	Non-Skid Feet



Image: A diagram illustrating the key dimensions of the Relaxdays Toilet Stool, with measurements of 21 cm in height, 42 cm in width, and 30 cm in depth.

9. WARRANTY AND SUPPORT

Information regarding specific warranty details for the Relaxdays Toilet Stool is not provided in this document. For warranty claims, product support, or further assistance, please refer to the retailer's return policy or contact Relaxdays customer service directly through their official website or the point of purchase.

