

## EVKRUN A4-T4303B

# EVKRUN Foldable Treadmill User Manual

Model: A4-T4303B

## 1. INTRODUCTION

Thank you for choosing the EVKRUN Foldable Treadmill. This manual provides essential information for the safe and effective use, assembly, operation, and maintenance of your new fitness equipment. Please read this manual thoroughly before initial use and retain it for future reference.

### 1.1 Safety Information

- Always consult with a physician before starting any new exercise program.
- Ensure the treadmill is placed on a flat, stable surface with adequate clearance around it.
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Always attach the safety key clip to your clothing before starting the treadmill.
- Wear appropriate athletic footwear during use.



Image: The EVKRUN Foldable Treadmill in its operational state, demonstrating its compact design and user-friendly interface.

## 2. PACKAGE CONTENTS

Carefully unpack all components and verify that all items listed below are present and undamaged. If any parts are missing or damaged, please contact customer support.

- EVKRUN Foldable Treadmill Main Unit
- User Manual
- Safety Lock Key
- Hex Wrench
- Lubricant (for maintenance)

## Bluetooth Connectivity for APP

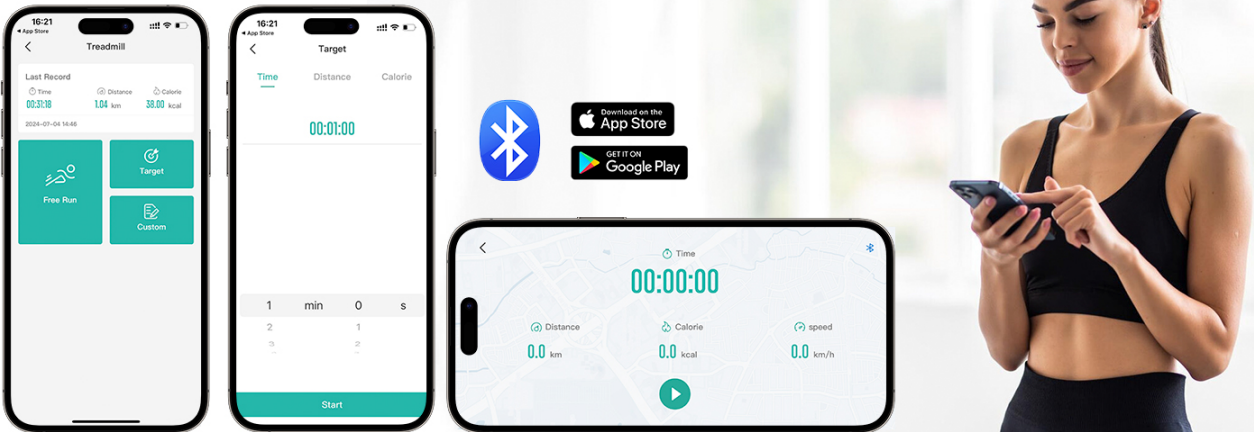


Image: A visual representation of the items included in the product package, ensuring all necessary components are present for assembly and use.

### 3. ASSEMBLY

The EVKRUN Foldable Treadmill is designed for easy setup. Minimal assembly is required. Please follow these general steps:

1. Remove all packaging materials and place the treadmill base on a clear, level surface.
2. Carefully lift the console mast into the upright position.
3. Secure the console mast using the provided hardware and hex wrench.
4. Ensure all connections are tight and secure before plugging in the power cord.

#### 3.1 Folding and Unfolding

The treadmill features a clever foldable design for space-saving storage and easy movement.

- **To Fold:** Ensure the treadmill is off and unplugged. Gently lift the running deck until it locks into the upright position. The soft-drop folding system assists in this process.
- **To Unfold:** Support the running deck with one hand, release the locking mechanism, and slowly lower the deck to the floor.

# Clever foldable design Save space | easy to move

Adjust the exercise program at any time according to your condition



Image: The treadmill shown in both its operational and folded states, illustrating its compact storage capability and transport wheels for easy relocation.



Image: A detailed view of the treadmill's folding mechanism, including its compact dimensions when stored upright.

## 4. OPERATING INSTRUCTIONS

Familiarize yourself with the control panel and its functions before beginning your workout.

### 4.1 Console Overview

The functional LCD monitor displays real-time data to help you track your progress.

# Real-time Data Display

Easy To Track | Functional LCD Monitor



Time



Speed



Distance



Calories



Heart Rate



Lifting Slope



Step Counting



Image: A close-up of the treadmill's LCD display, showing various metrics such as time, speed, distance, calories, heart rate, lifting slope, and step counting.



Image: The treadmill's control panel, highlighting the quick speed keys, incline adjustment buttons, and integrated heart rate sensors on the handlebars.

## 4.2 Starting a Workout

1. Plug the power cord into a grounded outlet.
2. Attach the safety key to the designated slot on the console and clip the other end to your clothing. The treadmill will not operate without the safety key in place.
3. Step onto the treadmill belt.
4. Press the 'START' button to begin. The belt will start moving at a low speed.
5. Adjust speed using the '+' and '-' buttons on the console or handlebars, or use the quick speed keys.
6. Adjust incline using the 'INCLINE' '+' and '-' buttons on the console or handlebars.

## 4.3 Stopping a Workout

- Press the 'STOP' button to gradually slow down and stop the belt.
- To stop immediately in an emergency, pull the safety key from the console.

## 4.4 Bluetooth Connectivity and Smart APP

Connect your treadmill to a smart application via Bluetooth for enhanced workout tracking and control.

1. Download the compatible fitness APP from your device's app store (e.g., Apple App Store, Google Play Store).
2. Enable Bluetooth on your mobile device.
3. Open the APP and follow the on-screen instructions to pair with your EVKRUN treadmill.
4. Once connected, you can control the treadmill, track your progress, and access various workout programs through the APP.



Image: Demonstrates the treadmill's Bluetooth connectivity, showing a user interacting with the smart app on their phone to control and monitor their workout.

## 5. KEY FEATURES

The EVKRUN Foldable Treadmill is equipped with several features designed to enhance your workout experience.

### 5.1 Automatic Incline Adjustment

Experience varied workout intensities with the 0-15% automatic incline adjustment. This feature allows you to simulate uphill walking or running, engaging different muscle groups and burning more calories.

# Burn 65% More Calories Faster

## 15° Incline

**16-Level Auto  
Incline Adjustment  
0-15% Incline**



Image: Illustrates the treadmill's 0-15% auto incline feature, showing how varying incline levels can increase calorie expenditure during workouts.

## 5.2 Advanced Shock Absorption System

The treadmill incorporates a multi-layer running belt and advanced shock absorption technology to reduce impact on your joints, providing a more comfortable and safer workout.

- 7-Layer Running Belt
- 8 Silicone Shock Absorbers
- 4 Bee Nest Shock Pads

# Reduce Joint Injury Risk Enhance Shock Absorption



Image: A cutaway view of the treadmill's running deck, highlighting the 7-layer running belt, silicone shock absorbers, and bee nest shock pads designed for joint protection.

## 5.3 Powerful and Quiet Motor

Equipped with a 3.5 HP brushless high-speed motor, the treadmill offers smooth and consistent performance with minimal noise (below 45 dB), making it suitable for home use without disturbing others.

# Brushless High Speed Motor

## 3.5HP Brushless High Speed Motor

< 45 dB  
Hyper-Quiet Drive

8.7 MPH  
Maximum Speed

320LBS  
Weight Capacity



Image: A visual representation of the treadmill's 3.5 HP brushless motor, emphasizing its quiet operation (under 45 dB) and high maximum speed of 8.7 MPH.

## 6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Cleaning:** Wipe down the treadmill after each use with a damp cloth to remove sweat and dust. Avoid abrasive cleaners.
- **Lubrication:** Apply silicone lubricant under the running belt every 3-6 months, or after approximately 100 hours of use, to reduce friction. Refer to the specific instructions provided with the lubricant.
- **Belt Adjustment:** Periodically check the running belt for proper tension and alignment. If the belt slips or drifts to one side, adjust it according to the instructions in the full user manual (if applicable) or contact customer support.
- **Power Cord:** Inspect the power cord regularly for any damage.

## 7. TROUBLESHOOTING

If you encounter issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not start	Power cord not plugged in; Safety key not in place; Circuit breaker tripped	Ensure power cord is securely plugged in; Insert safety key fully; Reset circuit breaker
Running belt slips	Belt too loose; Belt needs lubrication	Adjust belt tension; Apply lubricant as per maintenance section
Unusual noise during operation	Loose parts; Belt misalignment; Motor issue	Check and tighten all bolts; Adjust belt alignment; If noise persists, contact support
Display not working	Loose cable connection; Console malfunction	Check console cable connections; Contact customer support if issue persists

For issues not listed here or if solutions do not resolve the problem, please contact EVKRUN customer support.

## 8. SPECIFICATIONS

Attribute	Detail
Brand	EVKRUN
Model Number	A4-T4303B
Color	Black
Material	Alloy Steel
Maximum Speed	8.7 Miles per Hour
Special Feature	Heart Rate Monitor
Target Audience	Adult
Maximum Horsepower	3.5 Horsepower
Maximum Incline Percentage	15%
Assembly Required	Yes
Display Type	LCD
Connectivity Technology	Bluetooth
Metrics Measured	Heart Rate, Time, Speed, Distance, Calories, Step Counting
Maximum Weight Recommendation	350 Pounds

Attribute	Detail
Deck Length	38 Inches
Folded Size (LxWxH)	27" x 25.5" x 45"
Screen Size	10 Inches
Input Power	350 Watts
UPC	764765046764
Item Dimensions (LxWxH)	45.3 x 23 x 45.3 inches
Package Weight	50.35 Kilograms
Date First Available	February 28, 2024

## 9. WARRANTY AND SUPPORT

EVKRUN is committed to providing high-quality products and customer satisfaction. For warranty information, technical support, or any inquiries regarding your treadmill, please refer to the contact details provided in your product packaging or visit the official EVKRUN website.

Always ensure you have your model number (A4-T4303B) and purchase date available when contacting support.