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Jawpjoy S5

Jawpjoy S5 Fitness Tracker User Manual

Model: S5

INTRODUCTION

The Jawpjoy S5 Fitness Tracker is designed to help you monitor your health and track your daily activities. This device features real-time heart rate, blood pressure, and sleep monitoring, along with a step counter and calorie tracker. It also supports various sports modes and provides notifications for calls and messages.



Image: Jawplay S5 Fitness Tracker

WHAT'S IN THE BOX

- Smart watch x 1
- Watch band x 2
- Box x 1
- Manual x 2

SETUP GUIDE

1. Charging the Device

The Jawplay S5 Fitness Tracker features a built-in USB plug for convenient charging. To charge, remove one side of the watch band (the side with the metal piece) at a 45-degree angle. Locate the metal charging contacts and plug them into any standard USB port. The watch will vibrate once, and a charging icon will appear on the screen. If the charging icon

does not appear, try turning the watch to another face and plugging it in again. A full charge typically lasts 5-7 days depending on usage.



Image: Charging Guidance for Jawplay S5

2. Connecting to Your Smartphone

To unlock the full potential of your Jawplay S5 Fitness Tracker, connect it to the RunmeFit App on your smartphone. The app is compatible with iOS 9.0 and above, and Android 4.4 and above, requiring Bluetooth 5.0. This device is designed for smartphones only and is not compatible with iPads, PCs, or tablets.

1. Turn on Bluetooth on your smartphone.
2. Go to the App Store (for iOS) or Google Play (for Android).
3. Search for "RunmeFit" and download the app. You can also scan the QR code provided in the product manual to download the app.
4. Open the RunmeFit app and tap the "+" icon to add a device.
5. Find your device (Jawplay S5) in the list and select it.
6. Wait for the pairing process to complete.
7. Once paired successfully, your sports, health, and other data will synchronize between the watch and your phone.



Image: How to connect the Jawplay S5 with your phone in the Runmefit App

OPERATING INSTRUCTIONS

Basic Navigation

The Jawplay S5 features a touch-sensitive screen for navigation. Swipe left or right to cycle through different functions and tap to select. The physical button on the side can be used to wake the screen or return to the main watch face. The following video demonstrates the basic navigation and various screens available on the Jawplay S5 Fitness Tracker, including weather, steps, calories, heart rate, blood oxygen, blood pressure, skin temperature, blood sugar, workout modes, and more.

Video: A demonstration of the Jawplay S5 Fitness Tracker's screen navigation and available functions. (No official seller video available for embedding.)

Health Monitoring

The fitness tracker automatically tracks real-time heart rate, blood pressure, and other health data. It also monitors your sleep patterns, providing comprehensive analysis within the Runmefit app. For accurate readings, ensure the tracker is worn snugly on your wrist.



Image: Real-time health monitoring on the Jawplay S5



Image: Sleep monitoring feature of the Jawplay S5

Activity Tracking

The Jawplay S5 accurately records all-day activities including steps, distance, calories burned, and active minutes. It features 17 sports modes for specific activities, making it more than just a step counter. Select the appropriate sports mode before starting your workout for more precise data.



Image: Activity tracking features including steps, distance, and calories

Notifications and Reminders

Once connected to your smartphone, the Jawplay S5 can receive notifications for calls, SMS messages, and various social media applications such as Facebook, WhatsApp, LinkedIn, Instagram, and Twitter. It also includes a call reject function and schedule reminders. Additionally, the device offers sedentary and drink reminders to encourage a healthier lifestyle.



Customization and Other Features

Customize your fitness tracker with a variety of watch faces available through the app. The Jawplay S5 is IP68 waterproof, making it suitable for use during rain, hand washing, showering, swimming, or shallow diving. It also supports a remote camera function, allowing you to control your phone's camera from your wrist.

selectable watch face

Also customizable by yourself

100+



16 Professional Sports Modes⁴



IP68 Waterproof

Professional Organization Testing and Certification
IP68 Waterproof Report



Certification



Image: IP68 Waterproof certification for Jawplay S5

MAINTENANCE

To ensure the longevity and proper functioning of your Jawplay S5 Fitness Tracker, follow these maintenance guidelines:

- **Cleaning:** Regularly clean the device and watch band with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.
- **Drying:** After exposure to water, ensure the device is thoroughly dried before charging or prolonged use.
- **Storage:** Store the tracker in a cool, dry place when not in use. Avoid extreme temperatures.
- **Charging Contacts:** Keep the charging contacts clean and free of debris to ensure efficient charging.

TROUBLESHOOTING

If you encounter issues with your Jawplay S5 Fitness Tracker, refer to the following common solutions:

- **Device Not Turning On/Charging:**

- Ensure the metal charging piece is correctly inserted into a working USB port.
- Try plugging into a different USB port or charger.
- Confirm the watch band is removed from the correct side to expose the charging contacts.

- **Connectivity Issues (Bluetooth):**

- Ensure Bluetooth is enabled on your smartphone.
- Restart both your fitness tracker and smartphone.
- Make sure the Runmefit app is updated to the latest version.
- If previously paired, try unpairing and re-pairing the device in the app's settings.
- Ensure the tracker is within Bluetooth range of your phone.

- **Inaccurate Readings (Heart Rate, Steps, Sleep):**

- Ensure the tracker is worn snugly on your wrist, not too loose or too tight.
- Clean the sensor on the back of the device.
- For sleep tracking, ensure you wear the device consistently throughout the night.
- Note that fitness trackers are not medical devices and readings are for reference only.

- **Notifications Not Appearing:**

- Check app permissions on your smartphone to ensure the Runmefit app has access to notifications.
- Verify that notification settings are enabled within the Runmefit app for specific applications (e.g., SMS, Facebook).
- Ensure the tracker is connected via Bluetooth to your phone.

SPECIFICATIONS

Brand	Jawpjoy
Model Name	S5
Product Dimensions	2.44 x 0.8 x 2.44 inches
Item Weight	0.813 ounces (23.04 Grams)
Screen Size	0.96 Inches
Water Resistance	IP68 Waterproof
Battery Capacity	105 Amp Hours
Connectivity Technology	Bluetooth 5.0
Compatible OS	iOS 9.0+, Android 4.4+
Special Features	Heart Rate Monitor, Blood Pressure Monitor, Blood Oxygen Monitor, Sleep Monitor, Activity Tracker, Step Counter, Calorie Counter, Call/Message Notification, Customizable Watch Faces, Sedentary & Drink Reminders, Remote Camera



Image: Jawplay S5 Product Dimensions

WARRANTY AND SUPPORT

Specific warranty details are not provided in this manual. For warranty information, technical support, or further assistance, please refer to the contact information provided with your product packaging or visit the official Jawplay website. Keep your purchase receipt as proof of purchase.

