

Timex TW2W475000Q

Timex M79 Automatic 40mm Watch User Manual

Model: TW2W475000Q

1. INTRODUCTION

Thank you for choosing the Timex M79 Automatic 40mm Watch. This timepiece combines classic design with modern automatic movement technology, featuring a distinctive blue sunray dial with a unique Snoopy design, a blue and red unidirectional bezel, and a durable stainless steel bracelet. This manual provides essential information for setting up, operating, maintaining, and troubleshooting your watch to ensure its longevity and optimal performance.





Figure 1: Front view of the Timex M79 Automatic 40mm watch, highlighting the blue dial with Snoopy, the red and blue bezel, and the stainless steel bracelet.

2. SETUP

2.1 Initial Winding and Time Setting

Your Timex M79 watch is powered by an automatic movement, which means it is wound by the motion of your wrist. However, for initial setup or after a period of inactivity, manual winding is recommended.

1. **Winding:** To manually wind the watch, unscrew the crown (if applicable) and turn it clockwise approximately 20-

30 times. This will build up a power reserve.

2. **Setting Time:** Pull the crown out to the furthest position (Position 3). Turn the crown clockwise or counter-clockwise to set the hour and minute hands. Push the crown back in to Position 1 to start the watch.
3. **Setting Date/Day:** Pull the crown out to the middle position (Position 2). Turn the crown clockwise or counter-clockwise to adjust the date and day. Be careful not to set the date between 9 PM and 3 AM, as this can damage the movement. Push the crown back in to Position 1 when done.



Figure 2: Side view of the watch, illustrating the crown for time and date adjustments.

2.2 Bracelet Adjustment

The stainless steel bracelet features quick-release spring bars for easy removal and an adjustable clasp for a comfortable fit. To adjust the length, locate the micro-adjustment holes on the clasp or the removable links. Professional assistance is recommended for link removal to avoid damage.





Figure 3: Rear view of the watch, detailing the stainless steel bracelet and its clasp.

3. OPERATING YOUR TIMEX M79

3.1 Automatic Movement

The M79 utilizes an automatic mechanical movement. This means the watch is powered by the natural motion of your arm. When worn daily, it should maintain its power reserve. If the watch stops, it can be restarted by gently shaking it or by manually winding it as described in Section 2.1.



Figure 4: Exhibition case back, showcasing the automatic movement.

3.2 Unidirectional Bezel

The watch features a blue and red unidirectional rotating bezel. This bezel can be used to measure elapsed time, typically for diving or other timed activities. Rotate the bezel counter-clockwise to align the zero marker with the minute hand at the start of an activity. The minute hand's position on the bezel will then indicate the elapsed time.

3.3 Luminous Features

The hands and dial markers of your M79 watch are treated with luminous material, allowing for readability in low-light conditions. Exposure to light will charge the luminous elements, causing them to glow in the dark.

4. MAINTENANCE

4.1 Cleaning

To maintain the appearance of your watch, wipe the case and bracelet regularly with a soft, dry cloth. For stainless steel, a slightly damp cloth can be used, followed by a dry one. Avoid using harsh chemicals or abrasive materials.

4.2 Water Resistance

Your Timex M79 watch is water-resistant up to 50 meters (5 ATM). This means it is suitable for short periods of recreational swimming, but not for diving or prolonged submersion. Ensure the crown is fully pushed in before any contact with water. Do not operate the crown while the watch is wet.

4.3 Storage

When not wearing your watch for extended periods, store it in a cool, dry place away from direct sunlight and extreme temperatures. A watch box or pouch is ideal to protect it from dust and scratches.

5. TROUBLESHOOTING

If you encounter any issues with your Timex M79 watch, please refer to the table below for common problems and their solutions.

Problem	Possible Cause	Solution
Watch not running or stops frequently.	Insufficient power reserve.	Manually wind the watch (20-30 turns of the crown) or wear it consistently for several hours.
Time is inaccurate.	Watch not fully wound or exposed to strong magnetic fields.	Ensure watch is fully wound. Keep away from magnets. If problem persists, seek professional service.
Date/Day not changing correctly.	Incorrect setting or setting during restricted hours.	Reset the date/day outside of 9 PM - 3 AM. Ensure the crown is fully pushed in after setting.
Condensation inside the crystal.	Temperature change or water ingress.	Immediately seek professional service. Do not attempt to dry it yourself.

6. SPECIFICATIONS

Feature	Detail
Model Number	TW2W475000Q
Case Diameter	40mm
Case Material	Stainless Steel
Bracelet Material	Stainless Steel
Dial Color	Blue
Movement Type	Automatic
Water Resistance	50 meters (5 ATM)
Lens Material	Acrylic
Package Dimensions	12.4 x 10.3 x 10.2 cm
Item Weight	132 g

7. WARRANTY INFORMATION

Timex watches are manufactured to the highest quality standards and are covered by a limited warranty against manufacturing defects. The specific terms and duration of your warranty may vary by region. Please retain your proof of purchase for warranty claims.

For detailed warranty information, please visit the official Timex website or refer to the warranty card included with your purchase. You can also find more information on the [Timex Brand Store on Amazon](#).







8. CUSTOMER SUPPORT

If you require further assistance or have questions not covered in this manual, please contact Timex customer support. Contact details can typically be found on the official Timex website or on your warranty documentation.

Please have your watch model number (TW2W475000Q) and purchase details ready when contacting support.



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	<p>Timex Atelier Marine M1a User Manual and International Warranty</p> <p>Comprehensive user manual and international warranty details for the Timex Atelier Marine M1a watch. Includes product specifications, instructions for setting the time and adjusting the bracelet, and warranty coverage information.</p>
	<p>Timex Automatic Watch User Guide: True GMT, Office GMT, and More</p> <p>Official user guide for Timex Automatic watches, detailing how to set time, date, and GMT functions, understand water resistance, adjust the bracelet, and access warranty information. Features True GMT and Office GMT models.</p>
	<p>Timex Diamond Collection Watch User Manual and Instructions</p> <p>Official user manual and guide for the Timex Diamond Collection watch, providing instructions on operation, water resistance, time setting, bracelet adjustment, and warranty information.</p>
	<p>Руководство по эксплуатации часов Timex</p> <p>Подробное руководство по эксплуатации часов Timex, охватывающее настройку времени, использование хронографа, водонепроницаемость, регулировку браслета и функции подсветки INDIGLO® для различных механизмов Timex.</p>
	<p>Timex Analog Watch User Manual - Features, Settings, and Care</p> <p>Comprehensive user guide for Timex Analog watches, covering setup, features like INDIGLO® Night-Light, water resistance, alarms, perpetual calendar, and maintenance. Available in multiple languages.</p>
	<p>Timex Automatic Watch User Guide: Operation, Maintenance, and Warranty</p> <p>Comprehensive user guide for Timex Automatic and Automatic with Date watches. Learn how to start, set time and date, adjust the bracelet, understand water resistance, and warranty information. Includes multilingual instructions.</p>