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### Timex TW2W45000VQ

# Timex Unisex Q LCA 35mm Digital Watch Instruction Manual

Model: TW2W45000VQ

## INTRODUCTION

This manual provides comprehensive instructions for the operation and maintenance of your Timex Unisex Q LCA 35mm Digital Watch. Please read this manual thoroughly to ensure proper use and to maximize the lifespan of your timepiece. This watch features a digital display, a durable gray case, a comfortable gray strap, an acrylic lens, and is water resistant up to 30 meters.





Image 1: Front view of the Timex Unisex Q LCA 35mm Digital Watch.

## SETUP

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To set up your Timex Q LCA watch, follow these steps. The watch typically has buttons labeled **MODE/SET**, **LIGHT**, **CH-S/S-AL-ON**, **ADV-AL-OFF**, and **LAP/RESET**.

1. **Initial Activation:** If the display is blank, press any button to activate the watch.
2. **Setting Time and Date:**
  - Press and hold the **MODE/SET** button until the time display begins to flash.
  - Press the **ADV-AL-OFF** button to advance the flashing digit (hours, minutes, seconds).
  - Press the **CH-S/S-AL-ON** button to select the next digit or setting (e.g., 12/24 hour format, year, month, day).
  - Repeat until all desired settings are adjusted.
  - Press **MODE/SET** again to exit the setting mode.

## OPERATING INSTRUCTIONS

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Your Timex Q LCA watch offers several functions. Familiarize yourself with the button layout and their corresponding actions.

- **Light Function:** Press the **LIGHT** button (usually on the top left) to illuminate the display for a few seconds.
- **Mode Selection:** Press the **MODE/SET** button repeatedly to cycle through different modes: Time, Dual Time, Alarm, Timer, Stopwatch.
- **Stopwatch:**
  - Navigate to the Stopwatch mode using the **MODE/SET** button.
  - Press **CH-S/S-AL-ON** to start/stop the stopwatch.
  - Press **LAP/RESET** to record a lap time or to reset the stopwatch when stopped.
- **Alarm:**
  - Navigate to the Alarm mode using the **MODE/SET** button.
  - Press and hold **MODE/SET** to enter alarm setting.
  - Use **ADV-AL-OFF** to adjust the alarm time.
  - Use **CH-S/S-AL-ON** to toggle the alarm ON/OFF.
  - Press **MODE/SET** to confirm and exit.
- **Timer:**
  - Navigate to the Timer mode using the **MODE/SET** button.
  - Press and hold **MODE/SET** to enter timer setting.
  - Use **ADV-AL-OFF** to adjust the countdown time.
  - Press **CH-S/S-AL-ON** to start/pause the timer.
  - Press **LAP/RESET** to reset the timer.
  - Press **MODE/SET** to confirm and exit.



Image 2: Side view of the watch, highlighting button placement.

## MAINTENANCE

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Proper care will ensure the longevity and performance of your Timex watch.

- **Water Resistance:** This watch is water resistant up to 30 meters (3 ATM). This means it is suitable for splashes or brief immersion in water. It is not recommended for swimming, showering, or diving. Do not press any buttons while the watch is wet.
- **Cleaning:** Clean the watch case and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, which can damage the finish.
- **Battery Replacement:** The watch uses 1 Lithium Metal battery (included). When the display dims or functions become erratic, it may be time to replace the battery. It is recommended to have battery replacement performed by a qualified watch technician to ensure water resistance is maintained.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place away from direct sunlight and extreme temperatures.







Image 3: Detail of the watch clasp.

## TROUBLESHOOTING

If you encounter issues with your watch, refer to the following common problems and solutions:

- **Display is blank or dim:**
  - The battery may be low or depleted. Replace the battery.
  - Ensure the watch is not in a power-saving mode (if applicable). Press any button to wake it up.
- **Time is incorrect:**
  - Re-set the time and date according to the "Setting Time and Date" instructions in the Setup section.
  - Check if the 12/24 hour format is set correctly.
- **Buttons are unresponsive:**
  - Ensure the watch is dry. Water can interfere with button operation.
  - The battery may be low.
  - If the issue persists, contact customer support.
- **Alarm does not sound:**
  - Verify that the alarm is set to ON in the Alarm mode.
  - Check the alarm time setting.

## SPECIFICATIONS

Brand	Timex
Model Number	TW2W45000VQ
Case Dimensions	35mm
Strap Length	8 inches
Dial Type	Digital
Lens Material	Acrylic
Water Resistance	30 meters (3 ATM)
Battery Type	1 Lithium Metal battery (included)
Department	Unisex
Item Weight	6.7 ounces



Image 4: Back view of the watch.

## WARRANTY INFORMATION

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Timex watches are manufactured to high standards and are warranted against manufacturing defects for a period typically specified at the time of purchase. Please refer to the warranty card included with your original packaging for specific terms and conditions. This warranty generally covers manufacturing defects in materials and workmanship under normal use. It does not cover damage resulting from improper handling, accidents, unauthorized repairs, or normal wear and tear.



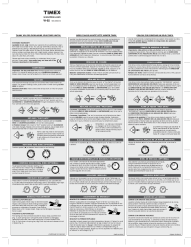
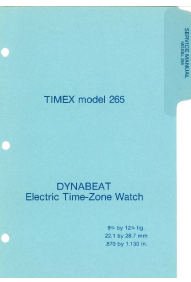

## CUSTOMER SUPPORT

For further assistance, technical support, or warranty claims, please contact Timex customer service. You can find contact information on the official Timex website or through the retailer where you purchased the watch.

Visit the official Timex store for more information: [Timex Store on Amazon](#)



Related Documents - TW2W45000VQ

	<p><a href="#">Руководство по эксплуатации часов Timex</a></p> <p>Подробное руководство по эксплуатации часов Timex, охватывающее настройку времени, использование хронографа, водонепроницаемость, регулировку браслета и функции подсветки INDIGLO® для различных механизмов Timex.</p>
	<p><a href="#">Timex Kids Digital Watch User Guide - Operation and Features</a></p> <p>Comprehensive user guide for the Timex Kids digital watch (model 791-095007). Covers features, basic operations, setting time and date, chronograph, alarm, timer, INDIGLO night light, water resistance, strap adjustments, battery information, and warranty details.</p>
	<p><a href="#">Timex Watch User Manual and Warranty Information</a></p> <p>A comprehensive guide for Timex watches, covering setup, operation, features like INDIGLO night-light, bracelet adjustment, water and shock resistance, battery care, and international warranty details.</p>
	<p><a href="#">Timex Model 265 Dynabeat Electric Time-Zone Watch Service Manual</a></p> <p>Detailed service manual for the Timex Model 265 Dynabeat Electric Time-Zone Watch, covering movement description, disassembly, cleaning, lubrication, and reassembly procedures.</p>
	<p><a href="#">Timex Model 262 Watch Movement Service Manual: Disassembly &amp; Reassembly</a></p> <p>Comprehensive service manual for the Timex Model 262 electric watch movement, detailing disassembly, parts identification, and reassembly procedures. Includes diagrams and step-by-step instructions.</p>





### [Timex Model 87 Electronic Calendar Watch Service Manual](#)

A comprehensive service manual detailing the disassembly, assembly, cleaning, lubrication, and timing procedures for the Timex Model 87 electronic calendar watch (Caliber 882). It includes detailed descriptions of components, diagrams, and step-by-step instructions for watch repair professionals.