

Reflex Active Series 30

Reflex Active Amoled Series 30 Smart Watch User Manual

Model: Series 30

INTRODUCTION

Welcome to the user manual for your new Reflex Active Amoled Series 30 Smart Watch. This guide provides essential information on setting up, operating, maintaining, and troubleshooting your device to ensure you get the most out of its advanced features. The Series 30 Smart Watch combines cutting-edge technology with a sleek design, offering an exceptional user experience with its vibrant AMOLED display and comprehensive health and connectivity features.





Figure 1: Reflex Active Amoled Series 30 Smart Watch

This image displays the front of the Reflex Active Amoled Series 30 Smart Watch, highlighting its always-on display and the "CALLING BUILT IN" feature, set against a vibrant, colorful background.

WHAT'S IN THE Box

Upon unboxing your Reflex Active Amoled Series 30 Smart Watch, please verify that all the following items are included:

- Reflex Active Amoled Series 30 Smart Watch
- Instruction Manual
- USB Charging Cable
- Gift Box



Figure 2: Box Contents

This image shows the Reflex Active Smart Watch packaging, including the watch box, the instruction manual, and the USB charging cable, laid out next to the watch itself.

SETUP

1. Charging Your Smart Watch

Before initial use, fully charge your Reflex Active Series 30 Smart Watch. Connect the provided USB charging cable to the charging port on the back of the watch and plug the other end into a USB power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.



Figure 3: Watch Back and Sensors

This image provides a close-up view of the back of the Reflex Active Smart Watch, clearly showing the charging contacts and the optical heart rate sensor.

2. Downloading the Reflex Active Red App

To unlock the full functionality of your smart watch, download the free Reflex Active Red App from your smartphone's app store. The app is compatible with Android 9.0+ and iOS 12.0+ devices.

1. Search for "Reflex Active Red" in the Google Play Store (for Android) or Apple App Store (for iOS).
2. Download and install the app.

3. Follow the on-screen instructions to create an account or log in.

3. Pairing Your Smart Watch

Once the app is installed and your watch is charged, proceed with pairing:

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the Reflex Active Red App.
3. Navigate to the device pairing section within the app.
4. Select your "Reflex Active Series 30" from the list of available devices.
5. Confirm the pairing request on both your watch and smartphone.

OPERATING INSTRUCTIONS

Display and Navigation

The Reflex Active Series 30 features a 1.78" AMOLED display, offering exceptional clarity and vibrant colors. You can interact with the watch using its full touch screen or the rotating crown for smooth navigation.

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and notifications. Tap to select items.
- **Rotating Crown:** Rotate the crown to scroll through lists and options. Press the crown to return to the home screen or confirm selections.
- **Always-On Display:** This feature allows the time and essential information to remain visible on the screen without needing to activate the display by touch or wrist lift.

KEY FEATURES



MAKE &
RECEIVE CALLS



FULL TOUCH
SCREEN



DUAL TIME
ZONES



IP68 WATER
RESISTANT



ALWAYS ON
DISPLAY



ROTATING CROWN
NAVIGATION



EXCEPTIONAL
BATTERY PERFORMANCE

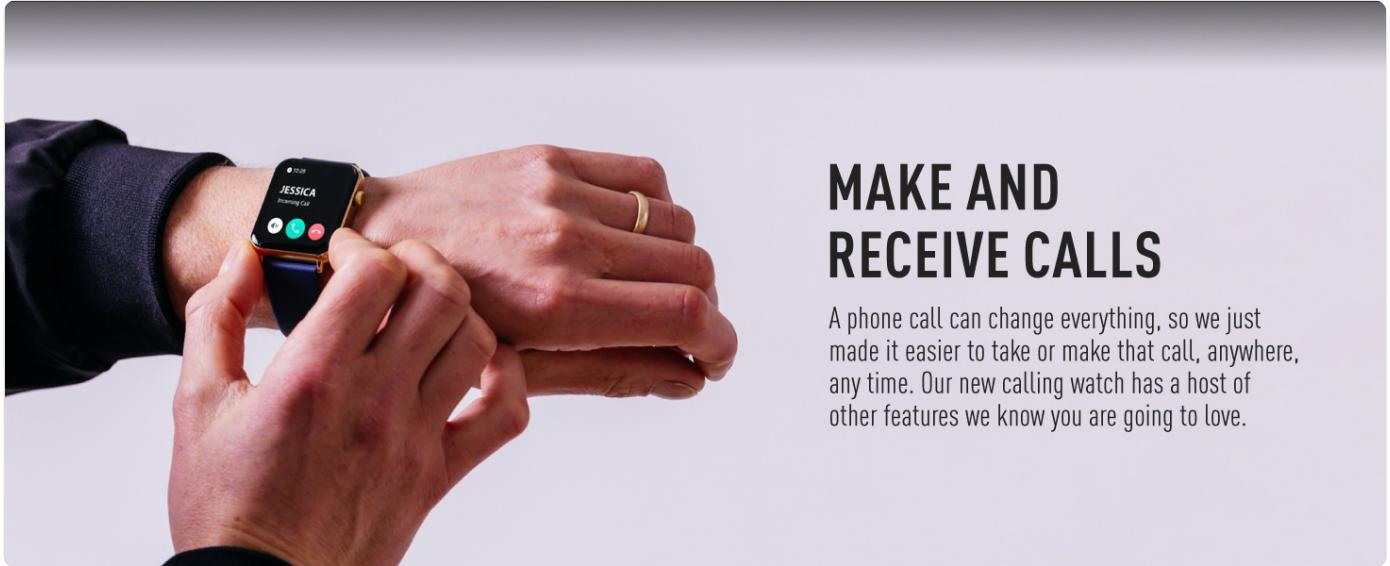


Figure 4: Key Features Overview

This infographic highlights the main functionalities of the Reflex Active Smart Watch, including communication, display interaction, time management, durability, display modes, navigation, and battery life.

Communication Features

- Make & Receive Calls:** Connect your watch to your smartphone to make and receive calls directly from your wrist.
- Messages & Social Notifications:** Receive alerts for incoming messages, emails, and social media notifications directly on your watch display.



MAKE AND RECEIVE CALLS

A phone call can change everything, so we just made it easier to take or make that call, anywhere, any time. Our new calling watch has a host of other features we know you are going to love.

Figure 5: Make and Receive Calls

This image shows the Reflex Active Smart Watch on a person's wrist, displaying an incoming call, illustrating the watch's capability to handle phone calls directly.

Health & Wellness Tracking

The Series 30 Smart Watch offers comprehensive tracking for your health and fitness goals:

- **Step Counter:** Tracks your daily steps and distance covered.
- **Heart Rate Monitoring:** Continuously monitors your heart rate throughout the day.
- **Blood Oxygen (SpO2):** Measures your blood oxygen saturation levels.
- **Sleep Analysis:** Monitors your sleep patterns, including deep, light, and REM sleep.
- **Calorie Tracking:** Estimates calories burned based on your activity levels.
- **Sports Modes:** Multiple activity modes (e.g., walking, running, swimming) to track specific workouts.
- **Breathing Exercises:** Guided breathing sessions to help you relax and de-stress.
- **Hydration Reminders:** Set reminders to drink water throughout the day.
- **Sedentary Reminders:** Alerts you when you've been inactive for too long.
- **Women's Health:** Provides tracking and insights for menstrual cycles.

ADDITIONAL FEATURES



MAKE &
RECEIVE CALLS



MESSAGES
& SOCIALS



MUSIC
CONTROL



GPS
CONNECTION



IP68 WATER
RESISTANT



STEP
COUNTER



HEART
RATE



SLEEP
TRACKING



BREATHING
EXERCISES



HYDRATION
REMINDERS



SPORTS
MODES



CAMERA
CONTROL



VOICE
ASSISTANT



WEATHER
UPDATES



WATCH
LOCATOR



WOMEN'S
HEALTH



SEDENTARY
REMINDERS



CALORIE
TRACKING

Figure 6: Additional Features

This image presents a comprehensive list of additional features available on the Reflex Active Smart Watch, categorized by function with corresponding icons for easy understanding.

Other Features

- Music Control:** Control music playback on your smartphone directly from your watch.
- GPS Connection:** Connects to your phone's GPS for accurate activity tracking and route mapping.
- Camera Control:** Use your watch as a remote shutter for your smartphone camera.
- Voice Assistant:** Access your smartphone's voice assistant through the watch.
- Weather Updates:** Get real-time weather information on your wrist.
- Watch Locator:** Helps you find your watch if it's misplaced nearby.
- Dual-Time Feature:** Displays time for two different time zones, useful for travel.

Customization

Personalize your watch to match your style and preferences:

- **Exclusive Dials:** Choose from an incredible selection of exclusive Reflex Active dials, including animated displays.
- **Personalized Photo Dials:** Use a photo from your phone gallery to create a unique watch face.



Figure 7: Watch Face Customization

This image showcases the wide array of high-definition AMOLED watch faces available for the Reflex Active Smart Watch, with the watch itself displaying a colorful dial and a smartphone screen showing numerous other design options.

MAINTENANCE

Cleaning Your Watch

To maintain the appearance and functionality of your smart watch, clean it regularly:

- Wipe the screen and strap with a soft, lint-free cloth.
- For stubborn marks, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts on the back of the watch are clean and dry before charging.

Water Resistance (IP68)

Your Reflex Active Series 30 Smart Watch has an IP68 water resistance rating, making it suitable for surface swimming and various activities. However, it is not recommended for diving or high-pressure water activities. Always dry the watch thoroughly after exposure to water.



Figure 8: Water Resistance

This image depicts the Reflex Active Smart Watch partially submerged in water, visually representing its IP68 water resistance capability.

Battery Life

The watch offers up to 14 days of battery life, depending on usage. Features like Always-On Display, frequent notifications, and continuous health monitoring will consume more power. Charge your watch regularly to ensure uninterrupted use.

TROUBLESHOOTING

If you encounter issues with your Reflex Active Series 30 Smart Watch, try the following solutions:

Problem	Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone	Ensure Bluetooth is enabled on your phone. Make sure the watch is within Bluetooth range (approx. 10 meters). Restart both your watch and smartphone. Clear Bluetooth cache on your phone (Android) or forget the device and re-pair.
Notifications not appearing	Check notification settings in the Reflex Active Red App. Ensure your phone's notification permissions are granted to the app. Verify that the watch is connected via Bluetooth.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensor on the back of the watch. Update the Reflex Active Red App to the latest version.

Problem	Solution
Short battery life	Reduce screen brightness. Disable Always-On Display if not needed. Limit frequent notifications. Reduce continuous heart rate monitoring frequency in the app.

SPECIFICATIONS

Feature	Detail
Model Number	Series 30
Display Type	AMOLED
Screen Size	1.78 Inches
Water Resistance Rating	IP68
Connectivity	Bluetooth, USB (for charging)
Battery Type	Lithium Metal (1 included)
Battery Life	Up to 14 days (usage dependent)
Operating System Compatibility	Android 9.0+, iOS 12.0+
Product Dimensions	16.1 x 8.5 x 19.5 cm; 60 g
Manufacturer	Peers Hardy
Country of Origin	China

WARRANTY AND SUPPORT

Your Reflex Active Amoled Series 30 Smart Watch comes with a **2-year guarantee**, ensuring peace of mind regarding its quality and performance. For any support inquiries, technical assistance, or warranty claims, please refer to the official Reflex Active support channels.

For additional support, FAQs, and detailed guides, please visit the official Reflex Active website:

[Reflex Active Support Website](#)



[\[pdf\]](#) Quick Start Guide Instructions Guide

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Series 30 - getting started Please take a few minutes to read through these instructions, they will help ensure you get the best from your smartwatch. You can also visit our website or scan this QR code for lots of helpful information and video guides. And of course, if you have any questions, plea...

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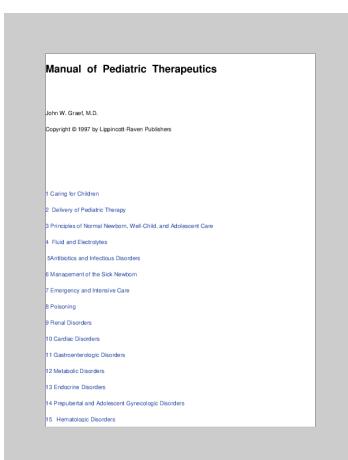
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