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## Dreaver S340-P

# Dreaver S340-P Walking Pad Treadmill User Manual

Model: S340-P

## 1. IMPORTANT SAFETY INSTRUCTIONS

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Before operating the Dreaver S340-P Walking Pad Treadmill, please read this entire manual carefully to ensure safe and effective use. Keep this manual for future reference.

- Consult your physician before starting any exercise program, especially if you have pre-existing health conditions.
- Keep children and pets away from the treadmill during operation.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Wear appropriate athletic footwear and clothing during use.
- Do not use the treadmill if it is damaged or malfunctioning. Contact customer support.
- Ensure the power cord is not pinched or damaged. Do not use extension cords.
- The maximum user weight for this treadmill is 120 kg. Do not exceed this limit.
- Always hold onto the support bar (if applicable) when starting or stopping the treadmill.

## 2. PRODUCT OVERVIEW

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The Dreaver S340-P is a compact and foldable walking pad treadmill designed for home or office use, offering speeds from 1 to 6 km/h. It features an LED display and is controlled via a remote.





### Included Components:

- Dreaver S340-P Walking Pad Treadmill
- Remote Control
- User Manual (this document)
- Lubricant



## AFSTANDSBEDIENING

De bediening gaat eenvoudig via de bijgeleverde afstandsbediening

-  Verhogen van de snelheid
-  Meetgegevens (schakel tussen het gegeven informatie op de display)
-  Aan/uit
-  Verlagen van de snelheid

## LED DISPLAY

- Verbrande calorieën
- Afgelegde afstand
- Trainingsduur
- Snelheid



Figure 2.1: Overview of the Dreaver S340-P Walking Pad Treadmill.

### 3. SETUP AND FIRST USE

1. **Unpack:** Carefully remove the treadmill and all components from the packaging.
2. **Placement:** Choose a flat, stable, and non-slip surface for the treadmill. Ensure there is at least 0.5 meters of clear space on all sides, especially at the rear.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet. Ensure the power switch on the treadmill (if present) is in the OFF position before plugging in.
4. **Initial Check:** Before stepping on, turn on the treadmill (if it has a separate power switch) and then use the remote control to start it at the lowest speed (1 km/h) to ensure the belt moves smoothly.

### 4. OPERATING INSTRUCTIONS

The Dreaver S340-P is operated using the included remote control. The LED display shows your workout data.



Figure 4.1: Remote Control Functions and LED Display.

### Remote Control Functions:

- **'+' Button:** Press to increase the walking speed.
- **'-' Button:** Press to decrease the walking speed.
- **'M' Button (Mode):** Press to cycle through the displayed workout data on the LED screen (Speed, Time, Calories Burned, Distance).
- **'ON/OFF' Button:** Press to start or stop the treadmill.

### Starting a Workout:

1. Step onto the treadmill belt carefully.
2. Press the 'ON/OFF' button on the remote control. The treadmill will typically start at the lowest speed (1 km/h) after a short countdown.
3. Use the '+' and '-' buttons to adjust the speed to your desired level (1-6 km/h).
4. Monitor your progress on the LED display using the 'M' button to switch between data points.

### Ending a Workout:

1. Gradually decrease the speed using the '-' button until the treadmill comes to a complete stop.
2. Alternatively, press the 'ON/OFF' button to stop the treadmill.
3. Once the belt has stopped, carefully step off the treadmill.

## 5. MAINTENANCE

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Regular maintenance ensures the longevity and optimal performance of your Dreaver S340-P Walking Pad Treadmill.

### Cleaning:

- Always unplug the treadmill before cleaning.
- Wipe down the treadmill frame and display with a soft, damp cloth. Do not use abrasive cleaners or solvents.
- Regularly vacuum or wipe the area around the treadmill to prevent dust and debris from accumulating under the belt.

### Lubrication:

- The running belt requires periodic lubrication to reduce friction and extend its lifespan.
- Use the provided lubricant or a silicone-based treadmill lubricant.
- Refer to the specific instructions on the lubricant bottle for application frequency and method. Generally, apply a small amount under the center of the belt every few months, depending on usage.

### Storage:

The Dreaver S340-P is designed for easy storage due to its compact, foldable design and integrated transport wheels.

- After use, ensure the treadmill is turned off and unplugged.
- The treadmill's low profile (13 cm height) allows it to be stored under furniture like a sofa or behind a cabinet.
- Utilize the integrated transport wheels to easily move the treadmill to your desired storage location.



Figure 5.1: Space-saving storage and integrated wheels for easy movement.

## 6. TROUBLESHOOTING

If you encounter any issues with your Dreaver S340-P Walking Pad Treadmill, please refer to the following common solutions. If the problem persists, contact customer support.

| Problem                           | Possible Cause  | Solution   |
|-----------------------------------|---|--|
| Treadmill does not start.         | Not plugged in; power switch off; remote control battery low.         | Ensure power cord is securely plugged in. Check if the main power switch (if any) is ON. Replace remote control batteries.                       |
| Belt stops or slips during use.   | Belt requires lubrication; belt tension is incorrect; motor overload. | Lubricate the running belt (refer to Maintenance section). Reduce user weight if exceeding maximum. Contact support for belt tension adjustment. |
| Unusual noise from the treadmill. | Loose parts; belt friction; foreign object under the belt.            | Check for any loose screws and tighten them. Lubricate the belt. Carefully inspect under the belt for any obstructions (unplug first).           |
| LED display is not working.       | Power issue; loose connection.  | Check power connection. If the issue persists, contact customer support.   |

## 7. SPECIFICATIONS

| Feature                       | Detail   |
|-------------------------------|--|
| Model                         | S340-P   |
| Brand                         | Dreaver  |
| Color                         | Black  |
| Product Dimensions (Unfolded) | 126.5 x 52.5 x 13 cm (Length x Width x Height)                 |
| Item Weight                   | 20 kg  |
| Maximum Speed                 | 6 km/h   |
| Maximum User Weight           | 120 kg   |
| Running Surface               | 109 x 40 cm  |
| Display Type                  | LED  |
| Display Metrics               | Distance, Calorie Consumption, Speed, Time                     |
| Power Source                  | Corded Electric  |
| Special Features              | Foldable, 8-fold shock absorption, Integrated transport wheels |
| Material Type                 | Acrylonitrile Butadiene Styrene (ABS)                          |
| Included Components           | Remote control, User manual, Lubricant                         |
| Manufacturer                  | JJ-Commerce B.V.   |



Figure 7.1: Key specifications and dimensions of the Dreaver S340-P.

## 8. WARRANTY AND CUSTOMER SUPPORT

For warranty information, please refer to the documentation provided at the time of purchase or contact your retailer. For technical support or service inquiries, please contact the manufacturer or your point of purchase. Manufacturer: JJ-Commerce B.V.