

Genericwa03vqpehk-11

Smart Ring Health Tracker User Manual

Model: Genericwa03vqpehk-11

1. INTRODUCTION

Thank you for choosing the Smart Ring Health Tracker. This device is designed to help you monitor your health and promote an active lifestyle by tracking key body signals such as exercise data and sleep quality. Please read this manual carefully before using the product to ensure proper operation and maintenance.

2. PRODUCT OVERVIEW

The Smart Health Ring combines fashion and technology, crafted from polished ceramic and 316 stainless steel for elegance, lightness, and comfort. It features advanced sensors for continuous health monitoring.



Figure 2.1: Front view of the Smart Ring Health Tracker, showcasing its sleek design and internal components.



Figure 2.2: The Smart Ring placed inside its compact, white charging case, ready for charging or storage.

3. FEATURES

- **Health Tracking:** Advanced sensors monitor exercise data and sleep quality.
- **Premium Design:** Made of polished ceramic and 316 stainless steel, offering an elegant, lightweight, and comfortable wear.
- **Extended Battery Life:** Up to 7 days of continuous monitoring on a single charge. The charging case provides up to 18 additional charges.
- **Cross-Platform Compatibility:** Compatible with Android and iOS devices for convenient data viewing via the JYouPro App.
- **IP68 Waterproof and Dustproof:** Suitable for everyday water activities like handwashing, bathing, and swimming without interrupting data monitoring.
- **Remote Camera Function:** Shake your finger while wearing the ring to remotely capture photos via the app.

4. WHAT'S INCLUDED

The product package includes the following items:

- Smart Health Ring
- Charging Case
- User Manual (this document)

5. SETUP

5.1 Initial Charging

1. Place the Smart Ring into the charging case. Ensure the ring is properly seated.
2. Connect the charging case to a power source using a compatible USB cable (not included).
3. Allow the ring to charge fully. The ring battery life is approximately 7 days, with a charging time of 60 minutes. The charging case provides up to 18 additional charges.

5.2 App Installation and Pairing

1. Download the "JYouPro App" from your device's app store (Google Play Store for Android, Apple App Store for iOS).
2. Open the JYouPro App and follow the on-screen instructions to create an account or log in.
3. Enable Bluetooth on your smartphone.
4. Within the JYouPro App, navigate to the device pairing section.
5. Select your Smart Ring from the list of available devices to pair.
6. Confirm the pairing on both the app and, if prompted, on the ring.

6. OPERATING INSTRUCTIONS

6.1 Wearing the Ring

Wear the Smart Ring on your finger. For optimal data accuracy, ensure a snug but comfortable fit. The ring is designed for continuous wear, including during sleep and water activities.

6.2 Monitoring Health Data

Once paired, the ring will automatically begin tracking your health data. This includes:

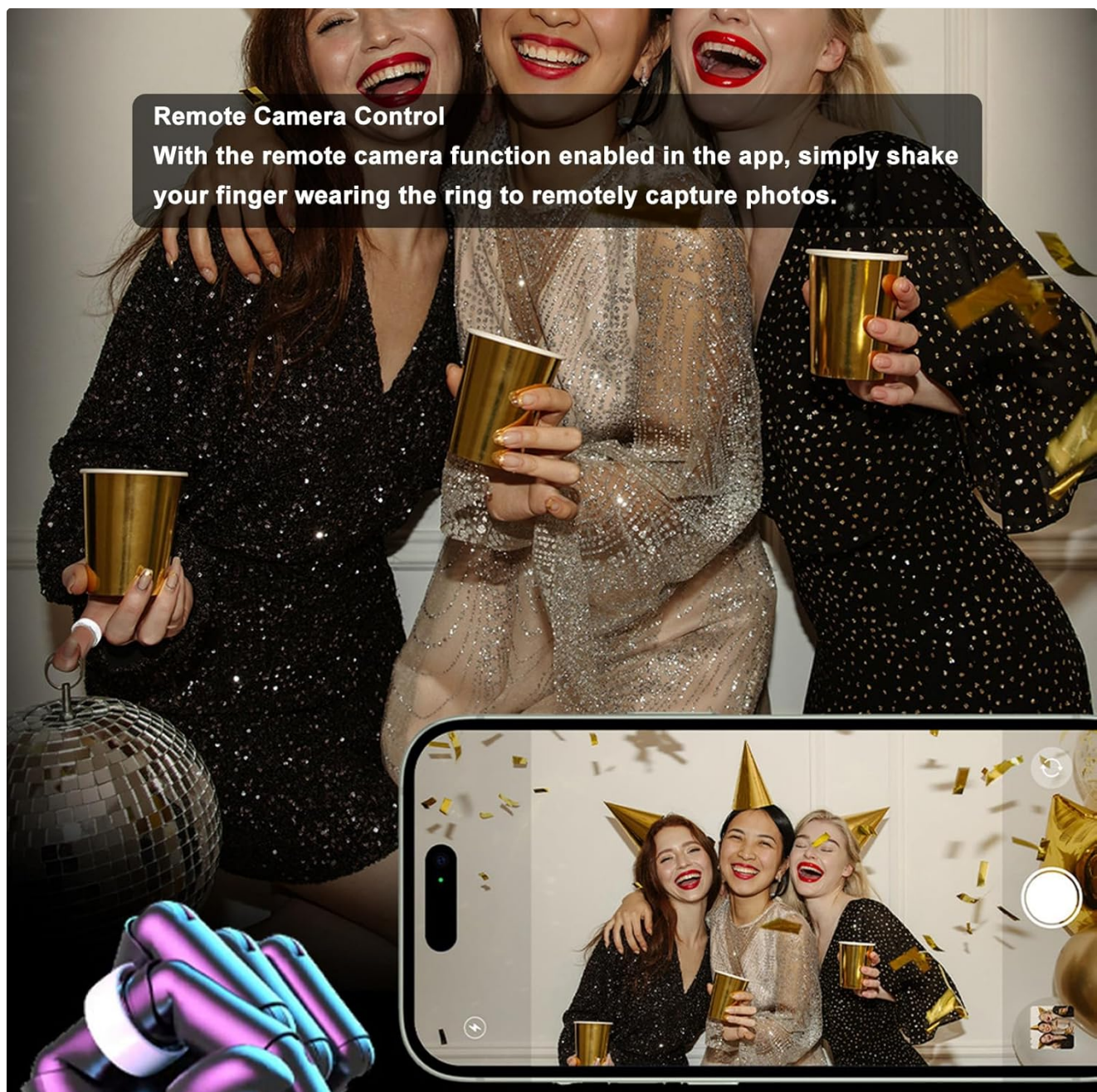
- **Exercise Data:** Tracks activity levels and movement.
- **Sleep Quality:** Monitors sleep patterns and provides insights into sleep stages.

To view your data, open the JYouPro App on your smartphone. The app will synchronize with the ring and display your health metrics in an easy-to-understand format.

6.3 Remote Camera Function

The Smart Ring supports a remote camera function, allowing you to capture photos from a distance:

1. Ensure the remote camera function is enabled within the JYouPro App settings.
2. Open your smartphone's camera app.
3. While wearing the ring, simply shake your finger to remotely trigger the camera shutter and capture a photo.



Remote Camera Control

With the remote camera function enabled in the app, simply shake your finger wearing the ring to remotely capture photos.

Figure 6.1: Illustration of using the Smart Ring for remote camera control, showing a user shaking their hand to activate the phone camera.

7. MAINTENANCE

7.1 Cleaning

To clean your Smart Ring, gently wipe it with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these may damage the ceramic or stainless steel finish.

7.2 Storage

When not in use for extended periods, store the Smart Ring in its charging case in a cool, dry place away from direct sunlight and extreme temperatures.

7.3 Battery Care

To prolong battery life, avoid fully discharging the ring frequently. Charge it regularly, especially if it will be stored for a long time. Do not expose the battery to extreme heat or cold.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Ring not charging	Improper placement in charging case; faulty cable/power source; dirty charging contacts.	Ensure ring is correctly seated in the charging case. Try a different USB cable or power adapter. Clean charging contacts on both ring and case with a dry, soft cloth.
Cannot pair with app	Bluetooth off; ring out of range; app issue; ring battery low.	Ensure Bluetooth is enabled on your smartphone. Bring the ring closer to your phone. Restart the JYouPro App and your phone. Charge the ring fully.
Inaccurate data readings	Loose fit; sensor obstruction; app not updated.	Ensure the ring fits snugly on your finger. Clean the sensor area on the inside of the ring. Update the JYouPro App to the latest version.
Remote camera not working	Function not enabled in app; app not open; insufficient shake.	Verify remote camera function is enabled in JYouPro App settings. Ensure JYouPro App is running in the background. Try a more pronounced and consistent shake.

9. SPECIFICATIONS

Feature	Detail
Model Name	Genericwa03vqpehk-11
Material	Ceramic, 316 Stainless Steel
Ring Battery Type	Lithium Battery
Ring Battery Capacity	18mAh
Ring Battery Life	Approximately 7 Days
Ring Charging Time	60 Minutes
Charging Case Battery Type	Lithium Battery
Charging Case Additional Charges	Up to 18 charges for the ring
Waterproof Rating	IP68
Connectivity	Bluetooth
Compatible App	JYouPro App
Operating System Compatibility	Android, iOS
Item Package Dimensions	3.54 x 2.76 x 1.18 inches
Package Weight	59 Grams

10. WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the contact details provided with your purchase or visit the official Generic brand website. Keep your proof of purchase for warranty claims.

For app-related queries, please contact JYouPro App support directly through their in-app help section or official website.