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> SIHOO Doro C300 Pro Ergonomic Office Chair User Manual

## SIHOO C300 Pro M102

# SIHOO Doro C300 Pro Ergonomic Office Chair User Manual

Model: C300 Pro M102 | Brand: SIHOO

## INTRODUCTION

This user manual provides comprehensive instructions for the assembly, operation, and maintenance of your SIHOO Doro C300 Pro Ergonomic Office Chair. Designed for comfort and support, this chair features adjustable components to suit various user needs. Please read this manual thoroughly before assembly and use to ensure proper function and longevity of your chair.

## IMPORTANT SAFETY INFORMATION

**Warning: Do not exceed the maximum weight recommendation of 350 lbs (158 kg). Ensure all parts are securely assembled before use. Keep fingers and other body parts away from moving parts during adjustment. Always use the chair on a stable, flat surface.**

For your safety and to prevent damage to the product, always follow these guidelines:

- Ensure all screws and connections are tightened before use and periodically check for looseness.
- Do not stand on the chair.
- Avoid placing heavy objects on the chair's backrest or armrests.
- Use the chair only for its intended purpose as an office or desk chair.
- Keep children and pets away from the chair during assembly and adjustment.

## SETUP AND ASSEMBLY

The SIHOO Doro C300 Pro chair is designed for straightforward assembly. Please follow the steps below carefully. All

necessary tools are included.

## Step 1: Assemble the Chair Legs and Gas Lift

Gather all parts required for this step: Chair leg tubes (5), Chair base, M6x12 chair leg screws (10), M6 double-stacked self-locking washers (10), T-wrench, Wheels (5), Gas lift, and Decorative cover.

1. Connect the 5 chair leg tubes to the chair base.
2. Place the M6 double-stacked self-locking washers onto the M6x12 chair leg screws.
3. Hand-screw the 10 M6x12 chair leg screws into the chair base, then secure them with the T-wrench.
4. Insert the wheels into the chair legs by pressing firmly until they click into place.
5. Install the decorative cover and insert the gas lift into the central hole of the chair base.

Your browser does not support the video tag.

Official SIHOO Doro C300 Pro installation video. This video demonstrates the complete assembly process, including attaching the chair legs, armrests, backrest, and headrest.



Image showing the various components of the SIHOO Doro C300 Pro chair, including the base, wheels, gas lift, armrests, and backrest, ready for assembly.

## **Step 2: Connect the Armrest Brackets and Armrests**

Gather parts: Armrest (2), Armrest brackets (2), M6x30 screws (4), Spring washers (4), 6mm washers (4), T-wrench.

1. Place the spring washers onto the 4 M6x30 armrest screws.
2. Place the armrest tube washers inside the armrest brackets.
3. Connect the armrests with the armrest brackets.
4. Secure with the T-wrench.

## **Step 3: Connect the Backrest and Seat Cushion**

Gather parts: Backrest, Seat cushion, M8x30 screws (3), 8mm washers (3), T-wrench.

1. Insert the backrest into the back plate of the mechanism.
2. Connect them with 3 M8x20 screws and 8mm washers.
3. Secure with the T-wrench.

## **Step 4: Connect the Armrests and Seat Cushion**

Gather parts: Armrests (2), Seat cushion, M8x78 screws (4), 8mm washers (4), T-wrench.

1. Connect the armrests and the seat cushion with M8x78 screws and 8mm washers.
2. Secure with the T-wrench. Repeat on the other side.

## **Step 5: Connect the Upper and Lower Halves**

Align the gas lift with the hole in the mechanism and insert it into place. Ensure a secure connection.

## **Step 6: Install the Headrest**

Gather parts: Headrest, M6x16 screws (2), Decorative cover, T-wrench.

1. Insert the headrest into the backrest.
2. Connect with 2 M6x16 screws.
3. Secure with the T-wrench.
4. Install the decorative cover.



## OPERATING INSTRUCTIONS

Your SIHOO Doro C300 Pro chair offers multiple adjustment features for personalized comfort and ergonomic support.

### Height Adjustment

To adjust the chair's height, pull up on the handle located under the seat. The chair will rise. To lower the chair, pull up on the handle while seated.

### Armrest Adjustment

The 6D armrests can be adjusted in six directions: up/down, in/out, inward/outward rotation, 35° upward tilt, back/forth, and coordinated movement when reclining. Use the buttons or levers on the armrests to make these adjustments.

### Seat Depth Adjustment

Turn the handle forward to adjust the seat depth. Return it to lock the desired position. This allows for a wider seat and is suitable for taller users.

### Recline Function and Backrest Lock

Turn the handle backward to recline the chair. The chair reclines to 105°, 120°, and 135°. Return the handle to lock the recline angle. The backrest can be locked at 3 angles for various working or resting postures.

### Backrest Height Adjustment

Use your hands to lift the backrest and adjust its height. The backrest has four adjustable positions and can move up and down by 2.36 inches, accommodating different user heights.

### Headrest Adjustment

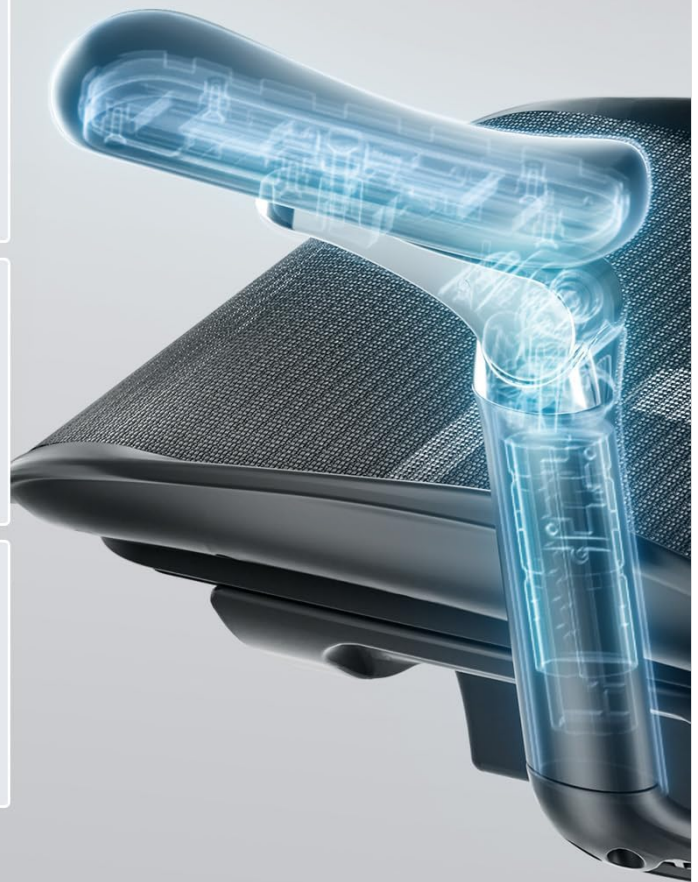
The headrest can be adjusted back and forth, up and down (5 gear height adjustment), and rotated to provide optimal neck support.

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*Official SIHOO Doro C300 Pro Ergonomic Office Chair with 6D Armrests video. This video demonstrates the various adjustment features of the chair, including height, armrests, seat depth, and recline.*

# 6D Coordinated Armrests Next-level Arm Support

Adjustable in 6 direction and synchronized with the backrest when reclining.



*Close-up image illustrating the six directions of adjustment for the 6D armrests, providing versatile arm support.*

# Auto-Harmonic Tilt Design

A handle with 3 adjustment functions

Adapts to you for effortless reclining (Up to 135°)

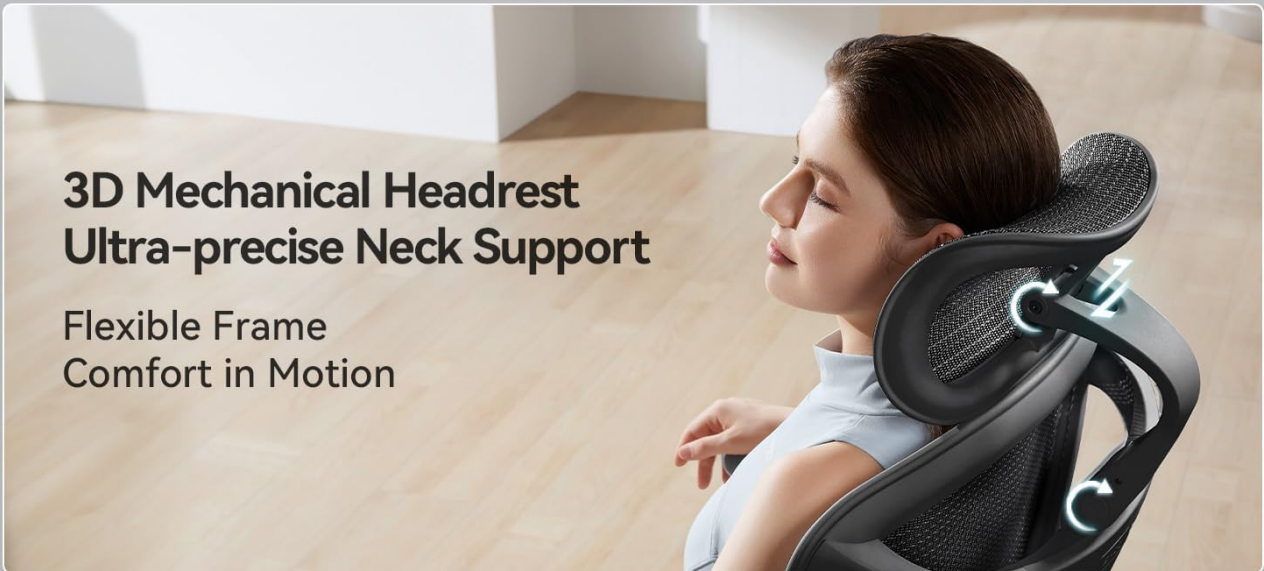
The tilt instantly and automatically provides balanced support and movement, depending on your body weight and posture.



*Image demonstrating the self-adaptive dynamic lumbar support design, which moves with the user to provide continuous lower back support.*

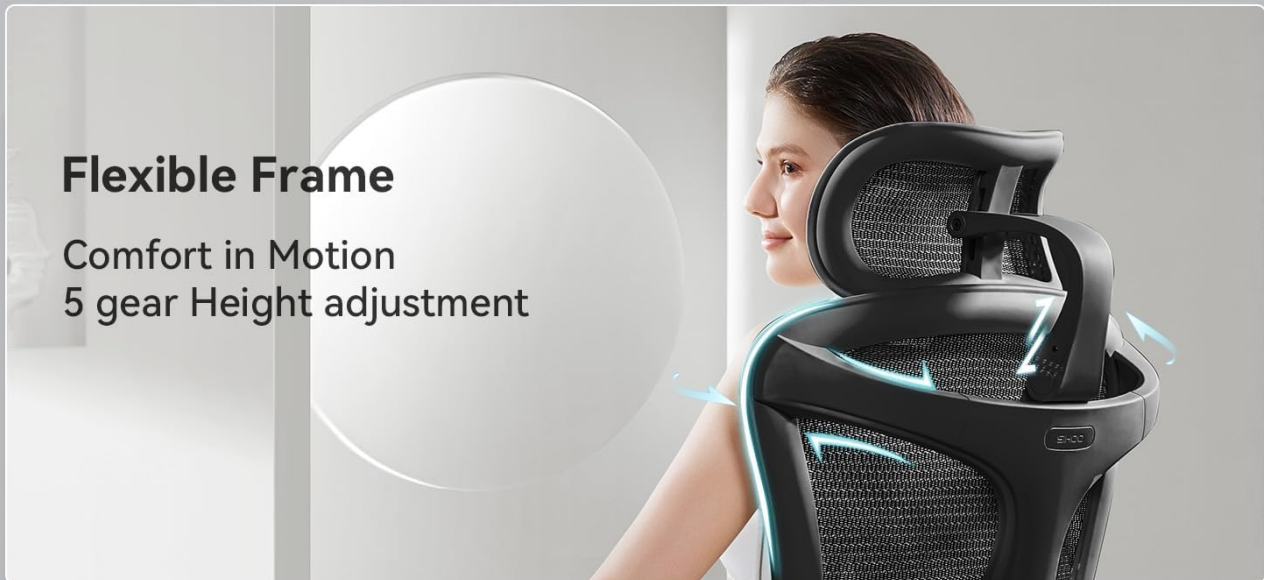
## 3D Mechanical Headrest Ultra-precise Neck Support

Flexible Frame  
Comfort in Motion



## Flexible Frame

Comfort in Motion  
5 gear Height adjustment



*Image detailing the 3D mechanical headrest, emphasizing its flexible frame and multi-directional adjustment for precise neck support.*

## MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your SIHOO Doro C300 Pro chair.

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners that may damage the mesh or plastic components.
- **Regular Checks:** Periodically check all screws and connections to ensure they are tight. Re-tighten if necessary.
- **Moving Parts:** Keep the gas lift and wheel casters free from dust and debris to ensure smooth operation.
- **Weight Limit:** Adhere strictly to the maximum weight recommendation of 350 pounds (158 kg) to prevent structural damage.

## TROUBLESHOOTING

If you encounter any issues with your SIHOO Doro C300 Pro chair, please refer to the following common troubleshooting tips:

Problem	Possible Cause	Solution
Chair does not adjust height smoothly.	Gas lift issue or debris in mechanism.	Ensure the handle is fully engaged. Check for obstructions around the gas lift. If the issue persists, contact customer support.
Chair wobbles or feels unstable.	Loose screws or uneven floor.	Check and tighten all assembly screws, especially those connecting the base and seat. Ensure the chair is on a flat, even surface.
Armrests are difficult to adjust.	Mechanism stiffness or debris.	Apply light silicone lubricant to moving parts if necessary. Ensure no debris is obstructing the adjustment mechanism.
Backrest does not recline or lock.	Recline mechanism issue.	Ensure the recline handle is fully engaged in the desired position. Check for any obstructions.

If these solutions do not resolve the problem, please contact SIHOO customer support for further assistance.

## SPECIFICATIONS

Feature	Detail
Brand	SIHOO
Model Name	Doro C300 Pro M102
Color	Black
Product Dimensions	20"D x 20"W x 20"H
Maximum Weight Recommendation	350 Pounds (158 kg)
Material	Mesh back and seat with soft PU coated armrests, Foam fill material
Special Features	Arm Rest (6D), Ergonomic, Rolling, Dynamic Lumbar Support, Seat Depth Adjustment, Adjustable Backrest, Auto-Harmonic Tilt Design
Reclining Position Count	3 (105°, 120°, 135°)
Seat Height	Adjustable (up to 54.2 Inches)
Seat Depth	Adjustable (up to 17.74 inches)
Item Weight	55 pounds (24.9 kg)
Certifications	European Union's REACH and EN1335 standards, German TUV, US SGS BIFMA standard

# Specifications



Diagram illustrating the key dimensions and specifications of the SIHOO Doro C300 Pro ergonomic office chair.

## WARRANTY AND SUPPORT

SIHOO provides a **three-year warranty** from the date of purchase, covering free product parts. For any inquiries, technical support, or warranty claims, please contact SIHOO customer support. You can also refer to the official [User Guide \(PDF\)](#) for additional information.

For more information and support, visit the [SIHOO Store on Amazon](#).