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› Bifanuo Walking Pad - Under Desk Treadmill User Manual

Bifanuo TM008SL

Bifanuo Walking Pad User Manual

Model: TM008SL

Brand: Bifanuo

1. INTRODUCTION

The Bifanuo Walking Pad is a portable under-desk treadmill designed for home and office use, allowing you to integrate physical activity into your daily routine. Its compact design, quiet operation, and ease of storage make it an ideal solution for maintaining an active lifestyle.

This manual provides essential information for the safe and effective use, setup, operation, and maintenance of your walking pad. Please read it thoroughly before first use and keep it for future reference.



Image: The Bifanuo Walking Pad, demonstrating its use for walking while working at a standing desk.

2. SAFETY INFORMATION

- Always place the walking pad on a flat, stable surface.
- Ensure there is adequate clear space around the treadmill (at least 2 feet on all sides).
- Do not exceed the maximum weight capacity of 265 pounds (120 kg).
- Keep children and pets away from the walking pad during operation.
- Wear appropriate athletic footwear when using the treadmill.
- If you experience dizziness, nausea, chest pain, or any other abnormal symptoms, stop your workout immediately and consult a physician.
- Unplug the walking pad from the power outlet when not in use or before cleaning/maintenance.

Package Including:

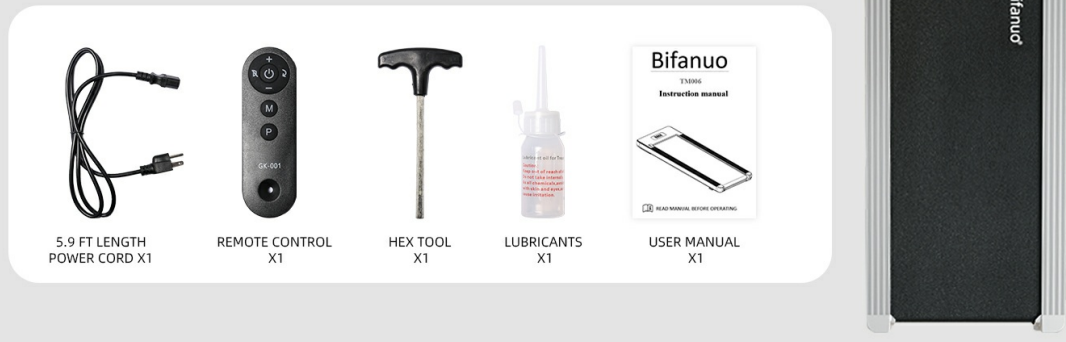


Image: Illustration highlighting the maximum weight capacity of the walking pad.

3. PACKAGE CONTENTS

Please check the package to ensure all items are present:

- Bifanuo Walking Pad (1 unit)
- Power Cord (1 unit)
- Remote Control (1 unit)
- Lubricant (1 bottle)
- Hex Tool (1 unit)
- User Manual (This document)

Max Weight Capacity: 265 LBS

Solid material provides a more comfortable running experience for you



Image: Visual representation of all items included in the Bifanuo Walking Pad package.

4. SETUP

The Bifanuo Walking Pad arrives fully assembled and ready for immediate use. No complex assembly is required.

1. **Unpack:** Carefully remove the walking pad and all accessories from the packaging.

2. **Placement:** Choose a suitable location with a flat, stable surface. The compact design allows it to be placed under a desk, sofa, or bed for convenient use and storage.
3. **Positioning:** Utilize the transportation wheels for easy movement and positioning of the walking pad.
4. **Power Connection:** Connect the power cord to the walking pad and then to a standard electrical outlet.

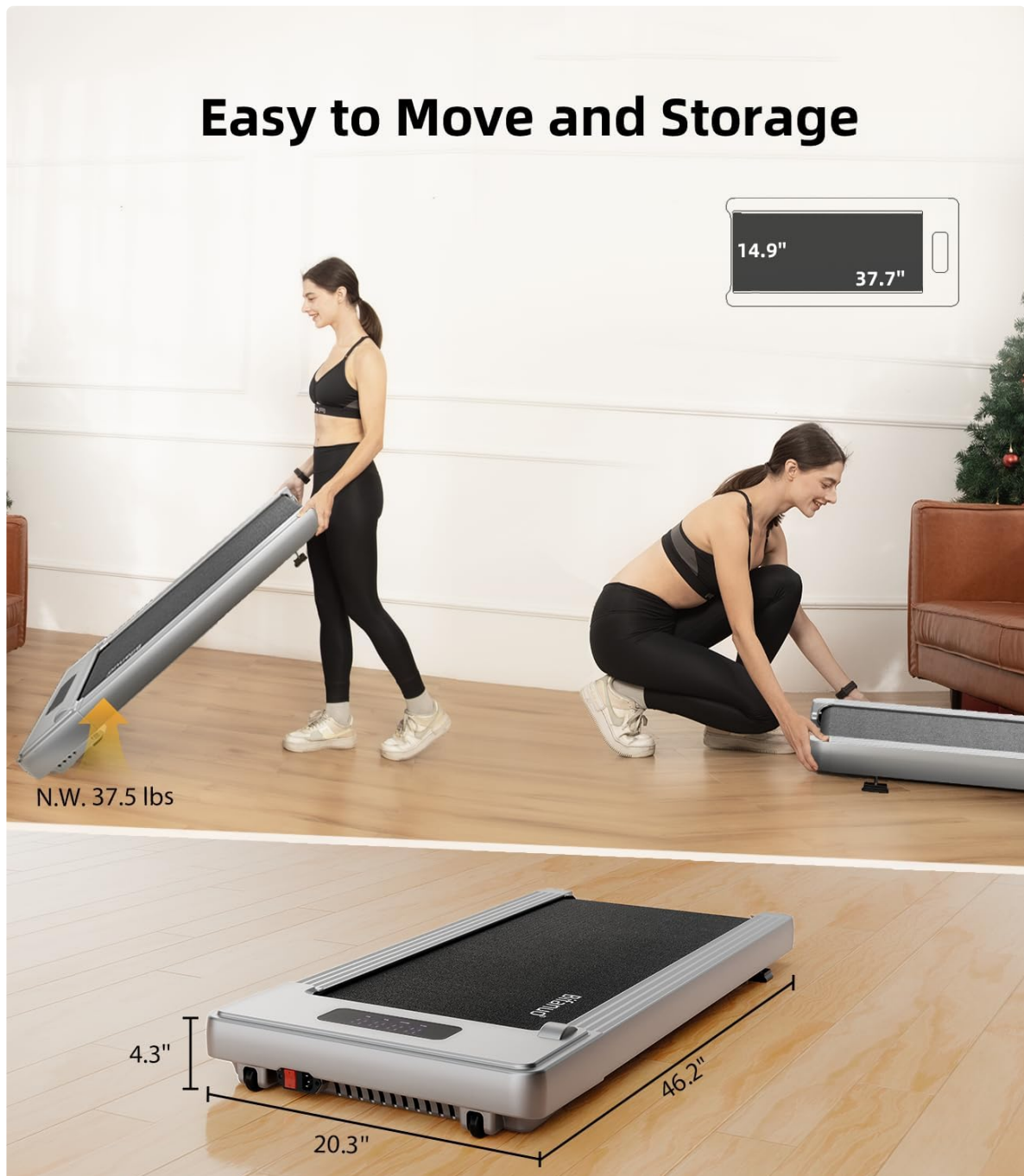


Image: The walking pad being easily moved and stored, highlighting its compact dimensions.

5. OPERATING INSTRUCTIONS

5.1. Powering On and Off

- To power on, ensure the walking pad is plugged in and press the power button on the remote

control.

- To power off, press the power button on the remote control again.

5.2. Speed Adjustment

The walking pad offers a speed range from 0.6 MPH to 4 MPH, adjustable via the remote control.

- Use the '+' button on the remote to increase speed.
- Use the '-' button on the remote to decrease speed.
- The walking pad supports various modes:
 - Working Mode: 0.6 - 1 MPH
 - Walking Mode: 0.6 - 2.5 MPH
 - Running Mode: 2.5 - 4 MPH

Bifanuo Walking Pad

More speed mode options



Running Mode: **2.5-4 MPH**



Working Mode: **0.6-1 MPH**



Walking Mode: **0.6-2.5 MPH**

Image: Visual guide to the different speed modes and their recommended uses.

5.3. LED Display and Tracking

The multi-functional LED display on the walking pad tracks your exercise data:

- **Time:** Duration of your workout.
- **Speed:** Current walking/running speed.
- **Distance:** Total distance covered.
- **Calories Burned:** Estimated calories consumed during your workout.

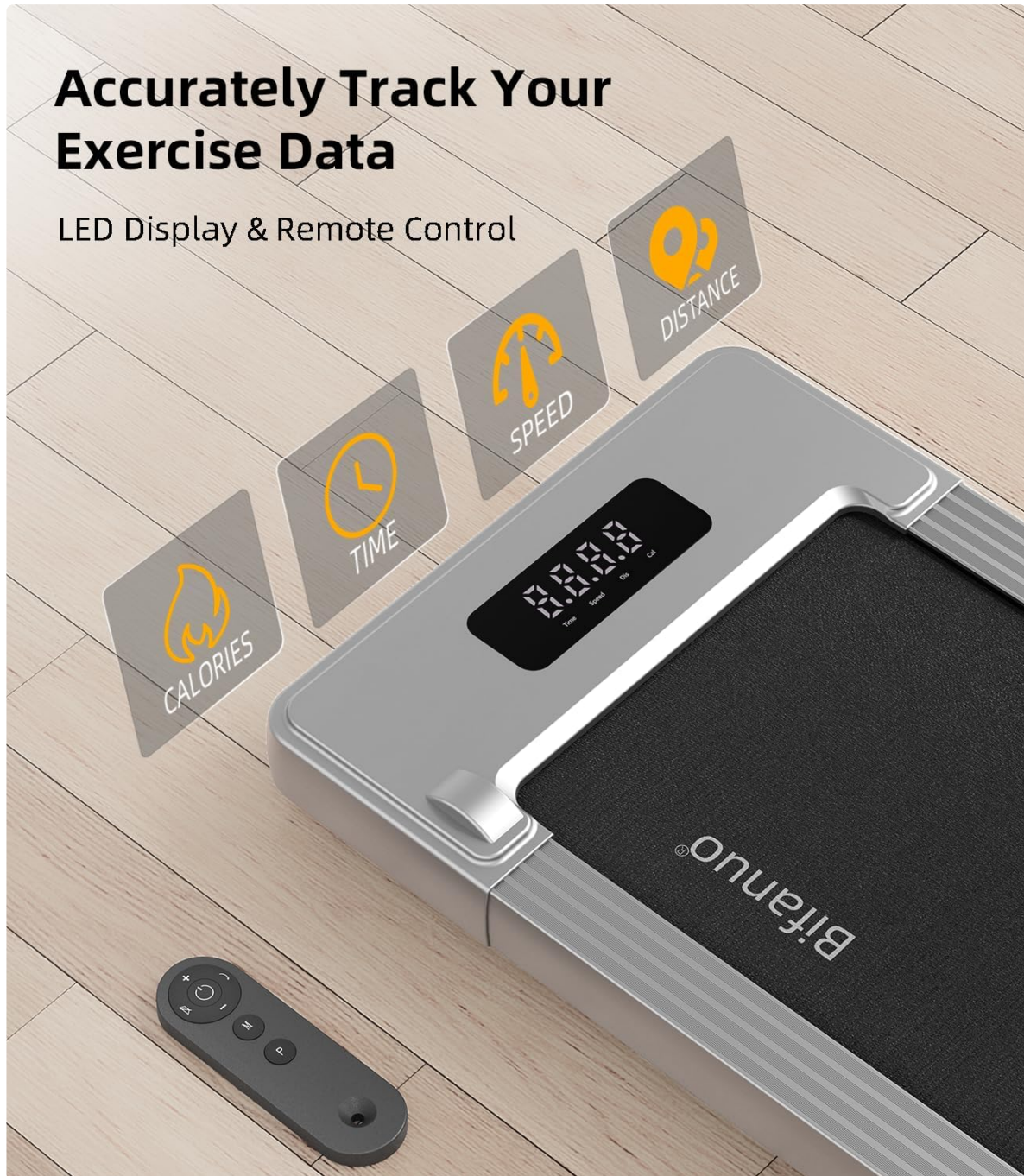


Image: The LED display and remote control, illustrating how exercise data is tracked.

5.4. Quiet Operation and Comfort

The Bifanuo Walking Pad is equipped with a powerful yet quiet 2.25 HP motor, operating at less than 45dB, ensuring minimal disturbance in home or office environments.

The five-layer non-slip running belt, combined with 8 effective shock absorbers and 4 shock-absorbing feet, provides a comfortable experience with reduced knee impact and 80% noise reduction.

Walking while Working

<45db
Low Noise

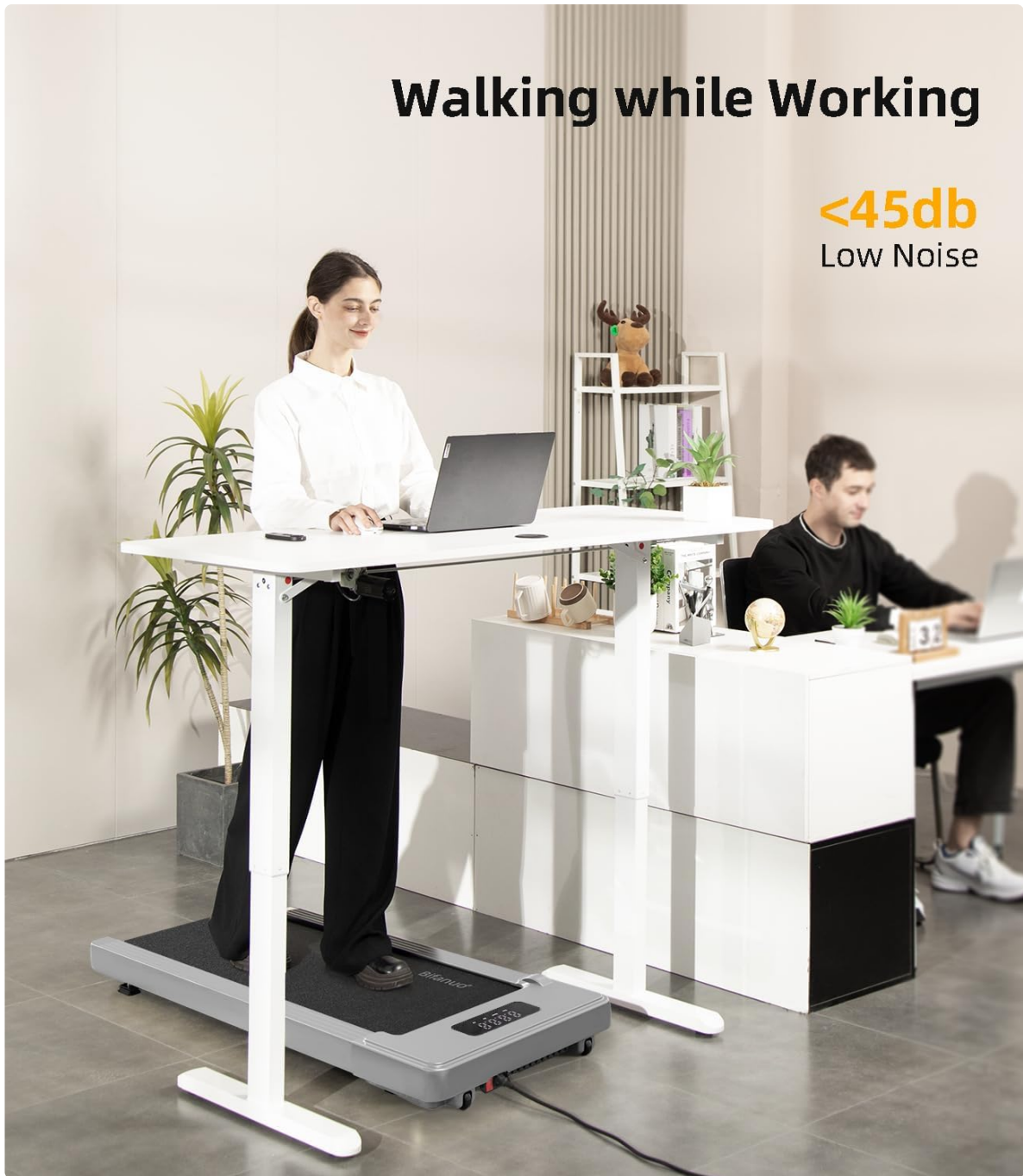


Image: The walking pad in a work setting, emphasizing its low noise level during operation.

Less Knee Impact



8 Effective Shock Absorbers



4 Shock-absorbing Foot



5-Layer Running Belt



80% Noise Reduction



Image: Detailed view of the running belt and shock absorption system, designed for comfort and joint protection.

6. MAINTENANCE

6.1. Cleaning

- Wipe down the walking pad with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents.

6.2. Lubrication

Regular lubrication of the running belt is crucial for optimal performance and longevity. Use the provided lubricant.

- Frequency: Lubricate every 3 months or after 50 hours of use, whichever comes first.

- Procedure: Refer to the detailed lubrication instructions in the separate user manual booklet for precise steps.

6.3. Belt Adjustment

If the running belt becomes misaligned or loose, use the hex tool provided to adjust it. Refer to the detailed instructions in the separate user manual booklet for proper adjustment procedures.

7. TROUBLESHOOTING

If you encounter any issues with your Bifanuo Walking Pad, please refer to the common problems and solutions below. If the problem persists, contact customer support.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected; power outlet issue; remote battery low.	Ensure power cord is securely plugged in. Test outlet with another device. Replace remote control batteries.
E13 Error Message.	Internal fault, possibly a loose wire or sensor issue.	Power off and unplug the unit. Wait 5 minutes, then plug back in and restart. If error persists, contact customer service.
Running belt slips or is misaligned.	Belt needs adjustment or lubrication.	Refer to the maintenance section for belt adjustment and lubrication instructions.
Unusual noise during operation.	Lack of lubrication; loose components.	Lubricate the running belt. Check for any loose screws or parts and tighten if necessary.

For issues not listed here or if troubleshooting steps do not resolve the problem, please contact Bifanuo customer support.

8. SPECIFICATIONS

Brand	Bifanuo
Model Name	TM008SL
Color	Silver
Product Dimensions	46.2"D x 20.3"W x 4.3"H
Item Weight	30 Pounds
Material	Alloy Steel, Iron, Plastic
Maximum Speed	4 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	2.25 Horsepower
Maximum Weight Recommendation	265 Pounds
Deck Length	37.8 Inches
Display Type	LED
Metrics Measured	Calories Burned, Distance, Speed, Time
Assembly Required	No
Power Source	Corded Electric
UPC	764470422563

9. WARRANTY AND SUPPORT

9.1. Warranty Information

The Bifanuo Walking Pad comes with a 1-Year Warranty from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use. Please retain your proof of purchase for warranty claims.

The warranty does not cover damage caused by misuse, accidents, unauthorized modifications, or failure to follow the instructions in this manual.

9.2. Customer Support

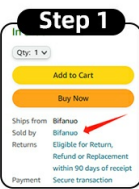
For any questions, concerns, or technical assistance, please contact Bifanuo customer support. You can typically find contact information on the product packaging, the official Bifanuo website, or through the retailer where you purchased the product.

When contacting support, please have your model number (TM008SL) and purchase date ready to expedite the process.

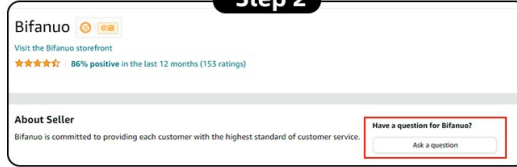
Any Question Please Contact Us(Before/ After Order)



Option 1

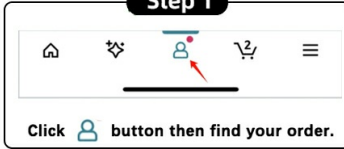


Step 2



Option 2

Step 1



Step 2

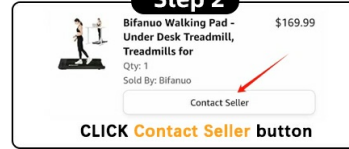


Image: Instructions on how to contact customer support for assistance.