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› TRAKK Massage Gun with Oil Relaxation Set User Manual

## TRAKK B0CVHCZTTH

# TRAKK Massage Gun with Oil Relaxation Set

## USER MANUAL

### Introduction

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Thank you for choosing the TRAKK Massage Gun with Oil Relaxation Set. This professional therapy device is designed to provide deep tissue massage, aid in muscle recovery, and relieve soreness. Combined with the included relaxation oil, it offers a comprehensive solution for personal well-being. Please read this manual thoroughly before first use to ensure safe and optimal operation.

### Safety Information

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- Do not immerse the device in water or other liquids.
- Keep away from heat sources and direct sunlight.
- Do not operate continuously for more than 15 minutes. Allow the device to cool down before re-use.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Do not use on injured, inflamed, or swollen areas of the body.
- Keep out of reach of children.
- Use only the provided charging cable.

### Package Contents

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- TRAKK Massage Gun (Rose Gold)
- TRAKK Massage Oil (with Lavender Oil)
- Multiple Massage Heads (typically 4, as per product image)
- Charging Cable
- User Manual (this document)

### Product Overview

Familiarize yourself with the components of your TRAKK Massage Gun.



*Image 1: TRAKK Massage Gun (Rose Gold) and TRAKK Massage Oil. The massage gun features a ergonomic handle and a spherical attachment head. The oil bottle is amber with a pink label.*



Image 2: Packaging of the TRAKK Relaxation Set, showing the massage gun and oil, highlighting features like 4 massage heads, 3200 RPM speed, and 4 hours on one charge.

The TRAKK Massage Gun typically includes various interchangeable massage heads designed for different muscle groups and massage intensities. The main body houses the motor, battery, and control buttons.

## Setup

1. **Initial Charge:** Before first use, fully charge the massage gun. Connect the charging cable to the charging port on the device and plug the other end into a suitable USB power adapter (not included). The indicator light will show charging status.
2. **Attach Massage Head:** Select the desired massage head. Firmly insert the stem of the massage head into the opening at the front of the massage gun until it clicks into place.
3. **Prepare Massage Oil:** If using the TRAKK Massage Oil, ensure the bottle is securely closed when not in use. Apply a small amount to the skin area to be massaged, or directly to the massage head if preferred.

## Operating Instructions

1. **Power On:** Locate the power button, usually on the handle or base. Press and hold the power button for a few seconds to turn the device on.
2. **Adjust Speed/Intensity:** Once powered on, press the power button repeatedly to cycle through different speed levels. Start with the lowest speed and gradually increase as desired.
3. **Apply to Muscle:** Gently press the massage head against the desired muscle group. Move the massage gun slowly over the muscle, applying light to moderate pressure. Do not apply excessive pressure or use on bony areas.

4. **Massage Oil Application:** If using the massage oil, apply it to the skin before or during the massage to enhance glide and relaxation.
5. **Session Duration:** Limit each massage session to 10-15 minutes per muscle group. Avoid continuous use for extended periods.
6. **Power Off:** Press and hold the power button again for a few seconds to turn the device off.

## Changing Massage Heads

To change a massage head, first ensure the device is powered off. Gently pull the currently attached head straight out from the device. Select a new head and firmly push its stem into the opening until it is securely seated.

## Charging the Device

When the battery indicator shows low power, connect the charging cable. A full charge typically takes 2-3 hours and provides approximately 4 hours of use, depending on the speed setting. Do not use the device while it is charging.

## Maintenance and Care

- **Cleaning:** After each use, wipe the massage gun and massage heads with a clean, damp cloth. For stubborn dirt, use a mild soap solution. Do not use harsh chemicals or abrasive cleaners. Ensure the device is completely dry before storing.
- **Storage:** Store the device in a cool, dry place, away from direct sunlight and moisture. Keep all components together in their original packaging or a suitable storage case.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in use for extended periods (e.g., once every 3 months).
- **Massage Oil Storage:** Store the massage oil in a cool, dark place, away from direct sunlight. Ensure the cap is tightly sealed to prevent evaporation or contamination.

## Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on.	Battery is low or depleted.	Charge the device fully.
Device stops during use.	Overheating protection activated or battery low.	Allow device to cool down for 30 minutes. Charge if battery is low.
Massage head is loose.	Not inserted correctly.	Ensure the massage head is firmly pushed into place until it clicks.
Reduced massage intensity.	Battery is low.	Recharge the device.

## Specifications

**Model:** B0CVHCZTTH

**Brand:** TRAKK

**Product Dimensions:** 13 x 3 x 9 inches

**UPC:** 194587748490

**Manufacturer:** Gina Group

**First Available:** February 12, 2024

**Battery Life:** Approximately 4 hours (depending on speed setting)

**Speed Levels:** Multiple (up to 3200 RPM as per packaging image)

## Warranty Information

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TRAKK products are manufactured with high-quality standards. For specific warranty details, please refer to the warranty card included with your product or visit the official TRAKK website. Keep your purchase receipt as proof of purchase for any warranty claims.

## Customer Support

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If you encounter any issues or have questions not covered in this manual, please contact TRAKK customer support. You can typically find contact information on the product packaging, the official TRAKK website, or through your retailer.

*For the latest support information, please visit:* [TRAKK Official Store on Amazon](#)