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> TRAKK Handheld Electric-Cupping Therapy Massage Device with Heat User Manual

TRAKK 194587685238

TRAKK Handheld Electric-Cupping Therapy Massage Device with Heat

Model: 194587685238

INTRODUCTION

The TRAKK Handheld Electric-Cupping Therapy Massage Device combines traditional cupping with modern technology, offering a convenient and effective solution for muscle relaxation and recovery. This cordless device integrates heat and suction functions to help alleviate muscle tension, reduce soreness, and promote circulation. It is designed for personal use at home, providing adjustable settings to cater to various needs and body areas.



Image: The TRAKK Handheld Electric-Cupping Therapy Massage Device, a sleek, silver-colored unit with a black control panel featuring power, pressure, and temperature controls.

SAFETY INFORMATION

Please read and understand all safety instructions before using the device. Improper use can lead to injury or device damage.

- Always use the device on clean, dry skin.

- Do not use if you have any skin conditions, open wounds, injuries, or are pregnant.
- Keep the device away from heat sources and open flames.
- Do not submerge the device in water or any other liquid.
- Always unplug the device when not in use or before cleaning.
- Consult a healthcare professional before use if you have any underlying health concerns or medical conditions.
- This device is not intended to diagnose, treat, cure, or prevent any disease or health condition.

PRODUCT FEATURES

The TRAKK Electric-Cupping Therapy Device is equipped with several features designed for an optimal massage experience:

- **Electric Cupping Kit:** Provides powerful suction and soothing heat to reduce muscle tension and soreness.
- **Handheld Design:** Ergonomic and compact for easy, targeted relief on various body parts.
- **Versatile Therapy:** Combines cupping, scraping, meridian massage, hot compress, and magnetic wave physiotherapy.
- **Adjustable Settings:** Customizable suction and heat functions for personalized deep tissue recovery and comfort.
- **Portable and Cordless:** Ideal for use at home, the gym, or while traveling.



Image: A diagram illustrating the device's core functions: Electronic Cupping Scraping, One Key to Operate, Meridian Massage, Hot Compress, Magnetic Wave Physiotherapy, and Cupping.

SETUP

Before first use, ensure the device is fully charged. Use the provided charging cable to connect the device to a suitable USB power adapter (not included).

- 1. Charge the Device:** Connect the charging cable to the device's charging port and plug the other end into a USB power source. The indicator light will show charging status (refer to the device's specific charging indicator behavior).
- 2. Clean the Skin:** Ensure the area of skin where you intend to use the device is clean, dry, and free of lotions or oils.
- 3. Familiarize with Controls:** Locate the power button, pressure adjustment buttons (+/-), and temperature adjustment buttons on the device's control panel.

OPERATING INSTRUCTIONS

Powering On/Off

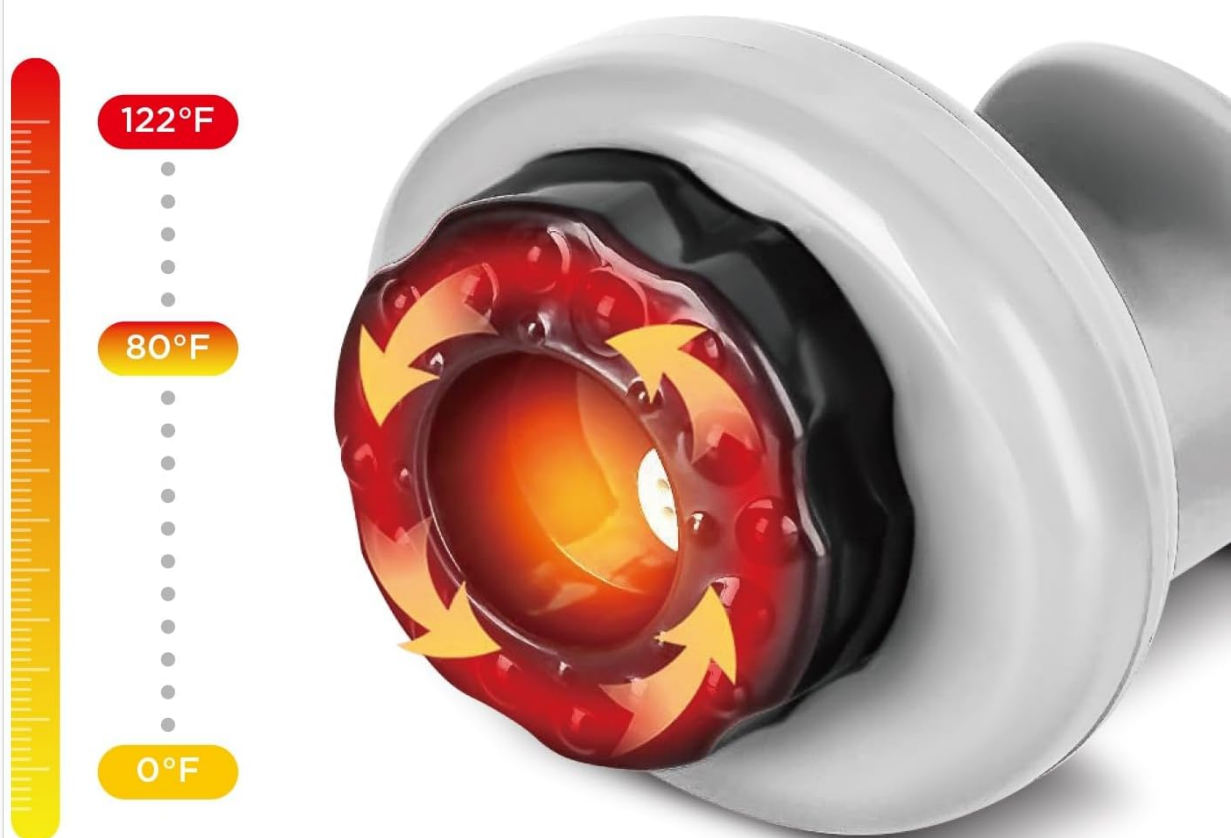
Press and hold the power button (usually indicated by a universal power symbol) for a few seconds to turn the device on. The indicator lights will illuminate. To turn off, press and hold the power button again until the lights turn off.

Adjusting Heat Levels

Once powered on, press the temperature adjustment button (often indicated by a red indicator light or a heat symbol) to cycle through the available heat levels. The device offers 6 adjustable temperature levels, ranging from 80°F to 122°F. Allow 5-10 minutes for the device to preheat to the desired temperature.

Heat Massage

6 levels adjustable temperature,
80°F-122°F hot compress



Before use, need to preheat for 5-10 minutes

Image: A visual representation of the device's heat settings, ranging from 80°F to 122°F, indicating 6 adjustable temperature levels for hot compress therapy.

Adjusting Suction Levels

Press the pressure adjustment button (often indicated by a blue indicator light or +/- symbols) to increase or decrease the suction intensity. The device provides 6 levels of suction, allowing you to customize the

strength from gentle to strong, suitable for different body areas and comfort levels.

6 Levels of Suction

Suitable for different requirements



Image: A graphic illustrating the 6 levels of suction intensity, categorized as Slow (Intensity 2), Medium (Intensity 3-4), and High (Intensity 5-6), suitable for different requirements.

General Usage Tips

- Apply the device firmly to the skin to create a seal for effective suction.
- Move the device slowly and smoothly across the skin for scraping or gliding motions, or leave it stationary for traditional cupping.
- Start with lower heat and suction settings and gradually increase as comfortable.
- Do not use the device for prolonged periods on a single area to avoid excessive skin marking.

How to Use



Red
indicator light

Adjust Temperature

Blue
indicator light

Adjust Suction

Image: A close-up of the device's control panel, highlighting the red indicator light for temperature adjustment and the blue indicator light for suction adjustment.



Image: The TRAKK device positioned next to a person's back, demonstrating the typical marks left by cupping therapy, including linear scraping marks and circular suction marks.

MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your device.

- **Cleaning:** After each use, wipe the suction head and device body with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the device in a cool, dry place, away from direct sunlight and extreme temperatures. Keep it in its original packaging or a protective case when not in use.
- **Charging:** Recharge the device regularly, even if not used frequently, to maintain battery health.

TROUBLESHOOTING

If you encounter issues with your TRAKK device, refer to the following common problems and solutions:

- **Device not turning on:**

- Ensure the device is fully charged.
- Press and hold the power button for at least 3 seconds.

- **Suction not strong enough:**

- Ensure the device head is making full contact with the skin, creating a tight seal.
- Increase the suction level using the pressure adjustment buttons.
- Check if the suction head is clean and free of debris.

- **Heat function not working:**

- Ensure the heat function is activated and the desired temperature level is selected.
- Allow 5-10 minutes for the device to preheat.
- Ensure the device has sufficient battery charge.

- **Device not charging:**

- Verify the charging cable is securely connected to both the device and the power source.
- Try a different USB power adapter or charging port.
- Ensure the charging port on the device is clean and free of obstructions.

If the problem persists after trying these steps, please contact customer support.

SPECIFICATIONS

Feature	Detail
Product Dimensions	7 x 5 x 7 inches
Item Model Number	194587685238
ASIN	B0CVHB5RV5
Brand	TRAKK
Color	Black
Special Feature	Heat Function (6 levels, 80°F-122°F)
Suction Levels	6 adjustable levels
Power Source	Internal Rechargeable Battery
Manufacturer	Gina Group LLC
Date First Available	February 12, 2024

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the product packaging or contact TRAKK customer service directly. Keep your purchase receipt as proof of purchase for any warranty claims.

For further assistance, you may visit the TRAKK SPORT Store on Amazon: [TRAKK SPORT Store](#)

